

Welcome

ANR Staff Meeting
Thursday
January 17, 2019
1:30 – 2:30 PM

AGENDA

UC ANR IN ACTION

Why We Meet
Stories From the Field

UPDATES

Leadership Corner
UC Path
An Ergo Moment
Second Street Operations
Celebrate

LEARNING

Safety Training –
IIPP

<https://ucanr.zoom.us/j/530365395>

Dial : (based on your location for higher quality)

US: +1 669 900 6383 or +1 646 558 8656

Webinar ID: 530 365 395

2019

Why do we meet?


We Celebrate

We Meet New Faces

We Laugh

We Inspire

We Build Team



We are all a part of something bigger- All our efforts make a difference

Stories From the Field

Shyra Murrey

EPNEP Program State Office Supervisor



The Expanded Food and Nutrition Education Program



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Agriculture and Natural Resources

EFNEP will be celebrating it's 50th year anniversary in 2019!



Honoring the past and celebrating the present



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True or False?

A nutrition bus was used to educate community members.



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True.



University of California Nutrition Bus.
Photos taken in Kern County 1969.

True or False?

EFNEP nutritional aides taught
food preservation methods.



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True.



Nutritional aides drying apricots.
Photos taken in Kern County.



True or False?

EFNEP nutritional aides taught lessons in the homes of participants.



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True.



Nutritional aide visiting a participant at home. Photos taken in 1970 Kern County.



Meet the EFNEP State Office Team



EFNEP State Office Team



Katie Panarella
Director, Nutrition, Family and
Consumer Sciences Program



Shyra Murrey
EFNEP State Office Supervisor



Shaunna Ludwig
EFNEP Administrative Assistant



Larissa Leavens
Nutrition Analyst



Melissa Mabuchi
Financial Analyst



Suzanne Morikawa
Communications Specialist
4H/EFNEP



EFNEP State Office Team



Megan Marotta
Program Integrations Coordinator



Tamekia Wilkins
Research Data Analyst
4H/Master Gardener/EFNEP



Anne Iaccopucci
Healthy Living Academic Coordinator II
4H/EFNEP

Amber Hobart
Student Assistant

Lyn Brock
Professional Development Coordinator
EFNEP/UC CalFresh



The state office provides support to **38** nutrition educators, **7** nutrition supervisors and **10** NFCS/YFC advisors in **24** counties.



EFNEP in the Community

In 2017-2018 nutrition educators taught lessons to **26,845 youth** and **5,449 households** reaching an additional **24,441 family members**.



EFNEP in the Community

Hands-on and evidenced-based curricula

Adult participants completed an average of **8 lessons** totaling 11.4 hours.

Participants make healthier food selections for themselves and their family

95% of adult participants report **improved diet quality**.

Participants live more active lifestyles

86% of adult participants report **improved physical activity** practices.



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EFNEP in the Community

Participants learn to stretch food dollars

82% of adult participants report improved **Food Resource Management**.

EFNEP families averaged a **food cost savings of \$39.60** per month.

California EFNEP families had a food cost savings of \$445,737.60



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Here's what **participants** are saying....



“I have **changed my grocery shopping habits** and I have begun preparing **healthier meals** for my family. Last month, **I spent \$100 less on grocery shopping** compared to what I spent the month prior to joining the nutrition class”

Contra Costa/Alameda County

Here's what **participants** are saying....



“I thank you so much that you can offer it (classes) in Spanish. **This helped me to lose more than 40 pounds** by starting to eat the amount food my body needs.”

San Francisco/San Mateo County

Here's what **participants** are saying....



“I have been diagnosed with diabetes, with very high sugar levels, in this program I learned in a very clear and precise way the changes I needed to make, and understand why I was having high levels of sugar in my blood!! She (The EFNEP Educator) gave me the necessary tools to change.”

Alameda County



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Here's what **participants** are saying....



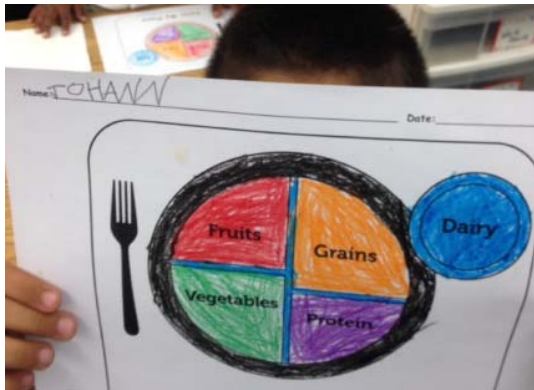
“I learned how to look at labels and **choose the best foods** for my family. I have been cooking lots of different foods and my family has been enjoying them.”

