

Town Hall

2-3 pm, January 18, 2024

Agenda

- Welcome
- Leadership Update
- UC Davis Ombuds
- Alameda County Garden Project
- ANR in the News
- New Hires
- Other Updates

Chat warmup
Learning about each other:

My New Year's Resolution is:



Leadership Update

Vision & News - (10-15 mins)



Ombuds Office

Come with a problem. Leave with a plan.

Lindsey Ensor, *Senior Associate Ombuds*

Jenny Vaccari, *Associate Ombuds*



Overview and Mission Statement

The Ombuds Office serves UC Davis, UC Davis Health, and UC Agriculture and Natural Resources as an **off-the-record resource** to develop strategies for navigating complex and costly conflict. The Ombuds Office **supports fair and collaborative professional and academic experiences** in a diverse and changing world. The mission of the Ombuds Office is to provide **a safe place for all members of the UC Davis community to discover pathways for conflict management and problem solving.**

Stages of Conflict Escalation

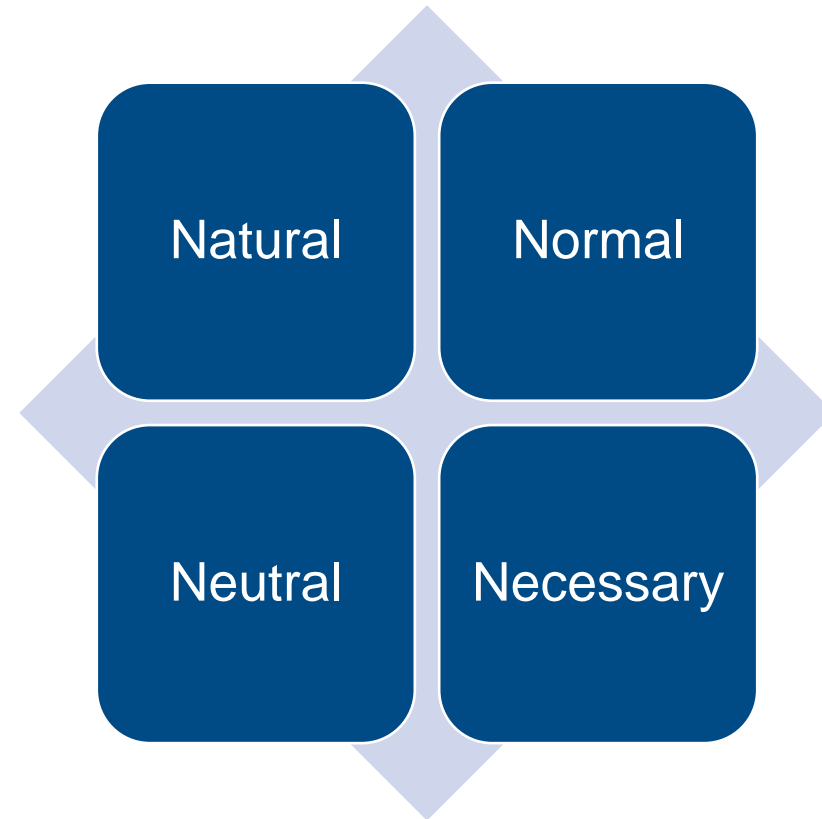


Reach out to us when you experience:

- Conflicts concerning behavior of colleagues or volunteers
- Concerns around discrimination, harassment, or abrasive conduct*
- Difficult group dynamics
- Career/Advancement issues
- Complaint processes
- Handling difficult behavior

