



# **4-H Family Newsletter**

Placer County, CA | Nevada County, CA

#### Visit both

Placer County 4-H and Nevada County 4-H sites for continued updates regarding COVID 19.

You can find

You can find up-to date information as well as lots of useful guidelines and tools for your club.



I Pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, and my HEALTH to better living.

For my CLUB, my COMMUNITY, my COUNTRY, and my WORLD!

# Save the Date!

Placer-Nevada Counties 4-H Ice Cream Drive-Through

May 6th, 6:00-7:00pm

Details and location coming soon...

# Have you ever thought about participating in 4-H at the state level?

A MESSAGE FROM YOUR STATEWIDE

4-H PUBLIC SPEAKING

&

COMMUNICATIONS ADVISORY

COMMITTEE MEMBER

by Kyle Rutz Eureka/Granite Bay 4-H Club



There are twelve state level committees that 4-Hers, ages 14-19, can apply to participate in. By working on these committees, you can meet 4-H advisors and other 4-Hers from all over the state and together complete some meaningful work. Read more about the possibilities at <a href="http://4h.ucanr.edu/Get\_Involved/Advisory\_Committees/">http://4h.ucanr.edu/Get\_Involved/Advisory\_Committees/</a>.

The Public Speaking and Communications Advisory Committee was newly established in 2020-2021. As its name implies, its purpose is to help young people improve competence in public speaking skills and building confidence as 4-Hers learn to be better speakers and presenters.

This year, we are achieving our purpose by tackling the 2020-2021 Planof-Work that includes different efforts the committee members identified. Members created this plan-of-work, selected at least one subcommittee, and often multiple, sub-committees to work on. I'm working on a document that helps evaluators run the impromptu presentation category successfully. I also volunteered to create an interview manual, not just for interview contests but for the best reference and guidance in preparing for all types of interviews. Additionally, if you participate in the bi-county, regional and state presentation day, you will meet me and other members of this committee who are working to make them run smoothly as room hosts or evaluators or working behind the scenes to make sure all the advance planning is done successfully. Take time now to get familiar with what is available to you as a senior 4-Her at the state level and create your action plan to achieve the goals you decide to set for yourself.

#### **Kyle Rutz**

Eureka Granite Bay 4-H

Public Speaking and Communications Advisory Committee member

# Placer & Nevada Counties 4-H Scholarships ~ 2021

# Countywide Scholarships are now open!!

Click on links below or visit the website



# Nevada County 4-H Council Scholarship

Nevada County Leaders 4-H Council Scholarships: The application **deadline is July 30, 2021**. Please find application information here: **Nevada County 4-H Council Scholarship Application** 

# **Placer County 4-H Scholarships**

# The Laura and Neil Hulbert Award

This award was established by Laura and Neil Hulbert, who were strong supporters of youth activities. The funds are to be bequeathed annually in the amount of \$2,500 each to one male and one female Placer County student between 14 and 18 years of age (by Dec 31 of the enrollment year of selection), and currently enrolled in Placer County 4-H.

The award **interviews** will be held on **Saturday**, **May 22**, **2021**.

Completed Application packet will be due on May 7, 2021

Click HERE to for 2021 Packet

Or for more information and detailed instruction, please <u>visit website</u> and read application packet.

# Placer County 4-H Scholarship

Placer County \$500 4-H Scholarship Award will be given each year to qualifying Placer County 4-H high school members. This award has been made possible through the raising of a sale animal that is auctioned annually at the Junior Livestock Auction.

The award **interviews** will be held on **Saturday**, **May 22**, **2021**.

Completed Application packet will be due on May 7, 2021

Click HERE to for 2021 Packet

Or for more information and detailed instruction, please <u>visit website</u> and read application packet.

# Fairs Dates & Requirements

#### **PLACER COUNTY FAIR**

June 24-27, 2021

Placer County Fair livestock weigh-in dates, for all other market animals besides steers, are still being decided, and will be announced soon.

# NEVADA COUNTY FAIR August 11-15, 2021

Nevada County Fair entry instructions have not yet been posted.

#### **GOLD COUNTRY COUNTY FAIR**

**September 9-12, 2021** 

Gold Country County Fair Pre Weigh-in dates:

Market Beef 04/10/21 | Market Sheep, Goat, and Swine 07/10/21

ALL ENTRIES are due on 08/10/2021

Junior Livestock Auction: 09/09/21

#### **Questions regarding**

Placer County Fair, Nevada County Fair, or Gold Country Fair?

