



February 2010

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

4-H and Social Media

The 4-H Youth Development Program, like many other programs, is confronting how to address new media like Facebook, Twitter and MySpace without compromising its brand and identity. These new media present opportunities and challenges for our program. They can help us to reach new audiences; re-connect 4-H alumni to the program; connect 4-H in California with 4-H anywhere else in the world. These new media can also encroach on personal space and blur the lines of what is permissible and decent. With that, I want to remind youth and adult volunteers that the Code of Conduct (<http://www.ca4h.org/4hresource/forms/enrollment/VolunteerCodeofConduct.pdf>) for the 4-H program still applies when engaging with social media in the name of 4-H. I want to highlight a few clauses in the Code of Conduct that are important to remember:

CODE OF CONDUCT:

Upon receiving a 4-H Volunteer Appointment Card signed by the County Director, all 4-H Volunteers shall act in ways that promote positive youth development and are not in conflict with its policies and procedures. The following are prohibited when acting on behalf of the 4-H program:

- Use of abusive, obscene, and discriminatory language at any 4-H activity or event
- Direct personal attack or harassment (visual, verbal, or physical) on another person
- Behavior that is illegal, unsafe, or contrary to the highest standards of ethics

Responsibilities:

- Be committed to the core values, educational goals, and standards of the 4-H Youth Development Program as established at various organizational levels
- Respect and safeguard the individual rights, competencies, safety, and property of program participants

Prohibit discrimination of any policies, procedures, or practices on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran.

If have any questions about how to use social media and 4-H or are unclear about where the boundaries are, please feel free to contact me at (323) 260-3845 or kcnathaniel@ucdavis.edu

- **4-H Night at the Staples Center**
Dawn Fuller, 4-H Program Coordinator

Saturday, February 6, 2010, at 7:30 p.m., it's the *CLIPPERS vs. the SPURS* at the Staples Center. *Los Angeles County 4-H* has been invited to promote 4-H by the LA Clippers Basketball Team. Clubs will be hosting tables show off their projects offered. We will have a fantastic designated area at the Staples Center to show off what we are doing in 4-H and the public at the game will be coming by to view it. To order tickets please contact Lauren Kimball at kimball@Clippers.com and cc Dawn Fuller at dafuller@ucdavis.edu

- **Livestock Symposium**
Dawn Fuller, 4-H Program Coordinator

The **Livestock Symposium** has been rescheduled for **Saturday, February 20**, due to recent inclement weather conditions. The event will proceed as planned at the same location (AV Fairgrounds, 2551 West Avenue H, Lancaster), with registration beginning at **8:30 a.m.** and the afternoon *Ethics Training* for Fair Showmanship commencing at **1:00 p.m.** (the same times as before). For more information, contact **Charlene Moore** at **(661) 723-4477**. Hope to see you on **Saturday, February 20, 2010!**

- **Judging Day**
Dawn Fuller, 4-H Program Coordinator

Judging Day will be held on **Saturday, February 27, 2010**, at AV High School (44811 N. Sierra Hwy, Lancaster, CA 93534) beginning at **9 a.m.** For new club leaders and existing leaders who might want to learn a bit more about the basics of judging, you have been invited to attend a ***Practice Judging Day*** at **Palos Verdes Peninsula 4-H Club** on **Wednesday, February 17**, at **7 p.m.**, at the Rolling Hills City Hall (corner of Crenshaw and PV Dr. North). The address is 4045 PV Dr. North, Rolling Hills Estates, CA, 90274. Please sign up in advance of the practice with club leader, Dee Keese, at swimdude64@earthlink.net.

Greenleaf 4-H Club has also invited you to attend a ***Practice Judging Day Session*** during their club meeting in case you cannot attend the PVP meeting. On **Tuesday, February 2**, at **7 p.m.** the session will be held at Paramount High School - Senior Campus (in Mary's Home Ec classroom), 14429 S. Downey Avenue, Paramount, CA 90723. Please sign up to attend with Marjie Rodriguez at kenward49@aol.com.