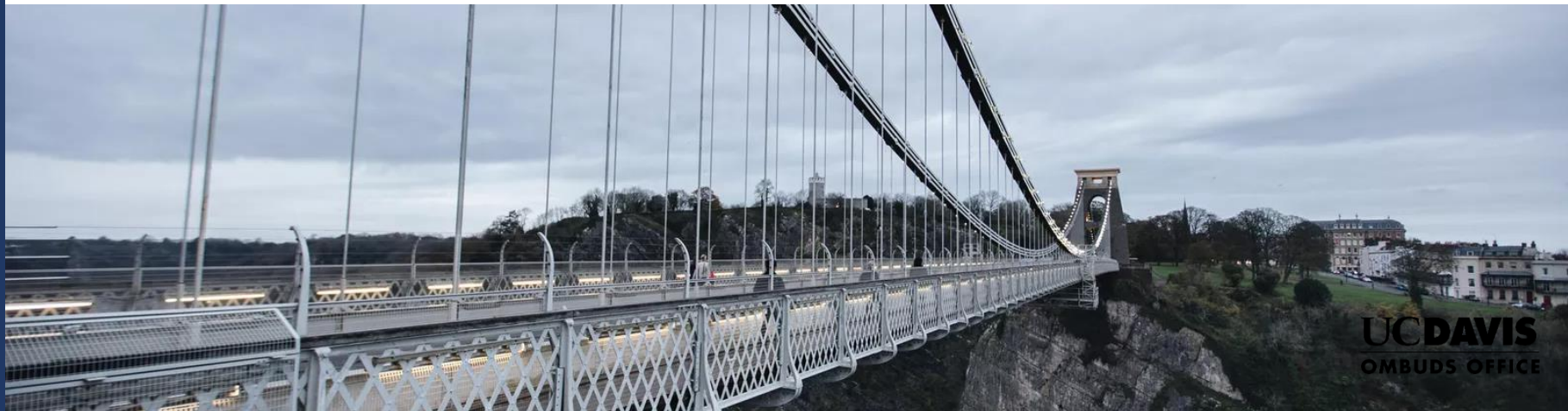
*Off-the-record resource

Conflict is:



The Ombuds Office can help you:

- Sort through and untangle problems
- Identify interests
- Generate options to effectively address issues
- Weigh risks, rewards, costs, and benefits
- Gain a new, neutral perspective
- Learn about possible campus resources and policies



Principles of Practice

Confidential

Impartial

Informal

Independent

Voluntary



Conflict Competence Workshops

Conflict Competence for Managers and Supervisors

— Learn to manage conflicts, navigate interpersonal dynamics as a team leader, and build trust on your team

Conflict Competence for Staff

— Learn to navigate conflicts with colleagues and managers and communicate your needs successfully

Conflict Competence: Constructive Feedback for Positive Change

— Learn to craft effective feedback, identify feedback triggers, and receive feedback skillfully

Conflict Competence: Getting to the Root of Group Conflict

— Learn to apply the Goals, Roles, Processes, and Interpersonal Relationships team development model to group conflict and identify sources of group conflict

Conflict Competence: From Bystander to Upstander

— Learn to support colleagues and address incivility and micro or macro aggressions in the workplace.

Conflict Competence: Listening to be Heard

— Learn to listen for understanding to improve communication and lower defensiveness around tense topics

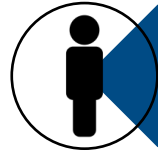
Conflict Competence: Creative Problem Solving in the Workplace

— Learn to discover solutions that meet your needs in complex situations and develop options collaboratively

Conflict Competence: Transforming Negativity in the Workplace

— Learn to recognize common pitfalls of dealing with negativity and implement a three-step strategy to transform destructive negativity

Ombuds Services



Individual Meetings



Mediation/Group Work



Community-Wide Workshops



Tailored Trainings



Information Sessions

“Conflict competence is the ability to develop and use cognitive, emotional, and behavioral skills that **enhance productive outcomes of conflict while reducing the likelihood of escalation or harm.**

The results of conflict competence include improved quality of relationships, creative solutions, and lasting agreements for addressing challenges and opportunities in the future. As with all competencies, people can learn ways to improve, change, and develop.”

Mediation Training Institute, Conflict Dynamics Profile, Eckerd College Leadership Development Institute, <http://www.conflictdynamics.org/blog/2013/11/conflict-competence/>, 2021.

Ombuds Office

Come with a problem. Leave with a plan.

For a phone or Zoom appointment, call:
530.754.7233

For additional information, please visit our website: ombuds.ucdavis.edu

A note about email: To protect confidentiality, the Ombuds does not keep records. The best way to schedule is by phone, but if you choose to email we do not retain the email or respond to content.

South County Homeless Project Garden To Table



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Max Fairbee

**CalFresh Healthy Living,
UCCE – Alameda County**

fhmax@ucanr.edu

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider. Visit www.CalFreshHealthyLiving.org for healthy tips.

CalFresh Healthy Living, University of California empowers SNAP-Ed eligible Californians to improve their health through education aligned with policy, systems, and environmental change initiatives which strengthen community partnerships, resulting in healthy and active living.



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**We provide effective, evidence-based
youth, adult, older adult, and family
centered and intergenerational lessons that
are engaging and interactive.**



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Goals:

1. Increase nutrition and physical activity knowledge, skills and practice.
2. Act as a catalyst for healthy lifestyle change through policy, systems and environmental strategies.