Fresno County

Here's what **students** are saying....



“From the day you started to teach us I decided to **eat healthy** and share the stuff that you been teaching us to my family.”



Contra Costa County

Here's what **teachers** are saying....



“The curriculum introduced **valuable knowledge** to students around sugar content in their drinks, how to **read nutrition labels** and how to make wiser decisions with their daily food choices.”

Los Angeles County

Here's what **healthcare professionals** are saying....



“...I’m a **dietitian** with **Children’s Hospital in Oakland**. I just saw a family this morning and the mom said she took a class or nine or ten classes with you about three months ago and she’s here with her daughter to see me about healthy eating and **she raved about your class** and **she made some changes** to their family nutrition and I was so impressed so I thought I wanted to give you a call to let you know that, **you made a significant impact in this families nutrition habits.**”



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EFNEP Makes a Difference



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5 ways to connect with EFNEP

1. Join our mailing list
2. Follow us on social media
 1. <https://www.facebook.com/ucanrEFNEP/>
 2. EFNEP California (YouTube)
 3. @CaliforniaEFNEP (Twitter)
3. Collaborate with a nutrition educator in your county
4. Participate in UC ANR Giving Tuesday
5. Estamos Contigo – We are with you Campaign



Thank you for listening!



what's
new?

Leadership Corner

Wendy Powers

UC Path

John Fox and Dave Krause

An Ergo Moment

Malendia Maccree

Second Street Operations Committee

David Alamillo

Updates

Leadership Corner

- Increasing our funding partners
- Continue to fill academic positions
- Strategic Communications Director
- Watching state budget
- Populating new Governing Council
- Program Council – SWP/I overviews
- Goal owners meeting
- Good news story of the week

UCPath Update

John Fox
Dave Krause



What you need to know about UC Path

UC ANR Town Hall

Tuesday, January 29, 2019

1pm – 2pm

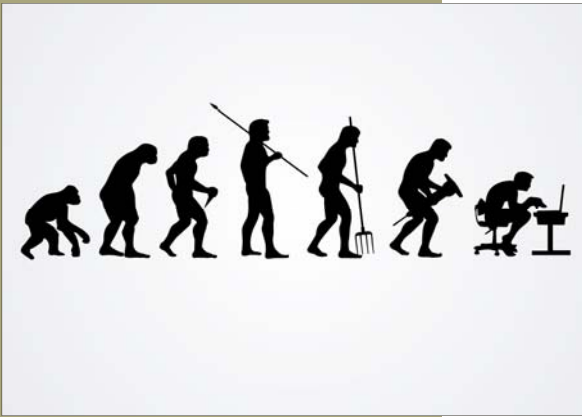
Live in the 2nd Street Building Valley Rooms and broadcast via Zoom

What you need to know about UC Path

Actions everyone can take to prepare:

- Enroll in DUO Multifactor Authentication **before Feb 15**
- Review and update your home address and contact information in At Your Service Online **before Feb 28**
- Sign up for Direct Deposit if you currently receive your paychecks by mail **before Feb 28**

Head's Up: Single Sign-On (SSO) enforcement



An Ergo Moment

Malendia Maccree

Driving and Ergonomics

<https://www.ccohs.ca/oshanswers/ergonomics/driving.html>

How should I adjust my care seat?

Read the vehicle manual and understand the available adjustments.

Common adjustments include:

1. **Seat height**
2. **Seat cushion length**
3. **Seat forward/back position**
4. **Seat cushion angle**
5. **Seat back rest**
6. **Lumbar support**
7. **Steering wheel**
8. **Head restraint (head rest)**
9. **Fine tuning**



