





# **4-H Family Newsletter**

Placer County, CA | Nevada County, CA

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I Pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, and my HEALTH to better living.

For my CLUB, my COMMUNITY, my COUNTRY, and my WORLD!

Visit both

Placer County 4-H and

Nevada County 4-H sites
for continued updates
regarding COVID -19.
You can find up-to date
information as well as lots
of useful guidelines and
tools for your club.

## Meet Kayla Tofte

→ Placer County 4-H Community Education Specialist



Kayla Tofte is the new Community Education Specialist for Placer County 4-H. Kayla recently graduated from Chico State with a Bachelor's of Science Degree in Agriculture Education. She specialized her degree towards animal science courses. During her childhood, Kayla was an active member of Chicago Park 4-H in Nevada County. She had multiple roles on officer teams and as a junior and teen leader in the Chicago Park 4-H Beef Project and Countywide Horse Project. She later joined FFA, where she competed on Parliamentary Procedure and Veterinary Science teams. After high school, she attended Feather River College in Quincy, CA to go to school on a smaller campus and to bring her horse to school with her. Taking classes on her horse was one of her favorite experiences in school. She is currently an Assistant Leader for the Nevada County 4-H horse project and the leader for the Chicago Park Dairy Cattle Project group. Her biggest goal as a community education specialist is to find more ways for kids to get involved outside of just club events and to get them engaged in the planning of events and in committees. .

Welcome Kayla!!

... To Make the Best Better.

#### In Memoriam



It is with great sadness that we inform you of the loss of our dear friend Lee Bastien. Lee has played in important role in shaping the Placer County 4-H club over the years. He has been a leader in Placer County since 1999. Lee was the Sheridan 4-H rabbit, poultry, and cavy leader. He was the countywide coordinator for the poultry and rabbit groups and took on various roles in the 4-H council. You could always find Lee on the BBQ at coordinator events.

Lee was always the first one at events and the last to leave. He was known to always be opening and closing the Small Animal Barn at fair and helping with judging, sometimes until 11PM. He was always there to encourage 4H members and adults with his calm and fair demeanor. Nothing could keep Lee from being there for the kids, even in his last years and 110-degree weather. His mentorship went well-beyond his project groups. He was a guest speaker at many other club project meetings and loved to put smiles on the kid's faces.

One story of Lee was, when he was determining chick breeds, he came across a mixed chick, and it brought smiles to everyone's faces, when while holding the chick, and with a contagious laugh, he proclaimed "I have no idea what this one is!".

Lee always looked out for the kid's best interest and supported them in any way he could. He did this both in and outside of the 4-H community. He participated in rabbit judging at the Yuba County Fair and was the bookkeeper at his church in Wheatland. His love for others was not limited to people. He was known to take in animals needing rehoming.

Lee was a huge inspiration for various members in various ways: from competing at fair to becoming an all-star or county ambassador. He was a like a father figure to many who crossed his path in 4-H. He inspired many youth to become leaders. He will be deeply missed, but his legacy will live on in all the youth he has influenced.

Thank you Lee.

#### *COVID-19 UPDATES ~ 2/7/2022*

#### Update to in-person activities, effective Feb. 15, 2022

Both indoor and outdoor in-person activities are resuming, in line with the <u>Basic Safety Standards</u>, updated 2/15/2022.

See our COVID Updates page for more details

#### **Protocols for Outdoor Activities**

- Face masks are not required when social distancing of 3 feet is maintained.
- If social distancing is not possible, masks are required.

Maximum number of participants at outdoor gatherings sponsored/hosted by UC 4-H must be under 5,000 people. For events with more than 5,000 participants, please follow the state guidelines for mega-events

#### **Protocols for Indoor Activities**

- When youth and adults are present: Masks are required for all persons, regardless of vaccination status.
- When only adults are present: Those who are fully vaccinated are not required to wear masks.
- Maintain social distancing of 3 feet

To find out if your County has a specific mask order or other public health guidance that is different from the state, review your local public health COVID website.

Do not participate in any in-person 4-H activities if you are sick or have COVID-19 symptoms or if you or someone you have been in contact with has been diagnosed with COVID-19. Symptoms Include Fever (100.4° F Shortness of breath Muscle or Cough Fatigue Headache or difficulty breathing (38°C) or greater) body aches or chills New loss of taste Sore throat Diarrhea Congestion or Nausea or or smell runny nose vomiting

#### 4-H Policy Reminders

#### DON'T FORGET TO COMPLETE FUNDRAISER FORMS

Fundraiser Forms (CA 4-H Treasurers Manual Form 8.7) for Council, Club, and Project fundraisers must be completed and turned in at the UCCE Office for approval at least **two weeks prior** to your event, to ensure we are following State 4-H policy and are able to receive approval from our County Director.