South County Homeless Project

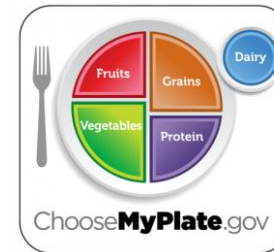
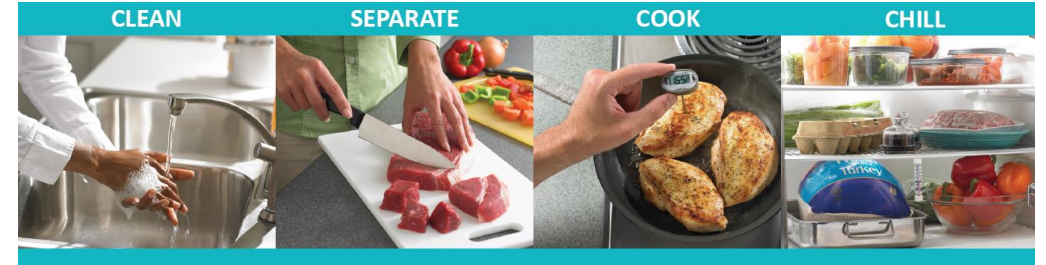
- Temporary housing site
- Up to 24 residents, each staying 3-12 months
- Previously had therapeutic flower garden



2017-2023

Nutrition Education classes:

- ReThink Your Drink
- Food Safety
- Making Every Dollar Count
- Eat Healthy Be Active Community Workshops
- Fresh From The Garden



Summer 2022



October 2022



A little help from our friends

- Alameda County Master Gardeners, residents of SCHP, and CFHLUC Staff work together



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Alameda County Master Gardeners

- Attended planning meeting with SCHP and CalFresh UCCE
- Outlined needs, planned steps, created timeline
- Mapped out garden beds
- Acquired volunteers
- Donated plants



Bed #1: Tomates	Bed #2: Zucchini/Cucumbers	Bed #3: Beans/Kale/Green Onions
Roma	Zucchini (Seeds or MG Sale)	Bush Bean (seeds or MG sale)
Sungold	Banded Italian Zucchini	Bush Bean
Beefsteak		Bush Bean
Basil	Cucumber	Kale: LACINATO
Basil	Persian Cucumber	Kale: LACINATO Rainbow
Basil		Kale: Red Russian
Cherry T #1		
Cherry T #2		
Cherry T #3		

Large boxes = 1 square foot. Smaller rows on top = 4" x 12"

Blue Text = On Nursery List, Green Text = MG Sale or other

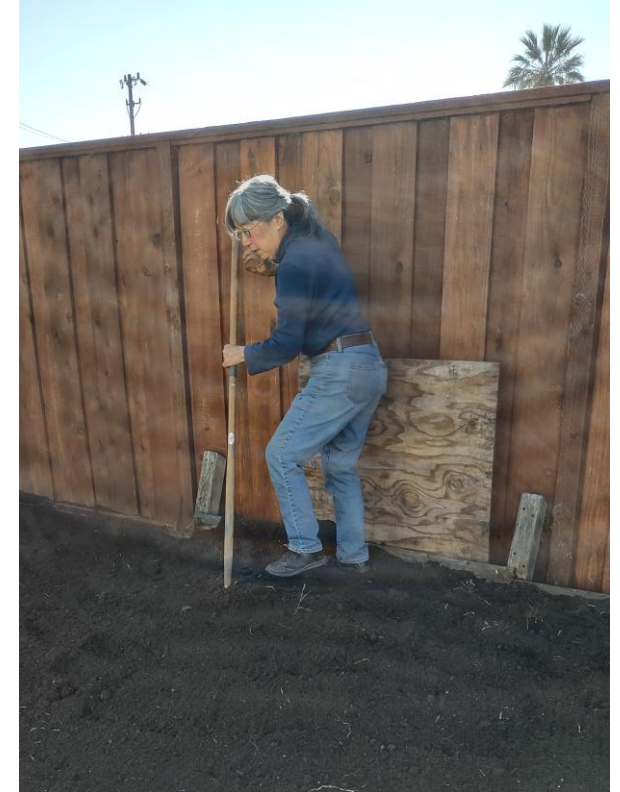
Bed #4: Triangle/Herbs	Nursery PLANT LIST
Basil	Marjoram Sweet Aitil
Basil	Thyme French
Basil	Mint Peppermint (OPTIONAL IN POT)
Extra: Basil	Optional Swiss Chard Bright Lights
Mint Peppermint (OPTIONAL IN POT)	Oregano Classic Greek
Angula	Kale: Lacinato
Angula	Parsley Italian (Pot)
Giantino	Kale: Lacinato Rainbow
Lettuce 3	Rosemary Upright (Flower bed back)
Lettuce 1	Parsley Italian (Pot)
Lettuce 2	Kale: Lacinato Rainbow
Lettuce 3	Rosemary Upright (Flower bed back)
Lettuce 1	Kale: Russian Red
Lettuce 2	
Lettuce 3	
Lettuce 1	
Lettuce 2	
Lettuce 3	
Oregano	Terragon Russian
Italian Parsely	Lettuces - a selection - off the list I'd pick Red Butterhead, Coastal Star, Sweet Crisp
Terragon Russian	
Marjoram	
Thyme	



