

*UC ANR STAFF MEETING
FEBRUARY 21, 2019
1:30 - 2:30 PM*

AGENDA

UC ANR IN ACTION

Why We Meet

Stories From the Field

Phoebe Harpainter - NPI

UPDATES

Leadership Corner

UC Path

An Ergo Moment

City Nature Challenge

Second Street Operations

Celebrate

LEARNING

Safety Training – Building Review

<https://ucanr.zoom.us/j/530365395>

US: +1 669 900 6383 or
+1 646 558 8656

Webinar ID: 530 365 395



University of California
Agriculture and Natural Resources

WHY WE MEET

WE CELEBRATE

WE MEET NEW FACES

WE LAUGH

WE INSPIRE

WE BUILD TEAM



In a recent blog (Jeannette Warnert), what were the 4 California seasons?



Fire



Drought



Mud



Flood





Stories From the Field

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IMPROVING CHILDHOOD NUTRITION:

What role does the
Nutrition Policy
Institute (NPI) play?

Phoebe Harpenter, NPI | ANR All-Staff Meeting

February 2019



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Research for healthy food, people and places

Who is NPI?



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Research for healthy food, people and places

What kind of work do we do?



IMPROVE FEDERAL NUTRITION PROGRAMS AND POLICIES



PURSUE STRUCTURAL CHANGES IN FOOD SYSTEMS



IMPROVE PHYSICAL AND SOCIAL ENVIRONMENTS

Why is young childhood an important time for good nutrition?

- Establish healthy behaviors: food, beverage intake
- Increased prevalence of diabetes in childhood ¹

Why is childhood nutrition important for California?

- Population: CA has 3 million young children (0-5) ²
- Increasing weight over time in CA children ³

1. <https://cfpa.net/ChildNutrition/ChildCare/CFPAPublications/PCD-DrinkingWaterinCAChildCare-June2015.pdf>

2. <https://cfpa.net/early/>

3. https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill_id=201720180SB1192

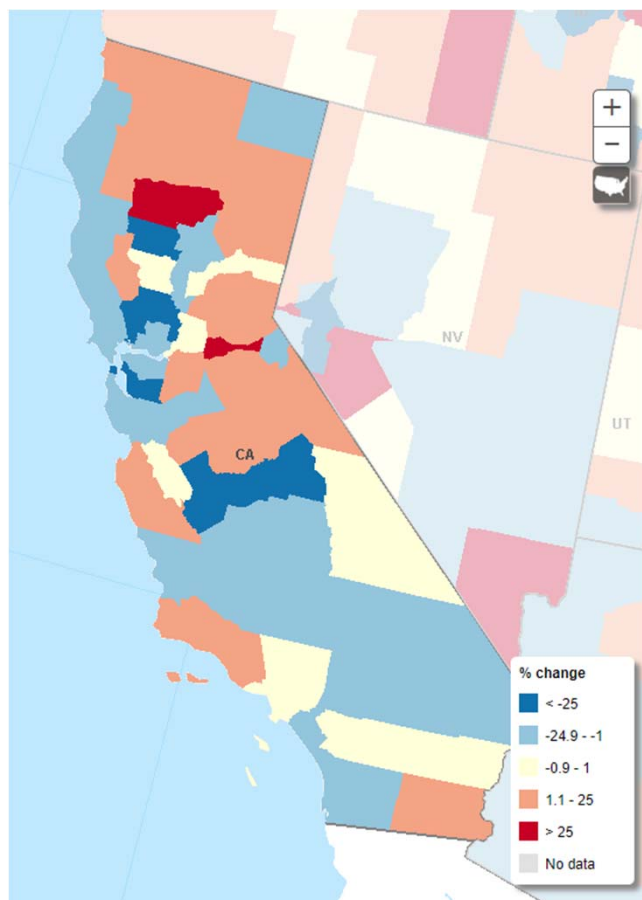


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Research for healthy food, people and places

How has the food environment changed over time? (1)



Children, low access to grocery store (% change), 2010 – 15

Definition: Number of children (age < 18) in a county living more than 1 mile from a supermarket or large grocery store if in an urban area, or more than 10 miles from a supermarket or large grocery store if in a rural area.

Data source: [USDA Economic Research Service](#)



