



Efficient Nitrogen Fertility and Irrigation Management of Cool-Season Vegetables in Coastal California

This publication describes efficient management of nitrogen (N) fertility and irrigation for the production of cool-season vegetables in the coastal valleys of central California. Improving the efficiency of irrigation and N fertility is increasingly important, given the increased regulatory activity designed to protect water resources in this region. In response to widespread N pollution of both surface water and groundwater, the Central Coast Region Water Quality Control Board has adopted a regulatory program that requires growers to track and report N input from fertilizer and irrigation water. This information will be used to estimate a nitrogen balance, which compares the amount of N applied to fields with the amount of N estimated to be removed from fields in harvested products. The greater the imbalance between applied N and N removed with harvest, the greater the potential for N loss to the environment. Growers who consistently show a large imbalance between N application and harvest N removal are likely to come under increased scrutiny for potential contribution to groundwater nitrate-nitrogen (NO₃-N) degradation.

Efficient irrigation is also critical to successful production of these crops. Maximizing irrigation efficiency minimizes groundwater pumping; excessive extraction of groundwater is a serious issue in some coastal regions. Excessive irrigation can also lead to NO₃-N loss from fields through surface runoff or leaching to groundwater. Nitrogen in surface runoff can induce algal blooms and associated problems in receiving waters, while NO₃-N leaching can contaminate groundwater. Much of the

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groundwater underlying the coastal vegetable production areas has $\text{NO}_3\text{-N}$ above the 10 PPM regulatory threshold for drinking water.

Cool-season vegetable production is centered in the Salinas Valley, the Santa Maria Valley, and the Oxnard plain. This publication focuses on the production of lettuce, broccoli, cauliflower, celery, and spinach, which collectively constitute the majority of vegetable acreage in this region. These crops are also produced in the San Joaquin and Imperial Valleys; the principles outlined here are relevant in all areas, but differences in weather, soil, and crop rotations must be considered when formulating management plans in these other production areas.

Nitrogen Management

Pattern of Growth and Nitrogen Uptake

Extensive plant sampling in commercial fields has documented the characteristic pattern of growth and N uptake in cool-season vegetables. Growth is slow in the first few weeks after seeding or transplanting while the crop becomes established. From that point forward, growth occurs at a reasonably constant rate (fig. 1A). These crops produce substantially different amounts of biomass by the time of harvest. The differences are largely due to the length of the growing season: under summer conditions baby lettuce (for salad mixes) is typically harvested less than 35 days after seeding, while celery may take more than 90 days from transplanting to

harvest. Planting density is also a factor, with high-density sowing of spinach and baby lettuce resulting in more rapid biomass production.

Crop N uptake follows the same pattern as biomass production (fig. 1B), with little uptake in the initial weeks after seeding or transplanting, followed by a relatively constant rate of N uptake from post-establishment until harvest. Seasonal crop N uptake differs among crops, ranging from about 60 lb/ac N in baby lettuce to more than 300 lb/ac N in broccoli grown under summer conditions. These differences are attributable to several factors, including length of the growing season, planting density, and individual crop N uptake characteristics. High-density spinach and baby lettuce plantings take up N more quickly than the other crops. Broccoli and cauliflower typically maintain higher N concentration in their tissues than do head lettuce or celery; consequently, their N uptake rate is higher. Iceberg and romaine lettuce have very similar growth and N uptake patterns, so they are collectively represented as head lettuce.

Table 1 summarizes the N uptake and harvest N removal of these crops. The higher end of the ranges is typical of crops grown in summer conditions, and the lower end of the ranges represents production during cooler periods. Planting configuration also has an effect: production on 80-in. beds generally uses a higher plant population, resulting in higher N uptake than production on 40-in.

Figure 1. Pattern of seasonal growth (A) and N uptake (B) by cool-season vegetable crops under summer coastal conditions.

