

Spark Achievement Summary Checklist

For each leaf you need to complete an activity in each of the 6 categories below. You need to do a different activity in a category for each of the 4 leaves.

Leadership

- Serve on a 4-H committee at any level.
- Lead a 4-H activity
- Be a 4-H officer
- Enroll and participate in a leadership project at any level
- Attend a 4-H Leadership conference, workshop, or training at any level
- Be a junior or teen leader (if 11 years or older)

Civic Engagement

- Visit (virtually or in person) a place of historical significance to your community.
- Participate in a 4-H community service donation drive that benefits a community organization outside of 4-H.
- Learn about your local government and how it works.
- Give a talk inside or outside 4-H, about something you learned in a 4-H community service or civic engagement or civic education experience.
- Participate in a 4-H sponsored or organized civic engagement activity or civic education event.

Project Learning

- Complete two 4-H projects each of which is at least 6 hrs. of educational experience.
- Participate in a 4-H Judging contest or junior judging contest at any level.
- Create a flyer, poster, video or slideshow for a project skill that teaches the reader something you learned in the project.
- Give a talk at any level about something you learned in your 4-H projects(s).
- Participate in a 4-H event or activity that demonstrates your project knowledge to an audience, judge or evaluator.

Healthy Living

- Complete an activity that explores healthy nutrition inside or outside of 4-H.
- Complete an activity that explores physical activity and fitness inside or outside of 4-H.
- Complete an activity that explores social and emotion wellness inside or outside of 4-H.
- Participate in a 4-H Healthy Living event at any level.
- Be involved in an activity outside of 4-H that requires at least 25 hours of active participation in another community organization.

Communication

- Give a 4-H presentation that follows the 4-H Presentation Manual.
- Write an article or blog post for a 4-H publication or about 4-H.
- Give an event or project report at a 4-H meeting at any level.
- Meet with, or write a letter to someone that supports 4-H.
- Make a video that promotes 4-H to the community.
- Appear as a guest representing 4-H for radio or TV.

Community Service

- **Community service #1**
- **Community service #2**
- **Community service #3**
- **Community service #4**