

Trinity County 4-H Cloverleaf



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program

Upcoming Trinity County 4-H Events

Come participate in these fun events!



Important Dates

March 15
RSVP for Quiz Bowl
Due
&
Registration for State 4-
H Shooting Sports
Match Due

March 22
Registration for State 4-
H Hybrid Archery Tour-
nament Due

April 10
Registration for Presen-
tation Day Due

May 1
Trinity 4-H Livestock
Market Agreement Due

Quiz Bowl

Sunday, March 24, 2024, 10:30 AM sign-in
Junction City Fire Hall, 71 Dutch Creek Rd
Host: Junction City 4-H

Quiz Bowl will kick off with learning some fun sewing skills, then the team quiz portion will follow with questions on livestock animals. A delicious chili lunch will be provided and enjoyed after the activities. RSVP by March 15 with Junction City 4-H Club Leader Megan Koller.

Review the [Quiz Bowl Study Questions](#)

Presentation Day

Saturday, April 27, 2024, 10:00 AM sign-in
Willow Creek Bible Church, 39 Brannan Mountain Rd
Host: Trinity River 4-H

On Presentation Day, 4-H members present a demonstration, talk, speech, or skit on topics they have researched. Pre-registration is required and due by April 10.

Register for [Presentation Day](#)

Review the [UC 4-H Presentation Manual & Guidelines](#)

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Small Animal Field Day

Saturday, May 4, 2024, time TBA
Trinity County Fairgrounds, Hayfork
Hosts: Hayfork Timberjacks 4-H & Southern Trinity 4-H

At Small Animal Field Day, 4-H members learn and practice avian judging and rabbit showmanship.

Note from Community Educator Erin Paradis

An Introduction to the 4-H Thrive Model (see page 7 of newsletter): How 4-H works its magic with youth

The 4-H Thrive Model describes the process of Positive Youth Development in the 4-H program. The first component of the model is the developmental context (key ingredients/the soil) of the 4-H program. The first ingredient is a **Spark**. Members join 4-H because they have a Spark (a passion, interest or skill). As a 4-H volunteer, it is our job to fuel these Sparks by being a "Spark Champion".

I will be adding information and resources to our website on the 4-H Thrive Model. Activities will also be available.

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2024 Trinity County Fair

Thursday, July 11 - Sunday, July 14, 2024
Trinity County Fairgrounds, Hayfork



Get ready for this year's county fair "Summer Nights & Fair Delights"!

2024 Fair Exhibitor's Handbook & 2024 Trinity County Fair Entry Forms available soon at [Trinity County Fair](#)

Trinity 4-H Livestock Market Agreement 2024

Review and sign the [Trinity 4-H Livestock Market Agreement 2024](#). Form must be signed by the youth member, parent, and market animal project leader. Mail completed form to: Trinity 4-H, PO Box 490, Hayfork CA 96041

Form due May 1

Trinity 4-H Livestock Market Rules 4H26 2024

Review the [Trinity 4-H Livestock Market Rules 4H26 2024](#)

Youth for the Quality Care of Animals (YQCA)

Trinity County Fair requires all Junior Livestock exhibitors to complete YQCA training. This can be done online or in-person, and will cover food safety, animal well-being, and character development.

A certificate of completion for the training must accompany the Junior Livestock Entry Form. Register and complete the [YQCA training](#).

Prop 12 Fair Guidance from California Dept of Food and Agriculture (CDFA)

Review the [Guidance for California Fairs and 4-H, FFA, Grange](#) document for legal requirements on egg, veal, and pork sales from any youth program animals in California.



Trinity County 4-H Curriculum Library

Here are recent new additions to the curriculum library:

- * [APA American Standard of Perfection, 45th ed, 2023 \(Book\)](#) - American Poultry Association
- * [Astro Adventure \(Board Game\)](#) - 4-H STEM Challenge
- * [In the Spotlight: A Guide to Showing Pedigreed and Household Pet Cats \(Book\)](#) - Carolyn Vella & John McGonagle



The Trinity County 4-H Council maintains a curriculum library as a resource for all Project Leaders, Volunteers, Members and their families. The library is in the Hayfork 4-H office and accessible during Council meetings in Hayfork or by asking your Club Leader.

