

# Fresno County 4-H Guidelines

October 2019



University of California

Agriculture and Natural Resources | 4-H Youth Development Program



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### Words To Live By:

“There is value in any experience that exercises those ethical restraints collectively called sportsmanship.” - Aldo Leopold

Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7515, if you have any barriers to participation requiring any accommodation.



**UC Cooperative Extension**  
550 E. Shaw Avenue, Suite 210-B  
Fresno, California 93710  
**Phone: (559) 241-7515**  
Website: [cefresno.ucanr.edu](http://cefresno.ucanr.edu)



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# Fresno County 4-H Leader's Council & Committee Meetings

UCCE 4-H Office  
550 E. Shaw Ave.  
Fresno, CA 93710

**Shooting Sports Leaders Meeting**  
6:00 p.m. -Thursday, October 10, 2019  
550 E. Shaw #210-B Fresno, Ca 93710  
4-H Office — Conference Room #24

**Fresno County 4-H Leader's Council**  
Tuesday, November 12, 2019  
7:00 p.m.-**New Location** - Dycora Building  
650 W. Alluvial, Fresno 93711

**Hi-C**  
7:00 p.m. -Tuesday October 15, 2019  
7:00 p.m. -Tuesday November 12, 2019  
550 E. Shaw #210-B Fresno, Ca 93710  
4-H Office — Merced Room

## Fresno County 4-H Enrollment Fees 2019/2020 Program Year

In keeping consistent with neighboring counties and to sustain funding of your Fresno County 4-H Program Representative position, enrollment fees will be \$65.00 for youth and \$25.00 for adult volunteers beginning July 1<sup>st</sup>, 2019. Fee waivers continue to be available for qualifying youth and we are in the process of adding on Inspire Charter School which will enable students to utilize enrichment certificates in covering 4-H enrollment costs. Please keep in mind that costs should never hinder 4-H participation. For additional details and forms, see the county 4-H website: [https://ucanr.edu/sites/4-H-Fresno/Join\\_4-H/](https://ucanr.edu/sites/4-H-Fresno/Join_4-H/)



## GROW YOUR CLUB ~ EARN A PIZZA PARTY

Make 2019 the year of new members!! Growth to our program is crucial and the County 4-H Office would like to encourage a little healthy competition by offering a springtime pizza party to the club signing up the highest number of first year members. The winner will be announced in the February guidelines. The official new member count will be as of January 20<sup>th</sup>. Promote your club at back to school nights, in community newspapers, and on social media. Contact the 4-H office for assistance with photocopies of club flyers, program promotional materials, and brochures. Pizza will be provided to the winning club during their March meeting. Alternate date can be arranged if necessary. Good Luck one and all!

**GO GREEN!**

The University of California 4-H Youth Development Program (4-H YDP) creates supportive environments utilizing learn-by-doing educational experiences for culturally diverse youth and adults to reach their fullest potential. In support of this mission, the Fresno County Leader's Council meets five times per year to review and implement policy, coordinate and plan county wide events, and make decisions to enhance our programs success. All active 4-H adult volunteers in Fresno County are voting members of the 4-H Leader's Council. Youth members are encouraged to attend and contribute thoughts and ideas to the Council. Remember ALL clubs MUST send a representative to ALL Council meetings.

## CCL'S (Community Club Leaders) ~ Need to Know

- ✓ Building responsible citizens, producing young adults that contribute positively to society ~ You make it happen!
- ✓ We appreciate all clubs reporting community service online
- ✓ First installment for new year 2019-2020 enrollment due to office by November 15<sup>th</sup>
- ✓ Congratulations on your members accomplishments at both Caruthers and Fresno Fairs
- ✓ Inspire Charter School member fee is \$81.25



Save the Date:  
Tractor Supply Paper  
Clover Campaign  
October 9 –20, 2019



Please plan to participate in this year's Clover Drive by representing 4-H & your local club in store locations at Clovis & Fresno. All funds raised support Fresno County 4-H members attending summer camp or leadership conferences. Donations rise when 4-H'ers are present. **NEW THIS YEAR- for a club to be eligible for camp scholarship funding to members, they MUST serve a minimum of 3 hours total (not consecutively) in a store during the campaign dates of October 9<sup>th</sup> – 20<sup>th</sup>.**