Please be sure all sections are completed properly and all signatures are obtained. The fundraiser approval forms are available at: <a href="https://4h.ucanr.edu/files/19878.pdf">https://4h.ucanr.edu/files/19878.pdf</a>

#### **ENROLLMENT REMINDER:**

Project Leaders **may not work with youth** until they are confirmed and made "Active" in 4hOnline, for the current program year.

\*An adult enrollment is made "Active" for the current year when ALL enrollment steps are completed:

- 1. re-enroll in 4hOnline
- 2. complete mandatory online trainings,
- 3. pay yearly enrollment fee.

The County Director reviews and approves 4-H volunteer appointments after all the application requirements and mandatory online trainings are completed. If you have any questions about this process, please contact your 4-H office as soon as possible.

#### 2021-2022 California Returning Volunteer Course

Reporting Child Abuse and Neglect Course (only required for returning volunteers who did not complete the 2020-2021 Volunteer course and received a Covid-19 exception from their county)

### PROJECTS, CLUB MEETINGS, or EVENTS

A **Facility Use Request form (FUR) MUST** be submitted by the Club/Project Leader **PRIOR** to the beginning of a project, meeting, or event.

\* Allow 14 days to process requests. New facilities may take longer \*

Nevada County Facility Request for Club and Project meetings

Placer County Facility Request for Club and Project meetings

#### **BI-COUNTY 4-H EVENTS**

#### **Presentation Day!**

Every 4-H Member is encouraged to give a presentation each year.

4-H members practice by giving talks to project groups and at community club meetings, sharing information about the skills they learned in a project, and observing other people giving presentations.

To prepare for a 4-H presentation, youth learn how to:

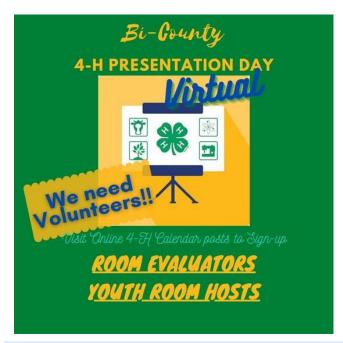
- Research a subject
- Organize ideas in a logical order
- Share knowledge with others
- Create and use graphics to support their presentation



For more details about the event visit: <a href="https://ucanr.edu/sites/nevadacounty4h/?calitem=522274">https://ucanr.edu/sites/nevadacounty4h/?calitem=522274</a>

**For helpful information about 4-H presentations**, rules and guidelines, dress recommendations, and public speaking tips see the <u>NEW 4-H Presentation Manual</u>.

UC 4-H alumni will often mention that they learned how to speak more effectively through their participation in the UC 4-H presentation program.



# We NEED EVALUATORS for Virtual Presentation Day!

#### Parents and leaders!

Please consider helping our 4-H youth learn and improve their public speaking skills! Sign up here:

Room evaluators sign-up

#### **BI-COUNTY EVENTS**

### **Bi-County Fashion Revue! "Fashion Returns"**



Saturday, April 23, 2022 LOCATION: Magnolia Intermediate School 22431 Kingston Ln. Grass Valley, CA 95949



Bi-County Fashion Revue is a fun opportunity for Placer and Nevada 4-H members to show off the knowledge, skills, and creativity they have used to create various clothing or textile related entries. The goals of 4-H Fashion Revue are to inspire an appreciation of clothing, textiles, consumer science, and personal development.

\* Enrollment in the Clothing & Textiles/Sewing project is required for Traditional and Box Challenge only.

\* The other three categories are open to any 4-H member!

#### 2022 Fashion Revue Categories

- Traditional
- Consumer Science Purchased \$40 limit
- The Box Challenge
- Historical Challenge
   Trashion Fashion Challenge

Find more information about this fun event, visit: <a href="https://ucanr.edu/sites/nevadacounty4h/?calitem=522405">https://ucanr.edu/sites/nevadacounty4h/?calitem=522405</a>

### 4-H Scholarship Opportunity

# APPLICATION For Placer - Nevada Cattlewomen's Agriculture Scholarship

The scholarship is available to high school students who live in Placer or Nevada Counties of California and are planning to major in Agriculture.

