

## **Mendocino County 4-H Youth Development Program Level III Quilting Proficiency**

Name: \_\_\_\_\_ Club: \_\_\_\_\_

To obtain Level III Quilting Proficiency; complete 80% of the following items.  
Date Completed/Project Leader Initials:

- \_\_\_\_\_ 1. Demonstrate how to mark, sew, and press a half square triangle.
- \_\_\_\_\_ 2. Identify and explain three types of quilting embellishment.
- \_\_\_\_\_ 3. Demonstrate how to mark a block or small quilt for quilting.
- \_\_\_\_\_ 4. Demonstrate and explain how to hand quilt a block or small quilt.
- \_\_\_\_\_ 5. Explain what characteristics should be considered when evaluating a quilt.
- \_\_\_\_\_ 6. Explain the process or steps needed to clean or launder a quilt, as well as how to properly store it.
- \_\_\_\_\_ 7. Explain how a color wheel is used in selecting fabrics to be included in a quilting project. Include types of color combinations, hue, and shades.
- \_\_\_\_\_ 8. Demonstrate the diagonal set or set on point method of arranging quilt blocks.
- \_\_\_\_\_ 9. Demonstrate how to miter a border or binding corner.
- \_\_\_\_\_ 10. Demonstrate how to make a plastic template for an appliqué shape.
- \_\_\_\_\_ 11. Explain what information should be included on a quilt label.
- \_\_\_\_\_ 12. Demonstrate two methods of applying an appliqué by machine.
- \_\_\_\_\_ 13. Research a quilt based subject and present it to group other than 4-H.
- \_\_\_\_\_ 14. Prepare a quilting lesson and present it to the 4-H project group.
- \_\_\_\_\_ 15. Choose a historic quilting pattern and explain its origin.
- \_\_\_\_\_ 16. Participate in a community service or service-learning project related to the quilting project.
- \_\_\_\_\_ 17. Exhibit a quilting project at a judged show, fair, or 4-H county event.
- \_\_\_\_\_ 18. Help in the planning or organizing a 4-H event related to the quilting project.

## **Level III Quilting Proficiency continued**

### **Completion of Level III Quilting Proficiency**

The member has successfully completed 80% (15 of 19) of the above items.

Member's Signature: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_