

## Section 2: Personal Development Report

<p><b>County:</b></p> <p><b>Name of 4-H Club or Unit:</b></p> <p><b>Program Year:</b>                      <b>Total Years in 4-H:</b>  <i>(Include years as a primary member)</i></p> <p><b>Name:</b></p> <p><b>Birth Date:</b></p> <p><b>Age on December 31:</b>                      <b>Grade in School:</b>  <i>(of the program year listed above)</i></p> <p><b>Address:</b></p> <p><b>City:</b>                      <b>State:</b>                      <b>Zip:</b></p> <p><b>Email:</b>                      <b>Phone:</b></p>	<div style="border: 1px solid black; width: 100%; height: 100%; display: flex; align-items: center; justify-content: center;"> <p>Your picture <i>(optional)</i></p> </div>
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<b>Club Meetings Attended This Year</b>	Meetings Held	Meetings Attended	Hours Attended	Percent Attended
During the current year, 80% attendance is required for any achievement rank <i>SPIN clubs: use project meeting attendance.</i>				

<b>I have personally prepared this report and believe it to be correct.</b>	
Member's Signature:	Date:
<b>I have personally reviewed this report and believe it to be correct.</b>	
Parent/Guardian Signature:	Date:
4-H Adult Partner's Signature:	Date:



# Star Ranking

Record what you accomplished during the year. To qualify for any of the achievement rank awards, you must attend 80 percent of both the local club and the project meetings held during the year. To obtain any of the ranks, you must complete the asterisked (\*) categories as a part of your total effort.

- Bronze Star:** Complete at least 5 of the 8 categories listed.
- Silver Star:** Complete at least 6 of the 8 categories listed.
- Gold Star:** Complete at least 7 of the 8 categories listed.
- Platinum Star:** Complete at least 7 of the 8 categories listed.

Star Ranks are designed to encourage members to participate in a wide variety of activities over a number of years. The bronze, silver, gold, and platinum stars build on past achievements.

Categories of Participation <i>Transfer credits from previous years to the column headed "Total From Past Years."</i>	Total Past Years	Total This Year	Total All Years	Number of Different Categories Required			
				Bronze 5 Required	Silver 6 Required	Gold 7 Required	Platinum 7 Required
1. Projects Completed				2*	4*	8*	12*
2. Project Skill Activities				4	8	15	20
3. Events Attended				12	25	40	60
4. Leadership Development				10	20	30*	40*
Significant Leadership Role (requiring 20 hrs. or more of work)				(0)	(0)	(2*)	(4*)
5. Citizenship & Community Service				10	20*	30*	40*
6. Communication Skills				12*	24*	36*	48*
4-H Presentations				(4*)	(7*)	(10*)	(15*)
7. Honors and Recognition				5	10	15	20
8. Healthy Lifestyle Activities				10	20	30	40

\* Required for Star Rank

Numbers contained within parenthesis are included in the total category number (not an extra requirement).

## Star Rank

4-H Member must be currently enrolled in the 4-H Youth Development Program.

**Present Rank:**       None       Bronze       Silver       Gold       Platinum

**Rank Applying for:**  None       Bronze       Silver       Gold       Platinum

Approved     Not Approved

\_\_\_\_\_

4-H Club/Unit Leader's Signature

\_\_\_\_\_

Date



University of California

Agriculture and Natural Resources    ■ 4-H Youth Development Program

<b>1. Projects Completed This Year</b>				
Star Requirements: Bronze 2, Silver 4, Gold 8, Platinum 12				
Total Past Years: _____		Total This Year: _____		Total All Years: _____
<i>During the current year, 80% average attendance across all projects is required for any achievement rank.</i>			Meetings Held	Meetings Attended
			Total Hours	Percent Attended
1.				
2.				
3.				
4.				
5.				
6.				
<b>TOTALS</b>				
<b>AVERAGE</b>				

Include your specific involvement (attended, competed, presented) and the level of participation:  
**I** = Individual, **L** = Local Club/Unit/Project, **C** = County/Area/District,  
**M** = Multi-county/Section, **S** = State, **N** = National/Multi-State, **G** = Global  
**You may add lines or add a page for each category, if needed.**

<b>2. Project Skill Activities</b>				
Star Requirements: Bronze 4, Silver 8, Gold 15, Platinum 20				
Total Past Years: _____		Total This Year: _____		Total All Years: _____
Date	Hours	Level	Activity Title & Brief Description	Location
<b>4-H Project Skill Activities</b> ( <i>Enrolled OR not enrolled in the project</i> )				
<b>Project Skill Activities Outside of 4-H</b> ( <i>List up to two significant project skill activities</i> )				
<b>Total Number:</b>				



### 3. 4-H Events Attended

Star Requirements: Bronze 12, Silver 25, Gold 40, Platinum 60

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

Date	Hours	Level	Event Title	Location
<b>Total Number:</b>				

Include your specific involvement (attended, competed, presented) and the level of participation:

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**M** = Multi-county/Section, **S** = State, **N** = National/Multi-State, **G** = Global

**You may add lines or add a page for each category, if needed.**

### 4. Leadership Development

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

**\*Required: Leadership Development Reports completed by intermediate and senior members**

Total Past Years: \_\_\_\_ Total This Year: \_\_\_\_ Total All Years: \_\_\_\_

Gold = 2 Platinum = 4 Met Requirement  YES  NO

Date	Hours	Level	Leadership Activity	Location

**Leadership Development Outside of 4-H (List up to two significant leadership activities)**


**Total Number:**

Intermediate and senior level members should complete a Leadership Development Report for specific roles. See the LDR instructions in the Record Book Manual for more details on this requirement.



## 5. Citizenship & Community Service

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

Date	Hours	Level	*Citizenship Activity*	Location
<b>Citizenship/Community Service Outside of 4-H</b> ( <i>List up to two significant citizenship activities</i> )				
<b>Total Number:</b>				

Include your specific involvement (attended, competed, presented) and the level of participation:

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**You may add lines or add a page for each category, if needed.**

## 6. Communication Skills

Star Requirements: Bronze 12, Silver 24, Gold 36, Platinum 48

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

**Required: 4-H Presentations** Total Past Years: \_\_\_\_ Total This Year: \_\_\_\_ Total All Years: \_\_\_\_  
 Bronze = 4 Silver = 7 Gold = 10 Platinum = 15 Met Requirement  YES  NO

Date	Hours	Level	*Communication Activity*	Location
<b>Communication Development Outside of 4-H</b> ( <i>List up to two significant communication activities</i> )				
<b>Total Number:</b>				



## 7. Honors/Recognition

Star Requirements: Bronze 5, Silver 10, Gold 15, Platinum 20

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

Date	Hours	Level	Honor or Recognition	Location
<b>Honors and Recognition Outside of 4-H</b> ( <i>List up to two significant honors</i> )				
<b>Total Number:</b>				

Include your specific involvement (attended, competed, presented) and the level of participation:

**I** = Individual, **L** = Local Club/Unit/Project, **C** = County/Area/District,

**M** = Multi-county/Section, **S** = State, **N** = National/Multi-State, **G** = Global

**You may add lines or add a page for each category, if needed.**

## 8. Healthy Lifestyle Activities

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: \_\_\_\_\_ Total This Year: \_\_\_\_\_ Total All Years: \_\_\_\_\_

Date	Hours	Level	Activity or Organization	Location
<b>Total Number:</b>				