Photo credit: <https://www.proergonomics.ca/news-article.php?id=40>

Seating Position

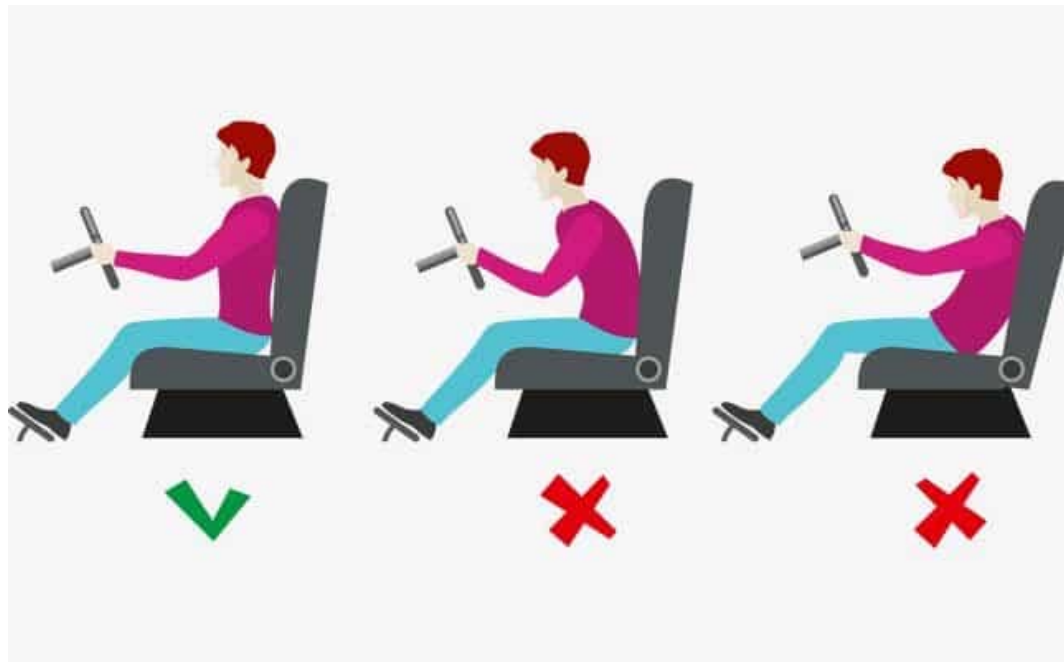
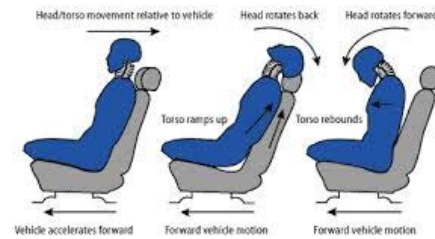


Image source: <https://profusionrehab.com/tips-to-avoid-neck-shoulder-pain-while-driving/>



<https://carsafetyfeaturesphysics.weebly.com/head-restraints.html>

Head Restraint Position

Second Street Operation Committee Update

David Alamillo

Incoming Second Operations Committee Members

- **Bernadette Ramirez:** YFC, 4-HYDP, EFNEP
- **Bertha Felix:** HR
- **Kelly Scott:** Dev. Srvcs, MG, RECs/OAVP
- **Veronica Geiger:** BOC, C&G

Outgoing Second Street Operations Committee Members

- **Kim Lamar:** BOC, C&G
- **Tina Perez:** HR
- **Melissa Mabuchi:** YFC, 4-HYDP, EFNEP
- **Rob Broadhurst:** Dev. Srvcs, MG, RECs/OAVP

thank you!



Returns May 1, 2019



*T-Shirt orders by Jan. 30



University of California
Agriculture and Natural Resources

* See your local Staff
Assembly Ambassador

Celebrate!

New Faces



AGENDA cont.