## Fresno County Observes National 4-H Week \*\*\*Window Display Contest\*\*\*



In honor of National 4-H week, Fresno County 4-H observance is September 23 - 29, 2019. This is a time for clubs to promote 4-H and encourage new membership. The annual Display Contest for 4-H Week will award \$225 in prize money to clubs based on display entries. (\$100 for 1st, \$75 for 2nd, \$50 for 3rd) The display should promote 4-H and 4-H projects in a fun & creative way. Displays must be set up during the week of 9/23 – 9/29. Submit photos of displays to [tnewton@ucanr.edu](mailto:tnewton@ucanr.edu) or bring them to the 4-H Office **by Friday, October 4<sup>th</sup>. Please note the location of display and viewing hours.**

The Ambassador team will judge entries based on creativity, informational/educational value, accessibility to general public and overall appeal of the display. Let's celebrate National 4-H Week by spreading the word about 4-H! Recruitment materials and informational brochures are available at the 4-H office. New items include a pop-up banner and a vinyl 4-H Grows Here banner. Feather flags and table covers also available. Please reserve items by contacting Tracy Newton; (559) 241-7525 or [tnewton@ucanr.edu](mailto:tnewton@ucanr.edu) in advance of your event. Access here for State 4-H UC ANR Branding Tool Kit exciting new items: [http://4h.ucanr.edu/Resources/Branding\\_Toolkit/](http://4h.ucanr.edu/Resources/Branding_Toolkit/)

## Fresno Fair Information & Dates

The 4-H Office has a supply of whites on hand & available to members at no charge. Please schedule an appointment to assure access to items before visiting the office. We encourage members and alumni to donate uniform items that are in gently used condition. Items can be dropped off anytime.

**Hats, scarves, & neck ties will be available on a limited basis at the Fresno Fair.**

**Costs:** \$23 hats, \$16 scarves, \$15 neck tie- cash or checks payable to Fresno County 4-H

To purchase at the County 4-H Office, hours are Mon. – Fri. 8:30 am – 5:00 pm

Buyers BBQ at Wine Garden: Sunday, September 22<sup>nd</sup> at 1:00 pm

Pre-ordered wristband pick up Sept. 22<sup>nd</sup> 10:00 am – 2:00 pm. All wristbands MUST be picked up by Oct. 2<sup>nd</sup>.

**REMINDER: New staging area on Butler & Cedar behind the old Hanoians Market**

### Show Dates:

**Wednesday, Oct. 2<sup>nd</sup>** Dairy Goat Showmanship, Market Goats, Prospect & Replacement Dairy Heifers. Champions pinned at 6:30 pm.

**Thursday, Oct. 3<sup>rd</sup>** Meat Goat Showmanship, Dairy Cattle Showmanship, Pygmy Goats. Dog Exhibition Agility Club at 6:00 pm.

**Friday, Oct. 4<sup>th</sup>** College Shows, Champion of Excellence Interviews, Dog Show

**Saturday, Oct. 5<sup>th</sup>** Phase I Jr. Livestock Auction- Rabbits & Goats 10:00 am, Dairy at 6:30 pm

**Sunday, Oct. 6<sup>th</sup>** Barnyard Olympics 2:00 pm

**Wednesday, Oct. 9<sup>th</sup>** Market Lambs, Market Hogs, Market Steers, & Beef Showmanship. Pinning of Champions at 6:30 pm.

**Thursday, Oct. 10<sup>th</sup>** Swine & Sheep Showmanship

**Friday, Oct. 11<sup>th</sup>** Champion of Excellence Interviews

**Saturday, Oct. 12<sup>th</sup>** Phase II Jr. Livestock Auction- Swine, Sheep, & Beef

**Sunday, Oct. 13<sup>th</sup>** Round Robin & Barnyard Olympics



## SHOOTING SPORTS NEWS TRAINING DATES

If you have an interest in sharing your Archery, Shotgun or Rifle Shooting skills with youth, how about becoming a 4-H Shooting Sports adult volunteer or teen leader in these sports? There will be a *4-H Shooting Sports leader certification training in either Archery, Shotgun or Rifle offered November 9 & 10, 2019*. You may only get certified in one discipline during this weekend class.



