

Town Hall April 2021

As we get started.
**One word: How are you
feeling today?**

Agenda 2 -3 PM

Welcome

Leadership Update

Story from the Field

Other updates

Wellness break

Close

A scenic landscape featuring a calm lake in the foreground. A single, large, leafy tree stands in the water on the left side, its reflection clearly visible. In the background, there are rolling mountains under a soft, purple and blue sky, suggesting a sunset or sunrise. The overall mood is peaceful and serene.

This is your meeting.

Use “Chat” for comments

“panelists” or

“All panelists and attendees”

Use “Q&A” for questions

**New: “Q&A” will be posted
post-meeting**

New Hires: Welcome to UC ANR

March/April hires

Please add names and location of any hires missed.

Brar, Ramandeep Kaur	Fresno/Madera
Dunnington, William C	Capitol
Dutro, Maddison	San Joaquin
Guan, Taiyu	Sutter/Yuba
Klein, Lauren T	Marin
Martinez, Vanessa	Kings
Mccullough-Sanden, Blake	Kern
Spivey, Hilary	Fresno/Madera
Swank, Haleigh	Kern
Vue, Chang	Stanislaus

Nabors, Annika	San Diego
Rygiol, Maxwell	Mariposa
Tjandrajati, Limin	BOC
Moua, Vong	Merced
Ontiveros Barajas,	Fresno
Jesus Enrique	Fresno
Purdy, Margaret	Shasta
Sage, Jake	UCSC
Spalding, William	Kearney
King, Avery	Publishing
Mahmood, Hina	NPI
Shedden, Jennifer	Orange
Callahan, Rachael	SAREP
Tribby, Nathan James	Riverside

Vision & News

Updates from Leadership (10mins)



Updates (Glenda +)



@micheile from
unsplash.com

1. Reopening conversations underway regarding when and how

- Meeting with CD Executive Council on Friday April 16 for input

2. Asian-Pacific Heritage Month

- Register here: https://ucanr.co1.qualtrics.com/jfe/form/SV_3XI9dE09jvn90PA

3. Budget outlook

- State funding
- County funding variable

New Partner Sponsored Positions (2017-21) (Wendy)

Position	Funder	Salary Savings
12 co-funded CE Advisors & CE Specialists	Ca Table Grapes Commission (2) USDA NRCS (2), UC Merced (1), UC Santa Cruz (1), Santa Clara County (1), San Mateo County (1), Imperial County (1), CA Citrus Research Board (1), United Sorghum Board (1), UC Davis (1)	\$1M k per year for 5 years*
2 funded Academic Coordinators	Department of Conservation	\$250k/yr for 2 years
1 funded Project Scientist	11 th Hour	\$100k/yr for 4 years
14 funded Programmatic Staff Positions	CA Department of Food & Agriculture	\$2m per year for at least 3 years
4 funded Staff Research Associates	CA Walnut Board & CA Pistachio Research Board jointly	\$425K per year for 3 years
33 positions		\$3.78 M/year

Stories from the Field

NPI



Christina
Hecht

**“UC ANR – Making a positive difference in
the lives of All Californians”**

Pandemic School Meals in California's San Joaquin Valley

ANR Virtual Town Hall

April 15, 2021

Christina Hecht, PhD, Nutrition Policy Institute



Pandemic Impacts on Nutrition

- Increased poverty & food insecurity
- School closures disrupted child nutrition programs -- exacerbated food insecurity



Why Do School Meals Matter?

BIG IMPACT

**28.2M
students
participate in
school lunch,
and benefit
from:**

A healthier diet

- + fruit
- + vegetables
- + milk

(at breakfast
and lunch)



Better academic performance

- + attendance
- + test scores
- + grades
- + classroom
behavior



Reduced health risks

- obesity
- hunger
- food insecurity



What Did We Do?

“HELP!”



Funding help

Cultiva La Salud
*
Dolores Huerta Foundation
*
Radio Bilingüe

Christina & Ken Hecht, NPI
Anisha Patel & Stanford team

Voices for Healthy Kids
*
Stanford Med Scholars
*
San Joaquin Valley Health
Foundation
*
SOS No Kid Hungry

6 Factsheets

District website &
social media
“scraping”

Qualitative interviews
– parents & district

PhotoVoice project –
school meal quality



What Did We Learn?

