

# SMART-MEALS

## Survey of Students in grades 7<sup>th</sup> and 9<sup>th</sup>

### School Year 2023-24

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Thank you for taking this survey about your experiences with school meals. The survey is anonymous, and your answers will not be shared. These questions should take about 15-20 minutes to answer.

Do you agree to take the survey?

- Yes
- No

Please select the school district where you are enrolled.

▼ XYZ School District ... Don't know

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Which school do you attend?

▼ XYZ High School ... Don't know

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What grade are you in?

- 7th
  - 9th
  - None of the above
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First we are going to talk about school **LUNCH**.

During this school year, where do you typically get lunch on a school day? *Select all that apply.*

- From the school cafeteria or school food service window.
  - I bring lunch from home.
  - I buy lunch (off campus, from a vending machine, snack bar or somewhere else).
  - I typically skip lunch on school days.
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How often do you eat lunch from the school cafeteria in a typical school week?

- Every school day (Monday-Friday)
  - 4 days
  - 3 days
  - 2 days
  - 1 day
  - I don't eat school lunch.
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Think about when you eat school lunches this school year. How much do you agree or disagree with the following statements about school lunch?

	Strongly Agree	Agree	Disagree	Strongly Disagree
I usually <b>like</b> school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch <b>tastes</b> good.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch is <b>healthy</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The food in school lunch is <b>fresh</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch looks <b>appealing</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunches offer a <b>variety</b> of food choices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch is served at a <b>proper temperature</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get <b>enough</b> food in school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch is <b>similar</b> to what my family eats <b>at home</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch menus are <b>diverse</b> and include different cultural foods.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have enough <b>time</b> to eat lunch at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I prefer <b>doing other things</b> during the lunch period than eating school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School lunch is <b>healthier</b> than foods I bring from home or buy outside.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would like to help my school decide what foods are served.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that the school takes student opinions into account when planning menus.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm happy with the choices of <b>dairy-free options</b> they offer at school lunch (for example, soy milk, almond milk, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough <b>meatless</b> options in school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

School lunch is made fresh in the kitchen, from scratch.

They tell us what's in the school lunch (like ingredients and allergens).

There are too many **packaged** or **processed** foods in school lunch.

I like the salad bar at school.

**How much do you agree or disagree with the following statements about school lunch?**

*Please select the option that best reflects your opinion for each statement.*

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>	<b>I never eat school lunch.</b>
I am in a better mood when I eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My memory seems better on days when I eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eating school lunch helps me be healthy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find it easier to concentrate in class after eating school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have more energy when I eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Think about the reasons why you eat school lunch, then tell us whether the following are reasons you decide to eat the school lunch, when you do.

I eat school lunch because...

	Agree	Disagree
It is convenient.	<input type="radio"/>	<input type="radio"/>
I like the food served.	<input type="radio"/>	<input type="radio"/>
I am hungry.	<input type="radio"/>	<input type="radio"/>
I get a healthy meal.	<input type="radio"/>	<input type="radio"/>
It gives me energy for the rest of the day.	<input type="radio"/>	<input type="radio"/>
It prepares me for after school activities.	<input type="radio"/>	<input type="radio"/>
My friends eat school lunch.	<input type="radio"/>	<input type="radio"/>
It is free.	<input type="radio"/>	<input type="radio"/>
It saves my family money.	<input type="radio"/>	<input type="radio"/>
It saves me or my family time.	<input type="radio"/>	<input type="radio"/>
I didn't bring anything to eat.	<input type="radio"/>	<input type="radio"/>
I have no choice.	<input type="radio"/>	<input type="radio"/>

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Think about the times you choose NOT to eat school lunch. For each reason listed below, tell us if it's a reason why you DON'T eat school lunch.

I DON'T eat school lunch because...

	Agree	Disagree
It is not convenient.	<input type="radio"/>	<input type="radio"/>
I don't like the food served.	<input type="radio"/>	<input type="radio"/>
They always serve the same food.	<input type="radio"/>	<input type="radio"/>
I am not hungry during lunchtime.	<input type="radio"/>	<input type="radio"/>
School lunch is not healthy.	<input type="radio"/>	<input type="radio"/>
I prefer to bring food from home.	<input type="radio"/>	<input type="radio"/>
The food I like runs out too fast.	<input type="radio"/>	<input type="radio"/>
My friends don't eat school lunch.	<input type="radio"/>	<input type="radio"/>
I want to do something else during lunch.	<input type="radio"/>	<input type="radio"/>
Menus are not accurate.	<input type="radio"/>	<input type="radio"/>
Lines are too long.	<input type="radio"/>	<input type="radio"/>
There are not enough places to sit.	<input type="radio"/>	<input type="radio"/>
There is not enough time to eat school lunch.	<input type="radio"/>	<input type="radio"/>
I have dietary restrictions or allergies that school lunch does not address.	<input type="radio"/>	<input type="radio"/>
There's too much packaged food and not enough freshly made food.	<input type="radio"/>	<input type="radio"/>

