



Reading List

The Seed Underground: A Growing Revolution to Save Food by
Janisse Ray-
Carmel Valley Library

Seedswap: The Gardener's Guide to Saving and Swapping Seeds
by Josie Jeffery- Monterey library

Starting Seeds: How to Grow Healthy, Productive Vegetables,
Herbs, and Flowers from Seeds by Barbara W. Ellis-Monterey
library

Plant Propagation by Alan Toogood- Monterey library

Seed to Seed: Seed Saving and Growing Techniques for Vegetable
Gardeners Suzanne Ashworth

Seeing Seeds: A Journey into the World of Seedheads, Pods, and
Fruit Teri Dunn Chace

Checklist

- Harvest seeds from healthy plants
- Label
- Keep seeds clean and dry indoors (they are alive!)
- Store and label in airtight containers
- Keep in refrigerator 34-41 degrees
- Add desiccants if you open the jars regularly (packets of silica gel or rice)
- Keep some seeds for swapping which will help increase the diversity of your collection

**SAVING SEEDS IS A DUTY TO THE EARTH AND TO
FUTURE GENERATIONS**



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