

4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT



## March 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

We hope you enjoy the new look and format and we look forward to continuing to serve you and your 4-H needs.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#).

### CLUB

- **Enchilada Fundraiser - Greenleaf 4-H Club** is holding their annual **Enchilada Fundraiser** from February 19, 2009 through March 20, 2009. Orders for the tasty, homemade enchiladas can be placed by contacting **Margerie Rodriguez** at (323) 835-5108. The enchiladas will be ready for consumption at Paramount High School (14429 South Downey Ave., Paramount, CA, Mary Lash's Room 343) on March 30, 2009.

### DISTRICT

- **Neighborhood Garage Sale-** On **Saturday, March 14, 2009**, there will be a **Neighborhood Garage Sale Fundraiser** held for the Long Beach 4-H Project Ranch. If you wish to donate any items, or help with the sale itself, please contact **Kathy Richards** at (562) 239-5152.

### COUNTY

- **Livestock Symposium- Antelope Valley**  
Dawn Fuller, 4-H Program Coordinator

On **Saturday, January 24, 2009**, **4-H Program Representative, Charlene Moore**, and the 4-H Clubs of Antelope Valley conducted a skill-building **Livestock Symposium**. The event was well-attended, with over 200 delighted guests who were given the opportunity to meet and listen to knowledgeable speakers in various fields, and enjoy a pleasant day at the Antelope Valley Fair Grounds.

Felicia Byrnes of the Canyon Coyotes 4-H Club provided a welcome and overview for the days events. As the lead club, Canyon Coyotes 4-H Club ran a food booth serving breakfast burritos, hot dogs, "pepper bellies" and other tasty treats. Other participating clubs included: Acton Arrowheads 4-H Club, Littlerockers 4-H Club, Neenach 4-H Club, Quartz Hill 4-H Club, Racketeers 4-H Club, Roadrunners 4-H Club, Mid-Valley 4-H Club, Westside 4-H Club, and a host of parents and friends of 4-H.

The Livestock Symposium Experts who spoke at the event included:  
Sharon Burton (Dairy Goats), Melissa Love (Meats Goats), Bill Cameron (Horses), Mike Bromley (Branding

& Animal Identification), Veronica Karr (Dogs), Mark Powell (Sheep), Mr. & Mrs. Don Mills (Swine), Bruce Catlin (Poultry), Terah Kerr, Kaylee Morris & Carol Morris (Beef) and Veterinarian, Dr. John Roueche. Also in attendance, was Sue Johnson, a Fainting Goat specialist.

The afternoon portion of the event included an “Ethics Training” which provided the youth with necessary information and certification to show livestock in local fairs.

Everyone who attended this fun and informational event were able to attend sections on new topics they had hoped to learn about, or they could brush-up on their existing knowledge and skills with a particular animals. Attendees were able to handle the livestock of their choice and work on their showmanship. From designing your own brand, to showmanship and exploring different types of feed, all who attended enjoyed a day of “learning by doing.”



- **Field Day & Fashion Revue** - Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills, 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day scheduled for March 28, 2009. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H “Family Affair”, and encourage parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is scheduled for Saturday, May 16, 2009. Keep a look out for more Field Day information to come.

- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair. The Science Fair/Symposium will be on April 18<sup>th</sup> 2009 at Aero Sports Skypark Corporation, 4171 Knox, Rosamond California 93560 (Rosamond Airport). Click [here](#) to download the tentative schedule and additional information. Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>

<http://www.ipl.org/div/kidspace/projectguide/>

<http://www.scifair.org/>

- **4-H Million Tree Project** - The 4H Million tree Project was conceived after a 4Her decided to do something big to help combat climate change. The goal of this project is to mobilize the approximate 7 million 4H youth across the US and Canada to participate in the project to plant a million trees across the continent to help reduce atmospheric CO<sub>2</sub>. The 4-H Million Tree Project hopes to empower a generation of leaders by teaching the 4Hers they can make a difference both individually and as a group. For more information go to: <http://celosangeles.ucdavis.edu/files/63104.pdf>.

- **2009 Leadership Kick-off**

Dawn Fuller, 4-H Program Coordinator

On **Saturday, January 31, 2009**, Los Angeles County 4-H Clubs and Project Leaders found out why "Los Angeles County 4-H Rocks!" **County Director, Dr. Rachel Surls**, coordinated this successful and informative 4-H event, wherein 4-H Leaders enjoyed lunch, browsed the Volunteer Resource Library and attended a number of presentations.

