Onion: Preserve It



Red Onion Marmalade

Yield: about 5 half-pints

1-1/2 cups thinly sliced red onions (about 1 to 1-1/2 pounds)

1/2 cup finely chopped dried cranberries (about 1/2 pounds)

1/4 cup light brown sugar

1/4 cup cider vinegar, 5% acidity

6 tablespoons powdered pectin

2 teaspoons grated orange peel (about 1/2 small)

3 cups bottled unsweetened apple juice

4 cups granulated sugar

- 1. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 2. Sauté onions, dried cranberries, brown sugar, and cider vinegar until onions are transparent.
- 3. Combine onion mixture, pectin, orange peel, and apple juice in large saucepan. Bring mixture to a boil over medium-high heat, stirring constantly.
- 4. Add granulated sugar, stirring until sugar dissolves. Return mixture to a rolling boil that cannot be stirred down. Boil hard for 1 minute, stirring constantly. Remove from heat. Skim off foam if necessary.
- 5. Fill hot jam into hot jars, leaving 1/4-inch headspace. Remove air bubbles. Wipe rims with a dampened clean paper towel; adjust two-piece metal canning lids.
- 6. Process in a boiling water or steam canner for 15 minutes at 0-1,000 feet elevation, 20 minutes at 1,001-3,000 feet, 25 minutes at 3,001-6,000 feet, 30 minutes at 6,001-8,000 feet, and 35 minutes at 8,001-10,000 feet.

Source: Ball Complete Book of Home Preserving, 2006/2012

File: 2-0038