



University of California

Agriculture and Natural Resources

October/November 2019

Dates & Deadlines

OCTOBER

- 1st - Mindfulness Retreat Reg Deadline
- 3rd - Leader's Council Meeting
- 4th - National 4-H Week Poster Contest submission due
- 6th-12th -National 4-H Week
- 12th - 4-H Bike Ride/ National Youth Science Day
- 9th-19th - Tractor Supply
- 17th – Livestock Leader's Meeting
- 19th – Meat Trimming
- 20th - 4-H BBQ and All Star Ambassador Bake Sale
- 20th - BBQ poster Contest
- 23rd - Citizenship Application Due (LWF, CWF, Cal Focus, Emerald Star)
- 24th - Citizenship interviews

NOVEMBER

- 4th –Last day to submit enrollment to 4-H office
- 7th – Leader's Council Meeting
- 9th Cattle Call
- 11th – Office closed and Veteran's Day Parade Holtville
- 14th –Presentation Day Training 101
- 21st - Livestock Leader's Meeting

Check out <http://ceimperial.ucanr.edu/4h> for a complete calendar

NATIONAL 4-H WEEK

OCTOBER 6-12, 2019

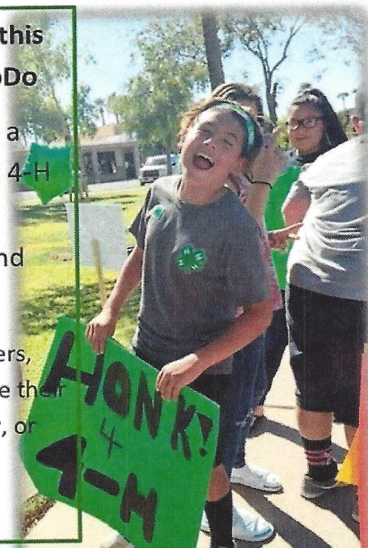
1. Wear your club or project shirt to school to promote National 4-H Week!
2. Ask your teacher if you can give a quick presentation. Talk about how long you have been in 4-H, what projects you participate in, who your leaders are, and what you like best about 4-H! If you need help, give me a call!
3. Display a poster at your school, the mall, or a bank!
4. Attend the Bike Ride at McCabe School!

INSPIRE KIDS TO DO!

Express your 4-H pride with this year's theme, #InspireKidstoDo

From October 6 - 12, post a picture of yourself with what 4-H inspired you to do! Use the hashtags #InspireKidstoDo and #4hweek!

Please encourage youth, volunteers, professionals, and alumni to share their pride photo on Facebook, Twitter, or Instagram with the hashtags!



#4 Served on a committee to organize a local display PDR # 6 Display a poster PDR #6 Wear 4-H shirt to school PDR#6 Gave a talk about 4-H PDR# 3 attended bike ride PDR#3 Participated in NYSD



EDUCATIONAL AND NATIONAL POSTERS DUE FRIDAY 10-4-19

PLEASE BRING THEM TO THE 4-H
OFFICE BY FRIDAY AT 5PM

IMPERIAL COUNTY 4-H OFFICE
1050 EAST HOLTON ROAD
HOLTVILLE, CA

4-H POSTER CONTEST DETAILS!

2 SEPERATE CONTESTS! MORE CHANCES TO WIN!

1. **National 4-H Poster Contest:**
theme **"Inspire Kids to do"**
Purpose is to show the public why they should JOIN 4-H. Poster size: no larger than 22" x 28" (remember it needs to fit in a window or be displayed at a local merchant). Materials: poster board for backing only. Be creative with materials. Must incorporate theme.

PDR #2 Exhibited a 4-H project #3 Participated in a 4-H project #6 Displayed at a public place #7 Received an award for poster

Educational Display Contest!

2.
An Educational Display is an organized visual presentation of a program or a concept. A display should be designed to convey its message in a limited amount of time.

