



University of California

Agriculture and Natural Resources

4-H Youth Development Program

## April 2019: Marin 4-H Newsletter (Cloverleaflet)

### Marin 4-H Programs and Events

#### 4-H Fashion Revue, due April 15

4-H youth may register for the Marin 4-H Fashion Revue to be held on Saturday, April 20, 12:00-3:30pm, at Vallecito School.

Register by April 15 at

<http://cemarlin.ucanr.edu/Programs/4H/FR/>



#### 4-H Scholarships for Higher Education due June 1

Graduating seniors may apply for a 4-H scholarship. Deadline is June 1.

Application Form: [Word](#) | [PDF](#)

#### 4-H County Ambassador (All Star) Applications due June 1

4-H County Ambassadors serve in the highest 4-H leadership role in Marin County 4-H. A core component of the 4-H County Ambassador program is youth working collaboratively to develop, implement, and evaluate a Plan-of-Action to strengthen the 4-H program. Additionally, 4-H County Ambassadors are liaisons between the county 4-H office, 4-H members and volunteers, and the public.

Candidates must be between 14-18 years old, completed at least 1 year in 4-H, and have demonstrated leadership and citizenship skills.

<http://cemarlin.ucanr.edu/Programs/4H/AllStar/>



#### Recruitment for 4-H Staff



##### Position Vacancy

Marin County 4-H Community Education Specialist

Location: Novato, CA

Closing Date: April 19, 2019

50% time (20-hours/week) with full benefits

Posting Salary: Min \$19.16 to Mid \$28.40 per hour

Apply at <https://jobs.ucop.edu/applicants/Central?quickFind=61661>

## Training for 4-H Volunteers

**May 2 & 3, Rohnert Park**  
**\$105 per adult**



**MENTAL  
HEALTH  
FIRST AID®**

**May 2, 5:30pm - 9:30pm & May 3, 5:30 - 9:30pm**

Youth Ag and Leadership Foundation Building

\$105 per person

Open to all 4-H adult volunteers (maximum 25)

Register by April 22 at <https://ucanr.edu/sites/YDResources/Clubs/MHFA/>

Youth Mental Health First Aid USA is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge.



## Lead 4-H activities at the Sonoma-Marin Fair, June 19-23, 1-3pm daily

We welcome 4-H members (preferably 9 or older) and 4-H volunteers to serve a 2-hour shift at the 4-H activity area. Members will help lead the activities with children and the public attending the event. Please register to staff the 4-H booth during the event where you will lead two activities. Register at <http://ucanr.edu/smfair2019>

## Upcoming 4-H Meetings



[Marin 4-H Calendar](#)



### Marin County 4-H Council Meeting

May 9th, 6:00-8:00 PM Pt. Reyes Farm Bureau

## Community Events

### 24th Annual Novato Clean and Green Day - An Earth Day Celebration on Apr. 20th 2019

Celebrate Earth Day and join us  
in cleaning up the town!

**Meet at the Civic Green at 901  
Sherman Avenue on Sat. Apr.  
20th 2019 from 9:00 AM - 1:00  
PM**

Help remove litter from schools,  
city streets, median strips, creek  
banks, parks, and bike paths.

Clean up supplies will be provided, but participants are encouraged to bring bags and gloves. Be sure to bring water, wear sturdy shoes, and take sun precautions.



For more information on Novato Clean and Green Day or to register visit [novatostreetscape.org](http://novatostreetscape.org) or call 415.899.8244



## Family Wellness Festival, April 28

Family Wellness Festival will be held at the Mill Valley Community Center on Sunday, April 28, 2019 from 11am-3pm.

<https://familywellnessfestival.splashthat.com/>

Join us for an afternoon dedicated to bringing families together and fostering mental health and well-being in our community. This fun and educational event includes speakers, experiential learning sessions, mindfulness and meditation trainings, and activities for kids. Take home resources for wellness and selfcare designed to support parents, children, and teens.

## North Bay Science Discovery Day, October 26

Save-the-Date to attend this free event with over 100 exhibitors at the Sonoma Fairgrounds, 10am-4pm.

<https://www.northbayscience.org/>



Bay Area  
**SCIENCE  
FESTIVAL**

## State 4-H Opportunities



### State 4-H Field Day, June 1

June 1, UC Davis, 9:00am-4:00pm  
[http://4h.ucanr.edu/4-H\\_Events/SFD/](http://4h.ucanr.edu/4-H_Events/SFD/)

4-H State Field Day is the largest and most comprehensive educational event for 4-H youth members and 4-H volunteer educators. The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology.