Districts: Website & social “scraping”

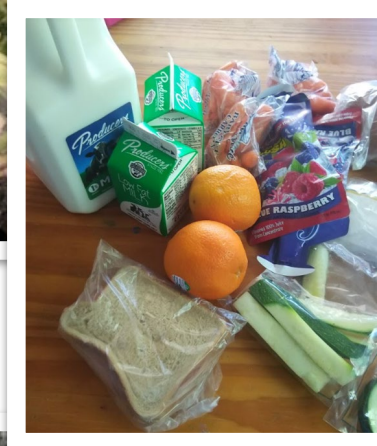
92.3% of all CA districts provided meals

Districts & parents: Qualitative interviews

Districts: understanding waivers, safety logistics, participation rates
Parents: pick-up logistics, poor meal appeal, gratitude

Parents: PhotoVoice documentation

“Bulk” fresh foods are preferred
Too much sugar!



How Did We Help Make Change?

Parent & district webinars
to share findings

Presentations of findings

Factsheets

Draft and submit papers

Report back to funders

Cultiva La Salud

*

Dolores Huerta Foundation

*

Radio Bilingüe

Christina & Ken Hecht, NPI
Anisha Patel & Stanford team

Voices for Healthy Kids

*

Stanford Med Scholars

*

San Joaquin Valley Health
Foundation

*

SOS No Kid Hungry

Parent empowerment - local
advocacy & engagement

Provide information to
legislators & others

Elevate the need



NPI Contributes Nationally:

COVID-19 School Nutrition Implications Working Group

400+ researchers, advocacy organization representatives and practitioners, and 185+ students

