



Eating and Activity Tool for Students

Administration Essentials Guide

Who should administer the survey?

1. **Preferred:** A CalFresh Healthy Living coordinator or their designee, which may include subcontracted data collectors;
2. Classroom or special subject teacher (trained on administration protocol).

When do I administer the survey?

The pre-test should always be administered **before** any intervention begins.

Pre-tests should be administered within approximately 6 weeks of the first day of school and post-tests within 6 weeks of the last day of school, regardless of when the direct education component of the intervention is expected to be delivered.

The survey must be conducted on a day after students have attended school. It should only be conducted Tuesday-Friday, **and never on a Monday**. For weeks with a school holiday/teacher workday, the survey should never be conducted the day after the school holiday/teacher workday. The PE questions require students to have been in school the previous week. Do not administer the survey the week after a long holiday (e.g., winter or spring break) or other school closure. The survey links will be inoperable on Mondays and the day after state/federal holidays. Keep this in mind when scheduling online administration or paper survey data entry.

What do I need to administer the survey?

1. [Survey Instrument](#): Online (recommended) via custom site links (pre and post) OR paper
2. [Survey administration protocol](#) and this survey administration essentials guide
3. Student ID number assignments (see optional [Student Unique ID Organizer](#))
4. [Parent Opt Out Forms](#): Sent home at least two weeks prior to pre-testing
5. Chromebooks/computer or pencils

How do I assign ID numbers?

1. Assign students in Classroom 1 at Site 1 IDs 100-130, for example
 - a. Assign students in Classroom 2 at Site 1 IDs 200-230
 - b. Assign students in Classroom 3 at Site 1 IDs 300-330, and so forth
2. Assign students in Classroom 1 at Site 2 ID 100-130
 - a. Assign students in Classroom 2 at Site 2 IDs 200-230
 - b. Assign students in Classroom 3 at Site 2 IDs 300-330, and so forth
3. Repeat as needed for all schools
4. (Recommended) Record all ID assignments in one spreadsheet, i.e., Student Unique ID Organizer

Other tips:

- Do not truncate online survey links. Custom links include data that will auto-populate survey questions. If you do not distribute the link as provided, that data will not populate the survey and your data will be unidentifiable and unmatchable.
- Be sure to use the correct survey link. There will be separate pre- and post-test links for each school. The pre and post links will not be operable at the same time, so if you receive a survey closure message when clicking on a link, check that 1) it is an eligible day to survey, and 2) you are using the correct link. The survey is closed weekly from 4pm Friday to 4pm Monday.
- All students in a school must have a unique ID, i.e., no repeated IDs within a single school site.
- You must keep track of student IDs so that each student uses the same ID at pre and post-test. Per our IRB, NPI evaluators cannot see student names, which is why you must assign them IDs. We recommend using the method described earlier, as other methods, e.g., the last 3 digits of a school-assigned student ID are often not unique.
- The survey can be read aloud question-by-question or students can complete it on their own, at their own pace. Choose the option that works best for your classroom of students.
- The full administration protocol includes detailed examples for each question, e.g., how to classify each race/ethnicity, additional vegetable examples to be included in student responses, etc.
- Gather and log opt out data (parent/student) on the day of pre- and post-testing. It will be much easier than trying to go back and recover the data later.
- The IOE website (<https://ucanr.edu/sites/ioe/>) has all of the materials you need to survey students and complete IOE. Reach out to amlinares@ucanr.edu for more resources.