**Does your school allow you to leave campus to get lunch elsewhere?**

- Yes
- No
- Don't know/Not sure

**Last week, how many days did you leave campus to eat lunch elsewhere?**

- Never
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

**What are your reasons for choosing to eat lunch outside campus? *Select all that apply.***

- School lunch doesn't offer options.
  - I prefer the taste of food from outside over school meals.
  - There are more food choices outside campus.
  - I go where my friends go for lunch.
  - Eating off campus is a nice break from school.
  - I don't like school meals.
  - Eating outside campus is more convenient.
-

**What are your reasons for choosing NOT to eat lunch outside campus? Select all that apply.**

- I'm too busy.
- I prefer to eat school lunch.
- I brought my own lunch.
- I didn't have money to eat outside.
- My friends didn't eat outside.
- I didn't eat lunch.

**How much do you agree or disagree with the following statements about school meals at your school?**

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
School meals are for all students who want them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School meals are <u>only</u> for students whose families don't have much money.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most students enjoy eating school meals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It <u>is fair when</u> all students can eat for free at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like that school meals are <u>free for all</u> students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School meals help my family save money.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School meals save time for me and my family because we don't have to prepare lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Free school meals help families who have a hard time paying for food.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



**Do you prefer to bring food from home or to eat school lunch?**

- Bring food from home
- Eat school lunch
- Neither

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**How often do most of your friends usually eat school lunch from the school cafeteria?**

- About the same number of days as me
- More often than me
- Less often than me
- My friends don't usually eat school lunch
- Don't know

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**How much do you agree or disagree with the following statements about school lunch?**

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I feel embarrassed or ashamed to eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think other students look down on me or treat me differently because I eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel treated with as much respect as other students when I eat school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students at this school are teased or bullied for eating school lunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In the lunch area, students eat their meals without feeling judged by others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**In general, would you say your health is...**

- Excellent
- Very good
- Good
- Fair
- Poor

**In general, how is your mental or emotional health?**

- Excellent
- Very good
- Good
- Fair
- Poor

**Below is a list of symptoms that students sometimes have. In the last 2 weeks, how much were you bothered by the following physical problems?**

	<b>Not at all</b>	<b>A little</b>	<b>Some</b>	<b>A lot</b>	<b>A whole lot</b>
Stomachaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Headaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling faint or dizzy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Thinking about the last week...**

	<b>Not at all</b>	<b>Slightly</b>	<b>Moderately</b>	<b>Very</b>	<b>Extremely</b>
Have you physically felt fit and well?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you felt full of energy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you felt sad?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you felt lonely?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you had enough time for yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you been able to do the things that you want to do in your free time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you had fun with your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you got on well at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you been able to pay attention?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**How strongly do you agree or disagree with the following statements about your school?**

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Neither agree nor disagree</b>	<b>Disagree</b>	<b>Strongly disagree</b>
I feel close to people at this school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am happy to be at this school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am a part of this school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The teachers at this school treat students fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe in my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eating school lunch makes me feel like I belong and am a valued part of our school community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a school lunch program makes me feel that my school cares about my well-being.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The school lunch program accommodates diverse dietary needs, making everyone feel included.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**In the past 30 days, how often did you miss an entire day of school for any reason?**

- I did not miss any days of school in the past 30 days.
- 1 day
- 2 days
- 3 or more days

Where do you usually eat lunch on a typical school day? Select all that apply.

- In the cafeteria
- In the classroom
- Outside, on school grounds
- Off-campus (e.g., at home, at a restaurant, etc.)
- I don't usually eat lunch on school days

How much do you agree or disagree with the following statements about your school cafeteria or the area where you eat school meals?

	Strongly Agree	Agree	Disagree	Strongly Disagree
The dining area is clean.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cafeteria or eating area is too chaotic and noisy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The lunch lines in the school cafeteria are too long.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know what is being served before I get to the cafeteria.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The school cafeteria staff are friendly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have helped my school decide what foods are served.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would like to help my school decide what foods are served.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following questions are about school **BREAKFAST** or **BRUNCH** (breakfast served after school begins).