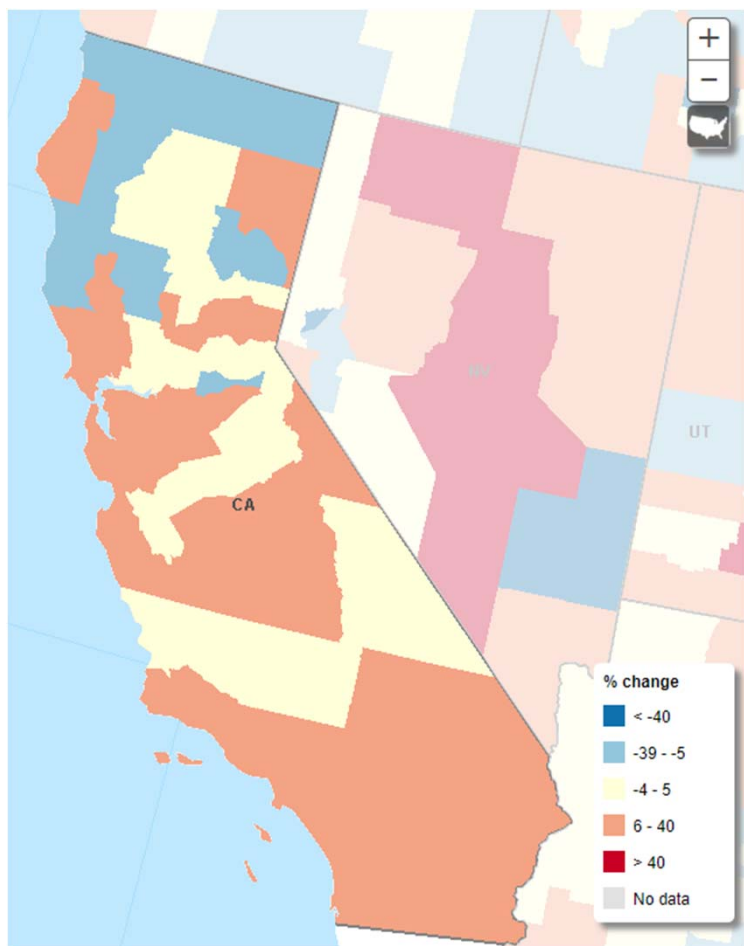
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Research for healthy food, people and places

How has the food environment changed over time? (2)



Number of fast-food restaurants (% change), 2009-14

Definition: The percent change in the number of limited-service restaurants in the county.

Data source: [USDA Economic Research Service](#)



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Research for healthy food, people and places

Our story from the field: Healthy default beverages in kid's meals! (1)

- **Passage of SB-1192**
 - **Water or unflavored milk** the default beverages for kid's meals on Jan 1, 2019
 - **First statewide law of its kind in USA**
- **Dec 2018:**
 - **126** fast-food restaurants
 - **11** counties
 - **25** restaurant brands (national and local)
 - **79** caregivers interviewed about kid's meals



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Research for healthy food, people and places

Our story from the field: Healthy default beverages in kid's meals! (2)

- **Preparing report for ANR on results from baseline**
- **Preliminary results: clear need for healthy default law, AND...**
- **Clear need for supporting restaurants in implementing this law**
- **How effective is law at changing what customers actually get with their kid's meal?**



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Research for healthy food, people and places

Acknowledgments

- **ANR Leadership: Opportunity Grant**
- **Mark Bell, Joan Warren, Jodi Azulai**
- **All of you for listening!**

Please reach out and say hello anytime!

pharpainter@ucanr.edu



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Research for healthy food, people and places

UPDATES

Leadership Corner – Mark Bell

UC Path – John Fox

An Ergo Moment – Malendia Maccree

City Nature Challenge – Sarah Angulo

Second Street Operations – David Alamillo

Celebrate – Joan Taylor Warren



Leadership update

UPDATE



Mark your calendar



MARCH 21, 2019 11:00 AM – noon

- We are planning a UC ANR update from Vice President Humiston. This is intended to be a sort of 'state-of-the-state' update. The date coincides with the next ANR staff meeting but because there is also a conflicting meeting during that time. (VP Humiston, AVP Powers, and AVP Tran are all impacted by the conflicting meeting) We will hold the webinar before the noon hour.

How many goals in our Strategic plan?

15

What are they ...?



Making sense of our Strategic plan?

Reach

Relevance

Resources



University of California, Division of Agriculture and Natural Resources
ANR Learning and Development



Reaching our Vision?

Our messaging

Who is Our new Strat Com Director?





UC ANR UCPath Update

Second Street Building - February 21, 2019

UCANR UCPath

Implementing positive changes

ucpath.ucanr.edu

First UCPATH Payroll Cycle & First Paycheck

- The first UCPATH-generated check will be issued on **April 1** for employees paid monthly, and **April 3** for employees paid bi-weekly.
- Earnings statements will be available **one day before payday** at UCPATH online (<https://ucpath.universityofcalifornia.edu>).
- There will be **no changes to pay dates**. Pay dates will remain the same for monthly and bi-weekly employees.

Critical UCPath Deadlines

Feb 20

Single Sign On (SSO)

If you haven't reset your password, please do so as soon as possible. For more information, visit <http://ucanr.edu/sso>. For assistance or questions, contact help@ucanr.edu.

Feb 28

At Your Service Online (AYSO)

Any changes to your information in AYSO (<http://atyourserviceonline.ucop.edu>) must be made by Feb 28. Otherwise, you must wait until April 1 when you can begin making changes through the new UCPath Employee Self-Service Portal. From March 1 you will be able to view and download historical information in AYSO, such as pay statements and tax documents.

Mar 31

Duo

UC ANR has extended the Duo MFA compliance deadline from February 13 to March 31. Enroll in Duo as soon as possible to avoid issues as we approach this critical deadline. Please go to <http://ucanr.edu/mfa> to begin enrollment or contact help@ucanr.edu for support.