These class's will be held Saturday, 8 AM –4 PM, and Sunday, 8 AM- 1pm, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, 95338, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach marksmanship at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshment's. Please bring your own lunch to the class.

Junior and teen leaders are invited but must attend with an adult or have a certified adult leader they will be helping back home in that specific discipline. Driving directions to the range are at <http://www.safetyfirstshooting.net/html/directions.html>. Tent or Dry RV camping is an option. To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <https://ucanr.edu/sites/UC4-H/files/4785.pdf>, and an adult or youth 4-H medical release form and a \$35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Alternatively, you can email your registration and hand carry a check. Registration is due Friday of the week before and **Space is limited to 10 attendees**.

For more information call Dave at 209-614-1718 for info or camping, or Darlene McIntyre for registration at [209-385-7418](tel:209-385-7418) or email her at [dmcintyre@ucanr.edu](mailto:dmcintyre@ucanr.edu).

### Shooting Sports Leader Trainings in Merced County

Listed below is the schedule for 4-H trainer and project leader certification classes this fall in Merced County. Please share with anyone who may be interested. All training will be held at the River Oaks Range, 11584 N. Shaffer Road in Winton, CA ([www.safetyfirstshooting.net](http://www.safetyfirstshooting.net) for directions and map). Camping is available on site, no hookups. You can only be certified in one discipline per each weekend training.

**For more information please contact Dave Givens at (209) 614-1718 or email [dave@hammerstryke.com](mailto:dave@hammerstryke.com)**

#### October

12 & 13 Pistol Certification

#### November

9 & 10 Archery Certification

9 & 10 Shotgun Certification

9 & 10 Rifle Certification

#### December

14 & 15 Western Heritage Certification

### IMPORTANT MESSAGE FOR SHOOTING SPORTS LEADERS

There will be an important shooting sports leaders meeting. Be involved in planning the calendar of events. Bring new ideas for expanding project as well as exploring funding of equipment. Open to all certified leaders, Teen/Jr. leaders and interested parents.

The meeting will be on:

**Thursday, October 10, 2019 @ 6:00 p.m.**

At the Fresno County 4-H office, Conference Room #24

### 4-H Shooting Sports Workshop



#### Rifle Discipline Bakersfield, CA

**Saturday, November 2, 2019 – 8:00 a.m. – 6:00 p.m.**

**Sunday, November 3, 2019 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)

### Get the Latest Updates on 4-H Shooting Sports

If you want the latest updates sent to you directly regarding 4-H shooting sports, you can enter your name and email address in the list serve below. You will be notified directly regarding upcoming classes, competitions, and state and national meetings and events. The list serve link is:

<https://ucanr.edu/maillists/joinlist.cfm?listnum=1926>

If you facebook, you can like the State 4-H Shooting Sports facebook site and see information posted there. It can be accessed at:

<https://www.facebook.com/California-4-H-Shooting-Sports-359716147438695/>

## MARK YOUR CALENDARS 2019-*IMPORTANT DEADLINES/EVENTS*

10/2-10/14/19	Fresno County Fair	Pg. 3
10/10/19	Important Shooting Sports Leaders Meeting	Pg. 4
10/15/19	Hi-C Meeting	Pg. 2
10/26/19	Fresno County 4-H Horse Show	Pg. 7
11/8-11/10/19	Volunteer Retreat	Pg. 9
11/12/19	County Council and Hi-C	Pg. 2
11/15/19	First Installment Fee Due to Fresno County	
11/16/19	Fresno County 4-H Livestock Judging Day	Pg. 5