- Posters will be displayed at the 4-H BBQ
- Members may enter as individuals or as a group! Primaries are welcome to participate and will receive a special award
- Minimum size approx. 24" x 36" - maximum approx. 30"



4-H Poster Contests

DUE 10-4-19 BY 4:00PM

Bring your completed poster to the Imperial County 4-H Office, 1050 E. Holton Rd, Holtville. Winning posters will be selected to be displayed in promoting the 4-H BBQ and joining 4-H in public offices within Imperial County

3 separate contests! More chances to win

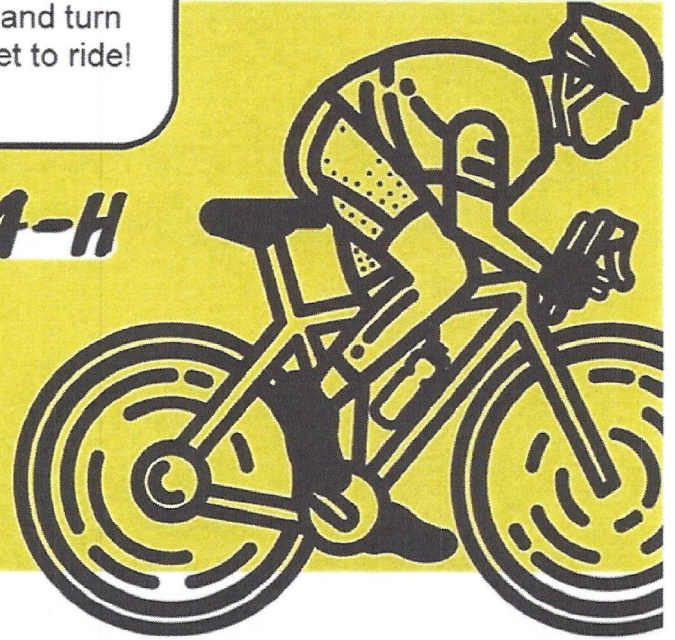
1. National 4-H Poster Contest: Theme **"Inspire Kids to Do!"** Purpose is to show the public WHY they should JOIN 4-H. Poster size: No Larger than 22"x28" (remember it needs to fit in a window or be displayed at a local merchant) Material: Poster board for backing only. Be creative with any art materials. Must incorporate theme.
2. All Star Poster Contest: Choose a catchy theme or title to encourage people to come to the BBQ! Do NOT use well-known cartoon figures, as they are copyrighted. Poster size: No larger than 22"x28" (remember it needs to fit in a window or be displayed at a local merchant) Material: Poster board for backing only. Be creative with any art materials. No real food. On the front of poster: 43rd Annual 4-H Barbecue/BBQ Call: 442-265-7700 for tickets Sunday, October 20, 2019, 12:00pm to 5:00pm \$10 per ticket/plate.
3. Educational Poster Contest: SEE NEXT PAGE FOR FULL DETAILS, 4-H Presentation Manual is a great resource: <http://4h.ucanr.edu/files/2193.pdf>

Awards: Primary (all primaries will receive a special award), Junior, Intermediate and Senior entries will be judged separately. PLEASE NOTE: If the 4-H Emblem is used do not place text or other images over or on top of it.

Free swimming, lunch, and fun! Make sure to bring a swimsuit and towel. We will be swimming in the RV Park swimming pool after the bike ride. It is a 6.5 mile ride starting West on McCabe Rd. We'll have a scheduled water stop, continue west on Ross Rd, and turn into Sunbeam Lake Drive. Must wear a helmet to ride!

PDR #2 Displayed skills (if part of bike project) #3 Attended bike event #3 Attended Youth Science Day #4 On committee to organize event #6 Wrote an article about the event

IMPERIAL COUNTY 4-H BIKE RIDE



// Saturday, October 12, 2019 //

Registration and bike decorations start at 8 am.
Bike ride starts at 9 am.