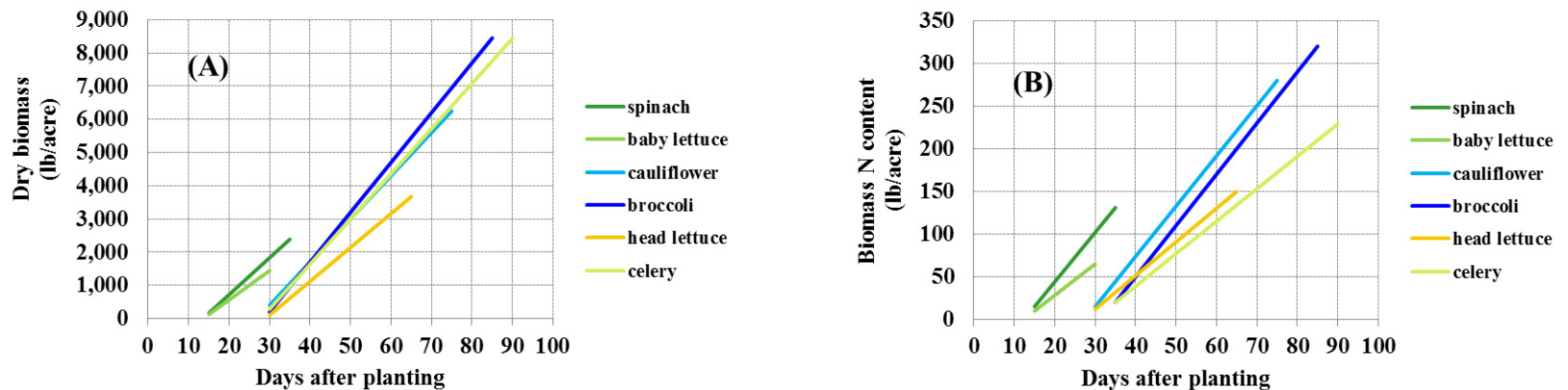


Table 1. Nitrogen uptake and harvest N removal characteristics of selected cool-season vegetable crops (lb/ac)

Crop	Days to harvest	Seasonal crop N uptake	N removed with harvest	Daily N uptake during rapid growth
Broccoli	85–100	250–350	90–100	5–7
Cauliflower	75–95	250–300	70–80	5–7
Celery	90–110	200–250	140–160	3–4
Head lettuce	65–80	120–160	60–90	3–4
Romaine lettuce	65–80	120–160	60–90	3–4
Baby lettuce	30–35	60–70	40–50	3–4
Spinach	30–35	100–130	70–90	5–7

beds. In addition to differences in seasonal N uptake, these crops differ in the percentage of crop N removed with harvested products. With celery, lettuce, and spinach 50 to 70% of crop biomass N is harvested, while with broccoli and cauliflower only 25 to 35% is removed with the harvest. The residue of these crops tends to have a high N concentration (often greater than 3% of dry weight), so when the residue is incorporated into the soil it mineralizes quickly.

Root development was studied by excavating observation pits in commercial fields at selected points in the crop cycle and determining the depth of rooting and the distribution of roots across that depth. The maximum depth of rooting varied among crops, but that difference was largely a function of the length of the growing season (fig. 2). By harvest, broccoli had roots deeper than 30 in., while the deepest roots of cauliflower, celery, and lettuce were generally 24 to 30 in. Spinach roots were confined to the top 18 in. The pattern of root development was the same for all crops, with depth increasing linearly as the season progressed. Across crops, rooting density diminished quickly with depth; roughly 70% of roots observed were in the top half of the rooting zone.

This consistent pattern of root development has important implications for N management. Although uptake of water and N

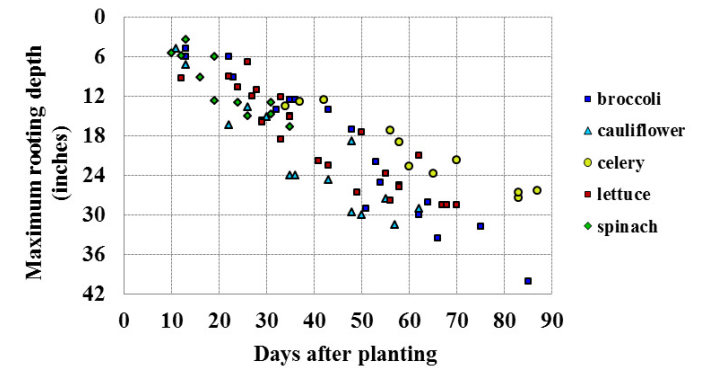


Figure 2. Pattern of root development in cool-season vegetable crops under summer coastal conditions; data represent the deepest root observed on each evaluation date.

can occur to the bottom of the rooting zone, efficient crop management should strive to keep these inputs in the top half of the rooting zone. Residual soil $\text{NO}_3\text{-N}$ and N fertilizer applied early in the season are at particular risk of leaching unless irrigation is carefully controlled. Even for crops like broccoli that eventually root to a substantial depth, N uptake in the first half of the growing season takes place mostly from the top foot of soil; it is only later in the cropping cycle that significant N uptake occurs from deeper in the soil profile.