Dr. Rachel Surls provided an enlightening talk on the **Foundations of 4-H and the UC Connection**. **Dr. Keith Nathaniel, Youth Development Advisor**, provided a preview of the **SET Initiative (Science, Engineering & Technology)** and how it can be incorporated into your program year. **Dawn Fuller, 4-H Program Coordinator**, reviewed some of the **Easy Ways to Deal with Difficult Volunteers**.

Participating Los Angeles 4-H Clubs included: Pomona Valley 4-H Club, Greenleaf 4-H Club, Harbor Lights 4-H Club, Eagle Rock/Highland Park 4-H Club, Palos Verdes Peninsula 4-H Club, Alta-Pasa Squad 4-H Club, Neenach 4-H Club, Scorpions 4-H Club, and San Fernando Valley 4-H Club.

Volunteers who attended were able to network, review how 4-H and the Cooperative Extension began, and focus on engaging youth in science, engineering & technology. They also looked into managing interactions with parents and other "special volunteers." It was certainly a nice time for the Los Angeles County 4-H Volunteers and staff to enjoy camaraderie and share experiences in their many 4-H endeavors.

- **4-H Volunteer Resource Library**

Dawn Fuller, 4-H Program Coordinator

The **4-H Volunteer Resource Library** at the Los Angeles UC Cooperative Extension houses many useful and informative curriculum tools for 4-H Club and Project Leaders new and old.

At the **4-H Leadership Kick-off on January 31<sup>st</sup>**, the **Volunteer Resource Library** and its vast contents were available for viewing. A smattering of the available curriculum was displayed, and Leaders were delighted to find many new and interesting resources for various 4-H projects. Topics included innovative ideas and program planning for Arts & Culture, Science, Engineering & Technology, Gardening, Pocket Pets, Livestock, Life Skills & Cooking.

This month, we have added to our collection a ***Horsemanship Composite Manual*** by the **Certified Horsemanship Association**. This insightful resource provides excellent up-to-date information on Horse Care & Handling, Horsemanship, Testing & Evaluation, Rules & Reasons, and Safety. Contributors to the ***Horsemanship Composite Manual*** include Instructors from the Certification Program, Instructors of Riders with Disabilities, Equine Facility Managers, Recreational Vaulting Coaches, Seasonal Equestrian Staff and various College & University Clinics.

The **Volunteer Resource Library** is open for use by appointment **Monday through Friday from 8:30 a.m. to 5 p.m.**, at the **Los Angeles County UC Cooperative Extension, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022**. Please feel free to call **Dawn Fuller, 4-H Program Coordinator**, & find out what is available at **(323) 260-3859**.



- **4-H Library Display, Arcadia Public Library**  
Dawn Fuller, 4-H Program Coordinator

During the month of **March**, 4-H will be featured in the **Arcadia Public Library Display Case**. Club, volunteer and youth information will be prominently highlighted. We hope to garner some extra attention for our Los Angeles 4-H Program, and even get some interested youth and volunteers involved in our growing 4-H clubs. This is a great start! If you are in the area, please stop by and visit:

**Arcadia Public Library**  
20 West Duarte Road  
Arcadia, CA 91006

Mon-Thurs from 10 a.m.- 9 p.m.  
Fri-Sat from 10 a.m.- 6 p.m.

- **Emerald Star Project**

The Emerald Star program is an expanded Leadership opportunity. If a member has earned a Gold Star Rank or will be 16 by January 1, 2009, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. What activity could they plan and run to benefit the county 4-H program or their community? **An Emerald Star Project can be started at any time during the year.** Call the 4-H office for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star advisor. You can work with the Advisor from any of the districts.

This is a great opportunity to do some service for the 4-H program or your community. Examples of successful Emerald Star projects include 4-H being in an entry for the Rose Parade, organizing a community effort to “fix up” a women’s shelter, setting up the Entry by Video option for county field day. Can you think of something that you would like added to the LA County 4-H program? Consider working on setting up these types of activities as an Emerald Star project.

- **Save the Date! 4-H Annual Leader’s Luncheon**

Each year, Cooperative Extension recognizes the contributions of our extraordinary 4-H Leaders at the 4-H Leader’s Luncheon. This year’s event will be held on **Saturday, April 4, 2009** at the Odyssey Restaurant, 15600 Odyssey Dr., Granada Hills, CA 91344. More information will be sent to leaders via mail and e-mail.

- **Summer Camp 2009 Leadership Team**

**Head Hi-4-H Director** Jason Franco, Foothill 4-H, NSG

**Head Adult Director** Peter Michel, PVP 4-H, SSG

Summer Camp, as always, promises to be lots of fun. The Hi 4-H and adult staff have planned an eventful week from June 21 – June 27, 2009, including handicrafts, swimming, nature hikes, skits and much more.