Contact the specific Fair Office directly:

Placer County Fair: (916) 786-2023 <a href="https://www.placercountyfair.org">https://www.placercountyfair.org</a>

Gold Country Fair: (530) 823-4533 <a href="http://goldcountryfair.com">http://goldcountryfair.com</a>

Nevada County Fair: (530) 273-6217 <a href="http://nevadacountyfair.com/fair/">http://nevadacountyfair.com/fair/</a>

**<u>Reminder:</u>** the YQCA certificate is good for one year.

All exhibitors 9 years of age and older must obtain annual certification in the Youth for the Quality Care of Animals (YQCA) program.

YQCA certification must be completed every year before time of entry.

The YQCA number will be required to complete the entry online. Visit <u>YQCA.org</u> for more information and to complete the YQCA certification.



03

# Are you ready for Fair?

# GOLD COUNTRY COUNTY FAIR

Click to access the project survey



# NEVADA COUNTY FAIR

Click to access the project survey

# Do you want to show an animal at the County Fair?



- Complete the 4-H Animal Science & Welfare Project Survey. https://ucanr.edu/survey/survey.cfm?surveynumber=33140
- 02 Enroll in 4hOnline.com & pay enrollment fees.
  - Zoom into our 4-H meetings! Fridays 3-4pm, March 19th May 14th, 2021
- 64 Follow CDFA guidelines by getting your animal ahead of time, we will discuss livestock logistics at our first meeting.
- O5 Complete 6 hours in our Animal Science & Welfare Project, and submit your 4-H Record Book.
- Of Complete YQCA Training, submit County Fair entries & pay fees.



AGES: 10-18

This is for youth who have previous species experience & access to equipment.

If you have any questions email Natalie Cunha, ncunha@ucanr.edu





UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program



**Attention: PLEASE read the** 

**CDFA Agreement for California Fairs** 

Placer County 4-H office in Auburn and Nevada County 4-H Office @ the Grass Valley Veterans Memorial Building are currently still closed to the public.

Fair season is coming and we have everything you need to be ready!

There are a variety of whites available at the 4-H office.

Our office is **currently closed.** Please **CALL first to make an appointment.** (530) 889-7386 Monday through Friday from 8:00am to 4:30pm.

\* If you have whites that no longer fit, we are accepting donations.

#### **AVAILABLE AT THE 4-H OFFICE**

4-H Hat: \$21 4-H Tie: \$14 4-H Scarf: \$20 4-H Record Book Cover: \$3

# **Virtual Bi-County Presentation Day was on MARCH 6, 2021**

ongratulations!!!

Congratulations to the Placer-Navada 4-Her's for participating. Awards and Certificates will be mailed directly to you.

If you won a blue or Gold Award, you will also receive information to register for the Regional Presentation Day Event.





\* Brylynn Selos - Gold

\* BryceLi Chao - Gold

\* MarieLin Chao - Gold

\* Ashlyn Collins - Gold

\* Andon Selos, Brylynn Selos, BryceLi Chao, & MarieLin Chao - Gold



\* Blake Stratton, & Kate Herstan - Blue

\* Eli Long - Gold

\* Jasmine Tofte - Gold

\* Jayden Tofte - Gold

\* Moriah Marshall - Gold

# 2021 Virtual Regional Presentation Event, April 10-24



4-H presentation events supports youth 4-H members (aged 9 to 18) in practicing and improving their public speaking skills.

## **County to Regional**

If you receive a Gold or Blue award at the county level, you are encouraged to present in the Regional 4 -H Presentation Event.

#### **Regional to State**

If you receive a Gold or Blue award at the Area Presentation Event, you may present at the State 4-H Presentation Event at State Field Day.

#### Sign up by April 20!

There will be 7 presenters for each 2-hour period. Time slots are on a first-come basis, so don't delay to sign up!

We also need Evaluators and Room slots also on a first-come basis.

Learn more & Sign up

Hosts - and you can pick the time

#### STATE 4-H UPDATES

# County Ambassador Virtual Workshop Series March 11 - April 8, 2021 6:30 - 8:00 PM

Calling all County Ambassador teams, leaders teams, and their adult coaches!