Nitrogen Cycling in Coastal Vegetable Rotations

Coastal vegetable production has unique aspects that present a serious challenge to efficient N management and groundwater protection. Fields typically produce two to three crops per year, so annual N fertilizer application tends to be high. A significant fraction of the N in crop biomass is returned to the soil in the form of high-N residue; this is particularly important in the case of broccoli and cauliflower, where crop residue can contain in excess of 200 lb/ac N. This residue breaks down quickly, typically releasing greater than 50% of its N content as $\text{NO}_3\text{-N}$ within 6 to 8 weeks after incorporation. Lastly, many irrigation wells in this region contain a substantial amount of $\text{NO}_3\text{-N}$: 10 to 30 PPM $\text{NO}_3\text{-N}$ (representing 2.3

to 6.9 lb/ac-in N) is common. With annual irrigation often exceeding 18 in., this can represent a significant N input.

Thus, soil NO₃-N concentration is typically high throughout the production season, which presents a challenge and an opportunity. The challenge is to effectively manage irrigation to limit NO₃-N leaching below the root zone. The opportunity is to take advantage of these nonfertilizer sources of N to supply crop needs, reducing fertilizer N input.

Nitrogen Fertilizer Management

A wide range of N fertilizer rates is applied on these crops (table 2). Seasonal N rates differ among growers, and seasonality is also a factor. Crops planted in summer generally receive less N fertilizer since there is no danger of leaching with rainfall; growers also realize that summer crops can benefit from residual soil NO₃-N carried over from the previous crop. Note that current N fertilizer rates for broccoli and cauliflower are generally lower than the seasonal N uptake of those crops. This suggests that these crops are “scavenging” a substantial amount of N from the soil profile. By contrast, N fertilizer rates for head lettuce and celery are usually equal to or above crop N uptake, while rates used on spinach and baby lettuce are significantly in excess of crop N uptake.

Table 2. Comparison of common seasonal N fertilization rates with crop N uptake and harvest N removal in coastal vegetable fields (lb/ac)

Crop	N application rate	Crop N uptake	N removed with harvest
Broccoli	170–250	250–350	90–100
Cauliflower	200–320	250–300	70–80
Celery	200–320	200–250	140–160
Head lettuce	100–220	120–160	60–90
Romaine lettuce	100–220	120–160	60–90
Baby lettuce	160–190	60–70	40–50
Spinach	160–200	100–130	70–90

In a single cropping season the potential for N loading to the environment can be estimated as the difference between N application (from both fertilizer and NO₃-N in irrigation water) and crop N uptake. However, in the longer term, the difference between N application and N removal in the harvested product best estimates a cropping system’s N loss potential.

Efficient N management begins with a realistic estimate of a crop’s N uptake requirement. The seasonal crop N uptake values in table 2 are a starting point for estimating N uptake requirements. However, it should be noted that in many commercial fields, soil N availability is so high that a significant amount of “luxury consumption” (crop N uptake that neither increases yield nor product quality) takes place: we have repeatedly observed that fields of similar yield and quality can have quite different N uptake. Therefore, the values in table 2 probably overstate actual crop N uptake requirements.

Residual Soil Nitrogen

Not all of a crop’s N uptake requirement must be met with N fertilizer. As previously described, in coastal vegetable production, carry-over soil NO₃-N, N mineralization from crop residue, and N supplied in irrigation water can be significant factors in crop N supply. To be efficient one must adjust a crop N fertilizer program for field-specific conditions. Foremost among those conditions is the amount of residual soil NO₃-N present. The use of pre-sidedress soil nitrate testing (PSNT) to delay or reduce N application can be very valuable. PSNT reflects much of the influence of prior crop residue on soil N availability, since residue N mineralization is rapid and a pre-sidedress soil sample would typically be collected more than 4 weeks after prior crop residue incorporation. Also, a soil sample collected after crop establishment measures only the NO₃-N remaining in the root zone after leaching associated with irrigation for crop establishment has occurred.