# State Leadership Conference "Planet 4-H: Planting the Seeds of Change" @ UC Davis July 18th-21st 2019



Thursday, July 18- Sunday, July 21, 2019

Thursday arrival begins with time to get to know your Program Assistant and group, dinner and a fun recreational activity! Friday is tour day! Register for one or more tours (some at an additional fee). Most tours will be back in time to join in on the fun lawn games and activities the Recreation Committee has planned! The traditional SLC schedule begins Friday late afternoon and continues through Sunday.

Friday, July 19 - Sunday, July 21, 2019

Friday arrival begins with fun and games provided by the Recreation Committee! The first meal served is dinner. The opening assembly is Friday evening to kick off the traditional SLC schedule and educational events.

Thurs. Arrival	Fri. Arrival	Dates	
Regular \$399		\$299	April 2-May 6
Late \$475	\$375 May 7-June 17		

<https://ucanr.edu/sites/4hstateleadership/>

## State 4-H Advisory Committee Applications open until May 31st 2019

The State 4-H Advisory Committees provide leadership and offer insight, review, and input to the Statewide 4-H Director for the operation and management of the 4-H Youth Development Program.

Youth and adult volunteers are encouraged to apply for the following advisory committees:

- Animal Science
- Camping
- Civic Engagement
- Incentives and Recognition
- Policy
- STEM Education
- Shooting Sports

*\*Healthy Living and the Volunteer Development Advisory Committees are not recruiting.*

Learn more on the [State Advisory Committee Page](#).

### Selection Timeline:

Date	Action
May	Committee Chairs determine membership needs, which includes determining which members are continuing and which are rotating off
May 31	Applications due: online or postmarked by May 31
June	List of applicants sent to each Committee Chair for review. When there are not enough candidates to fulfill the committee needs, the Committee Chairs may nominate people for committee appointments.
June	Reference check on final candidates with county 4-H staff.
June	Appointments receive approval from Statewide 4-H Director
July	Notification letters sent to all candidates





### **Citizenship Washington Focus Applications OPEN - Multiple Program Dates Available**

Every summer, high school students from across the country travel to Washington, D.C. to participate in Citizenship Washington Focus (CWF), 4-H's premier leadership and citizenship program for high school students.

CWF is more than a Washington, D.C. field trip – it's an opportunity for 4-H'ers to learn how to be citizen leaders and make a difference in their communities. For more information and program dates visit: <https://4-h.org/parents/citizenship-washington-focus/>



### **Leadership Washington Focus Applications OPEN - July 15th - 19th 2019**

For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and we are happy to offer its sister program for middle school 4-H'ers, Leadership Washington Focus. The program takes place at the 4-H conference center, conveniently located one mile from Washington, D.C. For more information and program dates visit: <https://4-h.org/parents/leadership-washington-focus/>



### **Raise Your Hand, April 1-May 15**

A nationwide call to action for 4-H alumni, supporters, and friends to vote for their state to win funding to help more kids in their communities benefit from 4-H hands-on learning programs.

Between April 1 and May 15, let's get at least 3,000 hands raised for California 4-H.

### **April is True Leaders Month**

The month of April is True Leaders in Service month. Get resources to plan your projects and log all your service learning projects in April on the our True Leaders in Service Toolkit page. Register your projects through the month of April. Your impact is measured and shared by the USDA.

<https://4-h.org/get-involved/true-leaders-in-service/>



### **The Volunteer Retreat November 8-10, 2019 Asilomar Conference Center**

The Volunteer Retreat is a leadership conference for volunteers ages 15 and up and the staff that support them. This annual event is designed to ENGAGE, ENERGIZE, EQUIP, and EMPOWER volunteers through guest speakers, skill-building workshops, entertainment and cultural activities, peer-to-peer sharing of knowledge and skills and opportunities to connect. The retreat is sponsored and organized by UC ANR 4-H.

[Mailing list for updates](#)

# New research from UCCE Advisors

Cooperative Extension Advisors are expected to conduct applied research and publish their results. Recently published manuscripts are linked below.



## [Journal of Youth Development](#)

Demonstrated the effectiveness of a "lesson study" model of professional development for 4-H staff, volunteers, and teens.

Authors: L. Schmitt-McQuitty, S. Worker, and M. Smith



## [Journal of Extension](#)

Developed a process to evaluate youth learning, not by using a survey, but instead by analyzing artifacts designed and built by young people in 4-H Junk Drawer Robotics programs. The study demonstrated the potential value of using participant-generated artifacts for outcome evaluation.

Author: S. Worker



## [Journal of Adolescent Research](#)

We interviewed 32 teenagers who were teaching curriculum to younger children and asked them about their experience. We found teens describing their experience, growth, and learning. We categorized these into 6 Cs: competence, confidence, connection, caring, character, and contribution.

Authors: S. Worker, A. Iaccopucci, M. Bird, and M. Horowitz

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