McCabe School



Sunbeam Lake

4-H NATIONAL YOUTH SCIENCE DAY



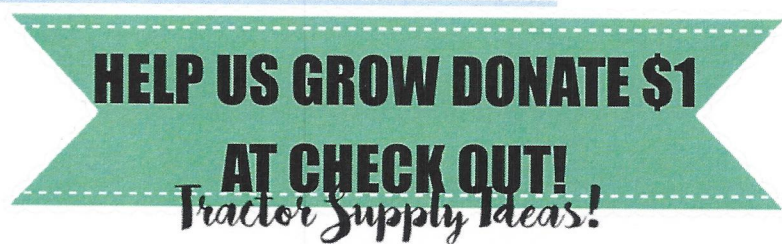
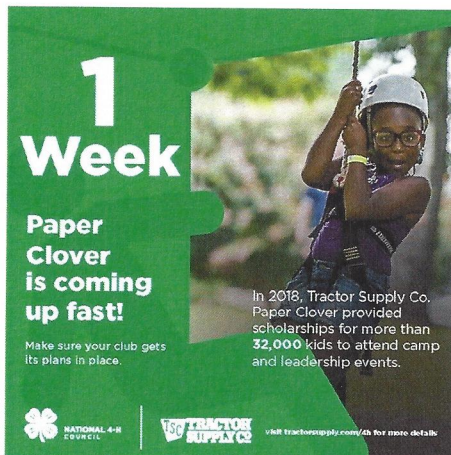
Join us Saturday, October 12, 2019
after the bike ride at Sunbeam Lake
for this fun event!

This October, 4-H will launch the 2019 National Youth Science Day (NYSD) challenge, "Game Changers." Designed by Google and West Virginia Extension service, Game Changers teaches kids ages 8-14 how to use computer science to create games, solve problems and engage with topics they're passionate about. Game Changers uses physical activity and puzzles to teach kids important computer science concepts and problem-solving skills, creating real-world connections between computer science and civic engagement, healthy living and agriculture.



Ask your club leader for the schedule to support your club!

October 9 -20, 2019 Tractor Supply customers can participate in the 2019 Fall Paper Clover campaign by purchasing paper clovers for \$1 or more at checkout. The funds raised will be awarded as scholarships to individual Imperial County 4-H members wishing to attend 4-H camps and leadership conferences. The number of scholarships distributed to students following the fall campaign will be determined based on the total amount raised.



1. Greet customers and tell them exactly how they are supporting YOU! Nothing is more appealing than a smiling 4-H member! The key to raising money is having 4-H members present!!
2. Set up project displays!
3. Bag Customer purchases and help them carry out to their car!
4. Bring your animals!
5. Bake Sales, popcorn, cotton candy, Plants, CarWash, etc.
6. Wear Green and setup an info table near the front of the store!
7. Signage! Rock the homemade signs!
8. Hands on activities
9. Refreshments or Treatbags for employees (appreciation)



ITS BBQ TIME!

Sun., Oct. 20, 2019

IV Fairgrounds – Casa de Manana
12PM – 5PM

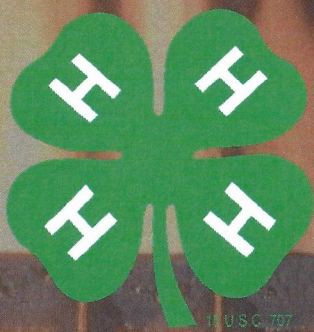
The 43rd annual 4-H BBQ has become a county fixture. Its success depends on the members who sell their tickets & work to serve the food, the leaders who help prepare the food & organize distribution, the parents (and general public) who support their children when they buy the tickets. The profit from this event pays for training, awards, camps, scholarships, project materials, etc. A portion of the funds raised also goes to each individual club.

IT IS EACH 4-H MEMBER'S RESPONSIBILITY TO HELP WITH THIS FUNDRAISER!

Where we need your Help:

- Meat Prep/Wrapping: Ben Abatti Farms, 10-19-19 9am - 12pm
Every club will need at least three volunteers to help trim and wrap meat. Adults and older teenage volunteers needed! Contact your community club leader to sign up and for more details! Please bring a knife!
- BBQ Meat Shred: Fair Grounds, 10-20-19 9am - 3pm
Shifts of 2-4 hours with 6-8 older teenagers, dads, or adults to HELP shred meat on the day of the BBQ. To volunteer, contact your community leader.
- Logistics
Call 4-H Office @ (442) 265-7700 to volunteer. We need help with: Arranging for all leftover meat to be vacuumed and stored for sale, cleaning and arranging items for pickup and delivery the day before the sale, and cleanup after the event.