Join the California 4-H State Ambassadors and learn some vital skills for teams.

#### March 11, 2021: Youth-Adult Partnerships

Using Hart's ladder of youth participation, learn how to work in strong youth/adult partnerships with your team.

#### March 18, 2021: Creating a Strong Plan of Action

Participants will learn to account the differences between community service and service learning. Using an interactive activity and your leadership competencies you will design a plan action.

#### March 25, 2021: The Anatomy of a Workshop

Learn the components of building a dynamic workshop for virtual or in person delivery.

#### April 8, 2021: The Art of Facilitation

Learn how to facilitate a workshop in an effective way either virtually or in person.



# 2021 Virtual San Francisco North Bay Science Discovery Day

Saturday, March 13, 2021 9:00 AM - 6:00 PM



Discovery Day is a FREE event that will spark curiosity and excitement about science, technology, engineering, and mathematics (STEM).

Previous Discovery Days have been in-person events at the Sonoma County Fair-grounds. We hope to return in person in the future, but the 2021 event will be virtual due to COVID-19.

For more information and to register please visit the North Bay Website

#### JOANN and 4-H: Opportunity 4 All

## March 1 - April 30

Visit any JOANN store between March 1 and April 30, 2020 to participate or donate online at 4-h.org/4HJOANN.



#### Take Home Craft Event April 18 JOANN will be

hosting a free, take home craft event on April 18 in all stores.

The kits will include LEGO DOTs and kids will be able to create a bunny and chick and coloring pages. In each craft bag will be a message about donating to 4-H and creating opportunity for all.

You can help spread the word on social media using the JOANN Toolkit at https://ucanr.edu/sites/CA\_4-H\_Brand\_Toolkit/Toolkits/JOANN/ with messages and images to download.

# **2021 Virtual Youth Summit Paving the Road to Success**

March 26-28, 2021 Ages 11-13

Exciting news! Registration for the 2021 Virtual 4-H Youth Summit is now open. A great opportunity for intermediate members (ages 11-13) learn how to use your Spark to focus



on personal improvement, explore college and careers possibilities, and create positive change.

We are also recruiting for teen facilitators and adult volunteers to serve as chaperones:

## Teen Facilitators age 14 and up: Sign up by March 15, 2021

Teen Facilitators are key to making the Youth Summit a success! Facilitators are required to be 4-H members age 14+. With a partner, they lead groups of Youth Summit attendees in small meeting discussions about conference activities, goals, and personal development. The facilitators will work as a team to assist with conference activities and educational sessions. But most importantly, Youth Summit facilitators will develop skills in leadership, group facilitation, and more!

## Chaperones: Sign up by March 15, 2021

The Youth Summit Planning Team is in the process of recruiting adult volunteers to assist with the virtual youth conference scheduled for March 26-29, 2021. We want to continue providing an opportunity for leadership skills development and a safe space for all participants throughout the conference.

Visit the <u>4-H Youth Summit website</u> to learn more!

# 2021 National 4-H Beekeeping Essay Competition

Sponsored by: Foundation for the Preservation of Honey Bees

**2021 Essay Topic: Immunity:** Threats to Bee Colonies and Methods to Defend Against the Threats



Honey bee colonies have developed many ways to stay healthy. Their immune responses range from behaviors such as grooming to using materials such as propolis, a plant-derived substance bees coat on the interior of a hive for antimicrobial purposes. Even the gut of the honey bee contains beneficial bacteria to help the bee stay healthy!

In your essay, name at least **two** threats (a parasite such as Varroa, a pathogen such as a virus, a predator such as a bear, etc.) to honey bee colonies and then discuss the methods colonies use to defend against the threats.

If possible, include at least one picture you have taken from Feb. 2020-Feb. 2021 that illustrates how colonies manage to stay healthy against a variety of threats.

Additional competition rules and essay requirements can be found here

#### **Eligibility**

- The 2021 National 4-H Beekeeping Essay Competition is open to active 4-H Club members only.
- Any 4-H Club member who placed first, second or third in previous years of the national competition is NOT eligible to win in 2021, however, state competition winners remain eligible to enter the national competition.
- Entered essays must encompass the designated topic only. There will be no exceptions.