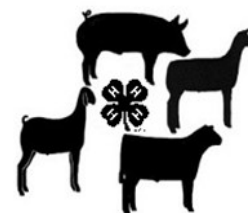


## Fresno County 4-H Livestock Judging Contest



### **SAVE THE DATE- You be the Judge**

- \* Saturday, November 16th - 8:30 to 1:00 pm
- \* Fresno State Livestock Pavilion
- \* Complementary pizza lunch provided
- \* Looking for donations of bottled water and cookies.
- \* All groups (except peewees) will give oral reasons.
- \* Special prizes and a chance to earn medals
- \* If you can volunteer the day of the event, please email



<http://4h.ucanr.edu/files/134438.pdf>

[Reference the above link for judging info and reference sites](#)

**What to Bring: Notepad-Pen-Pencil**

Should you have questions please contact Erin at (559) 367-2542  
or via email at [erin.collup@fosterfarms.com](mailto:erin.collup@fosterfarms.com)

### **Handbook for New Families**

This handbook was created to help new families get to know the resources and activities available in 4-H in California. This handbook will be updated regularly; please share any comments and suggestions for improvement with your county 4-H Advisor or Program Representative.

**Download Here:** [https://ucanr.edu/sites/4-H-Fresno/Resources\\_and\\_Forms/](https://ucanr.edu/sites/4-H-Fresno/Resources_and_Forms/)





**2019 Annual State Postal Archery Shoot Contest  
CONGRATULATIONS to the following contestants!!**



Name	Club	Division	Results
Marcus Harrison	Sierra 4-H	Junior	2nd Place Overall
Oscar Glass	Sierra 4-H	Junior	3rd Place Overall
Dylan Hatcher	Sierra 4-H	Senior	7th Place Overall
Matthew Skierka	Sierra 4-H	Intermediate	9th Place Overall
Annamarie Weaver	Sierra 4-H	Senior	10th Place Overall
Adieson Glass	Sierra 4-H	Intermediate	14th Place Overall
Sam Paloutzian	Sierra 4-H	Intermediate	15th Place Overall



**Fresno County Team Sierra 13th overall**

*18 counties and 537 participants in the postal contest*

**California 4-H Youth Summits -  
Registration Now!**

**Ripples of Today, Waves of Tomorrow!**

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the state.

Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13).

The summits are planned by a team of senior 4-H members (ages 14+) overseen by the [California 4-H Management Board](#).

**Register Now!**

**Register for Northern Summit  
by 10/4**



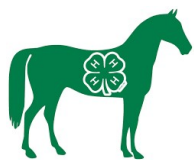
**Northern - Nov. 15-17  
Sly Park, Pollock Pines**

**Bay/Coast - Jan. 10-12  
Walker Creek Ranch, Petaluma**

**Southern - Jan. 17-19  
Pathfinder Ranch, Mountain Center**

**Central - Jan. 24-26  
Wonder Valley Ranch, Sanger**

# Classic Qualifier Fresno County 4-H Horse Show



**When:** Saturday, October 26<sup>th</sup>, 2019

Horse Show Entry Form:

[http://ucanr.edu/4h\\_horseshow2019](http://ucanr.edu/4h_horseshow2019)



**Where:** Verdi View Farm  
1683 N. Del Rey Avenue  
Sanger 93657

**Hosted By:** Blossom Trail 4-H Horse Group

Horse Show Premium / Class List Form:

<http://ucanr.edu/classlist2019>



*NEW ~ Ranch Division Classes.* Offering English, Western, & Gymkhana  
**Show Premium coming soon! Questions contact Carly Ray (408) 710-2763**



## Attention 4-H Horse Members

Have a **PASSION** for Horses?  
Do You Enjoy World Class Competition?  
Beautiful Equine Athletes & Amazing Riders!  
Great Opportunity Coming to Fresno County  
**Fresno County Horse Park**



Come watch the largest horse show  
in Fresno, **Oct 18th-20th at the Horse  
Park at 99 and Herndon.** Take 99  
north, turn right on  
Herndon, cross the Rail Road track  
and turn left on Weber. Volunteers



Almudin

Contact Ashley Ross at  
[giddyslick@gmail.com](mailto:giddyslick@gmail.com) or call  
559-363-9800. See the web site for  
volunteer information. The show is  
free and runs every day starting at 8  
a.m.