We need leaders and parents to volunteer in judging rooms the day of the event. In years past, we have been short room monitors and adults to tally points and correct judging cards. It would be great if every club had at least two representatives. To volunteer for **Judging Day**, please contact Dee Keese at swimdude64@earthlink.net.

- **Field Day/Fashion Revue**
Dawn Fuller, 4-H Program Coordinator

Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills, and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

County Field Day and Fashion Revue will be held in conjunction on **Saturday, March 27, 2010**, at Mt. San Antonio College (MT SAC). Completed forms and additional pages must be **received by March 20, 2010**. Please remit all of your forms to Dawn Fuller, LA County Fashion Revue, 4800 E. Cesar E. Chavez Ave., Los Angeles, CA, 90022, ph: (323) 260-3859.

The District Fashion Revues are as follows:

- **South San Gabriel District Fashion Revue**
Saturday, March 13, 11 a.m.
Home of Mary Lash
9497 East Foster Rd.
Downey, CA 90242
- **“4-H Rocks” North San Gabriel District Fashion Revue**
Sunday March 7, 2010, 1 p.m.
Treadwell Home
624 East Grand Avenue
Pomona, CA
- **Antelope Valley District Fashion Revue**
Saturday, March 6, 2010
Registration begins at 8:30
Be ready to see the judge at 9
Old Antelope Valley Inn
44055 Sierra Hwy
Lancaster, CA

All members of the LA County 4-H are invited to participate in LA County Field Day scheduled for **March 27, 2010**. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H "Family Affair", and encourages parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is tentatively scheduled for Saturday, May 15, 2010. Keep a look-out for more Field Day information to come.

- **4-H- Still in Fashion!**
Dawn Fuller, 4-H Program Coordinator

There comes a time in people's lives when they would like to present their best selves; in their personal lives, at school, or in business. Whether you are a Fashionista, want to improve your daily look, accessorize properly, know more about how the retail industry works, design your own outfit, challenge yourself to make a pattern and compete with your peers, improve poise and just be able to mend your own garments, the ***Clothing & Textiles Project*** and participation in the popular ***4-H Fashion Revue*** will help you gain the necessary skills.

This tradition in 4-H is well-loved and long-standing, and not only is it interesting, but important, to know a little bit about the history of the Fashion Revue, why we do it, and what skills can be learned from participating in this fun and exciting event.

At the turn of the century what we now know as 4-H was just getting its start in towns across America. School Principals, teachers, parents, farmers and other concerned citizens, with the help of the USDA, newly formed Farmer's Institutes, and countless others, inspired individuals to form Boys' and Girls' Clubs. We see the fruits of these forward-thinkers in the wonderful organization we now know today as "4-H."





Florida 4-H Fashion Revue of years past

Nebraska resident, E.C. Bishop, is credited with starting Boys' and Girls' Clubs during this period, with the goal of kids and their families having a "hands-on" experience in many areas, the main two being agriculture and home economics.

Bishop began working with small groups in Nebraska and focused on corn growing, sewing and baking projects. This was the birth of the *Nebraska Girls' Domestic Science Association*, and when one of the first Fashion Revues (of sorts) was held. This Girls' Association began to exhibit garments that were sewn, held a competition and judged the sewing and handiwork of those eager participants from near and far.

The early Fashion Competitions & Revues extended to County Fair Competitions, and eventually to State Fair Competitions and Style Shows.



Nebraska State Fair 4-H Style Show, 1940

Part of the competition each year has been for contestants to sew the same pattern, and compete with their finished products. The patterns have ranged from tops and dresses, to jackets and aprons, and most recently, vests. *McCall's*, *Vogue*, *Butterick*, *Simplicity* and *Advance* have been popular sewing patterns used in 4-H Fashion Revue Competitions across the United States, and often, reflected modest, but modern dress of various eras.

On the day of the event, youth submit entries based on the following categories: Traditional, Purchased, Recycled, Wearable Art (Embellished), Needle Arts, and a challenge of sewing the same pattern, which results in a fierce and fun competition. Participants' entries are judged based on several criteria and differ for each group, but usually include: total cost of outfit, pattern company and number, accessories used, a fabric swatch, photo of the contestant in the outfit they created, and a their commentary about the piece. 4-H Youth compete first within their own District, and winners normally go on to the County Fashion Revue, and then on to the State Fashion Revue if they do well enough. The awards range from ribbons to medals, and, of course, the envy of friends and family when you parade around in a fierce new outfit YOU created.