#### **Timeline**

- March 19, 2021: Submit essay to <u>Gemma Miner</u> in the California 4-H State Office by 5:00 pm on March 19, 2021
- March 20-31, 2021: Submitted essays will be reviewed by the State Office
- April 1, 2021: Selected essay will be submitted for national competition
- June 15, 2021: National winners will be announced

#### Tech Talk

Hosted monthly through June 2021

March 9 (2<sup>nd</sup> Tuesday) **7pm – 8pm** March **27** (4<sup>th</sup> Saturday) **10am – 11am** 

Tech Talk is a space for leaders, teens, and adults, from beginners to experts to get personalized help in working through the challenges they are facing delivering 4-H in a virtual environment.

## Come when you can, leave when you must

This time is informal, and the content will be created by participants and the questions and challenges that they bring to the room. Think of Scott as your personal technology coach offering PRACTICAL SUPPORT to help you get to success in a virtual 4-H world.

See **flyer** for more information

Must be active CA 4-H Personnel, Volunteer, or Youth Member to attend Register Now

### STATE 4-H ~ SAVE THE DATES

#### 2021 4-H Equine Events

May 15, 2021: Hippology Contest May 16, 2021: Horse Judging

June 21-27, 2021: California 4-H Classic Horse Show



#### **2021 State Presentation Day and Field Day**

Registration Opens: April 10

Registration Closes: April 30 at 5 p.m. Last day of competitions: May 22

Award Ceremony: May 23

Evaluations will be sent out (via email) by: June 4

Awards mailed out by: June 30

State Presentation Day Presentations: May 8 – May 22



#### **2021 Virtual Interview Contest**

Registration Opens: April 10

Registration Closes: April 30 at 5 p.m.

Interview Contest: May 8 - 22 Award Ceremony: May 23

Evaluations will be sent out (via email) by: June 11 Awards mailed out to UCCE 4-H county offices by: June

2021 Virtual State Leadership Conference July 23-25, 2021



## **DATES to Remember**

**Record Book Evaluation Training** - Placer & Nevada Counties Thursday, April 22, 2021—7:00-8:30 PM - Register here

4-H Ice Cream Drive-Through, Placer & Nevada Counties 4-Hers!!

Come drive by for a 4-H Mask and Ice Cream! - Details and location coming soon.

Save the Date!!- Thursday May 6th, 6:00-7:00pm

# 2021 Postponed Programs

**4-H Summer Camp—Placer & Nevada Counties**— Both camps have been cancelled for 2021

Stay tune for Virtual Camp Workshop

**Embryology program** is also cancelled this year—BUT—Educators can receive educational videos by completing the survey - Request Embryology videos

## Placer & Nevada Counties 4-H Social Media

Placer County 4-H



Follow us!!



Nevada County 4-H

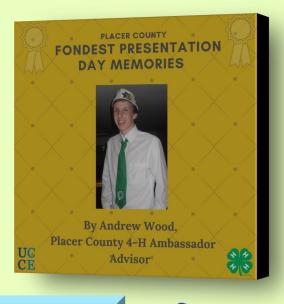


# Nevada/Placer County 4-H BLOG

#### **Fondest Presentation Day Memories**

I remember the first time I went to Presentation Day, when I was 10 years old. I sat there on the cold metal chairs at Ophir school, waiting for my turn to give my first impromptu speech. I had signed up because I thought it would be easy as you only had 5 minutes with your prompt before giving your speech, but it didn't feel so easy as I sat there watching other youth present before me. I was in complete awe of the teenage 4-Hers, and how easily they seemed to be able to give incredible speeches! I remember one boy in particular. Despite his five-minute preparation, he told a great story, broke down the prompt in his response, and made it a fascinating listen. I thought to myself: "That's a SUPERPOWER!" Click to read more.

To read more blogs and to subscribe—Click HERE



# Youth members!!

Interested in submitting an article?
Send an email to: Natalie Cunha <a href="mailto:ncunha@ucanr.edu">ncunha@ucanr.edu</a>
<a href="mailto:Provide: TITLE">Provide: TITLE</a> | 2-3 PARAGRAPHS | PHOTOS



4-H Project Leaders access to Project sheet pages, for at home education resources: <a href="http://4h.ucanr.edu/Projects/Project\_Sheets/">http://4h.ucanr.edu/Projects/Project\_Sheets/</a>

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