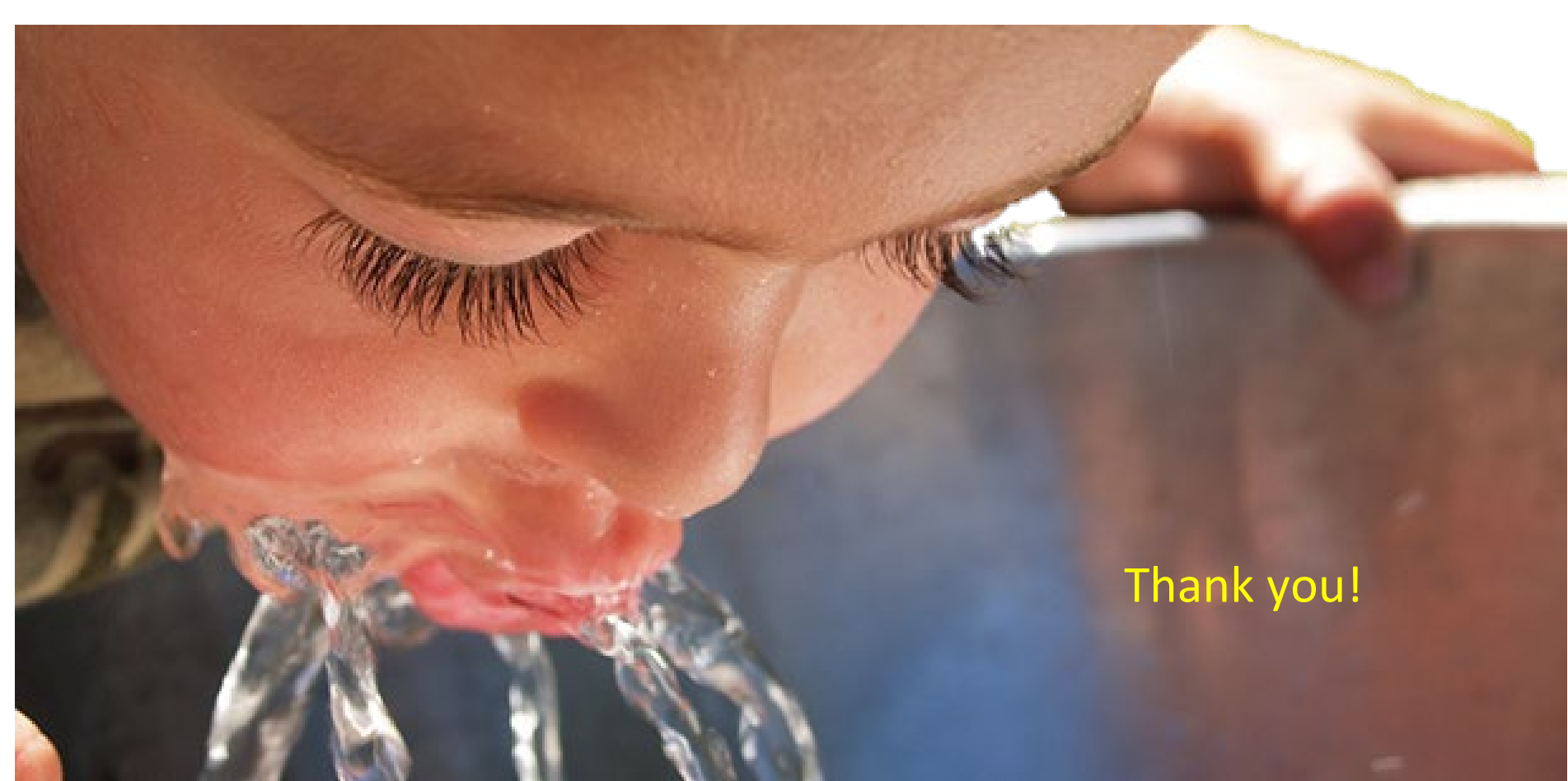


Healthy Eating Research

Healthy Eating Research (HER)
A national program of the Robert Wood Johnson Foundation, Duke University

NOPREN Food Insecurity & School Wellness Working Groups
Centers for Disease Control and Prevention
Div. of Nutrition, Physical Activity and Obesity





Thank you!

COVID-19 School Nutrition Implications

School Re-opening Subgroup

Subgroup lead: Christina Hecht, UC Nutrition Policy Institute

Subgroup Goal: To understand how schools are providing meals under various learning models, what are obstacles and supports (and to support districts in innovative and successful practices during reopening for in-person learning).

School Nutrition Products from Nutrition Policy Institute – Available on our Publications page

- Commentary: Ritchie L. Invited Commentary: School meals matter: federal policy can improve children's nutrition and health (Jia *et al.* 2020). *Public Health Nutrition*. Published online ahead of print 20 August 2020.
- Factsheet: Kids' Hunger Doesn't Take a Spring Break. While closed for COVID-19, California districts can serve meals over spring break. UC ANR Nutrition Policy Institute. Stanford Medicine Department of Pediatrics. 1 April 2020.
- Kids' Hunger Doesn't Take a Spring Break. While closed for COVID-19, school districts can serve meals over spring break (National version). UC ANR Nutrition Policy Institute. Stanford Medicine Department of Pediatrics. 2 April 2020
- Factsheet: Calling all Districts! USDA Summer Meals Can Keep Kids Healthy (California and National versions). UC ANR Nutrition Policy Institute. Stanford Medicine Department of Pediatrics. Updated 20 June 2020.
- Factsheet: Back-to-School: We'll Keep Feeding Those Kids! UC ANR Nutrition Policy Institute. Stanford Medicine Department of Pediatrics. School Nutrition Association. 12 August 2020. Updated 9 September 2020.
- Factsheet: Boosting School Meal Participation — Tips from Districts. UC ANR Nutrition Policy Institute. Stanford Medicine Department of Pediatrics. School Nutrition Association. 20 October 2020.
- Infographic: [Increasing Drinking Water Availability in Schools during COVID-19 and Beyond](#). Alliance for a Healthier Generation. National Drinking Water Alliance. 15 October 2020.

Donor Feedback.

People care about what we do.



"Donor enthusiasm develops from the heartfelt connection they have with the program and how this work improves the world."

"Thank you for everything you do and all the knowledge you share!"

*- Nick O., Redding, CA
(First time giver Giving Tuesday 2020)*



Strategic focus

Keeping us safe
(Sara Souza)



Tim Mossholder from unsplash.com

Staying Safe in the workplace. Training resources and opportunities



Sara Souza

University of California Field Research Safety

Field Research: Observation, Sample Collection, Surveys, Field Testing



Tools and equipment vary widely...



