



December 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rlhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

Code of Conduct

The 4-H Youth Development Program strives to offer youth participants a meaningful, engaging, safe and healthy environment. Youth are expected to abide by the 4-H Code of Conduct at all times, including during events and activities outside of the club and county. Similarly, there is an expectation that adult volunteers adhere to a volunteer code of conduct (<http://www.ca4h.org/policy/chapter6/index.asp#IV>) to maintain program coherence and consistency. In addition, adult volunteers have roles and responsibilities that help to govern their actions. Some of the roles include:

- implementing the programs
- providing logistical support for meetings and events
- directing the educational service to youth

Adult volunteers also are integral to maintaining community relationships and being a conduit for youth to larger community resources.

Parents and other adults also play a significant role in the success of the program. They provide transportation to club meetings, events and activities. In some cases, they serve as an enrolled resource leader to be a chaperone for camp or other overnight events. Like volunteers, they must agree to a set of behavioral guidelines to attend or participate in these 4-H events. While the consequences for non-compliance will not necessarily result in a youth's dismissal from the program, it could have an adverse affect on the overall learning environment of the club and its activities. We encourage all parents to understand their role with the program. For example, parents are expected to:

- Treat others in a courteous, respectful manner demonstrating ethical behaviors appropriate to a positive role model for youth.
- Abide by policies and guidelines of the California 4-H Youth Development Program state and county 4-H programs.
- Obey all laws of the locality, state, and nation, including those related to use of illegal substances, or use of firearms.
- Recognize that verbal, sexual, physical abuse, and/or neglect of youth is unacceptable either within or outside the 4-H Youth Development Program.

- Treat animals humanely and teach 4-H youth to provide appropriate animal care.
- Operate machinery, vehicles, and other equipment in a safe and responsible manner, and only with a valid operator's license and the legally required insurance coverage.
- Handle fundraising and finances in an ethical manner according to the policies and guidelines of the 4-H Youth Development Program.
- Do not consume alcohol while responsible for youth in 4-H activities nor allow 4-H youth participants under your supervision to consume alcohol or illegal substances.
- Deliver your child on time for events and meetings, and pick-up at the agreed upon time.
- Avoid the use of obscene, impolite, and/or discriminatory language at any 4-H activity or where youth are present.

More information can be found at:

<http://www.ca4h.org/policy/chapter6/index.asp#IV>.

CLUB

- **RPV family trains guide dog for the blind** - South Bay Guide Dog Puppy Raisers 4-H Club members were mentioned in the following article: http://www.pynews.com/articles/2009/10/29/local_news/news5.txt.



- **Los Angeles County 4-H in the Movies!**
Dawn Fuller, 4-H Program Coordinator



Well, it is about time Los Angeles County 4-H has made it onto the big screen! The BBC has produced a lovely film, *Vanishing of the Bees*. The film delves into the important role of bees in the pollination of one-third of the food we consume, and how in 2008/2009 one-fifth of the bee population in the United Kingdom mysteriously disappeared. The overall decline of the bee population is addressed, and the mystique of bees themselves is presented in this fantastic film.

Members of the **Alta Pasa Squad 4-H Club** were interviewed and are seen in the film, demonstrating their excellent 4-H bee keeping skills. Club members *Alexander Smith*, *Ramona Gomez*, *Andrew Arboleda*, *Lindsay LaBrecque* and *Kyle LaBrecque* were fantastic ambassadors for 4-H, explaining to Co-Director, Producer and Cinematographer, George Langworthy, everything they have learned about working with bees. The film is set to be released in Southern California in early Spring.

To view trailers for the film, or find out more information about the *Vanishing of the Bees* film, look here: <http://vanishingbees.co.uk/>

- **Judging Day**
Dawn Fuller, 4-H Program Coordinator

The *Los Angeles County 4-H Judging Day Event* will be held on **February 27, 2009** (location still being determined). *Judging Day* is a county-wide event where 4-H youth learn teamwork and fine-tune their critical thinking and reasoning skills by being part of a “judging team.” Livestock, artwork, science projects, food & nutrition items and various plants and vegetables are judged by youth, and both written and oral reasons are provided.