Extensive research in commercial lettuce and celery fields documented that sidedress or fertigated N application can be delayed in fields with root zone soil NO₃-N concentrations greater than 20 PPM (Hartz et al. 2000). PSNT soil samples are typically

taken from the top foot of soil; since field soil usually weigh from 3.5 to 3.8 million lb/ac-ft, multiplying PPM soil NO₃-N by 3.5 to 3.8 estimates the pounds of plant-available N per acre. A sample of the top foot of soil that shows 20 PPM NO₃-N represents approximately 70 to 75 lb/ac N. That amount of N should be adequate to maintain the crop for a period of several weeks, even during peak N uptake. In fields with residual soil NO₃-N below this threshold level, fertilizing to bring the soil up to the threshold concentration has proven effective (Breschini and Hartz 2002).

Broccoli and cauliflower, by virtue of their more rapid N uptake, may require a higher threshold level, perhaps 25 PPM NO₃-N. However, from midseason onward, broccoli and cauliflower can access soil NO₃-N to a depth of 2 to 3 ft; sampling just the top foot of soil would underestimate NO₃-N availability for these crops later in the cropping cycle. If soil nitrate sampling is continued beyond midseason, sampling the top 2 ft of soil and applying a 15 PPM NO₃-N threshold is a reasonable approach.

The greatest benefit of PSNT is reducing early-season N application. Traditionally, N sidedressing was a standard practice after thinning for lettuce and broccoli, or shortly after transplanting for cauliflower and celery. Crop N demand at that stage is still low, and N applied early in the season is more likely to be leached by irrigation before crop uptake than N applied later in the crop cycle. Retesting soil NO₃-N every few weeks can help guide N application throughout the season. When N application is required, the application rate should be based on the crop N uptake rate and the length of time before the next N application.

A PSNT action threshold of 20 to 25 PPM NO₃-N does not indicate that continuously maintaining that level until harvest is required; rather, the threshold represents the level of soil NO₃-N adequate to carry the crop for at least several weeks. Vegetable crops can continue to grow at peak rates until soil NO₃-N is depleted to a much lower level. Manage late-season fertilization so that soil NO₃-N is drawn down before harvest, ideally below 10 to 15 PPM. This is critical to overall N use efficiency because soil NO₃-N remaining at harvest is most at risk of leaching, either with irrigation to establish the following crop or with winter rainfall.

Nitrogen Contribution from Irrigation Water

The other important field-specific consideration is the contribution of NO₃-N in irrigation water. The amount of N in irrigation water can be estimated by the formula

$$\text{PPM NO}_3\text{-N} \times 0.23 = \text{N lb/ac-in}$$

For example, a well with 10 PPM NO₃-N would contain 2.3 lb/ac-in N, or about 28 lb/ac-ft N. When testing irrigation water, note the units reported. Some laboratories report concentration as PPM NO₃; dividing PPM NO₃ by 4.4 converts the measurement to PPM NO₃-N. Nitrogen in irrigation water is usually in the form of NO₃-N, but where recycled municipal wastewater is used (as in the Castroville area) a significant amount of NH₄-N may also be present; NH₄-N is equally available for crop uptake.

Recent research conducted in the Salinas Valley on lettuce and broccoli documented that N in irrigation water was just as effective as fertilizer N in supplying crop N requirements. Growers may be reluctant to fully credit irrigation water N content because they recognize that irrigation efficiency is not universally high and some fraction of irrigation water N is undoubtedly lost by leaching, particularly during crop establishment. A conservative approach to evaluating the effective N contribution of irrigation water would be to credit only the N contained in the volume of water transpired by the crop, as opposed to the total amount applied with irrigation. An alternative approach would be to credit only the N contained in irrigation water applied after thinning, because post-thinning leaching loss is usually limited.

