



“Teaching research-based practices of safe home food preservation to the residents of Solano and Yolo Counties.”

Ball® RealFruit Freezer Jam Pectin Jam Recipes

For 2 (1-cup size containers):

- 1 $\frac{2}{3}$ cups crushed fruit (with stems, pits, peels, etc. removed as appropriate—look at Pectin package)
- $\frac{2}{3}$ cup sweetener (granulated sugar or Splenda®)
- 2 Tablespoons Ball® RealFruit Freezer Pectin
- 1 Tablespoon lemon Juice (only if using peaches)

Directions:

1. Stir sugar and pectin together in a bowl.
2. Add crushed fruit. Stir the mixture together for 3 minutes
3. Ladle jam into clean freezer jars and let sit for 30 minutes.
4. Enjoy now or freeze for later use.
5. Keep the product in the refrigerator between uses.
6. When ready to use the freezer jam, allow it to that before serving.

For 4 (1-cup size containers):

- 3 $\frac{1}{2}$ cups crushed fruit with stems, pits, peels, etc. removed as appropriate—look at Pectin package)
- 1 $\frac{1}{3}$ cup sweetener (granulated sugar or Splenda®)
- 4 Tablespoons Ball® RealFruit Freezer Pectin
- 2 Tablespoon lemon Juice (only if using peaches)

Directions: Follow directions above

For 6 (1-cup size containers):

- 5 cups crushed fruit with stems, pits, peels, etc. removed as appropriate—look at Pectin package)
- 2 cups sweetener (granulated sugar or Splenda®)
- 6 Tablespoons Ball® RealFruit Freezer Pectin
- 3 Tablespoon lemon Juice (only if using peaches)

Directions: follow directions above. STORE: In refrigerator for up to three weeks.

FREEZER JAM: Can be stored in the freezer for one year. The product should be stored no longer than 3 weeks in the refrigerator.

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