Website: UCPath.ucanr.edu

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Implementing positive changes

Home About Training Resources ANR Network Project Team Contact FAQs

Home
About
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UC Path Goes Live
March 2019

Welcome to UCPath at UC ANR

UCPath is a systemwide project launched by the University of California to modernize its aging payroll/personnel system. UCPath introduces new technology that will unify and standardize payroll, benefits and human resource systems for all UC employees.

UCANR UCPath

At UC ANR, UCPath will allow us to streamline our payroll and human resources processes and provide more efficient and improved service to UC ANR employees. Supervisors and employees will have improved access to information through new self-service portals, and will be supported by a new UCPath services center in Riverside.

Important UC ANR Town Hall on Jan. 29th at 1 p.m. in Sac Valley Room

Up-to-date News

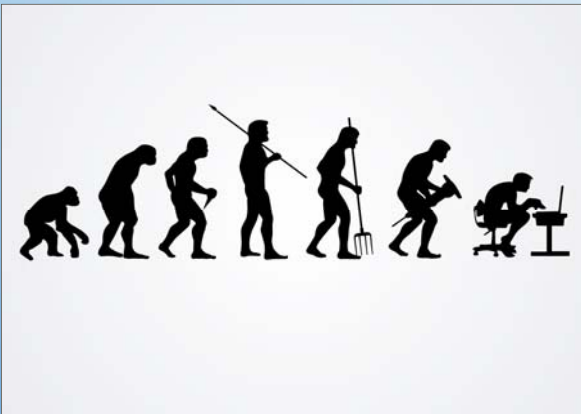
- [Duo multi-factor authentication announcement](#) - December 5, 2018
- [UCPath to provide ANR several benefits](#) -September 28, 2018

Employee Resources Available Now

- [Preview Employee Self-Service Portal](#)
- [Preview Employee Self-Service Portal - Spanish version](#)
- [UCPath Online Portal Basics - How to](#)
- [Personal Information - How to](#)
- [Payroll Information - How to](#)
- [Benefit Information - How to](#)
- [UCPath vs AYSO](#)

AN ERGO MOMENT

MALENDIA MACCREE





CRUMPLED PAPER EXERCISE

1. HOLD A PAGE OF PAPER BY THE CORNER AND STRETCH OUT YOUR ARM.

2. CRUMPLE IT UP INTO A SMALL BALL USING ONLY ONE HAND.

FOR EXTRA CHALLENGE...
UNFOLD THE SAME PIECE OF PAPER USING ONLY ONE HAND.

CAUTIONS:
PERFORM EXERCISE WITH EACH HAND AT A SPEED THAT DOES NOT CAUSE PAIN.
IMMEDIATELY STOP PERFORMING EXERCISE IF IT CAUSES PAIN.



THIS SIMPLE MOVEMENT IMPROVES GRIP AND STRENGTH AND CAN HELP IN A WIDE VARIETY OF SPORTS, NOT TO MENTION ACTIVITIES SUCH AS OPENING JARS.

Source: Berkeley Wellness Newsletter 1996

Shared by: Lorna Krkich, Development Services



CITY NATURE CHALLENGE



SARAH ANGULO

Take the
**City
Nature
Challenge
2019**
April 26–29



Sacramento Region

UC California Naturalist
in partnership with UC Davis Ecology & Evolution and UC Davis Center for
Community & Citizen Science



Have you noticed...



Ever wonder what this is...



Flowers in winter?



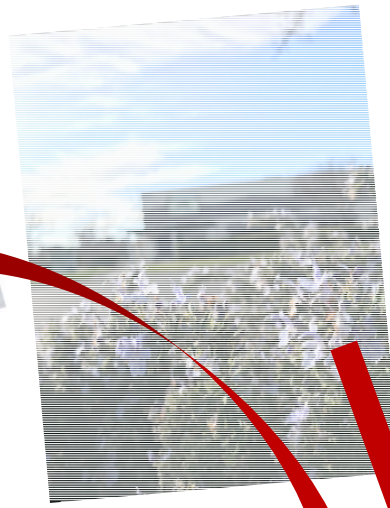
Seen these?



#tbt



**Mama kildeer
distracting me from her
babies**



iNaturalist.org

Introduction to iNaturalist

How It Works



1

Record your observations



2

Share with fellow naturalists



3

Discuss your findings

Every Certified California Naturalist Completes:



- 40+ hours in class and field
- Reading & homework
- Journaling
- iNaturalist
- Citizen science project
- Capstone project (~8hrs)
- Evaluation
- *Optional: UCD Extension credits*
- *Optional: Volunteering (volunteer portal)*
- *Optional: PLT educator or facilitator training*

What is the... **City Nature Challenge** ?

- An international competition between cities to engage residents and visitors in documenting nature to better understand urban biodiversity
- Winner determined by:
 - Most observations
 - Most species
 - Most participants
- April 26 – 29, 2019



City Nature Challenge 2019



Events include:

- iNaturalist trainings
- Bioblitzes
- ID Parties

in these California cities:
San Francisco Bay Area
Los Angeles County
San Diego County
Sacramento Region





and



- Download iNaturalist and participate in local events
- Host an event at your ANR location: invite your certified California Naturalists, neighbors, and local officials
- Volunteer as an expert for a local ID party



City Nature Challenge 2019

April 26–29

Join the Second Street Ops Committee and CalNat
for these UC ANR Davis Building events!

