




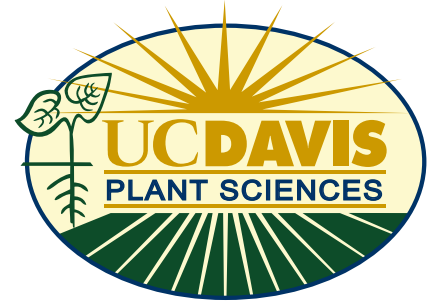


Vegetable Planting Guide

-  preferred time to seed in a greenhouse or other protected area (e.g. coldframe, well lit window)
-  preferred time to transplant
-  preferred time to direct seed
-  seeding
-  transplanting



































































































































Seeding and transplanting dates may vary between varieties. Please check seed package or nursery for additional information.

Weather can modify planting and harvesting dates.



Information provided by Robert Norris, Department of Plant Sciences, 2008

SUMMER/FALL Vegetables for the Sacramento Area

	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	
brussels sprout														
cabbage														
parsnips														
cauliflower & broccoli														
carrots														
rutabaga														
lettuce														
lettuce														
lettuce														
turnips														
spinach														
spinach														
fava beans														
peas														

WINTER/SPRING Vegetables for the Sacramento Area

	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
cauliflower & broccoli													
onion													
cabbage													
lettuce													
lettuce													
lettuce													
shallots & garlic													
tomato													
carrots													
carrots													
potato													
chard													
beets													
pepper & eggplant													
cucumber													
cucumber													
corn													
corn													
corn													
corn													
green bean													
green bean													
melon													
melon													
squash													
lima bean													