Plant Tissue Testing

Although plant tissue testing has been a common practice for decades, it provides limited guidance for efficient N fertilizer management. The common methods of tissue analysis are determination of total N concentration in leaves and determination of NO₃-N concentration in petioles or midribs. Historically, petiole or midrib NO₃-N analysis has been more common, but recent research has documented that petiole analysis is a flawed technique. The rate at which plants convert NO₃-N into organic compounds can be

significantly affected by environmental conditions unrelated to soil N availability; therefore, petiole $\text{NO}_3\text{-N}$ concentration can be highly variable over the course of just a few days, and that variability may have little to do with soil N availability. While maintaining high petiole or midrib $\text{NO}_3\text{-N}$ concentration throughout the growing season can ensure crop N sufficiency, this practice often leads to unnecessary N fertilization.

Whole-leaf total N concentration provides a more reliable measure of crop N status. Leaf total N is closely correlated with whole-plant N concentration (Bottoms et al. 2012). It is much less variable than petiole analysis because it measures all forms of N contained in the tissue. Leaf age affects N concentration, so a recently mature leaf has traditionally been used for N analysis. Leaf N concentration tends to decline as a crop matures, so leaf N sufficiency levels are growth stage-specific. California research suggests that leaf N sufficiency for head lettuce (iceberg and romaine) is approximately 4% of dry matter at heading stage and 3.5% preharvest. Insufficient research has been conducted under California conditions to firmly set leaf N sufficiency standards for broccoli, cauliflower, or celery; unfortunately, a wide range of leaf N sufficiency levels for these crops has been suggested by researchers in other production locations. In general, leaf N in broccoli and cauliflower tends to be 0.5 to 1.0% higher than in lettuce; levels in celery tend to be somewhat lower than lettuce.

Across crops, leaf N analysis is better suited to documenting current N status than predicting future N fertilizer requirements. That is because leaf N is poorly correlated with soil $\text{NO}_3\text{-N}$ in fields with adequate soil N availability to maintain maximum crop growth rate (the typical case in commercial production fields). A leaf sample may have the same N concentration in a field with 10 PPM soil $\text{NO}_3\text{-N}$ as in a field with 40 PPM $\text{NO}_3\text{-N}$. Soil $\text{NO}_3\text{-N}$ is more useful for predicting N fertilizer requirements.

Winter Cover Crops

During the winter rainy season, fields left fallow are at maximum risk of $\text{NO}_3\text{-N}$ leaching. The use of winter cover crops can dramatically reduce that risk (Heinrich et al. 2014). Non-legume species

like cereal rye can take up in excess of 100 lb/ac N, depending on soil $\text{NO}_3\text{-N}$, rainfall pattern, and the termination date. Use of winter cover crops can be challenging in an intensive cropping system because cover crop residue management in the spring can delay planting of the cash crop. Early termination of a cover crop reduces this problem, but it also reduces the nitrogen-trapping capability of the cover crop.

Irrigation Management

Irrigation System Design and Management

Sprinkler irrigation and drip irrigation are widely used for coastal vegetable production. The goal of irrigation is to maintain sufficient soil moisture for peak crop production in all areas of a field. The less uniformly an irrigation system applies water, the more water must be applied to provide adequate soil moisture in all portions of the field. Leaching and/or runoff may occur in areas that become oversaturated, and crop growth suffers in areas that do not receive adequate amounts of water.

The application uniformity of an irrigation system, also referred to as the distribution uniformity (DU), is assessed by comparing the average depth of water applied in a field with the average depth of water applied to the area representing the driest 25% of the field. A DU value of 100% represents perfectly even distribution, while DU values below 60% are considered very uneven.

We evaluated the DU of 33 irrigations systems operated in coastal vegetable fields from 2006 to 2015 (table 3). Average DU of the drip irrigated fields was 75%, ranging from a maximum uniformity of 93% to a minimum of 38%. Average DU of sprinkler-irrigated fields was 67%, ranging from a maximum uniformity of 86% to a minimum of 48%.

The DU of well-designed and operated irrigation systems is typically greater than 85% for drip and 75% for sprinklers. Although the DU of some fields evaluated was equal to or above these industry standards, the DU of many fields was below these standards. Often, small changes in design, operation, and maintenance can improve irrigation system DU.