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Garden Workday #1

Soil replacement
Feb 2023



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Plant List:

Tomatoes
Zucchini
Cucumber
Arugula
Basil
Bush Beans
Pole Beans
Tarragon
Lettuce
Kale
Onions
Swiss Chard
Cilantro
Parsley
Rosemary
Oregano
Mint



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Garden Workday #2

Planting Day
April 2023



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Successes & Challenges



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Success!

- **Seedlings transplanted and established**



Success!

- **Plants grew quickly and hardily**



Success!

- May: harvested lettuce greens
- June: harvested green beans, cucumbers, kale & onions



Success!

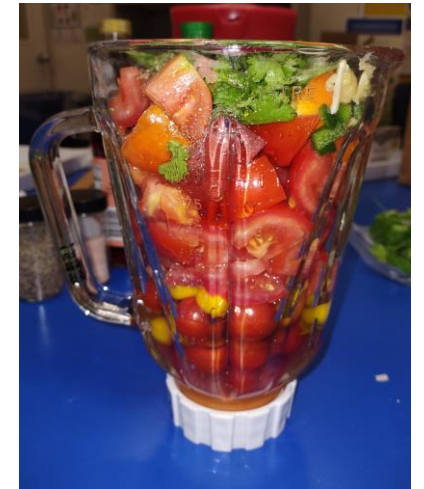
- **Abundance**
August through October



Success!

- Many meals supplemented with fresh veggies and herbs from the garden
- Harvested veggies used in tastings and demos

“I was surprised how good the raw summer squash tasted and how the flavor was different after it was cooked. I’ll definitely be adding more zucchini to my plate!” ~Selina, Resident at SCHP



Challenges

- **Wet weather caused late planting season**
- **Overly warm weather caused plants to bolt and seed**



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Challenges

- Resident participation



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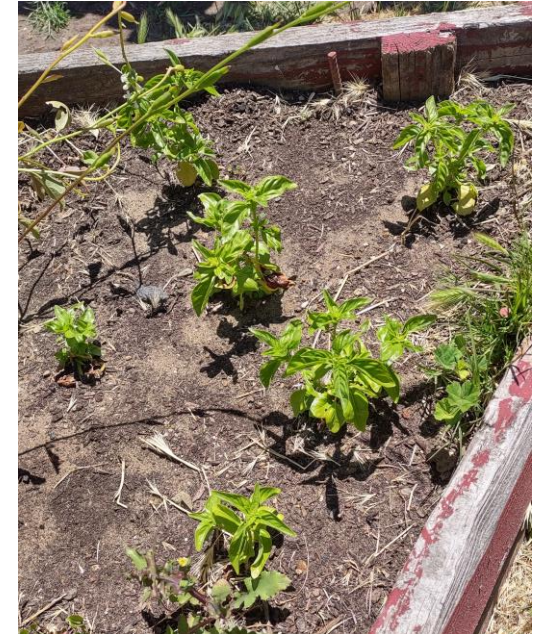
Challenges

- **Pests!!!!**

**Snails,
Aphids,
Cutworms,
Cats & More!**



Basil - April 2023 (2-3 weeks after planting)



Basil – June 2023 (2 months after planting)



Chard - June 2023



Challenges

- **Pests!!!!**

**Snails,
Aphids,
Cutworms,
Cats & More!**



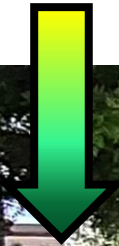
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Challenges

- Water access

Spigot 200+ feet to farthest garden bed

Garden area



Water source



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Moving Forward

- Fresh From The Garden
- Ongoing direct nutrition-ed classes
- Collaboration with ACMGs to offer speaking engagements and workshops



Goals

- **Water spigot near garden**
- **Drip irrigation**
- **Meals planned using harvest**
- **More partnerships**
(Master Food Preservers,
Oakland Housing Authority Sites, Etc?)