PHOTO BY MICHELLE HSIANG COURTESY OF UCSF

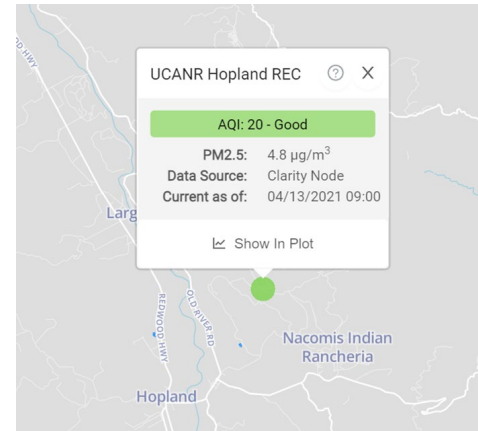


UC Field Research Safety Center of Excellence Activities

Sara Souza, MPH, CIH, REHS

Funded by UCOP through June 2022

sarasouza@berkeley.edu



First Aid & Emergency Planning: Field safety plans, wilderness first aid training, Garmin inReach satellite device loaner program, heat illness prevention, epinephrine auto-injector training, AEDs for field stations

Special Projects & Training: Wildfire smoke sensors; 4WD/off road driving, tower climbing & rescue; collaborate with UC Dive/Boat programs; bystander training on harassment/assault in the field; leadership training

Promote Best Practices & Resources: Newsletter on emerging/seasonal hazards, UC Field Ops Safety Manual; annual UC Field Safety Workgroup meeting, campus workshops; research oversight committee support, NRS Managers Meeting; professional conferences

Fieldwork Presents Unique Challenges

- Hazardous terrain, climate & changing conditions
- Isolation makes for practical as well as interpersonal challenges
- Participants may have no reliable means of communication, way to leave
- Long hours, close quarters, blurry boundaries; often shared housing
- Field teams often include various roles: paid staff, students, volunteers
- Researchers and students may have field placements with other institutions and organizations, or work on public or private lands
- Some are working alone
- Situational awareness requires constant evaluation of hazards & making decisions on the go

2020 Fieldwork Toolkit Webinar Series

<https://training.ucr.edu/fieldwork>

- Establishing a Safe Learning Environment
- Using the GAR Model for Risk Assessment
- Preventing Harassment & Assault in the Field
- Overview of UC Travel & Auto Insurance

2021 Fieldwork Toolkit Leadership Training

<https://training.ucr.edu/fieldworkleadership>

Added:

- Promoting Safe Fieldwork Culture: Strategies aimed at protecting diverse researchers
- Mental Health in the Field

Tools to Improve Communication in the Field



Speaker: Chris Lay is the Administrative Director of the [Ken Norris Center for Natural History](#) at UC Santa Cruz, where he teaches field classes every year. In addition to his over 25 years of teaching students in remote field settings, he has also taught Wilderness First Aid, outdoor leadership, wilderness risk management, and helped develop the UC Field Operations Safety Manual. This workshop builds on his [Safe Learning Environment](#) webinar from April 2020.

“Most accidents result from a combination of challenging conditions, inadequate preparation, ANDpoor communication”

Overview

- Field Group Challenges
- Solutions: Structure-Rapport-Skills
- Practice Active Listening, Giving Feedback, Resolving Conflict

What can leaders do?

- Plan ahead and prepare
- Establish & maintain a clear group structure
- Build rapport with your group
- Learn, role-model, and teach leadership/communication skills

Key Skills for Listeners:

- Slow down & be patient
- Strive for > 80% listening
- Make eye contact
- Open body language
- Paraphrase what you heard and check for understanding
- Ask non-directed questions
- Avoid turning the conversation to yourself, giving advice, etc.

Creating, Enforcing, and Promoting Safe Fieldwork Culture



Speakers: Amelia-Juliette Demery & Monique Pipkin, Cornell University
Authors of the *Nature Ecology & Evolution* article: [Safe fieldwork strategies for at-risk individuals, their supervisors and institutions](#)



Strategies to Reduce Risk (Individuals)

- Know who manages site and inform of schedule
- Work with others; report threats or incidents
- Carry identification & wear identifying clothing or vests

Strategies to Reduce Risk (Supervisors)