UC ANR IN ACTION

Why We Meet

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UC Path

An Ergo Moment

SSOC

Celebrate

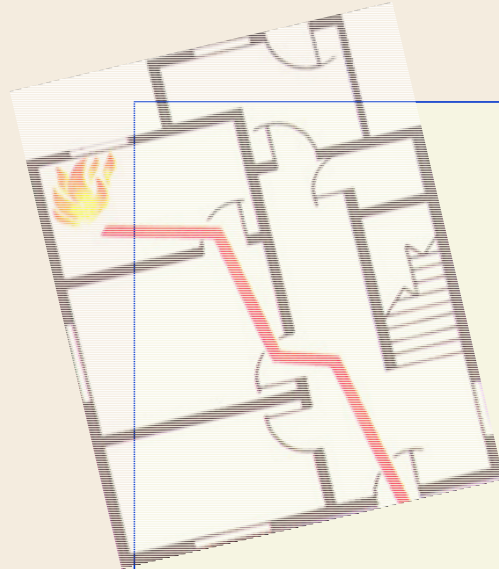
LEARNING

Safety Training –

IIPP

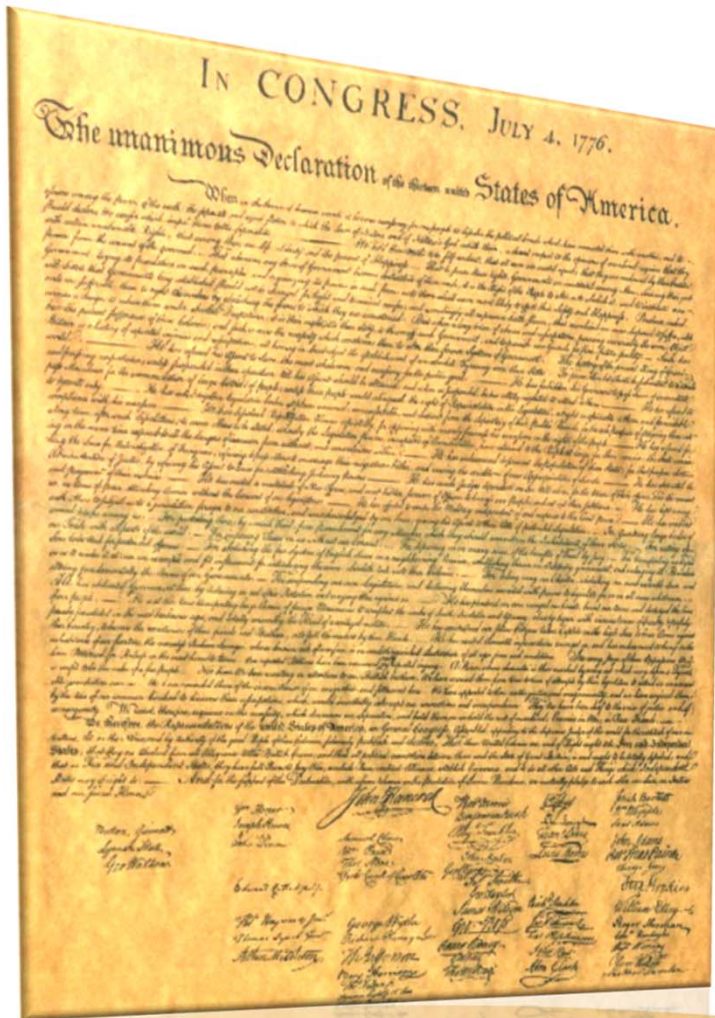


UC ANR Safety Training



David
Alamillo

IIPP



What is an IIPP

A Declaration of Safety

“We hold these Truths to be self-evident, that all [employees] are created equal, that they are endowed by their [employer] with certain unalienable **Rights**, that among these are [Health], [Safety], and the Pursuit of Happiness...”

- Thomas Jefferson
(Amended by ANR EH&S)



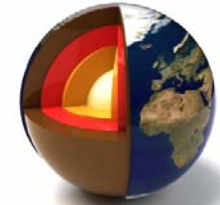
IIPP – our capstone safety program

- Employers are required to provide and maintain a safe and healthful working environment, promote safe practices, and reduce injuries & illness
- In California, employers must establish, implement, and maintain an effective written Injury & Illness Prevention Program (IIPP) – CCR/8-3203
- The IIPP is the umbrella under which all health and safety programs and policies are implemented. It is the foundation for our safety programs.



Purpose

- Keeping employees, volunteers, visitors, and program participants safe is a responsibility shared by all.
- The IIPP aims to protect the health & safety of our people and environment, while decreasing the potential risk of injury, illness or exposure to hazards.
- An effective IIPP helps to improve employee wellbeing, morale and efficiency; while reducing University losses, claims and costs.
- IIPP training shall take place whenever workplace hazardous substances are introduced or removed, or a person's responsibilities or actions under the IIPP change.



IIPP – Core Program Components

- **Responsibility:**
the identities of the persons responsible for implementing the IIPP
- **Compliance:**
a system for assuring employees comply with safe work practices and recognizing employees who follow safe and healthy practices
- **Communication:**
an employee communication system, including meetings, training programs, postings, written communications, etc.
* we encourage you to report potential hazards or a 'near miss'
- **Hazard Assessment:**
procedures for identifying and evaluating workplace hazards, including periodic inspections to identify unsafe conditions and work practices

IIPP – Core Program Components cont.



