

10th BIENNIAL
**Childhood Obesity
Conference**

C O C Y A C
CHILDHOOD OBESITY CONFERENCE YOUTH ADVISORY COMMITTEE

**BEYOND
OBESITY:**
Tackling Root Causes

July 15-18, 2019
Anaheim, CA



UNIVERSITY OF CALIFORNIA
cal^{fresh} Nutrition Education



UC DAVIS
CENTER FOR REGIONAL CHANGE



2019 Childhood Obesity Conference Youth Advisory Committee (COCYAC) Member Application Deadline Friday, November 30, 2018

The Youth Engagement Collaborative is excited to announce the opportunity to be a Childhood Obesity Conference Youth Advisory Committee (COCYAC) Member for the [10th Biennial Childhood Obesity Conference \(COC\)](#). “The COC is the nation’s largest, most influential collaboration of professionals dedicated to combating pediatric obesity/overweight. Nearly 2,000 attendees from across the country are expected to attend in 2019. The 2019 conference theme is, “***Beyond Obesity: Tackling Root Causes***”. This theme invites conference participants to take a deeper dive into the societal, structural, and economic factors that lead to health disparities, and work together towards creating equitable outcomes so that all children can attain their highest level of physical and mental health.” (Source: [10th Biennial Childhood Obesity Conference](#) website)

Engaging young leaders is an imperative step towards building effective approaches towards reducing childhood obesity. This year, a youth track is being added to the conference in order to provide a youth-friendly way for young leaders to engage, collaborate, and learn from their peers and professionals who are working to combat the issue of childhood obesity. We are recruiting a committee of youth advisors to help inform and shape the COC youth track into a series of sessions and engagement opportunities for young attendees to share and learn more about this important issue. As a COCYAC Member, your passion for leading and advocating in your community will be an important asset to building out a track that is relevant, beneficial, and fun for young attendees of the conference.

COCYAC Members will:

- Attend monthly COCYAC meetings virtually via zoom
- Inform and support the process of planning the agenda for the COC youth track
 - Selection of Proposals, and Planning COC Youth Schedule
 - Plan, host and facilitate some youth activities during the conference
- Develop and delineate COCYAC roles at the COC
- Plan and coordinate social media engagement at the COC
- Attend the 10th Biennial Childhood Obesity Conference on July 15-18, 2019 in Anaheim, CA
- Complete a final report to share experiences and lessons learned
- Receive Service Learning Credit for Hours served

Term:

COCYAC Members are expected to make a 9-month commitment to the Youth Advisory Committee beginning December 2018 and ending August 2019. In general, members spend 4-6 hours per month, performing the tasks of their role. COCYAC Members are expected to make this an important priority for the length of their term. It is critical that candidates reflect on their schedules and existing commitments before applying for the COCYAC.

Eligibility Requirements:

Review the COCYAC Role Description hand out for more information about qualifications and expectations for COCYAC Members. Neither a prior leadership position experience nor prior attendance at this conference is required to apply. However, attendance at the 10th Biennial Childhood Obesity Conference on July 15-18, 2019 in Anaheim, CA is required for all COCYAC members and each member needs an Adult Chaperone to accompany them. Limited funding is available to support attendance for the member and Chaperone, based on need and availability of funds.

Application Process:

Applications can only be completed in one setting and cannot be saved and edited later. Applications must be completed online **no later than midnight on Monday, November 26, 2018.**

The online application includes the following:

- Applicant and Parent contact information (Required)
Note that formal parental permission will be required after the member is selected. However, parents should be aware of the qualifications, expectations and time commitment. They should also be aware that they may be contacted during and after the application process to verify information only as needed
- 1-2 Adult References (at least 1 Required)
One of the references should be the expected chaperone if the chaperone will not be the parent or guardian. They should also be aware that they may be contacted during and after the application process to verify information only as needed.
- Designated Chaperone (Required)
The designated chaperone is expected to provide supervision of the applicant throughout the entire conference including travel and overnight stay, if applicable.
- Description of applicant's ability to meet qualifications and Expectations
- Additional information describing the applicant