Project Work is the cornerstone of “learning by doing” in 4-H. The in-style fashions may have changed over the years, but the benefits of participating in 4-H Clothing & Textiles Projects and entering your handiwork in the 4-H Fashion Revue remain the same. At some point in all of our lives, there will come a time when we *may* need to do something as simple as hem pants or a skirt, or sew a wayward button back on our shirt. If you haven't been a part of a Clothing and Textiles Project, you really owe it to yourself to try it at least once, if for no other reason than to save yourself some money someday by mending your own garments rather than spending it on a costly tailor.

Here are some of the skills youth can learn from participating in a Clothing & Textiles Project and from being a part of the 4-H Fashion Revue:

- Build self confidence by developing and understanding of line, color, proportion and balance in expression of personal style
- Develop skills in planning and selecting suitable, becoming clothing and accessories for different occasions
- Price comparison of ready-made to the garments that the contestant has made
- Learn about care of fabrics and of various wardrobe items
- Learn the basics of modeling and presenting oneself in the most positive manner
- Gain an understanding of fashion styles
- Making use of unwanted or unused materials and supplies to create modern and fun accessories
- Develop good posture and grooming habits
- Explore personal style in hair, make-up and colors
- Acquire knowledge and skills in planning, presenting and participating in Fashion Revue
- Learn important critical thinking skills through participating in the Judging Process

- Learn to accept constructive criticism and develop good listening skills
- Learn how to make a good oral presentation by observing and even participating in Commentating

In Los Angeles, the 4-H Fashion Revue is held in Coordination with Field Day and is usually held in March. To find out more about participating in this wonderful event, contact **Dawn Fuller** at your local 4-H Office (323.260.3859 or dafuller@ucdavis.edu). Someone once said "It doesn't matter what you do, it only matters how you *look* doing it," and in this case, I would have to agree! See you at the 4-H Field Day/Fashion Revue!

Clubs in Los Angeles County with Clothing & Textiles Projects:

Canyon Coyotes 4-H Club

Project Leader: Kimberly Challman, kcchallman@antelecom.net

Greenleaf 4-H Club

Project Leader: Mary Lash, marylash@verizon.net

Project Leader: Barbara Hales, johastew@hotmail.com

Neenach 4-H Club

Project Leader: May Tong, jamectong@msn.com

Project Leader: Betty Larsen, momlarsen@peoplepc.com

Quartz Hill 4-H Club

Project Leader: Patricia Diane Williams, dianenthedesert@aol.com

Project Leader: Renee Novich, rnovich@msn.com

*** Many thanks to Mary Lash for her guidance on this article!**

- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on May 8, 2010! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>

<http://www.ipl.org/div/kidspace/projectguide/>

<http://www.scifair.org/>

- **4-H Volunteer Resource Library- Exciting New Curriculum!**
Dawn Fuller, 4-H Program Coordinator



The **4-H Volunteer Resource Library** at the Los Angeles *UC Cooperative Extension* houses many useful and informative curriculum tools for 4-H Club and Project Leaders new and old. If you haven't spent some time browsing the wonderful resources available to leaders, you owe it to yourself to have a look! The library houses books in almost all project areas including: Small Pets & Animals, Cooking, Sewing, Gardening, Science, Engineering & Technology, Mathematics, Theatre, Cultural Studies and many more.