Thursday, April 25 at noon in the Sacramento Valley room: iNaturalist training
Friday, April 26 from 12:00 – 1:00 PM, meet at the patio: Bioblitz
Monday, April 29 from 12:00 – 1:00 PM, meet at the patio: Bioblitz



The background of the slide is a light blue gradient with several realistic water bubbles of various sizes scattered across it. The bubbles have highlights and shadows, giving them a three-dimensional appearance.

SECOND STREET OPERATIONS

DAVID ALAMILLO

BERNADETTE RAMIREZ

BERTHA FELIX

KELLY SCOTT

VERONICA GEIGER

SANDI OSTERMAN

BELINDA MESSENGER-SIKES



CELEBRATE!

NEW FACES

WELCOME

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LEARNING

BUILDING REVIEW

DAVID ALAMILLO

EH&S

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SAFETY



ANR Building Review

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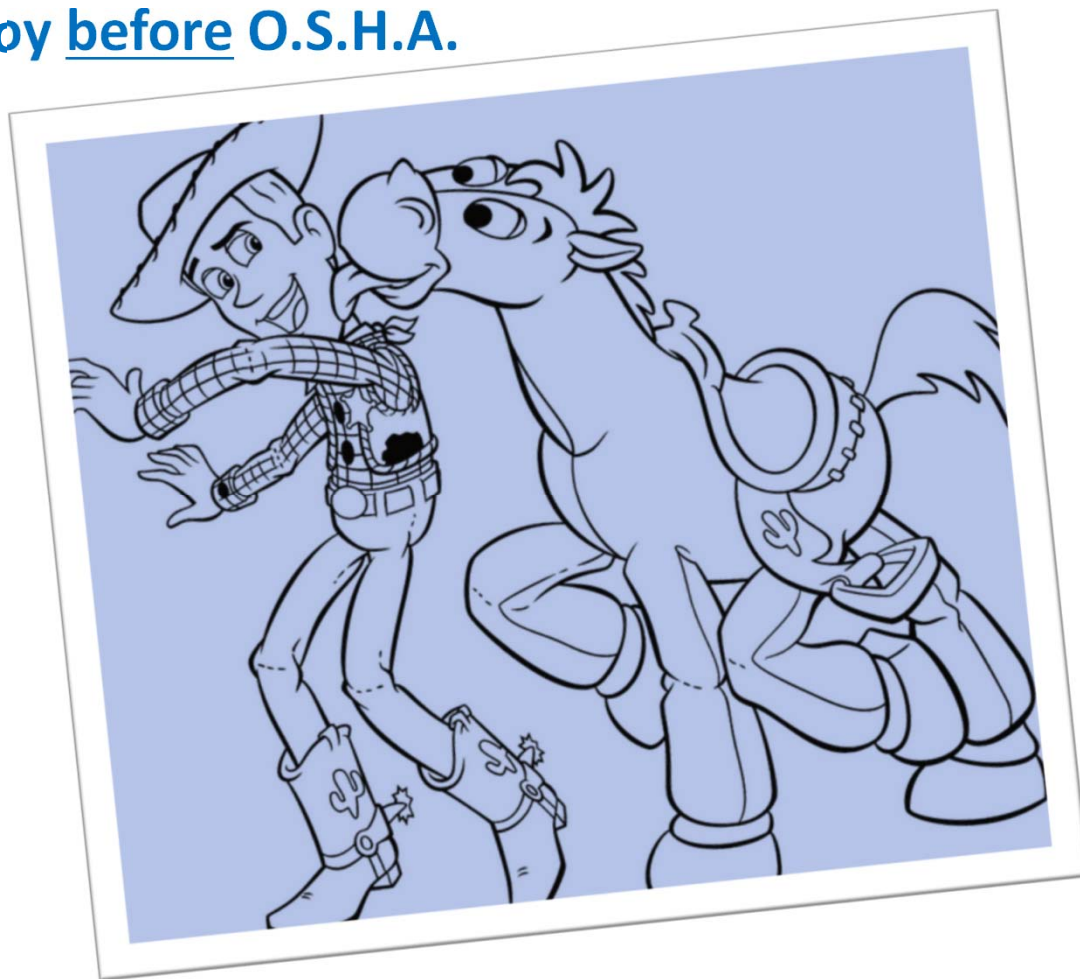
ANR Building, Davis
Staff Meeting
February, 2019