Apply today at: <https://www.surveymonkey.com/r/2019COCYAC>

Selection Criteria and Evaluation:

The Youth Engagement Collaborative will coordinate the selection of members to ensure that a fair and equitable process is followed. The goal is that the COCYAC will be represented by a diverse group of young people ages 14-18 who represent a variety of communities, ethnicities, passions and experiences. The Youth Engagement Collaborative is planning to select up to 15 COCYAC Members and no more than two from a given community (city/county/organization). The exact number selected will be determined by the number of outstanding youth who apply and are able to meet all of the requirements. The evaluation of candidates will be based on the ability to meet the Role Description criteria.

Timeline:

Friday, November 30, 2018	Applications are due online. Apply at: https://www.surveymonkey.com/r/2019COCYAC
Wednesday, December 19, 2018	COCYAC Selection Announced & Permission Packets Distributed
Monday, January 7, 2019	COCYAC Permission Packet Due
January 12-18, 2019	COCYAC Virtual Kick-Off Meeting (Date TBD based on availability of selected members)

Contact Information:

Send inquiries about the COCYAC selection process and special accommodations to one of the Youth Engagement Collaborative Members listed below:

Jesse Tedrick

Youth Engagement Program Associate
PHI Center for Wellness and Nutrition
Jesse.Tedrick@wellness.phi.org

Anne Iaccopucci

4-H Healthy Living Academic Coord.
Univ. of CA 4-H Pos. Youth Dev. Pgm.
amiaccopucci@ucanr.edu

Maegan Jorgensen

Training Consultant
CA SNAP-Ed Statewide Training
Maegan.Jorgensen@cdph.ca.gov

2019 Childhood Obesity Conference Youth Advisory Committee (COCYAC) Role Description

Time Commitment:

8 months; January 2019 – August 31, 2019

Responsible To:

The Youth Engagement Collaborative

Qualifications:

- COCYAC Members must be between 14 and 18 years old as of December 1, 2018.
- A desire for participation and leadership in a variety of youth development activities.
- Demonstrated ability to work as a team member and the ability to work independently to complete tasks.
- Ability to set goals, develop strategies to achieve those goals and the ability to shift gears in the face of obstacles.
- Experience in program planning and delivery.
- Competence to represent the COC in many capacities professionally.
- Willingness to work in youth-adult partnerships.
- Demonstrated commitment to civic engagement.
- Willingness to devote substantial time (40 hours) and travel to the COC
- Represent a local youth-serving organization (4-H, SNAP-Ed, Boys and Girls Club, etc.)

Specific Expectations:

- Make a commitment to follow through with all responsibilities for the 8-month term from January 1, 2019 through August 31, 2019.
- Attend and fully participate in the entire Childhood Obesity Conference July 15-18th.
- Meet and communicate with team members face to face, on the phone, or through internet chat and e-mail on a regular basis as pre-determined by the group, but at least monthly.
- Participate in all COCYAC meetings.
- Inform and support the process of planning the agenda for the youth track at COC.
- Develop and evaluate the call for youth track proposals and selection of proposals.
- Develop the proposal schedule.
- Plan, host and facilitate 1-3 youth activities at COC.
- Plan and coordinate Social Media engagement at the conference.
- Develop COCYAC roles at the conference.
- Provide feedback to shape the COC through a final report and possibly a Webinar.
- Meet the following behavior expectations
 - Model good behavior, act inclusively and demonstrate sound judgment.
 - Act in a professional manner.
 - Through actions and words, demonstrate a respect for human dignity and an appreciation for people of all races, ethnicities, genders, religions, abilities and sexual orientations.
 - Utilize and role model positive conflict resolution techniques.

Additional Requirement:

- Adult Ally/Chaperone to provide supervision of the applicant throughout the entire conference including travel and overnight stay, if applicable.