- **Accident/Exposure Investigation:**
a procedure to investigate occupational injuries or illnesses
* report all injuries to your supervisor and submit an injury report
- **Hazard Correction:**
methods for correcting unsafe or unhealthy conditions, work practices, or work procedures in a timely manner
- **Training and Instruction:**
about safe work procedures for new employees, or when there are new hazards or job duties
- **Recordkeeping:**
methods for recordkeeping and documentation of safety and health training

Rights!

As an employee you have a right to



- A safe workplace free from recognized hazards
- Receive training on hazards associated with your job
- Know how to control hazards of your job
- Report workplace hazards without fear of reprisal
- Actively participate in discussions and training regarding your health, safety, and wellbeing

Roles & Responsibilities

Managers and Supervisors

- Managers and Supervisors are expected to provide Health and Safety leadership and guidance within their unit
- Know the **TRICK** of a good safety supervisor/manager
 - **T**rain employees on correct safety practices and safe job performance
 - **R**eport unsafe conditions and incidents
 - **I**nspect for workplace safety and compliance
 - **C**orrect issues and problems found
 - **K**eep records of training

Roles & Responsibilities

All Employees

All employees have the responsibility to maintain a safe & healthful work environment

See Safety Note #118

University of California
Agriculture and Natural Resources
Risk & Safety Services

Safety notes

Safety Note #118
**ENVIRONMENTAL HEALTH & SAFETY:
EVERYONE'S RESPONSIBILITY**



Photograph Courtesy of
Desert REC

The University of California (UC) Policy on Management of Health, Safety and the Environment, dated October 28, 2005, indicates UC is committed to achieving excellence in providing a healthy and safe work environment that ensures the protection of students, faculty, staff, visitors, the public, property, and the environment. Accomplishing this task is the responsibility of every member of the UC community, with supervisors having particular responsibility for the activities of those people who report to them.

Regulatory Background
Section 6423 of the California Labor Code states supervisors can be found guilty of misdemeanors if they:

1. Knowingly or negligently violate any standard, order, special order, or provision which is deemed to be a serious occupational safety and health violation.
2. Repeatedly violate any standard, order, special order, or provision which creates a real and apparent hazard to employees.
3. Knowingly fail to report a death.
4. Fail or refuse to comply, after notification and expiration of any abatement period, with any standard, order, special order, or provision which creates a real and apparent hazard to employees.
5. Directly or indirectly, knowingly induce another to commit any of the above-listed acts.

Misdemeanor punishments range from imprisonment in a county jail for terms not to exceed six months up to one year or fines not to exceed \$5,000 up to \$15,000 or both imprisonment and a monetary fine.

While all members of the university community have responsibilities to ensure a safe and healthy workplace, specific individual responsibilities are described below:

Supervisor Responsibilities

- Assure effective implementation and enforcement of the seven Injury and Illness Prevention Program (IIPP) requirements in their supervisory work environment(s), including employee training, hazard communication, and procedures to investigate accidents and communicate with employees.
- Evaluate, identify, and correct workplace hazards.
- Assure employees and others within the supervisory work area follow safe work practices.
- Documentation of employee training and recognition of safe work practices.

Employee Responsibilities

- Ensure their individual safety and report any workplace hazards.
- Support and assist with implementation of the IIPP or other safety plans and procedures.
- Promote a safe, healthy, and environmentally sound workplace.
- Follow safe work practices and approved task procedures and protocols.

Safety Coordinator Responsibilities

- Act as a health and safety resource for co-workers.
- Ensure a department-specific IIPP is in place and up to date.
- Perform or coordinate annual and other workplace inspections.
- Assist with workplace injury investigations and review of the workplace safety program.
- Post safety information on bulletin boards and in common areas or break rooms.