Table 3. Distribution uniformity (DU) of irrigation systems in 33 coastal vegetable fields

Irrigation methods	Number of fields	DU (%)		
		Average	Maximum	Minimum
Drip	20	75	93	38
Sprinkler	13	67	86	48

Sprinklers

Wind is one of the main factors limiting the DU of impact sprinklers. Operating sprinklers at wind speeds below 5 mph maximizes DU. Unfortunately, it is not always practical to restrict irrigation to periods of calm wind. Several models of plastic sprinkler heads use a rotator design that irrigates more uniformly in windy conditions than do standard impact heads. Some rotator models also have efficient guards for blocking spray from sprinkler heads located along the edge of roadways, causing less runoff than standard sprinkler guards. Reducing distances between lateral lines to increase overlap among sprinkler heads can also improve uniformity, especially if windy conditions are common.

Increasing nozzle pressure beyond 45 psi does not significantly improve uniformity of most standard impact sprinklers, but it does increase the energy required for pumping. Decreasing the distance between lateral lines or increasing nozzle pressure increases the application rate of an irrigation system, which can increase runoff as the soil becomes saturated. Shorter irrigations are required to meet crop requirements as the application rate of the irrigation system increases. Runoff is less common with hand-move than with solid-set sprinklers because the application rate is usually substantially lower for hand-move sprinklers. Hand-move sprinklers have become less common in areas with a limited supply of labor, but they are often used when a pump has an insufficient flow rate to pressurize a solid-set system.

Poor maintenance of sprinklers can also reduce uniformity and increase runoff. Worn nozzles or using a mixture of different nozzle

sizes reduces DU, resulting in nonuniform application. Nozzles often plug if the lateral lines are not sufficiently flushed before the first irrigation. Sprinkler heads that rotate improperly do not apply water uniformly and should be fixed or replaced. Runoff most commonly occurs from furrows that have lateral pipes; leaks are common on lateral lines as gaskets wear and become less effective at sealing joints between pipes. Also, corrosion of aluminum pipes can cause holes that leak significant amounts of water, adding to runoff.

Drip

Poor water pressure management often limits the DU of drip systems used for vegetable production. The water output of drip irrigation tape is approximately proportional to the pressure at which it is operated. Because drip tapes are operated at relatively low pressures (typically 8 to 12 psi), a variation in pressure within the system of as little as 2 psi reduces the DU dramatically. Irrigators should be trained to evaluate pressure in drip systems using an accurate pressure gauge. The gauge should be calibrated periodically to assure that readings are accurate. Because most new oil-filled pressure gauges are accurate only to about 1 to 2 psi, using the same gauge to read pressures at Schrader valves installed on the drip system reduces errors in readings. Schrader valves should be installed on the submains and at the ends of the drip lines to assure that the drip system is operating at the correct pressure and that pressures are uniform throughout the field. Pressure-reducing valves (PRV) can be used at the submain to maintain a consistent pressure during all irrigations. However, irrigators are often unfamiliar with how to operate and maintain PRVs and may leave them in a manual mode, using another valve to control pressure.

Management and maintenance of drip systems is complicated by the fact that in coastal vegetable production, systems are installed, removed, and reused for many crops before the drip tape is replaced, causing tapes to be spliced repeatedly. Spliced tapes may leak, and a common response to minimize leakage is to reduce operating pressure. Also, reuse may result in drip tapes with different flow rates being installed in the same field, making efficient management impossible. Also, emitter clogging from soil particles, chemical

precipitates, or biological growths increases with the number of times the tape is reused.

Irrigation Scheduling

The irrigation requirement of vegetable crops is primarily related to weather conditions and the stage of crop development. Evapotranspiration (ET) data and crop coefficients can be used to estimate irrigation requirements. Daily reference ET (ET_0) data are available for most vegetable production regions through the California Irrigation Management and Information System (CIMIS) from the Department of Water Resources website, www.cimis.water.ca.gov. Historical ET_0 values are also available for many locations. Table 4 lists average daily ET_0 values by month for representative coastal locations.