## Area VI Eventing Championship

For more information see: <http://fresnocountyhorsepark.com/>

## Renegades 4-H Horse group is hosting a Horse Versatility Meet!

Each horse and rider will compete in three classes. No tack change is required and horse may be used by more than one rider.

**Class 1: Dressage** (Western will ride this as a horsemanship class)

**Class 2: Trail**

**Class 3: Handability** (A weaving and bending course to be done at a trot or canter)

Scores from all three classes will be combined to give total score for each horse/rider combination to determine placings.

**Divisions:** 1<sup>st</sup> year – walk, trot only

Novice – walk, trot only

Advanced – will be asked to canter at times



**Date:** Saturday, November 9, 2019 at 9:00 a.m.  
**Where:** Mane Trail Horse Center, 791 N.  
Armstrong Ave., Clovis, Ca 93611  
(SE Corner of Armstrong and Alluvial, driveway is a drive-thru)  
**Entry Fee:** \$10.00 Total for horse and rider combinations

For more information contact Addie Miller at 559-298-0579.  
Leave a message and she will get back to you



## Presentation Opportunities at the Fresno Fair

The Fresno Fair is again looking for 4H members to give presentations during the fair. Presentations can be given on the stage in Ag Venture land during Fair Education Days.

You can schedule your presentation from 9:30 to 12:30 on October 3, 4, 10, or 11.

You may give the same presentation on more than one day, or schedule multiple presentations. The 4H office will award you with a special presentation pin for each different presentation. Team presentations can also be given.

Please contact Anne Cehrs at [aacehrs@gmail.com](mailto:aacehrs@gmail.com) to schedule a presentation. Tell me your name, club, title and description of presentation, and a contact phone number, as well as what day and time that you want to present. Remember that your audience is grade school kids and the talk should be interesting to hold their attention.

The Ag Ventureland Stage also has open time slots after school and on weekends if you cannot make it to the fairground on Fair Education Days. Contact Anne Cehrs with your request.



## 2019 Healthy Living County-Wide Project

In this project, we'll delve deeper into a girl's monthly cycle, spend some time understanding the different phases of a cycle & how it plays into her everyday health - *in the way she feels, eats, exercises, & thinks*. These hormones really do impact so many aspects of our lives! This program is not geared towards sex education but only body literacy as it pertains to female hormones & this 5th vital sign. There's a lot of taboo around this topic & it can be uncomfortable for many. But we're going to take that head on & address it together with sensitivity because this information is pertinent to healthy living.



We'll have 5 meetings that will include both experiential learning & cooking. Four of the meetings will include preparing (& enjoying!) foods that support different cycle phases.

*We'll meet Sunday afternoons from 2-3:30 on the following dates:  
Oct 20, Nov 17, Dec 15, Jan 26, & Feb 23. Meetings will be in southeast Fresno.*

There is no age requirement for this class because the information is pertinent to girls whether they have started cycling or not. Parents are most welcome to stay & participate.



There will be a very small fee to cover the supplies for the cooking portion. Interested or have questions? Contact Kristen Gilster at 559.325.4045



**The Volunteer Retreat, November 8-10, 2019  
Asilomar Hotel & Conference Grounds — Pacific Grove, CA**

The Volunteer Retreat is a volunteer development conference for volunteers and staff who work with youth. Adult volunteers, staff, and youth volunteers ages 15 and older are encouraged to attend.

At this first annual conference, you can:

1. **ENGAGE**—connect with other volunteers who work with youth
2. **ENERGIZE**—strengthen your positive youth development skills
3. **EQUIP**—gain resources from booth exhibits and the Project Skills Showcase
4. **EMPOWER**—share and learn new skills and ways to work with youth

Join the Volunteer Retreat mailing list to stay updated on this new conference!

**Good news! REDUCED AND EXTENDED:** E4: The Volunteer Retreat is happening November 8-10, 2019 at the beautiful Asilomar Hotel and Conference Grounds in Pacific Grove, CA. Come and ENGAGE – connect with other volunteers who work with youth; ENERGIZE – strengthen your positive youth development skills; EQUIP – gain resources from booth exhibits and the Project Skills Showcase; EMPOWER – share and learn new skills and ways to work with youth.

