

# 4-H Arts and Crafts Proficiency Program A Member's Guide

## OVERVIEW

The 4-H Arts and Crafts Proficiency program helps you learn what you need to know about your 4-H project. Your project leader will assist you in setting and achieving your goals. Through your project, you will acquire an understanding of the principles of artistic design: color, space, line, design, texture, and space. You will also learn how to make good use of your leisure time in constructive activities as well as learning to make useful, artistic items.

There are many resources to help you learn more about your project:

- The University of California Davis has free resources available online by visiting: <http://anrcatalog.ucdavis.edu/4HYouthDevelopment/>. This site lists a variety of project materials and resources recommended for use in your project.
- The Shasta County 4-H Resources and Lending Library at our county 4-H Office includes other books, videos, and reference materials that can be checked out by members and leaders.
- Check to see if there are organizations in your community that conduct educational activities and shows. Local artists can be an excellent source of help and information.

There are five levels in the Project Proficiency Program. You may choose how many levels you wish to complete:

- ◆ Level I – “Explorer”, you begin to learn about many different aspects of your craft.
- ◆ Level II – “Producer”, you practice and refine the many skills involved in your craft area.
- ◆ Level III – “Consumer”, you become an experienced producer of your arts and crafts area.
- ◆ Level IV – “Leader”, allows you to show your own leadership potential.
- ◆ Level V – “Researcher”, you carry out a demonstration or experiment on some aspect of arts and crafts, and prepare a paper or portfolio.

As you work through the proficiency program, your leader will date each skill item as you complete it. When all items in a proficiency level are completed, your leader will sign the Certificate of Achievement.

# ARTS AND CRAFTS

## Level I - Explorer

Date  
Completed

Project: \_\_\_\_\_

- \_\_\_\_\_ 1. Name some safety precautions to observe when using; a glue gun, iron, hammer, saw, scissors/other sharp tools
- \_\_\_\_\_ 2. Explain how and why to protect work areas when you are working on a project.
- \_\_\_\_\_ 3. Plan a craft project: Discuss all the steps to making the project. Make the project.
- \_\_\_\_\_ 4. Identify 5 pieces of equipment needed to produce craft products.
- \_\_\_\_\_ 5. Demonstrate how to follow instructions, step by step, and in correct order.
- \_\_\_\_\_ 6. Write down a list of items needed for a project, and figure out how much it will cost to make the finished product.
- \_\_\_\_\_ 7. Explain how to clean 2 pieces of equipment you have used on your project.
- \_\_\_\_\_ 8. Explain why neatness is important when doing an art or craft project.
- \_\_\_\_\_ 9. Explain why cleanup is important when working in arts and crafts.
- \_\_\_\_\_ 10. Explain the following terms: Color Texture Contrast Pattern Workmanship
- \_\_\_\_\_ 11. Explain how to gather ideas/items from your art and craft project.
- \_\_\_\_\_ 12. Demonstrate how to replicate shapes, forms and patterns.
- \_\_\_\_\_ 13. Make two different craft projects and one art project.
- \_\_\_\_\_ 14. Display or enter one of your projects in a fair, community event or 4-H event.
- \_\_\_\_\_ 15. Alone or as a group, make a product and give it to someone.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## ARTS AND CRAFTS Level II - Producer

Date  
Completed

Project: \_\_\_\_\_

- \_\_\_\_\_ 1. Explain the color wheel. How do you use the color wheel in planning an art or craft project?
- \_\_\_\_\_ 2. Explain three ways of obtaining art and craft supplies in your area.
- \_\_\_\_\_ 3. Visit a craft store; look for ways and items to help on your next project.
- \_\_\_\_\_ 4. Describe the steps or process necessary to complete your project.
- \_\_\_\_\_ 5. Make three different craft projects and two art projects.
- \_\_\_\_\_ 6. Keep a record of cash expenses and at the end of the year compare your product(s) value to your expenses. Compare with similar or same items that could have been purchased.
- \_\_\_\_\_ 7. Experiment with two different techniques, materials, or methods then tell which you prefer and why.
- \_\_\_\_\_ 8. Describe one mistake/error that you made in producing a product and what you did or could have done to prevent it.
- \_\_\_\_\_ 9. Explain the terms: hue, form, shading, compatible colors, contrasting colors
- \_\_\_\_\_ 10. Explain how texture, form, shape and color affect your project.
- \_\_\_\_\_ 11. Select and design a project using items purchased from a craft store.
- \_\_\_\_\_ 12. Select and design a project using items collected outdoors.
- \_\_\_\_\_ 13. Select and design a project using recycled items.
- \_\_\_\_\_ 14. Create a special project to give to someone for a special occasion.
- \_\_\_\_\_ 15. Show and explain one of your projects at a club meeting.
- \_\_\_\_\_ 16. Visit a local art gallery or art show event. Discuss what you liked and disliked.
- \_\_\_\_\_ 17. Exhibit a project(s) at a show, fair, or 4-H event.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ARTS AND CRAFTS**  
**Level III - Consumer**

