



NUTRITION MATTERS

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Make a difference today...
fight food insecurity and support nutrition programs for
California's most vulnerable populations.

You can help ensure access to healthy food and nutrition programs for millions of children. In this critical time, the COVID-19 pandemic has increased health disparities and put low-income families at great risk.

University of California's Nutrition Policy Institute (NPI) is conducting research aimed at creating systemic change in order to improve low-income children's health and opportunities for a brighter future.

With your help, we can continue to tackle the most pressing issues of our time and ensure equitable access to healthy food for children, families, and our communities.



UNIVERSITY OF CALIFORNIA
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WE NEED CHANGE

Partner with us on our strategic priorities that directly support:

- **EXPANDING**

Low-income children's access to free meals in schools or at home

- **INCREASING**

Participation in CalFresh to provide low-income families access to healthy nutritious meals

- **STRENGTHENING**

Nutrition programs for women, infants, and children (WIC)

- **MENTORING**

Underrepresented nutrition policy students to increase racial diversity in the field

- **ADVISING**

Effective food policy with evidence-based guidance

For over 20 years, the University of California's Nutrition Policy Institute has conducted research and provided policymakers with data to support the provision of healthier foods for children in childcare, schools, and federal food programs. Our work has shown that **good nutrition** linked with **evidence-based research** can **decrease risk factors** for debilitating diseases such as type 2 diabetes, obesity, and cardiovascular disease.

Support NPI today!

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For more information: NPI.UCANR.EDU

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