Background Information

THIS IS ONLY A SAMPLE

ALL APPLICATIONS MUST BE COMPLETED ONLINE AT:

<https://www.surveymonkey.com/r/2019COCYAC>

The Youth Engagement Collaborative is excited to announce the opportunity to be a Childhood Obesity Conference Youth Advisory Committee (COCYAC) Member for the 10th Biennial Childhood Obesity Conference (COC). "The COC is the nation's largest, most influential collaboration of professionals dedicated to combating pediatric obesity/overweight. Nearly 2,000 attendees from across the country are expected to attend in 2019. The 2019 conference theme is, "Beyond Obesity: Tackling Root Causes". This theme invites conference participants to take a deeper dive into the societal, structural, and economic factors that lead to health disparities, and work together towards creating equitable outcomes so that all children can attain their highest level of physical and mental health." *(Source: 10th Biennial Childhood Obesity Conference website)*

Engaging young leaders is an imperative step towards building effective approaches towards reducing childhood obesity. This year, a youth track is being added to the conference in order to provide a youth-friendly way for young leaders to engage, collaborate, and learn from their peers and professionals who are working to combat the issue of childhood obesity. We are recruiting a committee of youth advisors to help inform and shape the COC youth track into a series of sessions and engagement opportunities for young attendees to share and learn more about this important issue. As a COCYAC Member, your passion for leading and advocating in your community will be an important asset to building out a track that is relevant, beneficial, and fun for young attendees of the conference.

Required Information

THIS IS ONLY A SAMPLE

ALL APPLICATIONS MUST BE COMPLETED ONLINE AT:

<https://www.surveymonkey.com/r/2019COCYAC>

* 1. Applicant Information

First Name	<input type="text"/>
Last Name	<input type="text"/>
Age at 12/1/2018	<input type="text"/>
Grade level at 12/1/2018	<input type="text"/>
City/Town	<input type="text"/>
State/Province	<input type="text"/>
ZIP/Postal Code	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>

Childhood Obesity Conference Youth Advisory Committee Members are **required to attend the Childhood Obesity Conference July 15-18th, 2019 in Anaheim CA.** Financial support to attend may be available as needed.

Parental permission is required if your application is accepted.

Please let them know that they will be contacted by the Youth Engagement Collaborative.

* 2. Please provide contact information of a parent or gardian.

Full name	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>

At least one Adult Reference is required with your application. You can provide up to two. Please let them know that they may be contacted by the Youth Engagement Collaborative.

* 3. Please provide contact information for your first adult reference.

Full Name	<input type="text"/>
Organization	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>
Describe how you know or have worked with this adult reference	<input type="text"/>

**THIS IS ONLY A SAMPLE
ALL APPLICATIONS MUST BE
COMPLETED ONLINE AT:
<https://www.surveymonkey.com/r/2019COCYAC>**

4. Please provide contact information for a second adult reference. *(Optional)*

Full Name	<input type="text"/>
Organization	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>
Describe how you know or have worked with this adult reference	<input type="text"/>

* 5. Please share how you found out about this youth advisory opportunity.

Be specific to include individuals names or organization that promoted this opportunity.

* 6. If selected could you attend the conference from July 15-18th, 2019?

- Yes, I could attend with or without financial assistance No, I would not be able to attend, even if financial assistance was available
- Yes, I could attend if I recieved financial assistance

* 7. If selected an adult chaperone will be required. Who will be your designated chaperone?

- My Parent (*listed above*) My Reference 2 (*listed above*)
- My Reference 1 (*listed above*) I **Do Not** currently have an adult willing to chaperone
- Other (Please Provide Full Name, Relation, Phone, and Email Address)

THIS IS ONLY A SAMPLE

Qualifications and Expectations

ALL APPLICATIONS MUST BE COMPLETED ONLINE AT:

<https://www.surveymonkey.com/r/2019COCYAC>

8. After reviewing the qualifications and expectations (*listed above*), describe why you believe you would be a good addition to the Childhood Obesity Conference Youth Advisory Committee (COCYAC):

9. The COCYAC will have meetings 1-2 times per month virtually. These meetings will require a phone or online device (ie. smart phone, tablet, or computer with internet access) to join and participate. would you be able to join these requires meetings?