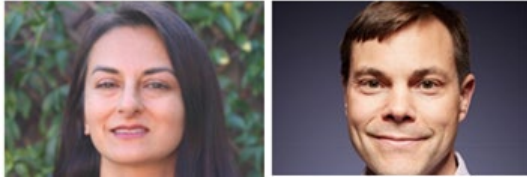
- Review fieldwork and safety plans before any fieldwork begins
- Solicit regular feedback, discuss concerns/risks with entire group

Strategies to Reduce Risk (Departments/Institutions)

- Make available field safety, harassment training, first aid, DEI and mentorship resources
- Inform and advise about benefits of acting responsibly with care and potential ramifications for harassment, prejudice, hostile work environments



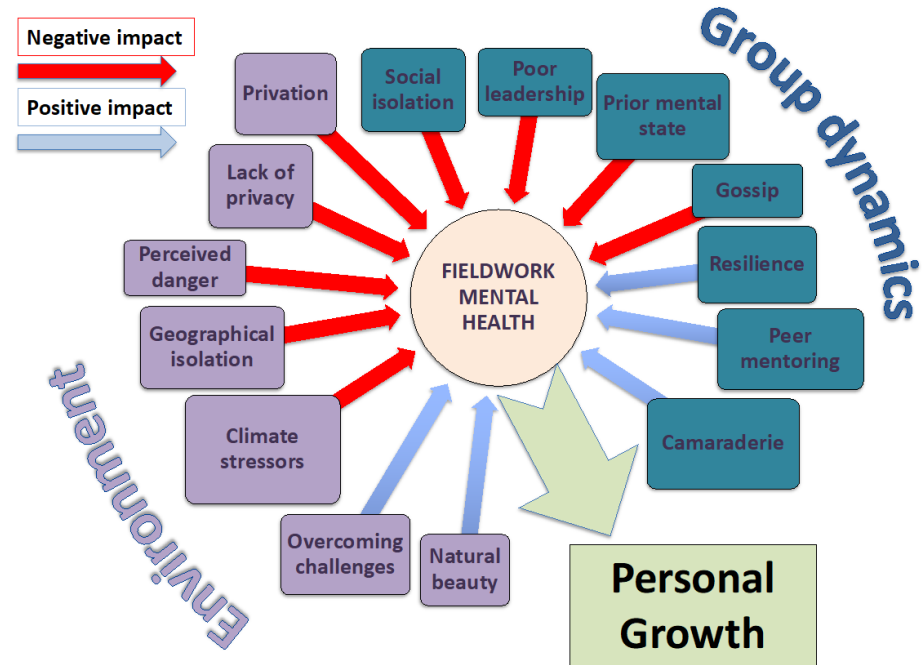
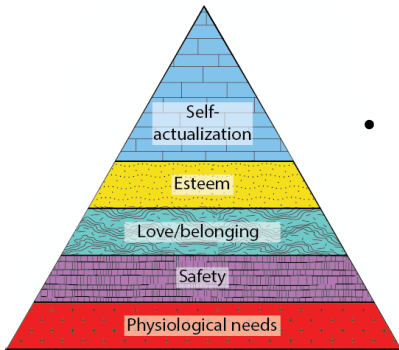
Mental Health in the Field



Speakers: Dr. Saira Bano Khan, Mind Compass Psychology
Dr. Cedric John, Imperial College of London, Dept of Earth Sciences and Engineering
Authors of *Nature Geosciences* article: [Mental Health in the Field](#)

Strategies:

- Optimize the activity for learning instead of focusing on assessment,
- Reduce environmental stressors as much as possible,
- Keep the length of field activities to a reasonable number of hours per day,
- Offer an opportunity for privacy in the evening, ensuring participants can contact their support structure,
- Have a compassionate and non-judgmental attitude towards participants expressing distress at the activity.