This month we have added some exciting new curriculum to our collection. Here are some of the items available:

- *Pesticides and Food: What's in Food?*
- *Additives in Food: What's in Food?*
- *Foodworks: Preparation, Safety, Selection, Preservation & Careers*
- *Rate Your Plate: Member's Activity Booklet*
- *4-H Food Preservation: Member's Project Outline*
- *Eating Right is Basic: Mini Member Program (6-8 years old)*
- *Fun with Food and Frazer Frog: A Nutrition Activity Booklet for 5-6 year olds*
- *Pork Quality Assurance Plus Program for Youth*
- *4-H Home Arts & Furnishings: Member's Activity Booklet*
- *Blue Sky Below My Feet: Day Camp Leader's Manual*
- *Blue Sky Below My Feet: Teacher's Manual*
- *4-H Consumer Education: Member's Activity Booklet (Beginning & Advanced)*
- *Pocket Pets: Rats & Mice*
- *Spotlight on Management: A 4-H Home Management Members' Manual*

The **Volunteer Resource Library** is open for use by appointment **Monday through Friday from 8:30 a.m. to 5 p.m.**, at the *Los Angeles County UC Cooperative Extension*, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022. Please feel free to call **Dawn Fuller, 4-H Program Coordinator**, & find out what is available at **(323) 260-3859**.

- **Outreach Round-Up**
Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H now has a **You Tube Channel** of its very own! Check it out and become a friend: <http://www.youtube.com/user/LosAngelesCounty4H> We are also on **Facebook**, and have **71 fans!** Please join us, become a fan and tell all your friends about 4-H. Stay tuned for fun 4-H updates!

Los Angeles County 4-H met with Dr. Paul Martinez of Dorothy V. Johnson High School in Watts to explore starting a new club with a special gardening project. The school has a large area set-aside for gardening, and we look forward to the possibility of starting a new club in South Los Angeles. Additionally, we are beginning talks with a potential new club leader in Long Beach, Donna Marykwias.

Both the *Livestock Symposium* and the *4-H Night with the Clippers* are advertised on GoCountry 105.1's website.

The *4-H Night with the Clippers* is going to be a wonderful outreach event, despite low club ticket sales. Alta-Pasa Squad 4-H Club, San Fernando Valley 4-H Club, Eagle Rock/Highland Park 4-H Club, 4-H Summer Camp, the Canyon Coyotes 4-H Club, the 4-H State Ambassadors and the Los Angeles County 4-H Office will all have informational tables which will be featured on the Concourse at the Staples Center during the game (down near the game floor, where attendees pass on the way to their seats). We hope to garner some interest in 4-H and gain some support in various areas. Hope to see you there!

- **Valentine's Day Chocolate Covered Pretzels**

Dawn Fuller, 4-H Program Coordinator

February is the month for friendship and love. Treat your friends and family to Chocolate Covered Pretzel Treats on February 14!

Ingredients:

12 ounces white or semi-sweet chocolate chips
24 large pretzel rods (8-oz. package)
1 tsp vegetable oil
2 cups of your favorite candy, nut or topping (crushed Mini M & M's, Skor Bar, candy sprinkles, chopped gummy bears or toasted almonds)
8 clear plastic bags
8 ribbons



Procedure:

Line three baking sheets with wax paper and set aside. Melt chocolate over a double boiler or in the microwave.

Double Boiler:

Place chocolate and vegetable oil in a heatproof bowl over a pot of simmering water. Water should barely simmer, not boil. Stir the chocolate frequently with a rubber spatula until melted, approximately 5 to 10 minutes.

Microwave:

- Place chocolate in a microwave-safe bowl and microwave at 50 percent power for anywhere between 2 and 4 minutes (cook times vary with different models). Heat in 20-second intervals, stirring in-between. Finish heating when most (but not all) of the chocolate is melted. Stir continuously until chocolate is smooth, shiny, and completely melted.
- Dip each pretzel in chocolate. Smooth the chocolate over three-quarters of the pretzel. Be sure to leave a small portion of the pretzel uncovered by the chocolate to serve as the handle. Shake off excess chocolate so the pretzel has a thick – but not too thick – layer of chocolate.
- Place each dipped pretzel on a wax paper-lined baking sheet and sprinkle with your toppings. Refrigerate for 15 minutes or until chocolate is completely set.
- Gently peel the pretzel rods off of the wax paper and place 3 to 4 rods in each cellophane bag. Tie each with a ribbon and refrigerate until ready to give.

Tips & Tricks:

- When using white chocolate, keep a small pot of simmering water going. If the white chocolate begins to set up faster than the dark chocolate, you can pop the white chocolate back over the double boiler to smooth it again.
- Keep toppings small in size so that they stick to the chocolate more easily. If a topping is too large, chop it up.