**Thinking about this school year, where do you typically get breakfast on a school day?**

*Mark all that apply.*

- At home
- On my way to school
- From the school cafeteria (include even if you don't eat it in the cafeteria)
- From a school vending machine, school snack bar, à la carte line or single items purchased in the cafeteria
- I don't usually eat breakfast on school days.

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**Normally, do you arrive at school early enough to get a school breakfast (even if you choose not to get a school breakfast)?**

- Yes, I arrive early enough.
- No, I don't arrive early enough.
- Don't know

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**Do you usually take the school bus to get to school?**

- Yes, I take the school bus.
- I don't take the school bus.

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**Do you prefer to eat breakfast at home or to eat school breakfast/brunch?**

- Eat breakfast at home
- Eat school breakfast/brunch
- Neither
- Both at home and at school
- I prefer not to eat breakfast.

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**Do you prefer to eat breakfast before or after the start of school?**

- Before school starts
- After school starts
- Neither

**Do you prefer to eat breakfast/brunch in the classroom or in the cafeteria?**

- I prefer to eat breakfast/brunch in the classroom.
  - I prefer to eat breakfast/brunch in the cafeteria.
  - Neither
- 

**Do you prefer to eat a served breakfast/brunch or 'grab and go' (packaged, carry away options)?**

- Served breakfast/brunch
  - 'Grab and go' (packaged, carry away options)
  - Neither
- 

**How frequently do you eat school breakfast/brunch in a typical school week?**

- Every school day (Monday-Friday)
  - 4 days
  - 3 days
  - 2 days
  - 1 day
  - No days
- 

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**Think about when you eat school breakfast/brunch this school year. How much do you agree or disagree with the following statements about school breakfast/brunch?**

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I usually <b>like</b> school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch <b>tastes</b> good.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch is <b>healthy</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The food in school breakfast/brunch is <b>fresh</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch looks <b>appealing</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is a <b>variety</b> of food choices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch is served at a <b>proper temperature</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch is <b>similar</b> to what my family eats <b>at home</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have enough <b>time</b> to eat breakfast/brunch at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel <b>embarrassed</b> to eat school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would prefer to have the option to eat school breakfast/brunch <b>in my classroom</b> .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are too many <b>packaged</b> or <b>processed</b> foods in school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Think about the reasons why you eat school breakfast/brunch, then tell us whether the following are reasons you decide to eat the school breakfast/brunch, when you do.

I eat school breakfast/brunch because...

	Agree	Disagree
It is convenient.	<input type="radio"/>	<input type="radio"/>
I like the school breakfast/brunch food.	<input type="radio"/>	<input type="radio"/>
I am hungry.	<input type="radio"/>	<input type="radio"/>
I get a healthy breakfast.	<input type="radio"/>	<input type="radio"/>
It gives me energy for the rest of the day.	<input type="radio"/>	<input type="radio"/>
My friends eat school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>
It is free.	<input type="radio"/>	<input type="radio"/>
I didn't eat breakfast before school.	<input type="radio"/>	<input type="radio"/>
I have no choice.	<input type="radio"/>	<input type="radio"/>
It saves my family money.	<input type="radio"/>	<input type="radio"/>
It saves me or my family time.	<input type="radio"/>	<input type="radio"/>

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Think about the times you choose NOT to eat school breakfast/brunch. For each reason listed below, tell us if it's a reason why you DON'T eat school breakfast/brunch.

I DON'T eat school breakfast/brunch because...

	Agree	Disagree
I don't get to school early enough.	<input type="radio"/>	<input type="radio"/>
I don't like the school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>
I am not hungry.	<input type="radio"/>	<input type="radio"/>
School breakfast/brunch is not healthy.	<input type="radio"/>	<input type="radio"/>
They always serve the same food.	<input type="radio"/>	<input type="radio"/>
I prefer to eat breakfast at home.	<input type="radio"/>	<input type="radio"/>
I don't like eating breakfast.	<input type="radio"/>	<input type="radio"/>
The food I like runs out too fast.	<input type="radio"/>	<input type="radio"/>
My friends don't eat school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>
Menus are not accurate.	<input type="radio"/>	<input type="radio"/>
Lines are too long.	<input type="radio"/>	<input type="radio"/>
There is not enough time to eat school breakfast/brunch.	<input type="radio"/>	<input type="radio"/>
My parents prefer I eat breakfast at home.	<input type="radio"/>	<input type="radio"/>
I have dietary restrictions or allergies that school breakfast/brunch does not address.	<input type="radio"/>	<input type="radio"/>
There's too much packaged food and not enough freshly made food.	<input type="radio"/>	<input type="radio"/>

Thinking about school meals in general, how much do you agree or disagree with the following statements?

