

4-H

COOPERATION EXTENSION

UNIVERSITY OF CALIFORNIA

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT PROGRAM



## JANUARY 2008



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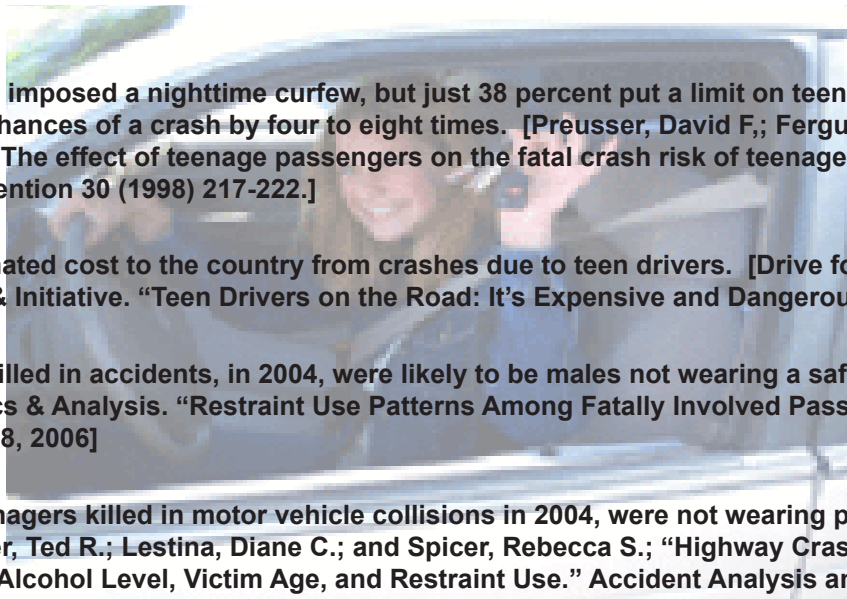
# Fountain of Youth



October 2007

## Teens and Driving

- 40**.....Percent of all motor vehicle crash deaths among teenagers in 2004, occurred between 9 p.m. and 6 a.m. [Insurance Institute for Highway Safety. "Fatality Facts 2004: Teenagers."]
- 0**.....Alcohol tolerance laws save lives. Alcohol was an important risk factor and the largest cause of death for youth-motor vehicle crashes. [Centers for Disease Control and Prevention. "General Alcohol Information," May 31, 2006.]
- 71**.....Percent of parents imposed a nighttime curfew, but just 38 percent put a limit on teen passengers—a risk that can increase the chances of a crash by four to eight times. [Preusser, David F.; Ferguson, Susan A.; and Williams, Allan F. "The effect of teenage passengers on the fatal crash risk of teenage drivers." *Accident Analysis and Prevention* 30 (1998) 217-222.]
- 40**.....Billion is the estimated cost to the country from crashes due to teen drivers. [Drive for Life. The National Safe Driving Test & Initiative. "Teen Drivers on the Road: It's Expensive and Dangerous, Too." May 30, 2006]
- 69**.....Percent of those killed in accidents, in 2004, were likely to be males not wearing a safety belt. [National Center for Statistics & Analysis. "Restraint Use Patterns Among Fatally Involved Passenger Vehicle Occupants." June 8, 2006]
- 62**.....Percent of the teenagers killed in motor vehicle collisions in 2004, were not wearing proper restraints or safety belts. [Miller, Ted R.; Lestina, Diane C.; and Spicer, Rebecca S.; "Highway Crash Costs in the U.S. by Driver Age, Blood Alcohol Level, Victim Age, and Restraint Use." *Accident Analysis and Prevention* 30 (1998) 137-150.]



With almost 8,000 young drivers aged 15-20 involved in fatal collisions during 2004, comprehensive graduated driver licensing (GDL) systems are a good first step toward reducing the needless tragedies taking place on America's streets every day. Comprehensive GDL systems can cut the involvement of 16-year-olds in fatal car crashes by up to 20 percent. [Chen, Li-Hui.; Baker, Susan P.; and Li, Guohua. "Graduated Driver Licensing Programs and Fatal Crashes of 16-Year-Old Drivers: A National Evaluation." *Pediatrics* 2006; 118; 56-62.]

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Fountain of Youth Facts is a monthly online list of statistics that provides a different and hopefully thought provoking profile of today's youth. It is produced by the 4-H Center for Youth Development and the California Communities Program which are ANR sponsored programs. Anyone wishing to submit an item should email [cmatthews@ucdavis.edu](mailto:cmatthews@ucdavis.edu).