As an employee, you should



- Follow safe work practices, including use of applicable PPE
- Be familiar with your IIPP and it's location
- Know the potential health and safety hazards of your job and how to protect yourself
- Know how to report unsafe conditions
- Report any work-related injury or illness to your supervisor or Safety Coordinator
- Know what to do in an emergency
- Correct unsafe conditions within your authority
- If you are unclear about your responsibilities, ask your supervisor

Roles & Responsibilities

Environmental Health & Safety



- Minimize or prevent occupational injuries and illnesses, and to protect the quality of the workplace and surrounding environment
- Implement, manage, maintain, & train on health and safety programs
- Recommend appropriate corrective actions and programs
- Serve as the liaison between ANR and various external agencies and regulatory bodies
- Provide training, resources, and assistance

<http://safety.ucanr.edu/>

University of California
Agriculture and Natural Resources

ANR Environmental Health & Safety

Go Back 4-H Safety Master Gardener Safety Resources OCS Offices ANR REC's

ASK Ask EH&S a Question

Home
Guidelines, Policies & Procedures
Plans, Forms and Templates
Programs
Safety Training Resources
Safety Notes
Safety Coordinator
Español
FAQ
About EH&S
Our Location

Environmental Health & Safety Resources for ANR

Our mission: Preventing injuries and protecting the environment by providing the best Environmental Health & Safety services to all ANR employees, volunteers, and the public.

We serve all ANR locations throughout the state of California:

Green Cross Tip

Space heaters need space, too. Remember to leave at least three feet of space around your heater and unplug it when it is not being used to avoid fire hazards. For more safety tips, visit www.greencross.org

Contact us for more information

Office Information
ANR EH&S
2801 Second Street
Davis, CA 95618

Resources for Safety

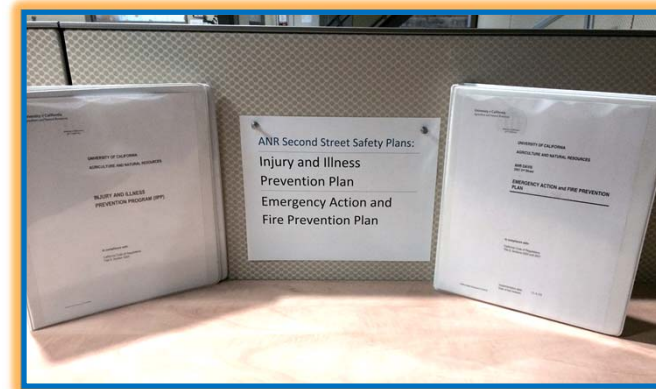


- Your Supervisor
- Bulletin Boards & Posting Areas
- IIPP (Binder or Online)
- Safety Coordinator (Mark Barros, David Alamillo, or dept. Safety Contact)
- EH&S
 - Visit us in person
 - Visit our website: safety.ucanr.edu
 - Use the EH&S Ask Button



Where to find the IIPP

- **The Injury and Illness Prevention Program (IIPP) and Emergency Action and Fire Prevention Plan (EAFPP) for all units at the ANR Second Street Building are located:**
 - On the building website at: <http://ucanr.edu/2ndstreetsafety>
 - Printed copies are located in the EH&S Library (next to Workspace 162)
- **For more information:**
 - <http://safety.ucanr.edu>
 - <http://ucanr.edu/risk>



At Second Street



[At Second Street](#) [About](#) [Conference Resources](#) [Employee Resources](#) [Vacation Spotlight](#) [Videos](#)

Safety & Emergency

[Environmental Health and Safety web site](#)

[Incident Reports](#)

[Previous Training Presentations](#)

[Safety Spotlight Monthly Newsletter](#): Each month, the spotlight will focus on a specific workplace safety topic, drawing on the expertise from staff in Occupational Health Services, Environmental Health & Safety, Emergency/Business Continuity Management, and the Police and Fire Departments.

[ANR Building Injury Illness Prevention Program](#)

[ANR Building Emergency and Fire Plan](#)

[Report an Injury](#)

[Map to Occupational Health Services](#)

[Map to Sutter Davis](#)

Emergency alarm

If an emergency occurs, pull the fire alarm located by any of the four main entrances. Every employee will be trained in the emergency procedures as part of orientation to the building, and periodic drills will be conducted. For more information, refer to your copy of the Emergency Action and Fire Prevention Plan or ask your unit's safety monitor. Please contact Mark Barros 530-750-1262 or e-mail mjbarros@ucanr.edu

Emergency contact information

- Fire/Medical Emergency dial 911.
- For non-emergencies, contact City of Davis Police: (530) 747-5400.

COMING
SOON!



ANR Building **SAFETY** Review

University of California
Agriculture and Natural Resources

QUESTIONS?



Next ANR Staff Meeting

February 21, 2019

1:30 PM

<https://ucanr.zoom.us/j/530365395>

Dial : (based on your location for higher quality)

US: +1 669 900 6383 or +1 646 558 8656

Webinar ID: 530 365 395