For new club leaders and existing leaders who might want to learn a bit more about the basics of judging, you have been invited to attend a *Practice Judging Day* at **Palos Verdes Peninsula 4-H Club** on **Wednesday, February 17, at 7 p.m.**, at the Rolling Hills City Hall (corner of Crenshaw and PV Dr. North). The address is 4045 PV Dr. North, Rolling Hills Estates, CA, 90274. Please sign up in advance of the practice with club leader, Dee Keese, at swimdude64@earthlink.net.



Greenleaf 4-H Club has also invited you to attend a *Practice Judging Day Session* during their club meeting in case you cannot attend the PVP meeting. On **Tuesday, February 2, at 7 p.m.** the session will be held at the home of Mary Lash, 9497 East Foster Rd., Downey, CA 90242. Please sign up to attend with Marjorie Rodriguez at kenward49@aol.com.

I am also requesting leaders and parents to volunteer in judging rooms the day of the event. In years past, we have been short room monitors and adults to tally points and correct judging cards. It would be great if every club had at least two representatives. To volunteer for **Judging Day**, please contact Dee Keese at swimdude64@earthlink.net.

Judging is a wonderful opportunity for kids to learn critical thinking skills, and to express reasoning ability both in writing and verbally, which is a skill they can will use throughout the course of their lives. I strongly encourage your clubs to attend this very special event.

- **Junior Leadership Conference**
Dawn Fuller, 4-H Program Coordinator

Following the County Council Meeting on Saturday, November 14, 2009, **Palos Verdes Peninsula 4-H** Community Club Leader, **Dee Keese**, and junior 4-H members of Los Angeles County provided a fun, informative *Junior Leader Conference* for 15 youth in Los Angeles County 4-H.

Junior Leaders learned about *Organization; How to be an Effective Leader; Facilitating and Planning Meetings; Coordinating Activities* and *Knowing Your 4-H Program*.

Dee and the Junior Leaders gave the youth insightful new ways to learn proper organizational skills as well as improved time management and planning ahead. She encouraged goal-setting, record-keeping, planning meetings, working closely with the Project Leader and even incorporating SET (Science, Engineering & Technology) into their plans.

Youth learned the necessary skills for facilitating and planning effective

meetings, coordinating activities, creating agendas, and how to incite “group participation.”



Getting Engaged in World Citizenship, the History of 4-H, the 4-H organizational structure and statewide opportunities for senior 4-H members were all part of the “Knowing Your 4-H Program” section of the



event. With all the “learning by doing” and fun that was part of the day, this conference gave youth a chance to know each other better as well. If you missed the fun this year, you should consider the **Junior Leader Conference** for next year! Thanks to **Encino Oaks 4-H Club**, and *Lanai Road Elementary School* Principal **Mary Melvin** for hosting the conference. Also, many thanks to Dee Keese, for all of her planning and organization to make it a grand day for all who

attended!

- **The LA Clippers Support 4-H!**
Dawn Fuller, 4-H Program Coordinator



VS.



On **Saturday, February 6, 2009**, at **7:30 p.m.**, *Los Angeles County 4-H* has been invited to promote 4-H by the **LA Clippers** basketball team at **Staples Center**. Several clubs will host tables exhibiting the projects offered in their club. The game is the *L.A. Clippers vs. the San Antonio Spurs*.

I will be circulating the seating price chart--the most reasonable tickets are \$17. We will have a fantastic designated area at **Staples Center** to show off what we are doing in 4-H, and the public will be coming by to view our displays.

It's going to be a lovely night, and the Staples Center is a great venue. Please contact **Lauren Kimball** from the LA Clippers to purchase tickets at lkimball@Clippers.com and cc me at dafuller@ucdavis.edu. Be sure to include your club name, how many tickets and where you would like to be seated.