Enjoy!

*Recipe courtesy of www.recipes.kaboose.com

- **Online Enrollment** – Los Angeles County 4-H has transitioned to the Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31 (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Dates To Remember:**
 - 2/3 NSG Council & 4-H mtg.
 - 2/5 2nd Horse Bowl Quiz
 - 2/6 4-H Night at Staples Center (Clippers vs. Spurs)
 - 2/11 I&R mtg.
 - 2/13 AV Shooting Competition
 - 2/14 Valentines Day
 - 2/18 SSG Leaders Council & Hi 4-H mtg.
 - 2/22 AV Leaders' Council mtg.
 - 2/27 County Judging Day
 - 3/3 NSG Council & 4-H mtg.
 - 3/6 AV Food & Fashion Revue
 - 3/7 NSG District Fashion Revue
 - 3/7 AV Shooting Comp. NSG Home Ec. & Field Day
 - 3/11 I&R mtg.
 - 3/13 SSG District Fashion Revue / 1st Gymkhana (AV)
 - 3/14 Camp committee mtg. (Mary Lash's Home)
 - 3/17 St. Patrick's Day
 - 3/18 SSG Leaders Council & Hi 4-H mtg.
 - 3/20 County Council mtg. (AV Office)
 - 3/22 AV Leaders' Council mtg.
 - 3/27 County Field Day & Fashion Revue

- Just a reminder to all 4-H staff and horse leaders and members if you are sponsoring an equine educational event or horse show for two or more counties, you are welcome to post the event information on the **statewide 4-H equine calendar**. You can send information directly to me or your county 4-H office staff can post the date and link the entry information to the county or club web site. Go to <http://www.ca4h.org/4hinfo/calendar/?Filter=Equine> for the current listing of equine events.
- Students who will be entering their senior year of college in Fall 2010 are eligible to apply for an 8-week summer Undergraduate Research program at The Curry School of Education at the University of Virginia. The program is for students from underrepresented backgrounds and allows an opportunity to participate in education research for schools, classrooms and additional youth settings. Visit: <http://curry.edschool.virginia.edu/ep-ads> for an application. The deadline to apply is: February 1, 2010.
- The Foundation of the Preservation of Honey Bees, Inc. is sponsoring the annual 4-H Honey Bee Essay Contest. Active members of 4-H clubs are eligible to submit an essay for consideration. Please click [here](#) for contest rules. Submissions must be received on or before February 12, 2010.
- 4-H youth, in grades 7-12, with an enthusiasm for agriculture and its importance in society are encouraged to consider submitting for the National Ag Day Essay Contest. The submission deadline is February 12, 2009. The national winner selected will receive a \$1,000 prize and a trip to Washington, D.C. for the award presentation. Visit: <http://www.hpj.com/agdayessay> for an entry application and contest rules.
- **4-H Youth Training Babysitting Courses - The Operation: Military Kids (OMK) Program** is offering **free Babysitting Training courses for Youth 12-18**. This training is designed to help youth learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. They will also receive a Babysitter's Tool Bag filled with essential supplies for babysitters. Bring a doll for fun!

For more information, contact Jeanne Christenson, jpchristenon@ucdavis.edu or 530-219-6608.
The following are dates and locations of upcoming trainings:

UC Davis 4-H Office Feb. 20 & 21, 9:30-4:30
Yuba/Sutter 4-H Office March 13 & 14, 9:30-4:30
Beale AFB April 5 & 6, 9:30-4:30

- **Calling all 4-H equine enthusiasts!** The National Youth Horse Council presents the **National Youth Horse Leaders Symposium**. This symposium is scheduled to be held **March 19-21, 2010 in Lexington, KY**. Registrations are due **postmarked by Feb. 24, 2010**. Please click [here](#) for full details on event.
- **State Leadership Conference** - The 2010 year's theme is "Operation 4-H", and is an annual event in which high school age members from across the state meet to develop leadership skills through workshops, games, and night time activities. We are now accepting applications for educational session/track presenters. Please share your knowledge about all things leadership and help Operation 4-H be a tremendous success! Click [here](#) to download a proposal. **Proposals are due the State 4-H Office by Feb. 26, 2010**. You may contact Quang Tong for additional questions at 530-752-5644 or go to: <http://aces.nmsu.edu/4h/wrlf2010/>.
- Calling all 4-H youth, 7-12th graders and adults working with 4-H youth! You are invited to attend the **7th Annual Northcoast Youth Summit**. This year's theme is: "Connect for a Cause!" and will be held on **February 27, 2010** at the College of the Redwoods, 9am-3:45pm. Click [here](#) for more details on the event and registration details.