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Making a Difference: IMPACT



**“I love the garden. It relaxes me
and the vegetables taste amazing,
better than from the store!”**
~Myriam, Resident at SCHP



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Thank you!



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In the Media

- **Jhalendra Rijal** was quoted in [Newsweek](#) & Tapan Pathak on [KVPR](#) about climate change increasing three pests that harm fruit and nut quality
- **Maurice Pitesky** was quoted by [San Francisco Chronicle](#), KQED, Press Democrat and other outlets on avian flu devastating Bay Area poultry farms
- **Ali Hill** was interviewed by [KQED](#) & [Sac Bee](#) about her study showing impacts of a new California labor law on farmworkers. [Orange County Register](#), San Diego Union Tribune and other outlets ran an op-ed citing her research
- **Michael Cahn** was quoted by [Associated Press](#) on lawsuits related to groundwater contamination. Other major news outlets ran the story
- **Hamutahl Cohen** was quoted in the [Ventura County Star](#) and [Valley Ag Voice](#) about fruit fly quarantines
- **Andrew Sutherland** was featured in a video on identifying cockroaches in [Pest Control Technology](#) magazine



Michael Yang shows ABC 30 frost damage

https://ucanr.edu/News/UC_ANR_in_the_news

New Hires

November 15, 2023-January 16, 2024

Domena	Agyeman	UCCE BUTTE
Alondra	Alonso	UCCE RIVERSIDE COUNTY
Eileen	Besmer Shydrowski	UCCE SANTA CLARA COUNTY
Bianca	Bobadilla-Herrera	UCCE FRESNO MADERA MCP
Francisca	Borbon	UCCE RIVERSIDE COUNTY
Jiana	Choi	UCCE RIVERSIDE COUNTY
Marilynn	Click	UCCE SAN DIEGO COUNTY
Dawn	Fuller-Ball	UCCE STANISLAUS COUNTY
Gillian	Garrett	UCCE CENTRAL SIERRA NEVADA MCP
Laura	Garza Diaz	UCCE MENDOCINO COUNTY
Veronica	Gonzalez	UCCE VENTURA COUNTY
Allyson	Greenlon	UCCE ALAMEDA COUNTY
Addison	Holbrook	PROGRAM SUPPORT UNIT
Michael	Jaquez	UCCE SAN DIEGO COUNTY
Olukayode	Jegede	ANR ENVIRONMENTAL TOXICOLOGY
Crystele	Leauthaud	ANR CE SPECIALIST UCSC
Winnie	Liao	UCCE CAPITOL CORRIDOR MCP
Francielle	Lima	UCCE KINGS COUNTY
Dylan	Logelin	SIERRA FOOTHILL REC
Courtney	Lopez	UCCE SAN BENITO COUNTY



Dawn Fuller-Ball



Francielle Lima



Veronica Gonzalez



Michael Jaquez

New Hires

November 15, 2023-January 16, 2024

Maya	Maniar	PROGRAM SUPPORT UNIT
Sarah	Marsh	UCCE COLUSA
Idongesit	Mokwunye	STATEWIDE IPM PROGRAM
Kaitlyn	Murray	CALIFORNIA STATE 4-H OFFICE
Erin	Musil	BUSINESS OPERATIONS CENTER
Ana Maria	Pastrana Leon	UCCE IMPERIAL COUNTY
Mackenzie	Patton	UCCE CENTRAL SIERRA NEVADA
Divya	Prakash	CA INST FOR WATER RESOURCES
Barbra	Pushies	SW MSTR GARDENER PROGRAM
Martha	Ramos Lopez	UCCE TULARE COUNTY
Lana	Schweikert	IMM OFFICE CONTROLLER BUS SERV
Hilary	Sheehy	UCCE NAPA COUNTY
Jonathan	Stefani	UCCE NEVADA_PLACER COUNTY
Jeanette	Villegas	UCCE VENTURA COUNTY
Vivian	Wauters	SUSTAINABLE AG RESEARCH & EDU
Cleo	Woelfle-Hazard	UCCE HUMBOLDT
Kaitlin	Zuwala	BUSINESS OPERATIONS CENTER



Barbra Pushies



Cleo Woelfle-Hazard



Mackenzie Patton

Other Updates

THANK YOU!

The next town hall will be
Thursday, February 15, 2024

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