**Registration fee is REDUCED to \$97 (\$150 for day trippers) + lodging and meal plan at center.**

**\*Reduced price is if you stay at Asilomar.**

**Registration Deadline is October 31, 2019.**

Questions about registration-email Jen Henkens at [jahenkens@ucanr.edu](mailto:jahenkens@ucanr.edu) or general questions to [thevolunteerretreat@ucanr.edu](mailto:thevolunteerretreat@ucanr.edu). Download our Flyer: <https://ucanr.edu/sites/ca4hslf/files/310074.pdf> CHECK OUT THE Volunteer Retreat homepage: <http://bit.ly/2V9M0UM>

**REGISTER HERE:** <http://bit.ly/2vQXvGx> Registration form: <http://bit.ly/2VcpJ93> SIGN UP FOR OUR MAILING LIST: <http://bit.ly/2J9pUAs>



**e4: The Volunteer Retreat**  
Engage. Energize. Equip. Empower.

**Join us this year!**

Teens 13-19 and adults are invited to spend the weekend at beautiful [Camp Ocean Pines](#) developing their health and well-being. Participants will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities. The retreat will focus on stress management, relationship building, nutrition, and a general understanding of mindfulness.



**Mindfulness Retreat**

November 1-3, 2019  
Camp Ocean Pines, Cambria, CA

A 4-H Healthy Living Program for youth age 13-19 and adults

**Register online - Deadline is October 1, 2019**



**SAVE THE DATE! 4-H CAMP at CAMP Keola!**



**When:** June 23—June 27, 2020

**Who:** Fresno County 4-H Members Additional Details to Follow

**JUNIOR CAMP COUNSELOR APPLICATIONS NOW OPEN**

**DEADLINE TO APPLY: Due to 4-H Office by December 2, 2019 by 5:00 p.m.**

Click here for application available online: [http://ucanr.edu/fresnoco\\_4hkeolacamp2020](http://ucanr.edu/fresnoco_4hkeolacamp2020)

Please review updated Position Descriptions. 4-H member must currently be in the 9th grade or above.

Other details are listed in the application. Completed application due or postmarked no later than Monday December 2, 2019 to the following address:

**UC Cooperative Extension  
Fresno County 4-H Youth Development  
Attn: Tracy Newton  
550 E. Shaw Ave., Suite 210-B  
Fresno, CA 93710**



*LATE or FAXED applications will not be accepted — Interviews for the positions will begin early to mid December, and applicants will be advised of the appointment time. Planning meetings will begin on January*



# University of California Fresno County 4-H



**Is proud to announce they have  
officially become a Vendor**



## *4-H The Power of Youth*

The 4-H Youth Development Program is an informal educational opportunity where youth learn by doing in project areas like science, health, agriculture, & citizenship. The 4-H community club program offers a wide variety of activities for youth, ages 5 - 19. Join a club, take part in monthly meetings, explore & empower young people with skills to lead for a lifetime.

The skilled adult volunteer leaders are the heart of our program. Projects are taught by adults while Teen & Jr. leaders assist alongside them. Youth members may also participate in a number of County, Area/Multi-County, and Statewide events.

- Arts & Crafts
- Cooking
- Baking
- STEM
- Photography
- Survival
- Archery
- Public Speaking
- Sewing
- Woodworking
- Rabbits
- Poultry
- Sheep
- Goats
- Pigmy Goats
- Steer
- Swine
- Horse
- Dogs
- Shooting Sports

- Leadership
- Gardening
- Horticulture
- Canning & Food
- Preservation
- Healthy Living
- Legos
- American Sign Language
- Entomology
- Outdoor Adventure
- Leather Craft
- Table Setting
- Welding
- Fishing
- Food and Nutrition
- Scrap Booking

and much more...

### **Visit:**

**<https://ucanr.edu/sites/4-H-Fresno/>**  
**for more info about 4H.**

Projects available throughout the county (Each clubs projects vary).



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