Where it goes in your Record Book: PRD #3 Attended, #4 helped at BBQ, #6 wrote an article, #5 cleanup and tear down at BBQ or at meat prep/wrapping.





IMPERIAL COUNTY 4-H ALL STARS....

Inspiring Kids to Contribute to Their 4-H Community



It's Our Annual All Star 4-H BBQ Bake Sale!

Where: IV Fairgrounds (Casa de Manana)

When: Sun, October 20, 2019

Time: 12pm -5pm

Baked items that are always a hit include - cupcakes, cookies and brownies. Any tasty sweet treats you are willing to donate are sincerely appreciated! Your donations can be dropped off at the bake sale.

Hey 4-H'ers! We need your **BAKED ITEM DONATIONS!**

- * The more goodies that are donated, the more we can earn for our All Star Program.
- * The earlier you get your goodies to us, the better selection we can offer our shoppers.
- * Please don't bring items that require refrigeration during the sale.
- * Labels that describe your delicious offerings are always appreciated and help them sell.
- * Products containing nuts are allowed, BUT please add a note so that we know your treat contains them.



In addition to baked goods, cold drinks, popcorn, cotton candy and snow cones will also be sold at the bake sale (while supplies last).

For Bake Sale questions or to sign up to volunteer with helping work the All Star Bake Sale, contact Imperial 4-H All Star Advisor Dina Rubin 760-791-3193.

THANK YOU for your generosity!

All proceeds go to Support the Imperial County All Star Program

**Gabby Esparza Kennedy Pechtl Taylor Tucker
Kailah Alvarez & Hannah Cartee**

*Hey Club
Members!*

By signing up in your club's All Star Bake Sale Committee Chairperson and/or Committee Member, and donating to the All Star Bake Sale, you can chart your participation in your Record Book's Personal Development Report (PDR)
#3 - 4-H Events Attended / Attended Imperial County 4-H BBQ
#4 - 4-H Leadership Development / County Committee Chairperson and/or Committee Member, 4-H All Star Bake Sale
#5 - 4-H Citizenship & Community Service / Donated Baked Item to 4-H All Star Bake Sale # Citizenship Project Report: or, if you are in a foods/cooking project, you can chart your donation in your project report as a citizenship activity.

 **WIN**
Disneyland*
TICKETS!



Every 4-H member is eligible to win Disneyland Tickets or an iPad! **YOU** can win if you are the highest BBQ ticket seller in the county (minimum 100 tickets).

Ticket sales must be reported by 5 p.m. October 18, 2019 in order to promptly deliver tickets/iPad to the winner. Winner will be contacted about receiving their prize.

Oct. 20th
12— 5 p.m.
Casa de
Manana
\$10 per plate

Imperial County 4-H BBQ — PDR #3 Event Attended PDR #4 Sold tickets #4 Helped at BBQ/Meat trimming PDR #5 Helped set up or clean up PDR #6 Wrote an article about 4-H BBQ



Animal sales

Feeder Calf - Local Dairy's

Swine

1. November 10th there will be an auction at the IVEXPO "Imperial Elite" Preview 11am -12:30pm; sale starts at 1pm.
2. Swine for \$300. Contact Tina: 760-554-2644

Goats

1. Calipatria FFA may has a few left goats, contact: blarios@calipat.com
2. 1st Brother Farms: (760) 996-4295

Sheep

1. Abatti & Wills (A&W) are taking pre orders call 760-427-8521
2. 1st Brother farms: (760) 996-4295

Rabbits

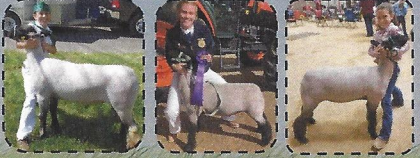
1. Show on Nov 9, may or may not have rabbits, see flyer next page.

27th Annual
Abatti & Wills Sheep Sale
Place Your Order Today!
Available for Local Pick-Up
10-26-19

We are excited to share with you another great set of lambs perfect for your late winter and early spring fairs! Lambs will be sold first come, first serve in price ranges of \$450, \$400, and \$350.