Building a Better Fieldwork Future: Preventing Harassment & Assault

Speaker: Melissa Cronin, PhD candidate, UCSC, Conservation Action Lab

UC Confidential CARE Offices: <https://sexualviolence.universityofcalifornia.edu/get-help/>

Learn More, Become a Trainer: <https://fieldworkfuture.ucsc.edu/>



Overview

- What are harassment and assault?
- Preparing and preventing
- Intervening
- Responding (Scenario Discussions)

Strategies

- Discuss boundaries and expectations
- Discuss privacy, hygiene, bathroom, sleeping protocols
- Allow mechanisms for switching sleeping quarters, work partners
- Establish high communication standard; daily group check-ins
- Establish inclusive norms (no inappropriate jokes, derogatory terms)
- Early training for prevention with field teams and courses sets positive organizational climate

5 D's of Bystander Intervention:

Direct – say/do something to engage involved party

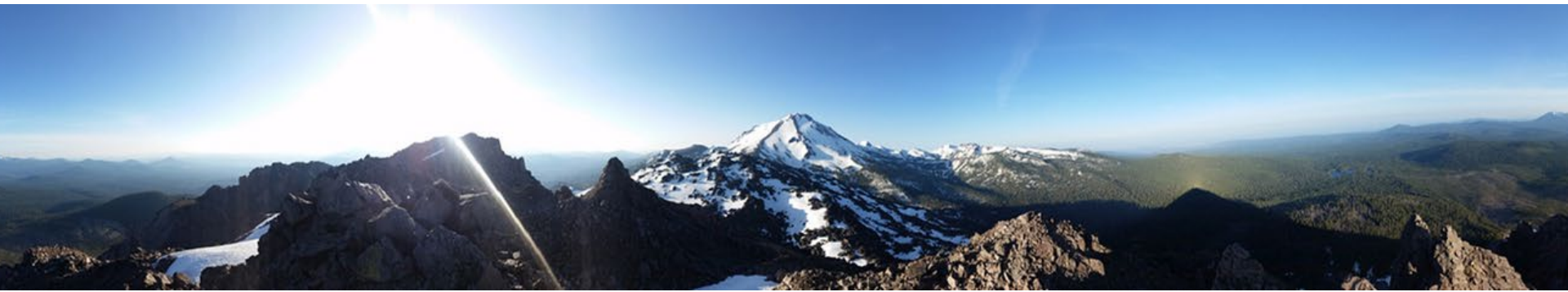
Distract – say/do something to interrupt

Delegate — ask for help of people better able to intervene

Document — if safe, document interaction

Delay — say or do something after the difficult moment has passed

“Organizational climate is the single most important factor in determining whether sexual harassment is likely to happen in a work setting.” —National Academies of Sciences, Engineering, and Medicine



Access recordings, slides, and supplemental info:

2021 UC Fieldwork Toolkit Leadership Training Series at <https://training.ucr.edu/fieldworkleadership>

Questions? Suggestions for future training topics?

Contact: sarasouza@berkeley.edu

ANR-specific safety info & resources: <http://safety.ucanr.edu>

Last tips: Consider ways to integrate safer, inclusive strategies into orientations, tailgate safety meetings, formal training, and course curriculum.....and include more time for debriefs. Thank you.



Wellness break. Practicing what we preach

David Ritz

Remember to stretch (David Ritz)

10, 2 and 4 stretches

<https://safetyservices.ucdavis.edu/units/occupational-health/ergonomics/office-computer/stretch>



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

UNIVERSIDAD DE CALIFORNIA
Agricultura y Recursos Naturales

Updates

Olympic

ANR-Walks (3 minutes)



Join in

(Vanity C and David R)



New DEIJ Program Team (3 min)

“...we intend for this Program Team to serve as a vehicle for a number of other DEIJ engagement activities, training, and ‘network-smart extension’ opportunities.”

New PT contacts/Leaders: Clare Gupta, Sonja Brodt

Join the fight against Covid-19 and other diseases!

ucanr.edu/covid19

Access Covid messaging, slides,
email footers, etc.

Take the vaccine
when it is offered to you.

It will help prevent you
from getting sick.



Wear a mask.

Germs travel in your breath,
and get trapped this way.

Wash your hands.

Soap kills germs.



Stay 6 feet away
from other people.

You breathe in fewer germs
farther away from people.

ucanr.edu/covid19

New - materials in Español

Integrated Web Platform (IWP)

– making our educational content more discoverable

Register your active web sites

When registered, join the IWP
office hours to learn more



Approaching 150 sites registered.

ucanr.edu/portal/iwp_content_registration.cfm

**Any Q&A comments from
Leadership.**

**(Reminder Q&A will now be posted post-
meeting)**

Stay safe & well

**Next Town Hall
Always 2 PM
3rd Thursday, 2021**