Applicants must have a 3.0 GPA or better, declare Agriculture as their major upon starting college, enroll full-time, and enroll in at least one Agriculture class toward their major.

Applications must be mailed to Tara Chaddock by March 15, 2022, at 7647 Wise Rd, Auburn, CA 95603.—Click here for information and to register

#### SAVE THE DATE...

#### UC Davis Field Day (March 4 & 5)

UC Davis will be hosting their annual field day on March 4 & 5. The field day is open to teams of senior 4-H members and FFA members in a variety of competitions. Job interview and parliamentary procedure will be on March 4 and the rest of the competitions will take place on March 5. You can find more information about the competitions, liability waivers, and registration at <u>UC Davis Field Day 2022</u>

#### Chico State 4-H Livestock Judging 101 (April 2)

Chico State will be hosting an in-person livestock judging competition workshop for members interested in competing in a livestock judging 4-H competition and for adults interested in coaching the livestock judging competition. Some topics include a general overview of the livestock judging 4-H competition and how to coach a livestock judging team. Members will get hands on practice at the end of the workshop.

Keep your eye out for information on registration soon.

#### **Equine Presentation Day (May 28)**

The <u>Equine Presentation Day will take place</u> <u>In person on May 28, 2022</u> and will also take place <u>virtually</u> on May 11, 14, 18, and 21.

There will be no registration fee in 2022.

To participate a member must be:

- Enrolled in a 4-H equine project,
- Register for either a demonstration/illustrated talk or an informative prepared speech, and the topic should relate to the equine industry.

You can find more information at: 4H Equine Presentation Day.

#### STATE 4-H HORSE SHOW

#### SACRAMENTO COUNTY 4-H HORSE PROGRAM 2022 Horse show #1 Open to all Counties



March 5-6, 2022

Location: Triple Crown Equestrian Center 3299 Gladding Road, Lincoln, CA 95648

Check-in for the first classes will start at 8:00 a.m. Classes will start promptly at 9:00 a.m. PRE-ENTRY FEES\*:

\*Entries must be postmarked by: TUESDAY, February 22, 2022 Mailed to: Robyn McCall, 12228 Rising Rd, Wilton CA 95693

\$4.99 per class or \$40.00 all day fee \$10.00 cash haul-in fee per horse due day of haul in

#### POST-ENTRY FEES\*:

\*Entries postmarked after the pre-entry deadline or day of the show will be subject to the post-entry fee. \$30.00 Flat Fee per entry applies to all post-entries /entries day of the show

#### OTHER FEES:

\$10.00 Haul in fee (per horse, cash, for Triple Crown)

- NO dogs please!! Service dogs allowed, but must remain 30 feet away from all horses. Any aggressive dog will be ordered to be removed from the location immediately.
- Please refer to the <u>Sacramento County 4-H Horse Program Rule Book</u> <u>http://sac4h.ucanr.edu/files/246219.pdf</u> for show rules

Please review the rules and information contained within this Entry Premium Book, the Sacramento County 4-H Horse Program Rule Book, and the Horse Show Series Rules. All exhibitors, parents, and Leaders are responsible for reviewing any information pertaining to the 4-H Horse Program and the Horse Show Rules and will be bound by those rules.

COVID STATEMENT: Please follow all 4-H guidelines regarding Covid precautions. Sign in for ALL individuals on site is required and will be located at the show office. Any individuals not adhering to the 4-H COVID Guidelines will be asked to leave and no refunds will be provided. Please limit the number of individuals in attendance- no trainers or non-family guests please.

This show is not open to the general public.

#### Placer & Nevada Counties 4-H Social Media

**Placer County 4-H** 

Follow us!!

**Nevada County 4-H** 











4-H Project Leaders access to Project sheet pages, for at home education resources: <a href="http://4h.ucanr.edu/Projects/Project\_Sheets/">http://4h.ucanr.edu/Projects/Project\_Sheets/</a>

# Youth members!!

Interested in submitting an article?
Send an email to: Marie

Provide: TITLE | 2-3 PARAGRAPHS | PHOTOS



#### **Nevada County UCCE office**

Open Tuesdays and Thursdays 8 a.m. to 4:30 p.m.

Closed for lunch between 12 - 12:30 p.m.

#### **Placer County UCCE office**

Open Monday—Friday 8 a.m. to 5:00 p.m.



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# University of California Agriculture and Natural Resources

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