This is an awesome opportunity for LA County 4-H to show the community that we are still around and doing great things. It is also a really reasonable opportunity to attend a basketball game at **Staples Center** with two exciting teams going head to head. Please contact me with any questions you may have at dafuller@ucdavis.edu.

- **Outreach Round-Up**
Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H now has a **You Tube Channel** of its very own! Many of the Pet Symposium attendees and participants are included in the featured video. Check it out and become a friend...

<http://www.youtube.com/user/LosAngelesCounty4H>

We are also on **Facebook**, and we have **66 fans!** Please join us, become a fan and tell all your friends about 4-H. Stay tuned for fun 4-H updates!

On **Friday, November 20**, Dr. Keith Nathaniel hosted a *Los Angeles County 4-H "Kids and the Environment Science" Event*. This event was a wonderful opportunity for local youth to come and learn important facts about science and the world they live in. Seventy kids from **Hamasaki Elementary School** took part in the day of learning, and even participated in an exercise activity which demonstrated how important water is to the human body.

This month, **Yvonne Savio**, *Common Ground Garden Program Manager* at the **UC Cooperative Extension**, helped circulate **2,350** 4-H outreach letters, and we have had a phenomenal response. Many clubs have received calls and emails inquiring about assisting in various projects. The *Master Gardeners* in Los Angeles County have been a great resource for many clubs, and now we hope to utilize their expertise in our 4-H projects.



Several prospective new clubs are in the early phases of joining Los Angeles County 4-H. They are in Los Angeles, East Los Angeles, Long Beach and Silver Lake. Each club will be a welcome addition to our ever-growing club program!

- **State Leaders Forum**
Dawn Fuller, 4-H Program Coordinator

The *4-H State Leaders Forum* was held this year from November 6-8 at the Asilomar Conference Center in breathtaking Pacific Grove. The State Leaders Forum is a fantastic learning opportunity for Community and Project Leaders alike to learn more about what 4-H has to offer, and learn insightful new ideas for running engaging projects, fun events, the Science, Engineering and Technology Initiative, and adult/youth

partnerships.

The theme for the conference this year was **4-H - Past, Present & Future**. Guest speakers, authors, staff and volunteers led lively discussions and workshops about *Experiential and Inquiry Teaching, New Directions in 4-H Policy, Guide Dogs, Geocaching, Public Speaking, Judging Day Events, Financial Responsibility, Social Networking, Digital Photography, Community Service in a Minute, Social Networking, 4-H and the Military* and *Effective Work with Teens* to name a few.



Throughout the weekend, volunteers took part in gorgeous nature walks around the tide pools and crashing sea waves, received

free project curriculum, performed skits, learned new arts and crafts projects, viewed special 4-H displays, and most importantly, networked with other 4-H Community and Project Leaders throughout the state. This relaxing setting, combined with several hundred people who all want to “Make the Best Better” for their 4-H clubs, was a lovely way to spend a weekend, and I encourage all of you to attend at least once.

- **Bring Us A Figgy Pudding!**

Dawn Fuller, 4-H Program Coordinator

Have you ever listened to the holiday tune “**We Wish You A Merry Christmas**” and wondered what in the world Figgy Pudding actually is? The original recipe for Figgy Pudding dates back to the Sixteenth Century in England and usually contained the following: figs, butter, sugar, eggs, heavy cream, nutmeg, allspice, rum, apples, lemons, orange peel, nuts, cinnamon, cloves and ginger. The pudding can be baked, steamed, boiled or fried and is usually blended with a custard. The consistency of Figgy Pudding is more like cake than what you would consider a pudding and really resembles the American version of Bread Pudding. Apart from it’s starring moment in the Christmas Carol “**We Wish You A Merry Christmas**,” **Charles Dickens** even makes mention of the holiday treat in his time-tested classic, *A Christmas Carol*.

