**Live Well in the Garden**

*Planting Herbs Lesson Plan Walkthrough*

**MATERIALS**

* Workshop Materials. 
  Broom, brush, dustpan, wipes, Paper towels for cleanup
* Coffee filters (for bottom of pot)
* Gloves (nitrile, disposable)
* Plant labels (popsicle sticks) & markers
* Plants
* 8” Plastic Pots & saucers
* Potting soil
* Squirt bottles for watering plants (Watering cans– small or large will work)
* Tablecloth
* Trash bags
* Tubs for soil (cement mixing tub, tidytray)
* Nearby Faucet or 1-gal container for filling squirt bottles + funnel

**OTHER:**

* Lesson plan / script
* Sign-in Sheet
* Handouts or other paper resources
* General supplies (Scissors, Twine, Tape)
* Apron
* Name badge/tag
* 1-gal container for filling squirt bottles + funnel (if no running water on site)
* Sample of finished product (potted-up herbs, salad greens, edible flowers, etc.)

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| --- | --- | --- |
| **Broom, Brush, Dustpan, Wipes, Paper Towels, Trash Bags.**  A picture containing container, sitting, table, plastic  Description automatically generated | Coffee Filters  (Unbleached, for Bottom of Pot)  A picture containing paper, table, piece, white  Description automatically generated | Gloves  (Nitrile, Disposable)  A close up of a box  Description automatically generated |
| Plant Labels  (Popsicle Sticks) & Markers  A picture containing indoor, table, book, sitting  Description automatically generated | Plants  (Purchased or Cuttings from Home)  A close up of a plant  Description automatically generated | Tub for soil  (Mortar Mixing Tub or Tidy Tray)  A picture containing indoor, cabinet, kitchen, oven  Description automatically generated |
| Potting Soil  A picture containing indoor, table, sitting, book  Description automatically generated | Squirt bottles (or watering can)  A picture containing indoor, sitting, white, small  Description automatically generated | Tablecloth  A picture containing indoor, bed, sitting, green  Description automatically generated |
| 8” Plastic Pot  A picture containing indoor, yellow, small, sitting  Description automatically generated | Saucer (to catch water)  A picture containing indoor, clock, sitting, white  Description automatically generated | Example of completed project  A plant in a garden  Description automatically generated |

**Planting Steps . . .**

1. **SET UP YOUR WORKSTATION**
   1. Put a tablecloth down on your workstation/table.
   2. Fill a mortar tub, tidy tray, or other shallow container 1/3 full of organic potting soil.
   3. Have your other materials set up on the same table within arm’s reach. You can put your plants in your tub for easy access while planting.

A picture containing table, indoor, sitting, desk

Description automatically generated

1. WET SOIL
   1. Soil is moist enough when you take a fist full of soil, squeeze it in your hand, and when you open your hand, the soil stays compact in a ball shape.

A picture containing indoor, table, chocolate, sitting

Description automatically generated A picture containing food, sitting, table, cake

Description automatically generated A picture containing indoor, piece, sitting, table

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1. PLACE COFFEE FILTER IN THE BOTTOM OF THE POT.

A picture containing person, sitting, man, front

Description automatically generated

1. FILL POT WITH SOIL TO ABOUT 3 INCHES BELOW THE RIM.

A picture containing sitting, table, cake, green

Description automatically generated A picture containing person, food, sitting, pan

Description automatically generated

1. REMOVE PLANTS FROM POTS
   1. Remove plant pots/pony packs, explaining the process. Squeeze plants at the bottom of the plastic pot, tilting them slightly downward, and gently letting them slide out into your hand.

A hand holding an object in his hand

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Description automatically generated A picture containing person, indoor, table, food

Description automatically generated

1. ROOTS
   1. If the plants have wound up roots, tease them out gently to encourage their growth downward.

A picture containing person, food, holding, table

Description automatically generated

1. PLANT IN SOIL
   1. Place plants on soil and add more soil around the edges to bring soil level to 1 inch below pot’s rim.
   2. Gently tuck plants in to remove air pockets.

A close up of a flower

Description automatically generated A hand holding a small salad

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1. WATER LIGHTLY WITH SQUIRT BOTTLE.

A picture containing food, sitting, table, small

Description automatically generated

1. LABEL THE PLANT
   1. Create a label for your plant(s) with a popsicle stick and permanent marker.

A picture containing person, indoor, green, holding

Description automatically generated

1. PLACE FINISHED POT ON SAUCER.

A picture containing table, cake, indoor, sitting

Description automatically generated