

Strawberry, Chicken and Poppy Seed Salad

Sue Davis, MG

16 cups Torn Romaine

3 cups leftover cooked Chicken

Breast, cut into bite-sized pieces

2 cups sliced Strawberries

1 cup rinsed Blueberries

1 Tbs. Poppy seeds

2 Tbs. Sunflower Seeds

Toss together with your favorite poppy seed dressing.