**Summer Camp Location**

Camp Seeley is the site of the 2009 4-H Summer Camp. Camp Seeley is located near Crestline, in the San Bernardino Mountains. Camp Seeley is owned and operated by the City of Los Angeles Recreation and Parks Department. The Los Angeles County 4-H Youth Development Program leases the facility for the week. Our 4-H Camp Program is accredited by the American Camping Association (ACA).

**Who Will Be There?**

4-H Members ages 8 to 19 (as of January 1 of 2009) are eligible to attend Summer Camp.

For more 4-H Summer Camp information go to: <http://www.4hsummercamp.com/>

- **A Picture is Worth a Thousand Words...**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders’ Luncheon and special newsletter features. You can email them to: [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu). Here’s looking at you!

- **Los Angeles County, 4-H Leaders’ Council** – The Los Angeles County, 4-H Leaders’ Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at:

[http://celosangeles.ucdavis.edu/Los\\_Angeles\\_4-H\\_Leaders\\_Council/](http://celosangeles.ucdavis.edu/Los_Angeles_4-H_Leaders_Council/). The next Leader's Council meeting will be March 21, 2009 from 10-noon, location to be announced.

- **Share your 4-H experiences** - 4-H’ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month’s edition of Clover Notes to Roy Hillstock, [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu).

- **Dates To Remember:**

- 3/7 AV Food & Fashion Revue
- 3/8 NSG Home Ec. & Field Day
- 3/12 I&R mtg.
- 3/14 AV 4-H Gymkhana
- 3/17 St. Patrick's Day
- **3/21 County Council Mtg.**
- **3/27 Cesar E. Chavez (office closed)**
- **3/28 County Field Day & Fashion Revue**
- 4/1 NSG Council & Hi 4-H mtg.
- **4/4 Leaders Luncheon**
- 4/9 I&R mtg.
- 4/11 AV 4-H Gymkhana / Sectional Council & Teen Council mtg.
- 4/12 Easter
- 4/16 SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
- 4/18 LA County 4-H Science Fair/Symposium
- 4/24-26 San Gabriel Valley Fair
- 4/25 State Leaders Council mtg.
- 4/27 AV Council & Hi 4-H mtg.

## SECTIONAL

- **Sectional Field Day and Fashion Revue will be held at Mt. San Antonio College**, 1100 N. Grand Avenue, Walnut, CA 91789 on May 16, 2009. Breakfast and lunch will be available on site from the South Section Teen Council, so please support their efforts! Proceeds benefit the Teen Council and TIC (Teen Involvement Conference). Entry forms for South Section Field Day are due by Saturday, April 11, 2009. All forms must be submitted by each County Representative, with one county check for the entry fees. Go to: <http://celosangeles.ucdavis.edu/files/63115.pdf>.

## STATE

- **4-H Horsemanship Proficiency Program, A Member's Guide** is available to help leaders and members learn what they need to know about the 4-H horse project. Your project leader can assist members in setting and achieving their goals. Through the project, you will learn horse behavior, mounting and dismounting, proper and safe techniques when handling a horse and general riding techniques. The outline is based upon the Certified Horsemanship Association Manual. Visit <http://ca4h.org/projresource/horse/> for more information
- **Equine Science Jeopardy Game** is a question and answer quiz type game of horse facts. You can easily copy the file and then delete & add questions/answers on this PowerPoint program. Visit <http://ca4h.org/projresource/horse/> for more information.
- **The Volunteer Leader website** is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: [fourhstateofc@ucdavis.edu](mailto:fourhstateofc@ucdavis.edu)
- **The UC Davis Agricultural and Environmental Sciences Field Day** - The University of California, Davis College of Agricultural and Environmental Sciences is pleased to announce the 33<sup>rd</sup> Annual Agricultural and Environmental Sciences Field Day. This year's event will take place on March 6<sup>th</sup> and 7<sup>th</sup>, with an estimated 3,000 FFA and 4-H students in attendance. The UC Davis Agricultural and Environmental Sciences Field Day consists of 26 judging events and leadership contests that are all facilitated by current UC Davis undergraduate students. Registration deadline: February 13: Agriscience Fair and Job Interview materials due and February 20: Registration closed. Please register as soon as possible to ensure space for your teams. Ali Zike can be contacted if you have any questions regarding this year's Field Day at: [fiellday@ucdavis.edu](mailto:fiellday@ucdavis.edu), or visit our

website for more information at: <http://caes.ucdavis.edu/StudInfo/clubs/NewsEvents/Events/fieldday>. We look forward to seeing your club on March 6-7<sup>th</sup>!