- In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three **Regional Education Outreach Summits** will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects, including risks at exhibits and fairs, shows, and exhibitions; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. The last of three summits will be held **February 27, 2010 at UCCE Kern County**. Times for the summit will be 9 a.m. - 3 p.m. Lunch will be provided. Space is limited, so advance registration is necessary. For more information and to register for one of these events, contact Martin Smith (mhsmith@ucdavis.edu) or Steven Worker (smworker@ucdavis.edu). Enrollment: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4238>
- The **26th Annual State 4-H Shooting Sports Match** has been planned and those interested in participating will need to contact their county 4-H staff members to submit registration forms. On or before the postmark date of **March 5, 2010**, UCCE 4-H offices must submit registration forms to the Siskiyou County Leaders Council. For more event information, please click here for [Procedures and Rules](#), [Registration Form](#), and [Categories & Awards](#) details. Contact Jacki Zediker, jkzediker@ucdavis.edu.
- The **2010 Western Regional Leaders' Forum** is scheduled for March 11-14, 2010 in Albuquerque, N.M. Click [here](#) to register. Registration until **February 15, 2010** will be \$300.
- Youth Service America announces a grant opportunity in conjunction with Miley Cyrus. The **Get Ur Good On grants** are an opportunity to encourage youth to participate and find new ways to contribute in positive ways in their community. Grant applications are due: **February 22, 2010** and more information can be found at: <http://www.ysa.org/grants/announcements/get-ur-good-grants-launched>.
- DoSomething.org in conjunction with the Dunkin Brands Community Foundation has announced an opportunity for **\$500 Disaster Grants**. Projects focusing on: disaster preparedness, emergency response, rebuilding after a disaster and supporting our troops are the focus on funding. There is a rolling deadline to apply for these grants. More information can be found at: <http://www.dosomething.org/grants/disaster>.
- DoSomething.org has announced an additional opportunity for **\$500 Do Something Seed Grants**. Projects focusing on helping youth find funding to get a community project started are the focus of funding. There is a rolling deadline to apply for these grants. More information can be found at: <http://www.dosomething.org/grants/general/apply>.
- An upcoming professional development opportunity for 4-H Camp enthusiasts is the **4-H National Camping Institute**, planned for **March 16-20, 2010** at the Oregon 4-H Center in Salem, OR. This gathering will feature over 50 sessions to participate in and learn from the best 4-H camping resources from across the country. If you would like to attend, register at: <http://oregon.4h.oregonstate.edu/nci>
- **Military requests 4-H help!** Operation: Military Kids and 4-H have been asked to help at Yellow Ribbon events this year. Yellow Ribbon is a program mandated by congress that consists of multiple briefings to assist military families through all stages of deployment (pre-deployment, deployment and reintegration). Community support is crucial to creating a network of resources to support those military families in their local area. During the Yellow Ribbon Event the children are able to participate in activities that focus on bettering themselves during their parent's deployment cycle while the service member and spouse attend their own briefings. If you are interested in offering an activity at one of the following events please contact Sylena Wise at smwise@ucdavis.edu or 530-752-8585. March 27th, 2010 in **San Diego** (location TBD)