Figgy Pudding is mainly made during the holiday season, and traditional “Christmas Puddings” are usually filled with plums, nuts, and a variety of dried fruits. Most recipes for Christmas Puddings have been passed from generation to generation, and each family recipe is seen as a source of pride. There is a longstanding tradition of burying a silver coin in the middle of your Christmas Pudding Mix, Figgy, or otherwise. If you were the recipient of this coin, it meant you were to have good luck all year. If you were to bake a gold ring in your Figgy Pudding, whomever found it would be married in the upcoming year. Other treasures have also had a turn in the mix: thimbles (doomed to a life of spinsterhood) and Victorian charms in the shapes of boots (travel), wishbones (a granted wish), and bells, buttons and horseshoes would bring great luck to you.



Here is a tasty recipe for Figgy Pudding to try for your family and friends this holiday season:

Figgy Pudding

One package of dried figs (10 to 12 ounces). Put them in a saucepan with enough hot water to cover- at least 2 cups. Bring to a boil. Remove from heat. Let sit until soft (a few hours).

Once soft, remove figs from the water and place in a bowl. Save the water, which will already be fragrant, and add a cup of sugar (optional). Bring to a boil and let reduce slightly. Remove from heat. Cool.

Chop up your figs. Chop them fine, but do not pulverize. Do this by hand.

Using a boxed cake mix for carrot cake, follow the directions, but instead of the water they request, use the fragrant sugary water from the figs. (Save the remainder of this water.) Then add oil and eggs as recommended on the carrot cake mix. Add some cinnamon (about 1/2 teaspoon) and a lot of fresh-grated nutmeg (about 1/4 teaspoon). Mix in a food processor. At the end, toss in the fig pieces and beat in a bit. Turn into a bowl and add a bunch of sliced almonds (about 1/2 cup) and some raisins (about 1/3 cup) that have been softened in brandy if you like. Add the grated peel of one orange and a big dollop (1 tablespoon) of marmalade.

Line a big metal bowl (about 4 quarts) with foil. Use enough foil that you will have a big collar around the top of the bowl. Spray the foil with nonstick spray. Pour your cake batter into the foil-lined bowl. Set into

preheated 350° oven for 30 minutes, then bring the collar gently over top of cake. Continue for another hour and half. Use a skewer to test (it will come out clean when pudding is done). It will take a while because it is dense.

Remove from oven and cool overnight.

Uncover and overturn onto a big serving platter. Carefully remove foil. The cake will be a mound, its size depending on the depth of your bowl.

To serve, take the reserved fig-and-sugar syrup and add to the above. Heat. Use whipped cream or crème fraîche with each serving. (If your cake is less than perfect to the eye, you can instead quickly frost the cold cake with whipped cream, covering any imperfections, and serve the warm sauce on the side.)

Enjoy!

Recipe courtesy of Laura Kalpakian as it appeared in *Good Housekeeping*, December 2004

- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on May 8, 2010! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>
<http://www.ipl.org/div/kidspace/projectguide/>
<http://www.scifair.org/>

- **Online Enrollment** – Los Angeles County 4-H has transitioned to the Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31 (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.
- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucdavis.edu.

- **Dates To Remember:**

- 12/2 NSG Council & 4-H mtg.
- 12/5 Summer Camp Staff Interviews / Camp Committee mtg.
- 12/24 Office Closed
- 12/25 Merry Christmas
- 12/31 New Years Eve (Office Closed)
- 1/1 New Years Day (Office Closed)
- 1/6 NSG Council & 4-H mtg.
- 1/8 1st AV Horse Bowl Quiz
- 1/9 AV Shooting Competition
 - Summer Camp Leaders Training
 - Sectional Council & Teen Council mtg.
- 1/14 I&R mtg.
- 1/15-17 Teen Involvement Conference (TIC)
- 1/18 MLK Holiday (Office Closed)
- 1/21 SSG Leaders Council & Hi 4-H mtg.
 - SGV Fair mtg.
- 1/23 AV Livestock Symposium
 - Leaders Training Event (Food Safety & Nutrition)
- 1/24 Monte Farmers Fair
- 1/25 AV Leaders Council mtg.
- 1/30 County Council mtg. (LA Office)