Lambs will need to be pre-paid to secure your spot
To arrange payment or to ask questions:
Call/Text 760-427-8521 or 760-554-6813

Below are the viewing and selection times for each price range: \$450—7:00am-7:45am \$400—7:45am—9:00am \$350—9:00am	Lambs will be available for pick up at Imperial High School in the Ag Department <small>(The Ag Dept is located on N. F. St. & W. 9th st. in Imperial Ca.)</small>
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In need of purchasing an
animal for your
Rabbit or Cavy project?
Join us at the upcoming



1st ANNUAL DESERT SOUTHWEST CLASSIC RABBIT AND CAVY SHOW

NOVEMBER 9, 2019

8:00 a.m.

Imperial Valley Fairgrounds

200 E. 2nd St., Imperial, CA
92251

(You will find us in the Sperber Arena,
Please park in the south parking lot)

In coordination with CRCS, we
proudly present this year's ARBA
Rabbit and Cavy Show to replace
our annual small stock sale.

We encourage any youth looking
for project animals to attend. We
also encourage youth to enter their
animal in the show and participate
in the youth contests.

For more information, please
contact Kristen Smith
(760)960-0966
kristenweekees@yahoo.com

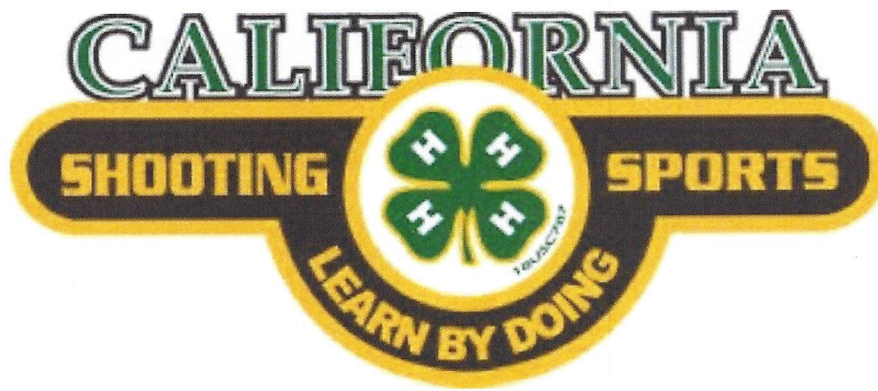
Entries for youth contests will be accepted the day of the show.

Contest Check-In begins at 8:00 a.m.

Rabbit and Cavy Showmanship * Rabbit and Cavy Written Exams * Breed ID Contest

KW Cages will be available to purchase equipment,
visit www.kwcages.com if you would like to pre-order your supplies.

Pre-Orders due by 11/04/19.



**4-H Shooting Sports Trainer Certification
2-Day Workshop – Rifle**

**Friday, December 13, 2019, 5:00 p.m. – 8:00
p.m. at
Imperial County UC Extension – 1050 Holton
Road, Holtville, CA**

&

**Saturday, December 14, 2019, 8:00 a.m. – 7:00
p.m. at
Border Tactical Range - 925 N. Imperial
Avenue, El Centro, CA**

4-H Shotgun Project Leaders' Training to be decided.

FOR ADULT VOLUNTEERS:

Register for the Volunteer Retreat

e4: The Volunteer Retreat
November 8-10, 2019
Asilomar Hotel & Conference Grounds
Pacific Grove, CA

Registration is only \$97*

We invite all volunteers who work with youth to attend this conference focused on developing stronger youth development skills. Workshops are geared towards EMPOWERING you with new ideas and skills to take back to your clubs and projects.

* For those who utilize the Asilomar lodging and meal plan only. Other rates available on website



e4: The Volunteer Retreat
Engage. Energize. Equip. Empower.

Visit our website

Book your Lodging and
Registration by October 31

NEW California 4-H Treasurer's Training

This course is designed to walk 4-H Club Treasurers through their important role. It is meant to serve as a complimentary resource to any face-to-face training for 4-H Treasurers.

The course and its unique enrollment keys (different from the required training enrollment keys) can be accessed directly by youth members and volunteers [here](#).