- The **2011 State Ambassador Application** has been posted on the CA State 4-H website. All interested Members who qualify should fill out an application form, <http://www.ca4h.org/leadership/ambassador/>. Applications are due by **March 31, 2010**. The State 4-H Office is also looking for qualified volunteers who are interested in being advisors for the 2011 State Ambassador Team. 4-H State Ambassadors are expected to make a 14-month commitment to the program beginning on July 1, 2010 and ending August 31, 2011. 4-H State Ambassadors may only serve one term. Please contact Quang "Hogan" Tong, qtong@ucdavis.edu for more information.
- Again, this year, the State 4-H Equine Education Advisory Committee will be conducting an **Art Design Contest** for the State 4-H Horse Classic logo. The winning design will be used on the programs and souvenirs at the State Championship 4-H Horse Show in June. Entries are due **March 31, 2010**. See attached [flyer](#) for more information.
- The **2010 State 4-H Field Day** is planned for May 29, 2010. The event will include a variety of interests including presentation day, state fashion revue, a plant science contest and interview contest amongst many others. Applications are due by **April 2, 2010**. If you are interested in exhibiting at this annual event, go to: <http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf> for an application.
- The **2010 California Camping Conference** will be held at the Nevada State 4-H Camp near Stateline, Nevada (at Lake Tahoe) on **April 23 - 25, 2010**. The conference serves as a valuable resource for camp administrators, camp staff (youth and adult), and Extension Staff in planning and implementing all types of camp programs. Important conference topics include the new Camp Safety Manual addressing California Health and Safety Code requirements for camps; engaging fun activities for your camps; archery certification; and camp staff training. Registration fees range from \$120-125 depending on payment method. The registration and event brochure will be posted on the CA 4-H website by Jan. 22, 2010. Please contact Marianne Bird, mbird@ucdavis.edu for questions.
- **4-H Shooting Sports (Archery Workshop), April 23 – 25, 2010**
A training course for the 4-H archery discipline will be offered as a workshop at the 2010 California Camping Conference. The conference will take place at the Nevada 4-H Camp in Stateline, Nevada (Lake Tahoe). Cost for the conference includes \$120 and includes meals, lodging, and course materials. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs.

Registrations are due by April 8, 2010. To download a copy of the registration form, visit the Camping Website at: <http://groups.ucanr.org/%5F4hbaseca/> and click on the bar that reads "2010 Camp Conference Registration Form".

For more information about registering for this course contact John Borba at (661) 868-6216 or email: jaborba@ucdavis.edu

- **State 4-H Field Day** is looking to partner with a 4-H group willing to serve lunch at the 2010 State Field Day on May 29, 2010. Interested clubs should contact Quang "Hogan" Tong - 530-752-5644 or qtong@ucdavis.edu.
- A **4-H shooting sports workshop** for the rifle discipline will be held at Border Tactical Range, 925 North Imperial Avenue, in **El Centro, CA** (Imperial County). The workshop will be held on Saturday, **June 12, 2010** - 8:00 a.m. - 6:00 p.m. and Sunday, **June 13, 2010** - 8:00 a.m. - 4:00 p.m. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: <http://bordertactical.com>

- The EPA has announced the **4th Annual Rachel Carson Contest** and is seeking entries for creative projects in the areas of poetry, photography, essays and dance. Entries need to be from a team of two or more. Entry deadline is **June 16, 2010**. For more information, visit:
<http://www.epa.gov/aging/resources/thesenseofwonder/index.htm>.
- Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA** (southeast of Fresno). The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27**. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
Washington Focus II
Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.
- The California Exposition & State Fair Board has announced new dates for the fair. **The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, July 14 to Sunday, August 1, 2010**. For more information, you may contact Erica Manuel of the California Exposition and State Fair at emanuel@caexpo.com. 4-H members and adults may also contact 4-H Animal Science Committee Chairs Cynthia Barnett, ccbarnett@ucdavis.edu and Steve Dasher, hdsdasher@ucdavis.edu for additional questions.

2009 4-H All Stars:

Christopher Choi
Hannah DeYoung*
Ryan Halvorsen*
Amanda Ho
Wesley Ho*
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Kelsey Schott

2009 Jr. All-Stars:

Candace Corrales*
Veronica Cubillos*
Madison Cumby*
Alex Kasperovich*
Rachel Klose*
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour

* - new selectee

Los Angeles County, 4-H Youth Development Staff:

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Dr. Keith C. Nathaniel, 4-H Youth Development Advisor, (323) 260-3845, kcnathaniel@ucdavis.edu

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