



# FFY2024 UCCE Santa Clara County

## Successes

- Provided nutrition, garden, and physical activity education to 2,114 individuals.
- Supported 155 PSE changes at 48 sites, reaching an estimated 13,476 individuals.

## Results

### Youth

- *"I try to eat better because of these classes."* – 12th Grade student

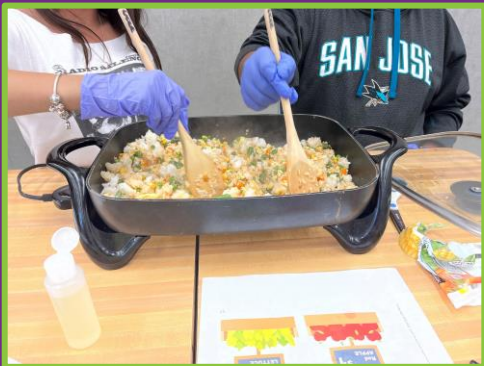
### Adult

- *"Yes I started consuming less sugar and actually paying attention to what I eat."* – Plan, Shop, Save, and Cook participant

### Organizational

In partnership with local health department supported:

- *CATCH Kids Club* trainings, reaching 70 YMCA staff
- Cafeteria promotion taste tests to every school in two school districts, with UCCE reaching 4,507 students



## Improving California's Health Through CalFresh Healthy Living

### *County Statement:*

- Santa Clara County has a multi-cultural population of approximately 1.9 million residents, an estimated 14% are SNAP-Ed eligible. Approximately 253,781 people live at or below 185% poverty level.
- There are high rates of chronic diseases . About 8% of adults have diabetes and 22% of deaths among county residents are due to heart disease.

### Serving Individuals and Communities

- Provided education to 1,863 youth and 237 adults.
- Provided 694 sessions of nutrition education, physical activity, and/or garden-based nutrition education at SNAP-Ed qualified schools, preschools, and other community-based organizations.
- Trained interns from LifeMoves shelters to deliver *CATCH Kids Club Activity Box* and *Small Bytes* nutrition curriculum

### Helping to Make Organizational and Environmental Changes

- Continued to partner with Campbell Union School District, local Public Health Department, and Sutter Health's 5210 program to increase participation in school meals.
- UCCE continued and expanded initiatives to increase student voice and youth engagement in the school meal program

### Supporting California Agriculture

- Provided education and/or technical assistance in 9 school gardens.
- In partnership with various school districts foodservice, hosted taste tests at lunch at 23 school sites.



### Building Partnerships

Key partners included Alum Rock School District, Campbell Union School District, Mt. Pleasant Elementary District, San Jose Unified School District, Santa Clara State Preschools, UCCE Master Gardeners, HomeFirst, LifeMoves, and YMCA

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