



University of California

Agriculture and Natural Resources

4-H Youth Development Program

4-H Members Name: _____ Club: _____

BAKING & BREAD MAKING - Level 1

The Explorer level is the most basic of all levels. The youth begins to explore the boundaries of the project area, touching on many skills and knowledge areas that will be expanded later.

Date Initial

- ____ 1. Name some of the safety precautions to observe when using a mixer.
- ____ 2. Name some of the safety precautions to observe when using an oven.
- ____ 3. Why is it important to pre-heat your oven when baking?
- ____ 4. Demonstrate how to use measuring spoons.
- ____ 5. Explain the difference between dry and wet measuring cups.
- ____ 6. Demonstrate how to use measuring cups.
- ____ 7. Some recipes call for sifted flour, why is this important to do?
- ____ 8. Demonstrate or explain how flour is sifted.
- ____ 9. What is yeast? Why is it important in making breads?
- ____ 10. Explain why neatness is important when doing your project.
- ____ 11. Explain why clean up when finished baking is important.

Project Leader's Signature of Completion: _____ Date: _____

4-H Program Representative Approval: _____ Date: _____

COMMENTS: _____





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BAKING & BREAD MAKING - Level 2

The Explorer level is the most basic of all levels. The youth begins to explore the boundaries of the project area, touching on many skills and knowledge areas that will be expanded later.

Date Initial

Project Leader's Signature of Completion: _____ Date: _____

4-H Program Representative Approval: _____ Date: _____

COMMENTS: _____



Head • Heart • Hands • Health



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BAKING & BREAD MAKING - Level 3

The Explorer level is the most basic of all levels. The youth begins to explore the boundaries of the project area, touching on many skills and knowledge areas that will be expanded later.

Date Initial

Project Leader's Signature of Completion: _____ Date: _____

4-H Program Representative Approval: _____ Date: _____

COMMENTS: _____



Head • Heart • Hands • Health