Several free online tools are available to assist with estimating irrigation requirements using ET_0 data, including

- CropManage, UC ANR, <https://cropmanage.ucanr.edu>
- Wateright, Fresno State University, <http://www.wateright.org>
- Irrigation Scheduler, Washington State University, <http://weather.wsu.edu/is>
- Irrigation Management Online, Oregon State University, <http://oiso.bioe.orst.edu>

Alternatively, crop ET can be estimated by multiplying the ET_0 value by a crop coefficient (K_c) that reflects the site-specific conditions of the crop. Because crop water use is primarily related to the portion of solar radiation intercepted by the crop leaves, estimates of the amount of ground covered by the crop canopy provide a close approximation of a crop coefficient. Canopy cover can be estimated

visually or by the use of a free cell phone application (see the CANOPEO website, www.canopeoapp.com). Figure 3 shows the generic relationship between canopy cover and K_c for cool-season vegetable crops such as lettuce, spinach, and cole crops.

The appropriate irrigation frequency is influenced by the water-holding capacity of the soil, rooting depth, and water demand of the crop. A crop grown on sandy soil with a low water-holding capacity needs more frequent irrigation than a crop grown on clay loam soil with a high water-holding capacity. In the early stages of crop development, water demand is low and irrigation can be less frequent than during the main production period.

Monitoring soil moisture can help verify that irrigation is keeping up with the water demand of the crop and can identify areas of the field that may be exceptionally dry or wet. Using soil moisture sensors and probing the soil with a hand tool can also help monitor soil moisture. Tension-based soil moisture sensors such as tensiometers and resistance blocks are most often used for scheduling irrigations in vegetables. Soil moisture tension

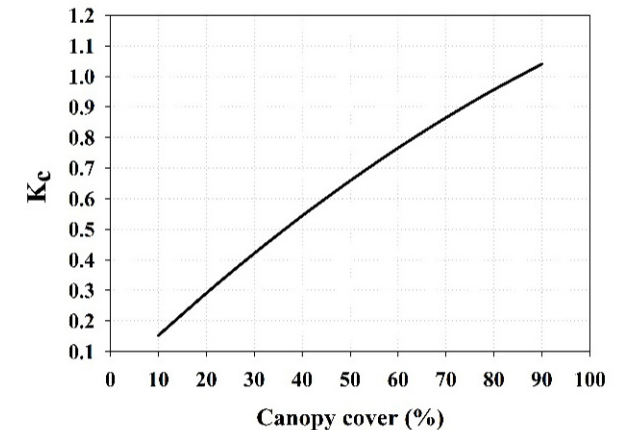


Figure 3. Relationship between canopy cover (%) and the crop coefficient (K_c). The calculation is $K_c = [(0.63 + 1.5C - 0.0039 \times C^2) \div 100]$, where C is the percent canopy cover.

Table 4. Historical CIMIS reference evapotranspiration (ET_0) averages, in inches per day

Location	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Salinas	.05	.07	.09	.13	.15	.16	.16	.15	.13	.09	.06	.04
Santa Maria	.06	.08	.10	.13	.16	.17	.17	.17	.15	.11	.08	.06
Ventura	.07	.09	.10	.13	.15	.16	.18	.16	.14	.11	.08	.06

significantly greater than 30 centibars (1 cb = 1 kPa) is considered high for most cool-season vegetables and may lead to reduced growth and yield.

Preirrigation

Irrigating before planting is often necessary to create optimal conditions for soil tillage and bed shaping. Applying only the required amount of preirrigation can minimize the risk of NO₃-N leaching. Less irrigation is needed if rains have recently saturated the soil profile. Checking soil moisture before preirrigation can help determine the amount of water needed.

Crop Establishment

Establishing a uniform plant stand is critical for maximizing yield and quality. The first irrigation after seeding or transplanting is usually sufficient to wet the soil to a significant depth. Subsequent irrigations during crop establishment need only keep the surface soil moist to prevent soil crusting or drying of seeds before germination. Since the soil is usually saturated by the first watering, irrigating too long during subsequent irrigations may cause runoff or deep percolation and associated NO₃-N loss. During crop establishment, most water loss is due to evaporation from the soil surface; consequently, the amount of water needed to maintain moist surface soil is closely related to the ET_o. During the establishment phase, irrigating more frequently but for short periods is more efficient than applying water less frequently but for long periods. Frequently checking soil moisture at the depth of transplant roots or seeds can provide guidance on the volume and timing of irrigation.