For current and return volunteer training direction:
<http://4h.ucanr.edu/Resources/Learning-Development/>

Backyard Livestock/Poultry Survey:

For lectures and informational resources on antibiotic use, biosecurity, and how to keep your animals healthy, visit the website below!

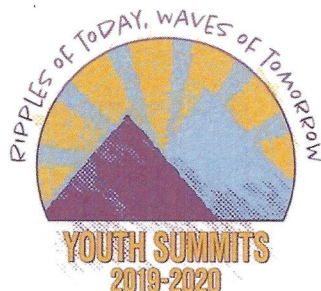
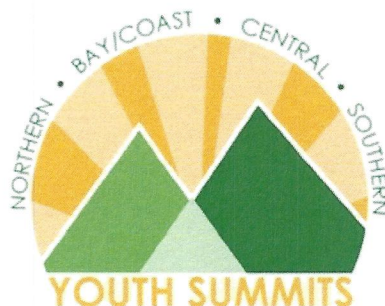


https://ucanr.edu/sites/Small_Farms_/Events

For Youth Volunteers

California 4-H Youth Summits **Need to register by 11/30/19**

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the state. Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13). The summits are planned by a team of senior 4-H members (ages 14+) overseen by the [California 4-H Management Board](#).



Southern

January 17-19, 2020
Pathfinder Ranch
Mountain Center, CA ([map](#))

Registration Fee: \$149

Our goal is to empower youth by giving them the tools to create change in their communities. This year, we will inspire and facilitate the ability of youth to create impact in their communities on issues they care about.



National 4-H Conference 2020
March 28- April 4, 2020
National 4-H Conference Center, Chevy Chase, MD

Develop Recommendations for the 4-H Youth Development Program Nationally

The National 4-H Conference is the U.S. Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program.

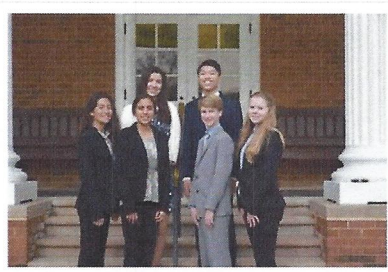
This event brings together youth, volunteer leaders, and state and county extension staff members from across the United States, the U.S. territories, and the Canadian provinces.

A working conference

Youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

Sponsored by the National 4-H Headquarters

As the sponsor for this conference, the National 4-H Headquarters is charged with sharing the recommendations that emerge from the conference with the Secretary of Agriculture, national extension program leaders, and others who determine 4-H programs. At the same time, the National 4-H Headquarters ensures that the conference is a meaningful experience for youth and adult participants.



Have not represented California 4-H Youth Development at the National 4-H Conference before; Will be at least 16 years of age on December 31, 2019.

All-Star Corner



In August, we had our 4-H Kickoff at the Imperial Valley Mall! It went really great, and was very successful. We gained many new members, and a lot of members came to

display their projects, rabbits, smoothie bikes, arts and crafts galore! It was fantastic to see so many 4Hers there! Next year we hope to attract even more members to have fun and join 4-H! As well as the 4-H Kickoff, we also began a YouTube channel last month! We will be making videos at every big 4-H county event. So, just in case you missed an event, you can still see what's going on! We are still trying to figure out a name, so when we know, we will let you know! We are all very excited to make more videos about what is going on in our county! This month, make sure you are ready for our Officer Training, the theme is "Glow Up Your Leadership Skills"! Everyone is encouraged to attend, especially club officers, and future club officers! Make sure you wear neon or white clothing, because the 4-Her with the best outfit will win a prize! At our training, you will learn all about being a leader, while glowing in the dark, with fun activities, icebreakers, and challenges! Hope to see everyone there! And in October, on the 20th, make sure you are ready for the Allstar Bake Sale! We would love any dessert donations!