ANR Health & Safety Regulatory Accountabilities

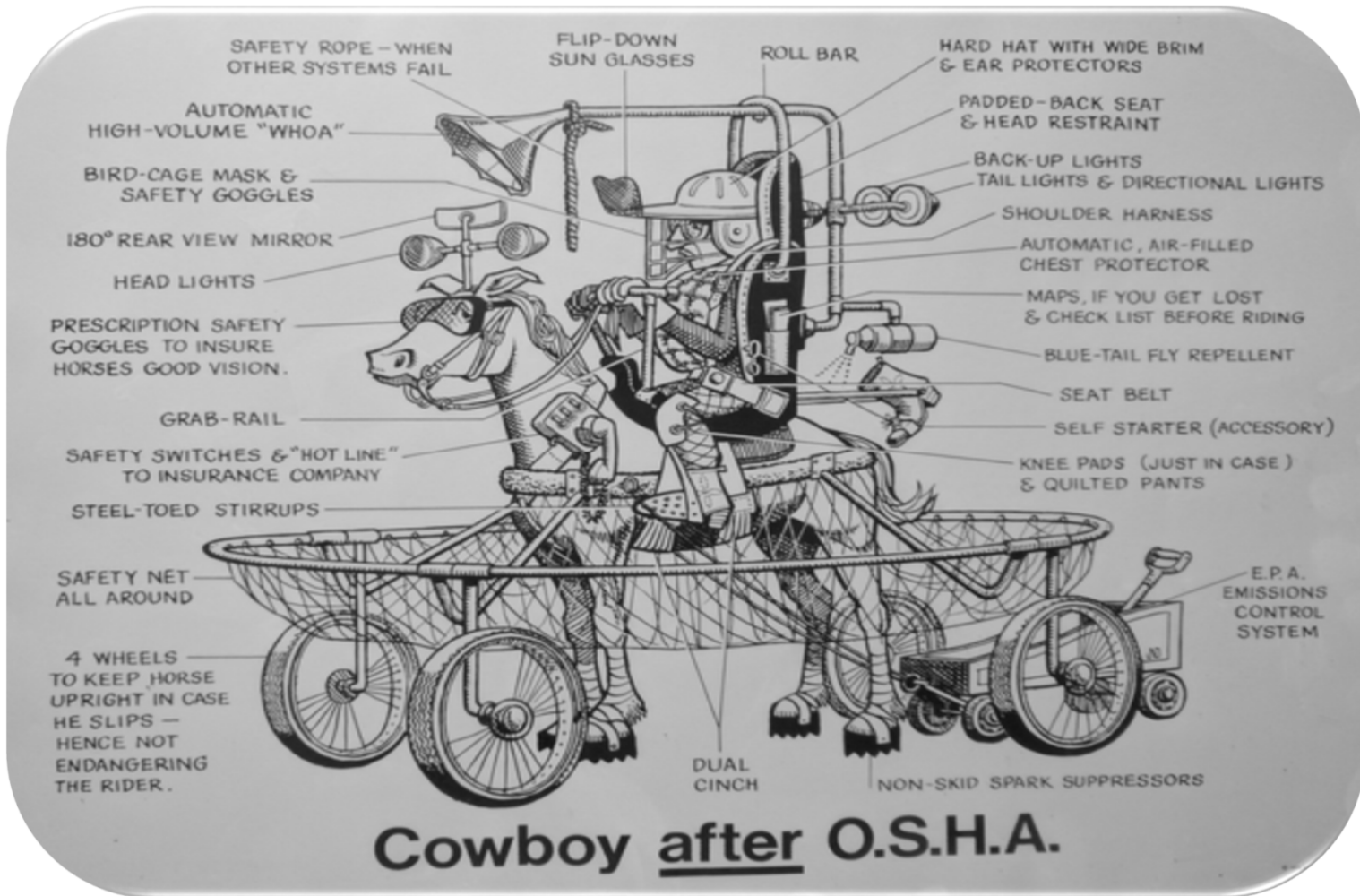


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Cowboy before O.S.H.A.

