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FOR IMMEDIATE RELEASE



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4-H SNAC Youth in Santa Maria host the 4th Annual Leadership Training: Focus on Career Pathways

Approximately 30 5th and 6th graders from four schools in the Santa Maria-Bonita School District will come together for a day of leadership and career day on November 17, 2018. The youth are members of their school 4-H Student Nutrition Advisory Council (SNAC) clubs. The day will focus on building leadership and presentation skills. This year, it will also include a mini career expo, where youth will have the opportunity to ask questions and talk with experts from their community about different career paths including engineering, health, teaching in higher education and business.

4-H SNAC is a collaboration between two UC Cooperative Extension programs in Santa Barbara and San Luis Obispo Counties – UC CalFresh Nutrition Education and UC 4-H Youth Development – and the Santa Maria-Bonita School District. The goal of 4-H SNAC Clubs is to engage 5th and 6th grade youth in underserved, low-income communities in identifying and advocating for healthy changes in their schools or communities while building their leadership skills and exposing them to different career possibilities.

4-H SNAC Clubs meet weekly on elementary school campuses. Clubs are facilitated by UC CalFresh staff and volunteers, who build positive youth-adult partnerships and create spaces for youth to take the lead. At the beginning of the school year, much of the work is adult-led and focused on electing club officers and building skills in health, nutrition and leadership. 2018 marks the 4th annual Youth Leadership training. “We are excited to add the career expo to our leadership training this year. We are hopeful it will be inspiring to youth, that they can see themselves in the different careers and get the opportunity to connect with professionals in their community,” Dr. Katherine E. Soule, UCCE Director in San Luis Obispo & Santa Barbara Counties.

**4-H Student Nutrition Advisory Council Leadership Day
November 17, 2018 from 11:00am-4:00pm
Liberty Elementary 1300 W Sonya Lane Santa Maria, CA
Not open to public, media welcome**

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