4-H Enrollment

Enrollment is open throughout the 4-H program year, which begins on July 1st and ends on June 30th. However, deadlines may be set by clubs or by the county in order to participate in certain activities. **To participate in the California Mid-Winter Fair & Fiesta (the main event for most animal projects), Feb 28 - March 8, 2020 members must be enrolled by November 4, 2019.** This decision was made by Imperial County Leaders' Council. **DEADLINE NOVEMBER 4TH!**

ON GOING COUNTY WIDE PROJECTS

MINDFUL ME! TEENS AS TEACHERS



- TIME COMMITMENT: SEPTEMBER - JANUARY
- RESPONSIBLE TO: IMPERIAL COUNTY 4-H MINDFUL ME PROGRAM
- RESPONSIBLE FOR: SCHEDULING MINDFUL ME CURRICULUM IN AFTER SCHOOL PROGRAMS
- REQUIREMENTS:
 - MUST BE 13 YEARS OR OLDER
 - 2-3 HOURS PER WEEK TIME COMMITMENT
 - ATTEND 4 HOUR TEENS AS TEACHERS TRAINING (DATE TBD)
 - WILLINGNESS AND ABILITY TO WORK AS PART OF A TEAM
 - TRANSPORTATION REQUIRED
- BENEFITS:
 - HANDS-ON EXPERIENCE TEACHING AND ENGAGING YOUTH
 - RESUME BUILDER
 - BUILD LEADERSHIP, DECISION-MAKING, AND PLANNING SKILLS
 - EARN COMMUNITY SERVICE CREDIT
 - MEET PEOPLE AND MAKE FRIENDS!

FOR MORE INFORMATION, CONTACT ADDISON BUREN, IMPERIAL COUNTY 4-H OFFICE

- 760-338-0787
- ADDISON.BUREN@imperialc4h.org



GROW WITH THE GREEN

Proposed Project Startup Date:
Thursday, September 26
6:00 p.m. to 8:00 p.m.
Imperial County
Farm Bureau

Imperial County 4-H Young Ambassador Project (ICYAP)

Targeting 6th, 7th & 8th Grade Members

Advisor: Meng Yu
Project Leader: Linda Sanchez
Youth Project Leaders: Hayden Hulsey & Dillon Sanchez

The Imperial County Young Ambassador Project (ICYAP) is set up for countywide intermediate (6th, 7th and 8th Grade) 4-H members, focusing on providing a hands-on experience in the design and implementation of a "Finding My Spark" project.

ICYAP will bring together 4-H members from clubs across Imperial County to focus on building leadership skills; community service activities; team building exercises; attend events & meetings with community leaders; understanding citizenship concerns; and prepare our valley's 4-H youth to make a difference in their communities.

PROPOSED PROJECT

- ★ Required Parent and Member Organizational Project Meeting
- ★ Member Access to internet and virtual communications (emails, Google document, email)
- ★ Complete a "Finding My Spark" Project
 - ✓ Poster
 - ✓ Oral Presentation
- ★ Trainings
 - ✓ Leadership Development
 - ✓ Business, Social and Personal Etiquette
 - ✓ Oral Presentation
- ★ Attendance Strongly Suggested
 - ✓ Imperial County 4-H Presentation Training 101 (Thursday, November 14 @ 5:30 p.m.)
 - ✓ 4-H Southern Youth Summit on January 17-19, 2020
 - ✓ Ag Expo - "We Grow That Dinner" event (March, 2020 - date pending)
 - ✓ Imperial County 4-H Presentation Day on April 4, 2020
 - ✓ Southern Area Field Day (May, 2020 - date pending)
 - ✓ Imperial County 4-H Achievement Night Recognition Dinner
- ★ Group to Implement a Club and Public/Community Service Project
- ★ Complete a 4-H Record Book
- ★ Project Fee: \$30.00

Need additional information? Contact Meng Yu, Imperial County 4-H Youth, Family Community Advisor (442) 265-7700 or Linda Sanchez, Project Leader (760) 355-2531



University of California
Agriculture and Natural Resources

4-H Youth Development Program

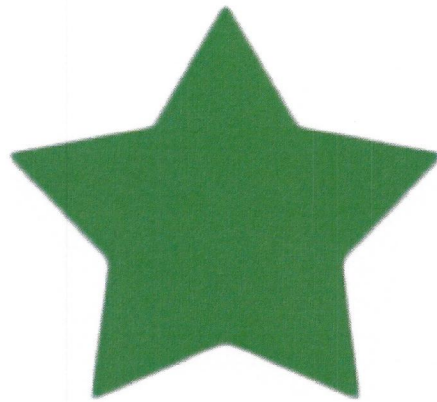
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Due 10/23 with citizenship applications

Apply for your Emerald Star!