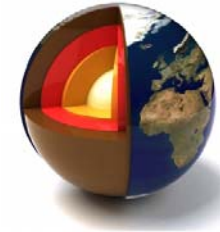


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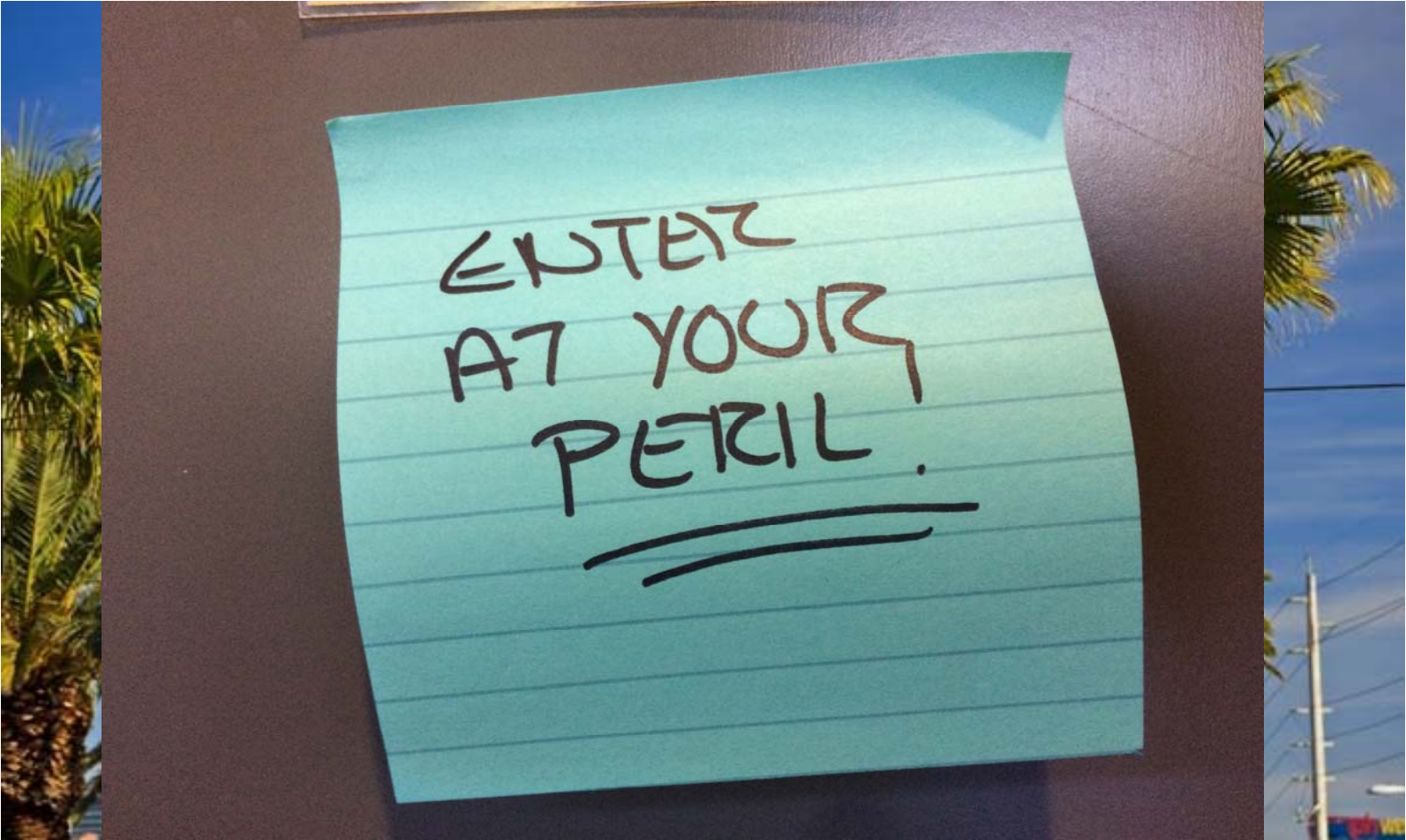


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IIPP – Core Program Components



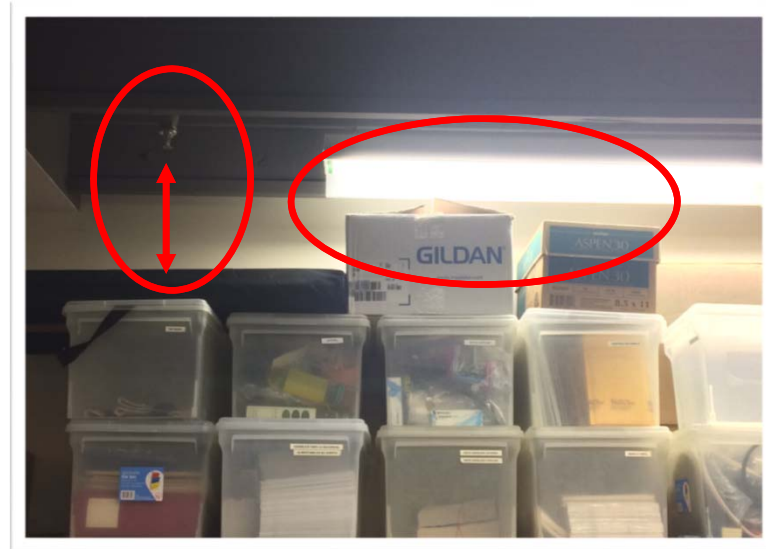
- **Responsibility:** for implementing the IIPP
- **Compliance:** with safe work practices and recognition
- **Communication:** system, including meetings, trainings, postings, etc.
- **Hazard Assessment:** procedures for identifying & evaluating workplace hazards, including periodic *inspections* to identify unsafe conditions and work practices
- **Accident/Exposure Investigation:** investigation of occupational injuries/illnesses
- **Hazard Correction:** methods for correcting unsafe or unhealthy conditions
- **Training and Instruction:** about safe work procedures
- **Recordkeeping:** documentation of safety and health training



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Material Storage

Guess the hazard(s) or unsafe condition(s)?



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Material Storage

Guess the hazard(s) or unsafe condition(s)?