	Strongly Agree	Agree	Disagree	Strongly Disagree
Foods from my cultural or ethnic background are frequently offered in the school cafeteria.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important for me that school meals include options from my cultural or ethnic background.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that the school meals reflect the cultural diversity of students, including my own cultural background.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with the variety and representation of different cultures in the school meals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School meals provide an opportunity for me to learn about and try foods from other cultures.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Answer the following questions about this school year.

During this school year...

	Yes	No
Have you taken a <b>nutrition education class</b> at your school?	<input type="radio"/>	<input type="radio"/>
Nutrition education helps me make healthier food choices.	<input type="radio"/>	<input type="radio"/>
Nutrition education teaches me new and interesting facts about food and nutrition.	<input type="radio"/>	<input type="radio"/>
Nutrition education motivates me to try new foods or recipes.	<input type="radio"/>	<input type="radio"/>
Nutrition education influences my preference for school meals.	<input type="radio"/>	<input type="radio"/>
Do your teachers include some <b>nutrition education</b> in what they normally teach?	<input type="radio"/>	<input type="radio"/>

The following questions are about the food situation in your home during the last 12 months.

**In the last 12 months...**

	<b>Never</b>	<b>Sometimes</b>	<b>A lot</b>
We couldn't get the food we wanted because there was not enough money.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I worried about how hard it was for my parents to get enough food for us.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I worried about not having enough to eat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt hungry because there was not enough to eat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I got really tired because there was not enough food to eat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**After eating a school meal, how much of your food do you usually not finish or throw away?**

- None (I eat all my food)
  - A little (just scraps or small leftovers)
  - Some (a noticeable amount, but not most of the meal)
  - A lot (most of the meal)
  - All (I throw away the entire meal)
- 

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**What are the main reasons for throwing away food after eating a school meal? Select all that apply.**

- The food was not tasty or appealing.
- The food was not fresh or was expired.
- The food was not cooked properly.
- The portion size was too large.
- I was not hungry or had other food options.
- I did not have enough time to finish the food.
- I had to pick sides or other food items that I didn't intend to eat.
- There were ingredients in the food that I don't eat.
- Other (please specify):

**How much do you agree or disagree with the following statements about food waste in school cafeterias?**

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I often see a lot of uneaten food thrown away in our school cafeteria.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Throwing away food in school cafeterias contributes to climate change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am concerned about the environmental impact of wasting food in school cafeterias.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our school teaches us about the importance of reducing food waste.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Throwing away food is a waste of money and resources.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Does your school have any of the following options for drinking water? Check all that apply, even if they don't work or you don't use them.**

- Drinking fountain
  - Water bottle filling station
  - Water pitcher, cooler or dispenser
  - Bottled water
  - Other (please specify):
- 

**Which option(s) do you use most frequently to drink water in your school? Select all that apply.**

- I fill a water bottle from a bottle filling station.
  - I use a drinking fountain.
  - I get water from a water pitcher, cooler or dispenser.
  - I buy bottled water at school.
  - I bring my own water from home.
  - I get water from the sink.
  - I don't usually drink water at school.
- 

**How often do you use the drinking fountains or water bottle filling stations?**

- Daily
- 3-4 days per week
- 1-2 days per week
- Never

**If you don't typically use the school's drinking fountains or water bottle filling stations, what are the reasons? Check all that apply.**

- They don't work.
- They aren't clean.
- They aren't conveniently located.
- I don't have time to use them.
- The water does not taste good.
- The water isn't fresh.
- The water might not be safe to drink.
- The water is warm.
- I don't bring a water bottle to school.
- Other (please specify):

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Last are some questions about you and your family.

**What is your race and/or ethnicity? Mark all that apply.**

- Asian
- Black or African American
- Hispanic or Latino
- Middle Eastern or North African
- Native American or Alaska Native
- Native Hawaiian or Pacific Islander
- White
- Other (please specify):
- Prefer not to respond

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**Are you....?**

- Female (Girl)
- Male (Boy)
- Prefer to self-describe:
- Prefer not to respond

---

**Do you speak a language other than English at home?**

- Yes
  - No
-



**What language is spoken most of the time in your home?**

- English
  - Spanish
  - Mandarin
  - Cantonese
  - Taiwanese
  - Tagalog
  - Vietnamese
  - Korean
  - Arabic
  - Other (please specify):
- 

**How far in school did your mother go?**

- She did not finish high school.
  - She graduated from high school.
  - She had some education after high school.
  - She graduated from college.
  - I don't know.
-