After Establishment

Most vegetable crops have low crop ET requirements after establishment because the plant canopy is still small. Irrigations do not usually need to be very long to saturate the soil profile at this early stage and may be spaced more than 1 week apart, depending on weather conditions. Careful monitoring of soil moisture in the root zone of the crop can determine the appropriate irrigation interval.

Nitrate leaching loss potential can be high after the first N side-dressing or fertigation. This is because the soil NO₃-N concentration

may be at its seasonal peak, crop ET requirement is still low, and crop roots are concentrated mostly in the top foot of soil. Over-irrigating at this stage can cause significant nitrate leaching.

Mid to Late Season

Crop water requirements increase quickly in the second half of the season as the canopy expands rapidly and reaches maximum coverage. Estimating crop ET using ET_o and K_c estimates can determine how much water to apply to prevent crop stress. Soil moisture monitoring, as described earlier, can help determine the adequacy of irrigation.

Leaching Requirements

Most cool-season vegetables are sensitive to salts that accumulate in soil. Yields decline when soil salinity exceeds the crop tolerance threshold. Table 5 shows soil salinity thresholds for a range of cool-season vegetables. Extra irrigation may be needed to prevent salts from accumulating in the root zone. However, leaching salts also leaches NO₃-N from the root zone. To minimize NO₃-N leaching, use a leaching fraction appropriate for the salinity of the irrigation water and for the salt sensitivity of the crop. The University of California Cooperative Extension online publication *Managing Salts by Leaching* (Cahn and Bali 2015) discusses how to calculate leaching requirements. If the salinity of the irrigation water is relatively low (< 1 dS/m), leaching requirements can be quite small. Because the accumulation of salt in the root zone occurs slowly

Table 5. Soil salinity threshold for yield loss of vegetable crops

Crop	EC _e (dS/m)	Salt tolerance
broccoli	2.8	moderately sensitive
cabbage	1.8	moderately sensitive
carrot	1.0	sensitive
celery	1.8	moderately sensitive
garlic	3.0	sensitive

over the season, leaching fractions do not need to be applied with every irrigation. Monitoring soil salinity during the season can identify when leaching is needed. Also, to minimize $\text{NO}_3\text{-N}$ leaching losses, avoid leaching when soil $\text{NO}_3\text{-N}$ is high, such as after a fertilizer application.

Fertigation

Vegetable growers frequently inject a portion of the N fertilizer applied to their crops through the irrigation system. Fertigation uniformity is limited by the DU of the irrigation system and the procedures used for injecting fertilizer. Evaluation of the fertilizer DU in eleven drip-irrigated lettuce fields demonstrated that systems with low DU also had uneven distribution of fertilizer. Since fertilizer can react with salts in irrigation water to form insoluble compounds, fertilizers should be injected upstream of a filter to prevent clogging of drip emitters. Periodic treatment of drip tape with injected acid and/or chlorine may help reduce emitter clogging.

Ensuring that injected fertilizer thoroughly mixes with irrigation water is also critical to distributing fertilizer uniformly through a drip system. If fertilizer injection occurs at the field (as opposed

to at the pump), take measures to assure that fertilizer is well mixed before the irrigation system branches. If fertilizer is not adequately mixed before the water flows into the drip lines, some beds may receive more fertilizer than others. Providing extra distance in the submain for mixing before the first branch in the irrigation system or using injection quills or static mixers can help ensure the maximum fertilizer distribution uniformly.

Equally important to achieving uniform fertilizer distribution is allowing sufficient time for all of the injected fertilizer to flush from the drip tape before ending the irrigation set. Irrigators may believe that injecting fertilizer at the end of the irrigation set is the best practice to reduce leaching of fertilizer; however, because the time required for fertilizer to travel to the farthest point in an irrigation block can be greater than 1 hour in many commercial vegetable fields, waiting to inject fertilizer too close to the end of an irrigation set can lead to a poor fertilizer distribution. The travel time of fertilizer in a drip system can be evaluated by injecting food dye and determining the time required for the dye to arrive at the farthest point in the irrigation system. Injecting fertilizer during the middle third of the irrigation set is a good rule of thumb for longer irrigations (> 4 hr).

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