Material Storage

Hazards or unsafe conditions:

- materials stored on shelving above 6 ft. in height without retaining the items
- materials stored within 18 inches of a fire sprinkler (the ceiling)
- materials stored overhanging shelf ledges
- 2 ft. of width required for egress between shelving

Recommended practices:

- shelving above 6 ft. should have either a retaining lip of >1 inch, or a chain/bungee cord, etc. to retain the stored items
- limit the overall height of stored items to <18 inches of the ceiling
- store items on shelving without extending over ledges
- keep at least 24 inches of space between shelving/materials for egress

Correction / Action:

- EH&S and Facilities to install retaining lips to shelving above 6 ft.
- Units should identify and relocate items appropriately

For more: Safety Note #171 (Office Storage Safety)

Material Storage

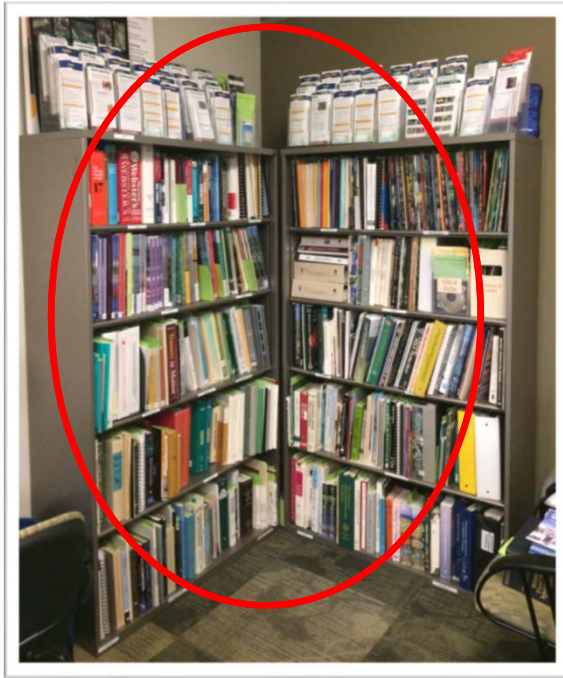
Safe practices in action:



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Securing/Bracing of Materials

Guess the hazard(s) or unsafe condition(s)?



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Securing/Bracing of Materials

Hazard or unsafe condition:

- Several shelves, cabinets, and bookcases (over 4 ft. in height) are freestanding / not secured to the building's foundation for the purpose of seismic safety

Recommended practices:

- UC Policy dictates shelving, bookcases and cabinets are to be secured to the building foundation (walls or ceiling) for earthquake/seismic safety

Correction / Action:

- EH&S will work with the Building Coordinator and affected Units

For more: Safety Note #006 (General Earthquake Safety)

Securing of Materials

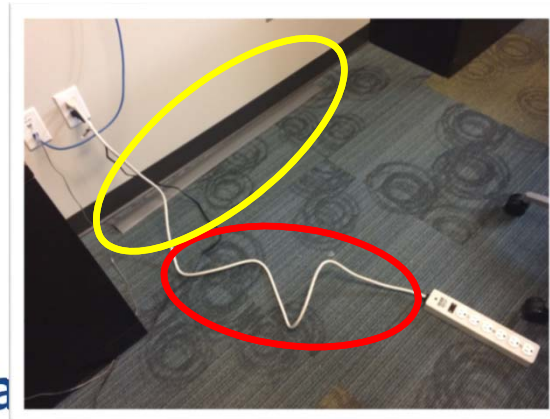
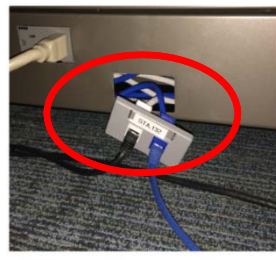
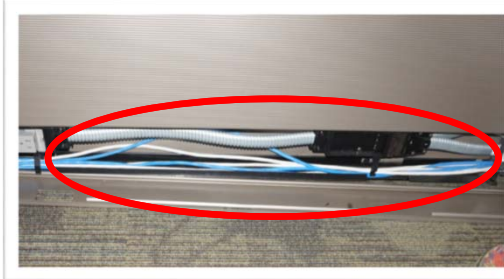
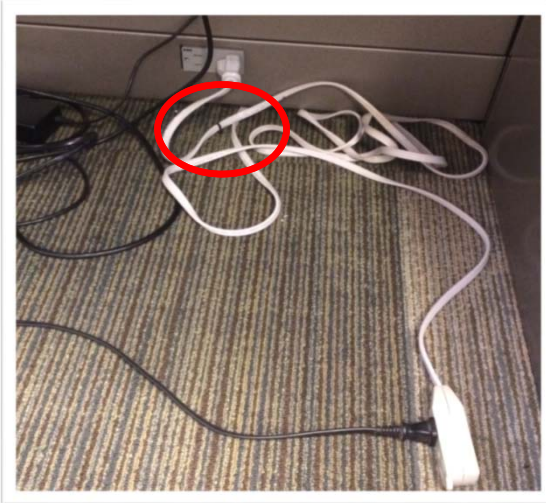
Safe practices in action:



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Office Electrical Hazards

Guess the hazard(s) or unsafe condition(s)?