What is an Emerald Star?

The Emerald Star is a county award for service to the community and/or to 4-H. Its purpose is to encourage older members to attain a higher level of leadership development through an individual program of planning, action and evaluation/reflection; promote the development of mentoring relationships between a member and leaders; and to create opportunities to conduct 4-H activities outside the community club which will benefit the local community and/or 4-H as a whole. The Project must provide a service above and beyond the normal scope of a project (i.e., a County Field Day, Color Run, Camp, Santa's Reading Workshop, Santa Paws and Claws, a teaching video, a written project manual, etc.) The Emerald Star Plan must be a total of 6 hours or more to qualify.



What are the eligibility requirements?

- Must have been enrolled in the 4-H Program 2 years prior to application.
- Must be 15 years of age before January 1st of the calendar year, or in the 9th grade or above.
- NOTE: Emerald Star projects may be a team effort. All team members receiving Emerald Star patches must be the above criteria.

How to I apply?

For more information and to apply, download the [Imperial County Emerald Star Information and application](#). For the 2019 Program Year, no initial project proposal is required.

Find it on our
4H county
website

4-H CITIZENSHIP SCHOLARSHIP APPLICATION

Scheduled Focus Trips: Please check desired trip:

- California Focus (June 2020)
 Citizenship Washington Focus (July 2020)
 Leadership Washington Focus (July 2020)

Application Deadline: Wednesday, 10/23/19 – 5:00pm

Email to jlgarcia@ucanr.edu or drop off at 4-H Office

Interview with candidates will begin at 6:00pm on Thursday, 10/24/19

NAME _____ AGE _____ BIRTHDATE ___/___/____ GRADE _____
(must be 14 by June of 2019 for Cal Focus and 15 by June for Citizenship Focus)
(must be entering grades 7th – 9th next year for Leadership Focus)

CLUB _____

SUMMARY OF CITIZENSHIP ACTIVITIES (List by years)

Scholarship Application: Are you applying for a scholarship? Yes ___ No ___

Check List for Scholarship Qualifications:

Completed at least one year of 4-H club work. Year _____

I plan to re-enroll in an Imperial County 4-H club next year. Yes ___ No ___

I will be able to attend the interview. Yes ___ No ___

I have enclosed a letter of recommendation from my club leader. Yes ___ No ___

I will be able to pay remaining total for trip if not fundraise which will include miscellaneous costs and transportation cost. Yes ___ No ___

If I am a scholarship recipient, and do not attend the Citizenship trip, I am to return the scholarship money to 4-H Leader's Council _____ Initials

If I am selected to attend this conference, I will come back to the County next year and visit 4-H clubs to help them with the Citizenship Program. _____ Initials

APPLICANT

PARENT/GUARDIAN

PDR Helper

These gray boxes with green checkmarks serve as a Record Book helper! Each experience is labeled with possible #s that correspond to where you should log each activity in your PDR. The possible categories are:

- 2. 4-H Project Skill Activities**—Records activities where 4-H members exhibited their 4-H project work or demonstrated their knowledge to an audience/judge.
- 3. 4-H Events Attended**—Records 4-H events (excluding 4-H club/project meetings) attended.
- 4. Leadership Development**—Records leadership activities and positions held.
- 5. Citizenship and Community Service**—Records specific citizenship and community service projects completed by member.
- 6. Communication Skills**—Records communication activities undertaken by a member (may or may not be related to a project in which the member is enrolled)
- 7. Honors and Recognition**—Records significant honors and recognition earned by the member.

PDR stands for Professional Development Report, which is a record-keeping section of a 4-H Record Book. This logs your involvement and more throughout the year.



But
what
is a
Record
Book?

- Annual record of projects completed, involvement, and awards earned
- Earn stars and pins for your 4-H hat!!
- Youth learn record keeping and responsibility skills
- Learn to set and evaluate personal goals
- Record information useful for future resumes and applications
- Log expenses to calculate net profit and practice accounting skills