SECTIONAL

- **Teen Involvement Conference (TIC) January 15-17, 2010** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. For more information go to: <http://clubs.ca4h.org/southcouncil/teen/>

Registration dates and fees are as follows:

Early Bird: Application postmarked by December 11, 2009 - \$100.00

Deadline: Application postmarked between December 12, 2009 - January 5, 2010 - \$110.00

Late Registration: Application postmarked after January 5, 2010 or handed to the check-in table at the conference - \$135.00

STATE

- Applications are now being accepted for the **Military Extension Internship Program**. College-age students and recent graduates who are interested in childcare and youth development with military child, youth, and family programs are encouraged to apply. **Applications received by December 7, 2009** will be considered for placement January 11, 2010 and applications for summer and fall semester, 2010 will be available on December 21, 2009. You can access more information and application materials at: <http://www.extension.purdue.edu/military>.

- **Babysitting Savvy** - American Red Cross babysitter, First Aid and CPR training will be held in Sacramento during the month of December. The first meeting is scheduled for **December 6th, 2009 in Citrus Heights**, beginning at 1:00pm. Military youth are invited to attend the training at no charge. Contact Sylena Wise at smwise@ucdavis.edu or 530-752-8585 for more information.
- **The American Red Cross Holiday Mail for Heroes** - The American Red Cross (ARC), with the support of Pitney Bowes, is pleased to once again sponsor the Holiday Mail for Heroes. Our goal is to let the military, their families, and veterans know that America cares. People can send their cards to the American Red Cross special mailbox from **November 2, 2009 through December 7, 2009**. We must strictly adhere to this date to ensure that there is time to screen, sort, and distribute the cards. Visit <http://www.redcross.org/holidaymail> for more information.
- 4-H members are invited to participate in the **Fur and Feathers show**, a small animal breed show and showmanship event, planned for **January 16, 2010**. Entry deadline is **December 15, 2009**. The event is for 4-H members statewide in Cavy, Poultry and Rabbit projects. You may contact Jenean at bass@roadrunner.com for questions.
- **Education Summits on Bio-Security in 4-H**- In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three **Regional Education Outreach Summits** will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. Dates and locations of the Education Outreach Summits are: **December 12, 2009 - UC-Davis; January 16, 2010 - UCCE Tehama County; and February 27, 2010 - UCCE Kern County**. Times for all summits will be **9 a.m. - 3 p.m.** Lunch will be provided. For more information, contact Martin Smith (mhsmith@ucdavis.edu) or Steven Worker (smworker@ucdavis.edu).
- **4-H Shooting Sports Leader Certification for Rifle**- A shooting sports training workshop for the rifle discipline will be held in **Tulare, CA** on Saturday, **January 9, 2010 8 AM - 6 PM** and Sunday, **January 10, 8 AM - 4 PM**. The course will be held at the Rankin Field Range, 20000 Road 140 in Tulare, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm
- On-line registration for the **2010 California Focus Program** is available now and is due on **January 15, 2010**. 4-H members and leaders come together to run their own state government in the fictitious state of Sierra Cascade. Delegates draft legislation, participate in a mock trial, and run for office. Then participants interact with their legislators, court officials, and those close to current issues. Financial assistance is available for this program for members who could not afford to attend without help and the Young Civic Leader Scholarship is available for teens with an outstanding leadership and community service record. More information and registration forms are available at: <http://ca4h.org/citizenship/focus/>.
- The 4-H Military Partnership Program is offering free Training courses on the 4-H Babysitting Curriculum at the following locations:

Kern County 4-H Office. January 16, 9:30-4:30

Ventura County 4-H Office. January 30, 9:30-4:30

The Babysitting Curriculum is designed to help middle school and teenage youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in training youth in your 4-H clubs and military afterschool sites. **The training is open to all 4-H Volunteers,**

and Community Partner Agency personnel. You will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. Bring a doll! For more information, contact Jeanne Christenson, jchristenson@ucdavis.edu or 530-219-6608.