Most materials can be checked out; reference books can only be used in the office. Items can be checked out for 2 months then returned at the next Council meeting. Club Leaders and Project Leaders are responsible for the check out and return of borrowed items.

Look up [resources available in the library](#) by topic

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Recent County Event: Citrus Tasting

At the February 12, 2024 Trinity County 4-H Council meeting, attendees were treated to a special citrus fruit tasting. There were 11 varieties of citrus for tasting, and all were grown at UC Riverside's Lindcove Research and Extension Center in Exeter (Tulare County). Some of the varieties tasted were:

- ◇ [Australian Finger Lime](#)
- ◇ [Eustis Limequat](#)
- ◇ [Indio Mandarinquat](#)
- ◇ [Nippon Orangequat](#)
- ◇ [Valentine Pummelo Hybrid](#)
- ◇ And one mystery citrus that was later identified as a type of [Papeda](#)



A report from Council Treasurer Kathy Johnson:

The youth especially loved the Indio Mandarinquat and the Australian Finger Limes. The adults were very interested in all of the different citrus. Everyone enjoyed the interesting shapes and flavors of the different fruits.



Thank you to:

- * *Dr Ashraf El Kereamy and Donald Cleek at UC Riverside's Lindcove Research and Extension Center for the generous citrus fruit donation!*
- * *Council Treasurer Kathy Johnson for organizing!*



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2024 Workshop Series for 4-H Project Leaders



Complete series is (4) 2-hour sessions:

Tuesdays, March 5, 12, 19, 26, 2024 6:30 PM - 8:30 PM

Online, Zoom

Complete all 4 sessions in the series to earn a certificate and 4-H name badge, or attend individual sessions only; Register at any time in the series

In the four-part series, 4-H volunteer educators learn about their roles, responsibilities, lesson planning, making learning engaging, working with youth, and effective hands-on learning.

Sessions cover content from the [UC 4-H Volunteer Educators' Guide](#).

- * Session 1 (March 5): Best practices in youth development: Focusing on youth sparks, sense of belonging, and positive relationships with adults
- * Session 2 (March 12): Learning in 4-H: Facilitating hands-on experiential education and planning your project
- * Session 3 (March 19): Working with all ages and abilities: The ages and stages of youth development
- * Session 4 (March 26): Creating effective youth-adult partnerships & Working with youth leaders

Register for [2024 Workshop Series for 4-H Project Leaders](#)

Youth Mental Health First Aid Training



Saturday, May 18, 2024, 9:00 AM - 5:30 PM; UCANR Building, Davis (in-person)

Tuesday, September 24 & Wednesday, September 25, 2024, 5:00 PM - 8:00 PM; Online, Zoom

Youth Mental Health First Aid is skills-based training that teaches adult volunteers how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge among children and adolescents ages 12-18. The training was created by the National Council for Mental Wellbeing in 2008.

Mental Health First Aiders learn a 5-step action plan to recognize warning signs, provide help in crisis and non-crisis situations, and understand where to turn for additional assistance.

With support from the State 4-H office, this training is being offered free of charge. Some travel reimbursement is available, and all training materials are included.

Two hours of self-paced homework must be completed before attending the training.

Register for [Youth Mental Health First Aid Training](#)

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2024 State 4-H Fashion Revue

Saturday, May 25, 2024
UC Davis, Wellman Hall

Fashion Revue focuses on selecting, constructing, accessorizing, and/or modeling clothing and textile projects. Junior, intermediate, and senior 4-H members can showcase entries in up to two of the following categories:

- * Consumer Science Purchased
- * Costume Challenge
- * Leather Creation
- * Make it with Wool
- * Quilt
- * Softie Challenge
- * Traditional



Review the [2024 State 4-H Fashion Revue Categories](#)

Learn more and **Register** for [2024 State 4-H Fashion Revue](#)

2024 California 4-H State Field Day

Wednesday, May 8 - Saturday, May 18, 2024; Online Contests, Zoom
Saturday, May 25, 2024; UC Davis, Wellman Hall & Hart Hall

State Field Day has multiple contests that youth ages 9 and up can participate in. Primary youth activities will also be available, as well as educational booths. State Field Day contests are a culminating activity for a variety of 4-H project areas.



