## Carrot, Potato, and Leek Soup

Nadia Zane, MG Serves 4

1 lb. baby Dutch potatoes, unpeeled

4-5 medium-sized carrots, peeled

2 large leeks, white and light green parts only

5 cloves garlic, unpeeled

1/4 cup olive oil

1 tsp. kosher salt

1 tsp. smoked paprika

1/2 tsp. ground cumin

1/4 tsp. cayenne, or to taste

Pinch of cinnamon

Pinch of sugar

8 Cups vegetable or chicken stock

1 carrot, peeled and grated, for garnish

Adding a cup of milk, half and half, or homemade nut milk improves the texture, but isn't necessary.

Preheat oven to 400°. Place a rack in the center of the oven.

- 1. 1. Cut potatoes and carrots into large chunks of similar size for even roasting.
- 2. 2. Cut leeks in half and rinse, then cut into 1-inch lengths.
- 3. 3. Toss vegetables, unpeeled garlic cloves, spices, and olive oil in a large bowl. Spread vegetables on a sheet pan in a single layer (use two pans if they are small).
- 4. 4. Roast vegetables until fork-tender and lightly caramelized on the edges, about 30 minutes, stirring occasionally.
- 5. 5. Peel the garlic. Puree vegetables with stock in a blender. Transfer to a large pot.
- 6. *Alternately*: place roasted vegetables and stock in a large pot and use an immersion blender to puree.
- 7. 6. Heat blended soup to a simmer. Season to taste with salt.