



**University of California**

Agriculture and Natural Resources | 4-H Youth Development Program

**4-H Members Name:** \_\_\_\_\_ **Club:** \_\_\_\_\_

## QUILTING - Level 1

**Explorer-**The explorer level is the most basic of all levels. The youth begins to explore the boundaries of the project area, touching on many skills and knowledge areas that will be expanded later.

**Date Initial**

- \_\_\_\_ 1. Demonstrate the ability to stitch a straight seam.
- \_\_\_\_ 2. Recognize a woven fabric suitable for quilting.
- \_\_\_\_ 3. Identify grain lines (selvage edge or bias).
- \_\_\_\_ 4. Learn why and how to pre-shrink fabrics.
- \_\_\_\_ 5. Demonstrate how to set up a sewing machine and identify the parts.
- \_\_\_\_ 6. Wind a bobbin and thread a sewing machine.
- \_\_\_\_ 7. Identify and show proper use of sewing equipment: tape measure/ruler, shears/scissors, rotary cutter, mat, pins, seam ripper, needles, and thread.
- \_\_\_\_ 8. Learn how to use an iron to press fabrics; press a seam open.
- \_\_\_\_ 9. Name 3 common quilt patterns.
- \_\_\_\_ 10. Demonstrate the ability to select colors that go well together.
- \_\_\_\_ 11. Give a demonstration on a related topic.
- \_\_\_\_ 12. Participate in County Fashion Review & Quilt Show.
- \_\_\_\_ 13. Sew a complete quilt square with batting, back, and binding.

Project Leader's Signature of Completion: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Program Representative Approval: \_\_\_\_\_ Date: \_\_\_\_\_

COMMENTS: \_\_\_\_\_  
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### QUILTING - Level 2

The Producer level builds and expands on the knowledge and skills learned in level 1- Explorer.

Date Initial

- \_\_\_\_ 1. Coordinate the measurements (final size), fabric, pattern, and other supplies for a quilt you will make.
- \_\_\_\_ 2. Learn how to read fabric and clothing labels and how to care for various fabrics.
- \_\_\_\_ 3. Learn to clean, care for, and adjust your sewing machine.
- \_\_\_\_ 4. Cut out and sew a quilt square with a different pattern than any completed previously.
- \_\_\_\_ 5. Complete a quilt of at least standard baby size, approximately 3'x4'.
- \_\_\_\_ 6. Give a demonstration on a related topic.
- \_\_\_\_ 7. Participate in County Fashion Review & Quilt Show.
- \_\_\_\_ 8. Exhibit quilt at County Fair.

Project Leader's Signature of Completion: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Program Representative Approval: \_\_\_\_\_ Date: \_\_\_\_\_

COMMENTS: \_\_\_\_\_  
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### QUILTING - Level 3

The Consumer level takes the member beyond the immediate project, out into the community, as they explore the project area in depth.

Date Initial

- \_\_\_\_\_ 1. Demonstrate how to tie a quilt.
- \_\_\_\_\_ 2. Attend a demonstration or use a professional quilting machine.
- \_\_\_\_\_ 3. Complete a full, queen or king size quilt with at least two pillow shams or cases.
- \_\_\_\_\_ 4. Serve as a Junior or Teen Leader for a quilting project.
- \_\_\_\_\_ 5. Participate in organizing the County Fashion Review & Quilt Show.
- \_\_\_\_\_ 6. Learn proper storage or display of your quilts.
- \_\_\_\_\_ 7. Give a demonstration on a related topic.
- \_\_\_\_\_ 8. Participate in County Fashion Review & Quilt Show.
- \_\_\_\_\_ 9. Exhibit quilt at County Fair.

Project Leader's Signature of Completion: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Program Representative Approval: \_\_\_\_\_ Date: \_\_\_\_\_

COMMENTS: \_\_\_\_\_  
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