- California will be sending 4-H members and leaders outbound on the **California International Exchange Program** during the summer of 2010. Are you ready for a one month experience in Australia, Costa Rica, or Japan? Delegates must submit an application with reference letters and complete an interview by **January 27, 2010**. More information is available at: <http://ca4h.org/exchange/>.
- If you have an enthusiasm for birds and have some wonderful photos of birds to share, consider entering in the **Biosecurity for Birds Calendar photo contest** by the USDA's Animal and Plant Health Inspection. The contest **entry deadline is January 31, 2010. The winning photos will be displayed in the 2011 Biosecurity for Birds calendar.** Everyone is encouraged to enter at: <http://healthybirds.aphis.usda.gov>.
- **Calling all 4-H equine enthusiasts!** The National Youth Horse Council presents the **National Youth Horse Leaders Symposium.** This symposium is scheduled to be held **March 19-21, 2010 in Lexington, KY.** Registrations are due **postmarked by Feb. 24, 2010.** Please click [here](#) for full details on event.
- **State Leadership Conference** - The 2010 year's theme is "Operation 4-H", and is an annual event in which high school age members from across the state meet to develop leadership skills through workshops, games, and night time activities. We are now accepting applications for educational session/track presenters. Please share your knowledge about all things leadership and help Operation 4-H be a tremendous success! Click [here](#) to download a proposal. **Proposals are due the State 4-H Office by Feb. 26, 2010.** You may contact Quang Tong for additional questions at 530-752-5644 or go to: <http://aces.nmsu.edu/4h/wrlf2010/>.
- **4-H Youth Training Babysitting Courses** - The **Operation: Military Kids (OMK)** Program is offering **free Babysitting Training courses for Youth 12-18.** This training is designed to help youth learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. They will also receive a Babysitter's Tool Bag filled with essential supplies for babysitters. Bring a doll for fun!

For more information, contact Jeanne Christenson, jchristenson@ucdavis.edu or 530-219-6608.
The following are dates and locations of upcoming trainings:

UC Davis 4-H Office Feb. 20 & 21, 9:30-4:30
Yuba/Sutter 4-H Office March 13 & 14, 9:30-4:30
Beale AFB April 5 & 6, 9:30-4:30

- **The 2010 Western Regional Leaders' Forum** is scheduled for **March 11-14, 2010 in Albuquerque, N.M.** Go to: <http://aces.nmsu.edu/4h/wrlf2010/> to register. Some key upcoming dates youth development professionals will want to save include:

December 15, 2009: Early Bird Registration Deadline, \$200.
January 15, 2010: Regular Registration Deadline, \$250
Share Faire Registration Deadline
4-H Display Registration Deadline
Volunteer Leader Award Deadline

- Dates have been set for **2010 State 4-H Horse Events.** The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA** (southeast of Fresno). The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27.** Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.

- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
Washington Focus II
Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
For more information, contact Pat English at penglish@ucdavis.edu or 530-754-8520.
- The California Exposition & State Fair Board has announced new dates for the fair. **The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, July 14 to Sunday, August 1, 2010.** For more information, you may contact Erica Manuel of the California Exposition and State Fair at emanuel@calexpo.com. 4-H members and adults may also contact 4-H Animal Science Committee Chairs Cynthia Barnett, ccbarnett@ucdavis.edu and Steve Dasher, hsdasher@ucdavis.edu for additional questions.

2009 4-H All Stars:

Christopher Choi
Hannah DeYoung*
Ryan Halvorsen*
Amanda Ho
Wesley Ho*
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Kelsey Schott

2009 Jr. All-Stars:

Candace Corrales*
Veronica Cubillos*
Madison Cumby*
Alex Kasperovich*
Rachel Klose*
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour

* - new selectee

Los Angeles County, 4-H Youth Development Staff:

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