- Through the **Kohl's Cares for Kids Program**, Kohl's Department Stores plans to award over \$350,000 in scholarships and prizes to more than 2,000 kids whose volunteer efforts have made a positive impact on their communities. Nominate a child in your life! The Kohl's Kids Who Care scholarship program will accept nominations from February 1 - March 15, 2009. More information at: <http://www.kohlscorporation.com/communityrelations/scholarship/index.asp>.
- **4-H You See Davis Days** - The Collegiate 4-H Club at UC Davis is pleased to present the 58th annual "4-H You See Davis Days" for high school students, April 16-18, 2009. This three day, activity-filled event is an opportunity for participants to experience safe college life at UC Davis. Registrations are due postmarked by March 16. More information is available at <http://www.ca4h.org/collegiate4h/#ysdd>
- **4-H State Ambassador** - The 2009-2010 4-H State Ambassador applications are now available! Candidates need to be at least 16 years old by July 1, 2009, have leadership and event planning experience, and ability to represent the 4-H YDP. 4-H State Ambassadors plan the 4-H State Leadership Conference, represent the California 4-H YDP, and conduct team projects. Applications are due March 31, 2009 and available at <http://www.ca4h.org/leadership/ambassador/>.
- High school seniors & college students who were in 4-H during high school are eligible to apply for a **2009 California Statewide 4-H Scholarship for Higher Education**. Scholarships are available in many categories and may help fund educational expenses. Applications are **due postmarked by April 30, 2009**. Information and applications are available at <http://www.ca4h.org/4hresource/ir/scholarship/>
- Mark your calendars now to attend the **2009 State 4-H Field Day** on May 30, 2009 at UC Davis! The 8th annual State 4-H Field Day will be an event for the entire family, with both competitive and fun activities! Present a demonstration, participate in the fashion revue, take the plant science test or draw a logo for 2010! Bring a new or used stuffed animal to help us reach our goal of 250 teddy bears to donate to local children's hospitals! Learn more about the State 4-H Field Day at <http://www.ca4h.org/projresource/fieldday/>.
- **4-H Members: Are you ready to conduct a 4-H Presentation?** Many types of presentation await you: demonstrations, science demonstrations, displays, speeches, readings, and more! The 4-H Presentation Manual, 2009 Impromptu categories and list of 2009 Sectional 4-H Presentation Days is now available online at <http://www.ca4h.org/leadership/spd/>. If you receive a gold at your county and sectional 4-H presentation days, plan to present at the 2009 State 4-H Presentation Day on May 30, 2009 at UC Davis!
- The **2009 State 4-H Fashion Revue** committee needs your input and help! There are many opportunities for committee positions for both teens and adults. You don't even need to know how to sew! 2009 State 4-H Fashion Revue is returning **Saturday, May 30** as part of State Field Day at UC Davis. Divisions and classes will remain the same as previous years except the Challenge class which is an apron made from Simplicity pattern #9565. All counties are encouraged to hold qualifying events or publicize alternate methods for delegate selection. Complete details will be posted in December to the state 4-H website at <http://www.ca4h.org/projresource/fashion/>. Please contact Sue Moore, 4-H staff liaison, at [samoore@ucdavis](mailto:samoore@ucdavis) to be part of the state committee.
- Nominate a 4-H member, volunteer, group or staff for a **2009 4-H Golden Clover Award!** Awards recognize outstanding 4-H achievement! Recipients receive \$500, a medallion, pin, and statewide recognition. Applications are due by **May 31, 2009**. Information is available at <http://www.ca4h.org/4hresource/ir/goldenclover/>
- **Domestic exchange with a 4-H club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at [ssherick@dejazzd.com](mailto:ssherick@dejazzd.com).

- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).
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**2008 4-H All Stars:**

Felicia Byrne  
Heather Ealy  
Terra Chapman  
Christopher Choi  
Amanda Ho  
Jessica Kwan  
Stephanie Kwan  
Kirsten Landsgaard  
Brian Otto  
Erin Power-Fardy  
Kelsey Schott  
Camille Sheardown

**2008 Jr. All-Stars:**

Wesley Ho  
Kristy Okamoto  
Aleandra Ryan-Plasil  
Caroline Seymour  
Alexandra Von Bergman

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**Los Angeles County, 4-H Youth Development Staff:**

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Dawn Fuller, Los Angeles 4-H Coordinator, (323) 260-3859, [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu)

Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, [ampavia@ucdavis.edu](mailto:ampavia@ucdavis.edu)

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, [moore@ucdavis.edu](mailto:moore@ucdavis.edu)

Jennifer Dana, Antelope Valley Administrative Assistant, (661) 723-4477, [jrdana@ucdavis.edu](mailto:jrdana@ucdavis.edu)

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