Office Electrical Hazards

Hazard or unsafe condition:

- exposed wiring allows for the potential of an electrical shock, fire, or trip/fall hazard
- extension cords require UL approval & 'grounding' prong (3-prongs)
- plug extension cords into wall outlets, NOT power strips (daisy chain)
- frayed wiring may result in overheating or leakage of current

Recommended practices:

- energized parts of electric equipment should be guarded against accidental contact by an enclosure
- frayed wiring (insulation jacket) should be replaced by qualified person, electrical tape is not a viable fix

Correction / Action:

- Staff should notify Facilities or EH&S of exposed electrical parts
- EH&S will work with the Building Coordinator and affected spaces

For more: Safety Note #019 (Basic Electrical Safety)

General Housekeeping

Guess the hazard(s) or unsafe condition(s)?



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General Housekeeping

Guess the hazard(s) or unsafe condition(s)?



General Housekeeping

Guess the hazards or unsafe conditions?



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General Housekeeping

Hazards or unsafe conditions:

- aisles, walkways, and stairways should be kept clear of obstructions
- floors shall be kept reasonably free of oil, grease, or water
- 'common areas' kept clean, clear and hygienic
- 'ANR Building' ladders (^4 ft./not-step) require inspection/training prior to use

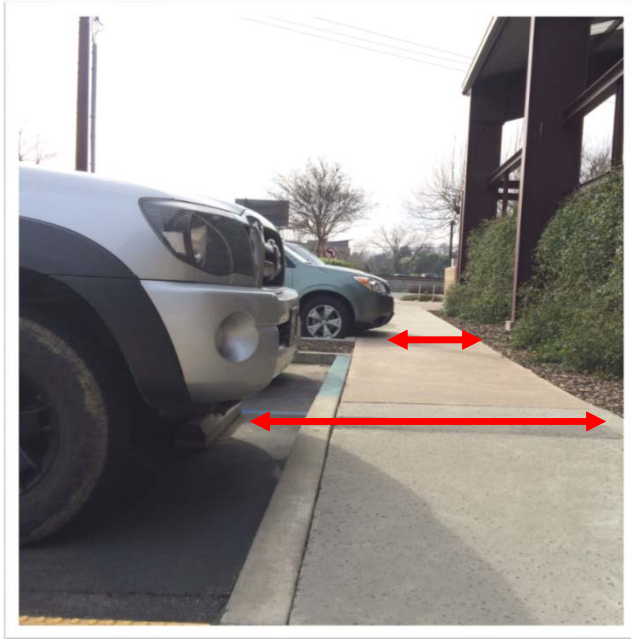
Recommended practices:

- cords should be reasonably tucked away or protected
- staff should group, fasten and secure loose cables/wiring
- practice good hygiene, clean-up after yourself, look out for others
- if there is a large spill, get help from Facilities or EH&S
- safety is everyone's responsibility. Please report hazards, accidents, or near-misses (phew-that was close!) to EH&S

For more: Safety Note #062 (Slips, Trips, and Falls)
Safety Note #066 (Good Housekeeping Practices)
Safety Note #118 (EH&S: Everyone's Responsibility)

Outdoor Safety

Hazards or potentially unsafe conditions – BE AWARE




Outdoor Safety

Hazards or potentially unsafe conditions – BE AWARE



Resources

- The EH&S website: safety.ucanr.edu/
- EH&S Safety Notes (category: office operations): safety.ucanr.edu/Safety_Notes/
- The Building Ask Button or EH&S Ask Button

A yellow rectangular button with a green bar at the bottom containing the text "Facilities Management — ASK BUTTON".

- The EH&S 'Report a Safety Hazard' online survey

A grey rectangular button with a white border and the text "Report a Safety Hazard".

- Your Supervisor and/or your Safety Coordinator
- Contact Risk & Safety, anytime, in person, by phone, or email

Resources

Safety Notes discussed in this presentation

[Safety Note #171](#) (Office Storage Safety)

[Safety Note #006](#) (General Earthquake Safety)

[Safety Note #019](#) (Basic Electrical Safety)

[Safety Note #112](#) (California Universal Waste Requirements)

[Safety Note #037](#) (General Office Safety)

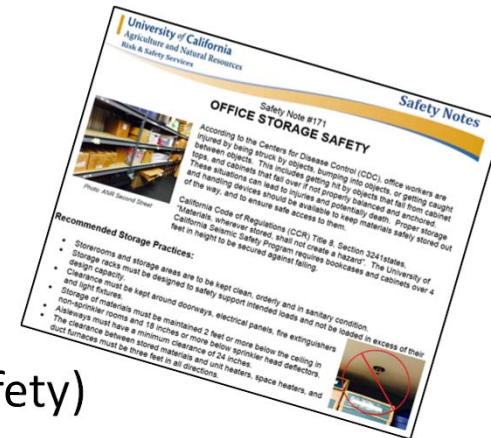
[Safety Note #118](#) (EH&S: Everyone's Responsibility)

[Safety Note #147](#) (Workplace First Aid Kits)

[Safety Note #166](#) (Office Preparedness for Emergencies)

[Safety Note #062](#) (Slips, Trips, and Falls)

[Safety Note #066](#) (Good Housekeeping Practices)



QUESTIONS?

Please 'Sign-in' before leaving

Questions?



Next-

UC ANR Staff Meeting
Thursday, March 21, 2019
1:30 to 2:30 PM