10. The first COCYAC meeting will be held between Decemeber 8th- 14th.

Please select each of the dates and times that would work for you to join the committee meeting via phone or online device.

- | | |
|--|--|
| <input type="checkbox"/> Saturday, 12/8/18 10:00AM-11:00AM | <input type="checkbox"/> Wednesday, 12/12/18 3:00PM - 4:00PM |
| <input type="checkbox"/> Saturday, 12/8/18 11:00AM-12:00AM | <input type="checkbox"/> Wednesday, 12/12/18 4:00PM - 500PM |
| <input type="checkbox"/> Saturday, 12/8/18 1:00PM-2:00PM | <input type="checkbox"/> Wednesday, 12/12/18 5:00PM - 6:00PM |
| <input type="checkbox"/> Sunday, 12/9/18 10:00AM- 11:00AM | <input type="checkbox"/> Wednesday, 12/12/18 6:00PM - 7:00PM |
| <input type="checkbox"/> Sunday, 12/9/18 11:00AM- 12:00AM | <input type="checkbox"/> Thursday, 12/13/18 3:00PM- 4:00PM |
| <input type="checkbox"/> Sunday, 12/9/18 1:00PM- 11:00PM | <input type="checkbox"/> Thursday, 12/13/18 4:00PM- 5:00PM |
| <input type="checkbox"/> Monday, 12/10/18 3:00PM - 4:00PM | <input type="checkbox"/> Thursday, 12/13/18 5:00PM- 6:00PM |
| <input type="checkbox"/> Monday, 12/10/18 4:00PM - 5:00PM | <input type="checkbox"/> Thursday, 12/13/18 6:00PM- 7:00PM |
| <input type="checkbox"/> Monday, 12/10/18 5:00PM - 6:00PM | <input type="checkbox"/> Friday, 12/14/18 3:00PM- 4:00PM |
| <input type="checkbox"/> Monday, 12/10/18 6:00PM - 7:00PM | <input type="checkbox"/> Friday, 12/14/18 4:00PM- 5:00PM |
| <input type="checkbox"/> Tuesday, 12/11/18 3:00PM - 4:00PM | <input type="checkbox"/> Friday, 12/14/18 5:00PM- 6:00PM |
| <input type="checkbox"/> Tuesday, 12/11/18 4:00PM - 5:00PM | <input type="checkbox"/> Friday, 12/14/18 6:00PM- 7:00PM |
| <input type="checkbox"/> Tuesday, 12/11/18 5:00PM - 6:00PM | <input type="checkbox"/> ANY OF THESE |
| <input type="checkbox"/> Tuesday, 12/11/18 6:00PM - 7:00PM | <input type="checkbox"/> NONE OF THESE |

11. What community/school activities are you currently or planning to be involved in between December 2018- August 2019?

Please include dates/time commitments of each activity when possible. (include sports, bands, clubs, jobs, religious commitments, etc.)

12. Describe how your will prioritize COCYAC Meetings and dealines to balance this with your other priorities

13. Describe how COCYAC meetings can be coordinated to make it easier for you to participate?

THIS IS ONLY A SAMPLE

Descriptive Information

**ALL APPLICATIONS MUST BE COMPLETED ONLINE AT:
<https://www.surveymonkey.com/r/2019COCYAC>**

14. Why do you want to be a part of the Childhood Obesity Conference Youth Advisory Committee (COCYAC)?

15. Describe your interest in health and or childhood obesity related issues.

16. Leaders show qualities that distinguish them from others. What makes a you a leader?

17. What talents, skills, or experiance would you bring to the COCYAC?

18. Describe a time that you attended an event that was not designed for youth. How do you think that event could have been improved to be more youth friendly?

**THIS IS ONLY A SAMPLE
ALL APPLICATIONS MUST BE COMPLETED ONLINE AT:
<https://www.surveymonkey.com/r/2019COCYAC>**