There are many competitions to participate in:

- ⇒ Coding Challenge
- ⇒ State Fashion Revue
- ⇒ State Film Festival
- ⇒ Interview Contest
- ⇒ State Presentations
- ⇒ Robotics Contest
- ⇒ STEM Shark Tank
- ⇒ Plus more

Learn more about [2024 California 4-H State Field Day](#)

Register for [State Field Day contests](#)

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2024 California 4-H State Hybrid Archery Tournament

**Sunday, May 26, 2024; River Oaks Firearms Training Center, Winton, Merced County
Tuesday, May 28, 2024; Postal targets due**

This tournament offers both in-person and postal match options. Registration due March 22

Join hosts Merced County 4-H & River Oaks Range for the 3rd annual State 4-H Hybrid Archery Tournament!

Divisions include Junior, Intermediate, Senior, and Leader. Categories include:

- ⇒ Longbow
- ⇒ Recurve Bow without Sights
- ⇒ Recurve Bow with Sights
- ⇒ Compound Bow without Sights
- ⇒ Compound Bow with Sights

Review rules & Register for [2024 California 4-H State Hybrid Archery Tournament](#)

2024 California 4-H State Shooting Sports Match



Monday, June 17, 2024; Postal targets due

This tournament is a postal match. Registration due March 15

It's time to sharpen up your shooting skills and start preparing for the 40th annual State 4-H Shooting Sports Match, sponsored by Siskiyou County 4-H Council!

Divisions include Junior, Intermediate, Senior, and Leader. Categories include:

- ⇒ Air Rifle
- ⇒ Sporter Air Rifle
- ⇒ .22 Rifle Open Sights
- ⇒ .22 Rifle Iron Peep
- ⇒ .22 Rifle Telescope Sights
- ⇒ .22 Competition Rifle
- ⇒ .22 Hand Gun
- ⇒ American Skeet
- ⇒ American Trap

Review rules & Register for [2024 California 4-H State Shooting Sports Match](#)



Trinity County 4-H

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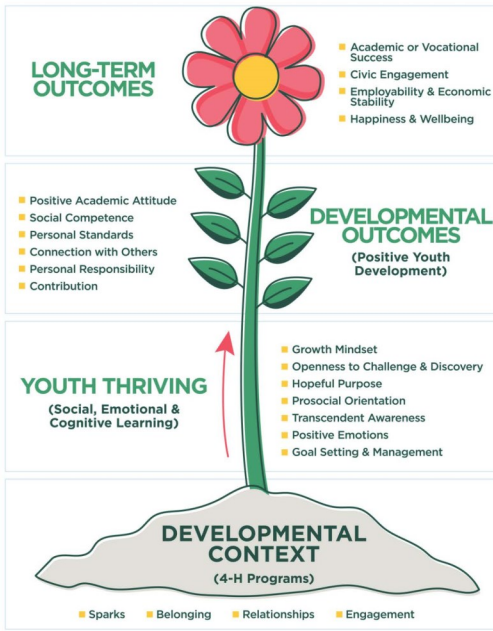


2022-23 State Ambassadors



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4-H Youth Development Program

2022-23 SNAPSHOT



“ I like that I can interact with other kids that share my spark, but I can also share my spark with those who may not know about it. ”

Our goal is to help youth thrive - now and in the future.

We make Positive Youth Development a part of every 4-H opportunity to help kids thrive. This comprehensive approach promotes learning and development.

California 4-H has been one of the pilot states to implement the national 4-H Thrive Model, which has now been adopted nationally. The goal is to help youth feel empowered to develop critical life skills that will allow them to reach their fullest potential.

Through Spark Surveys, 4-H youth share their experiences:

91% Encourage friends to make responsible choices

51% 4-H has inspired them to volunteer in their community

73% Would like a job involving science

90% Think youth and adults learn a lot from working together in 4-H

“ I like 4-H for including me. ”

90% Feel safe in 4-H

84% Feel youth in 4-H respect each other

“ I am involved in 4-H because it gives me many opportunities to participate in ag and in leadership activities. ”

Spring 2023 Spark Surveys



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