Date  
Completed

Project: \_\_\_\_\_

1. Report on the history of one aspect of your project. (origin, equipment, technique, etc.)  
\_\_\_\_\_
2. Visit one craftsman in your area, either as a group or on your own. Discuss what you saw and learned.  
\_\_\_\_\_
3. Describe four ways to save money and be economical in obtaining materials.  
\_\_\_\_\_
4. Invite a guest speaker to one of your meetings. Be ready to introduce him or her by telling who the person is, what kind of work they do, their accomplishments, education or training.  
\_\_\_\_\_
5. Make a project that uses three different techniques and three different materials or types of equipment.  
\_\_\_\_\_
6. Keep a record of costs, cash expenses, time and labor charges for each product made. At the completion of the specific item, compare your products value to the total expense.  
\_\_\_\_\_
7. Explain a chemical or physical reaction or interaction that will occur if you use the wrong materials together.  
\_\_\_\_\_
8. Keep a personal reference library of literature that will be helpful in your project. Share some ideas you found with the group.  
\_\_\_\_\_
9. Alone or with your group, plan and complete a community service activity related to your project.  
\_\_\_\_\_
10. Use two different techniques to create a greeting card.  
\_\_\_\_\_
11. Visit an art museum, show or gallery, either alone or with your group. Discuss what you liked and disliked.  
\_\_\_\_\_
12. Make at least two advanced art or craft projects. Share them with your club.  
\_\_\_\_\_
13. Give a demonstration about your project at Presentation Day or other 4-H event.  
\_\_\_\_\_
14. Show your project(s) at a fair, art show, or 4-H event.  
\_\_\_\_\_
15. Teach another group or an art/painting class either alone or as a group.  
\_\_\_\_\_

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ARTS AND CRAFTS**  
**Level IV - Leader**

Date  
Completed

Project: \_\_\_\_\_

- \_\_\_\_\_ 1. Serve as Junior or Teen leader in this project for one year.
- \_\_\_\_\_ 2. Assist younger members in making, selecting and constructing a project.
- \_\_\_\_\_ 3. Prepare teaching materials for use at project meetings.
- \_\_\_\_\_ 4. Develop and put on a demonstration or judging event or train a junior team for such an event.
- \_\_\_\_\_ 5. Speak on a project-based subject before an organization other than your 4-H group.
- \_\_\_\_\_ 6. Assist at a local crafts fair or show.
- \_\_\_\_\_ 7. Assist younger members about learning a specific technique in the project.
- \_\_\_\_\_ 8. Develop your own special project related activity. Chart your progress, plan the activities, analyze successes and problems, and report on your findings.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ARTS AND CRAFTS**  
**Level V - Researcher**

Date  
Completed

Project: \_\_\_\_\_

- \_\_\_\_\_ 1. Report on the results of a demonstration comparing measurable differences in management procedure. (experiment)
- \_\_\_\_\_ 2. Prepare a paper of 300 words or more on one of the following topics:
- Evolution of techniques
  - History of specific craft
  - Markets and methods of marketing craft products
  - Resource utilization and/or conservation
  - Development of a craft process
  - Effect/use of color, shape, form, pattern, etc.
  - Other
- \_\_\_\_\_ 3. Prepare a speech or illustrated talk to orally summarize your findings and present at a club, project meeting or other educational event.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Certificate of Achievement

*This certifies that*

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*has completed the Arts and Crafts Proficiency*

*in Shasta County.*

*Explorer*

*Producer*

*Consumer*

*Leader*

*Researcher*

\_\_\_\_\_  
*Date*

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