## **UC study: Teen drivers distracted by passengers "fooling around"**

More than a third of teenage drivers surveyed by University of California researchers admitted that they have been distracted by young passengers while driving. The most common distraction was talking, yelling, arguing or being loud, but 22 percent of the teenage drivers said they were distracted by passengers doing things like "fooling around," "messing around," or "being stupid." Even "wrestling" and "dancing" in the car were distractions teenage drivers reported.

About 7.5 percent of the young drivers said a passenger has distracted them intentionally. They said passengers had "punched me in the head," "tickled me," "hit me in the face," or was "squirting guns at me." Other deliberate distractions were attempts by passengers to control the car, such as "mess around with mirrors," "messed with my seat adjustments," and "messing with things in the car, such as radio or hazard lights."

"Teenagers may find the risky behavior exciting or funny, but it is clear from research that adolescent drivers with teenage passengers have a higher risk of crashes," said Katherine Heck, the 4-H Youth Development specialist at UC Davis who co-chaired the study. "The distractions that young drivers told us about may be a reason for their higher risk."

Heck worked with research co-chair Carla Sousa, the UC Cooperative Extension 4-H Youth Development advisor in Tulare County, to examine the ways young passengers distract young drivers. Academic coordinator Ramona Carlos, 4-H Youth Development advisors John Borba in Kern County, Keith Nathaniel in Los Angeles County, and retired advisors David Snell in Fresno County and Joe Camarillo in Madera County also participated in the project.

The researchers surveyed 2,144 seniors from 13 high schools around California in the spring and fall of 2006. The schools varied widely in size and students' socio-economic status. Forty-two percent of the respondents were white, 38 percent Latino, 6 percent African American, 12 percent Asian or Pacific Islander and 3 percent Native American.

Girls were slightly more likely than boys to report being distracted while driving. There were no significant differences across racial or ethnic groups, or urban, rural or suburban schools in the percent of youth who reported distractions. However, students at lower-income schools were significantly less likely to report passenger-related distractions.

The young drivers who said they had been distracted as a driver were also more likely to say they had driven after drinking, had crashed a car, or had ridden with a dangerous driver.

"These findings suggest that high-risk youth driving behaviors tend to cluster," Sousa said. "Some of the young drivers who said they were pestered by passengers may themselves cause distractions when they are in someone else's car."

Many studies have shown that when teenage drivers carry teenage passengers, they have a higher risk of crashes. A review of fatal crashes involving 16- and 17-year-old drivers who did not have an adult in the car found that more than half had a passenger younger than age 20. In 2000, 63 percent of the deaths of 13- to 19-year-old passengers occurred when other teenagers were driving. Carrying two or more teenage passengers and carrying young male passengers further increased the risk of an accident.

"These statistics are behind decisions in many states, including California, to provide teenagers with provisional drivers' licenses when they first begin driving," Sousa said.

In California, new drivers under the age of 18 may not carry teenage passengers for the first year after receiving a driver's license. They also may not drive between 11 p.m. and 5 a.m., a period shown to be particularly dangerous for teenage drivers.

Heck said the research results will help parents understand the prevalence of driving with distractions among teenagers. Parent involvement in teen driving is important. Nearly half the students in the survey said their parents were the most helpful resource for them in learning to drive. However, the survey showed room for improvement.

"Many parents seem to be unaware of the graduated driver licensing restrictions that require teens not to drive with their peers in the first 12 months after getting their license," Heck said. "Only a quarter of teens in our survey who had been driving less than a year told us their parents don't allow them to drive with friends in the car."

Teen passengers aren't the only distractions. Overall, nearly 21 percent of the young drivers reported that they had an accident as a driver. Of those, 11 percent said a cell phone was involved, either in use by the teen driver or the driver of the other car.

The reasons for teenage driver risks are twofold, according to Heck. Teenagers have less experience behind the wheel and the adolescent brain isn't fully mature.

"For the majority of teens, their brains simply haven't developed to the point where they can control impulses," Heck said. "Brain development typically continues through adolescence and beyond, particularly when it comes to the circuitry that controls behavior."

The 4-H Youth Development research project also looked into the incidence of teenagers driving without a license. The survey found more than 12 percent of the teenagers regularly drove even though they didn't have a driver's license or permit. Fifty-six percent of unlicensed drivers in the survey were male and 67 percent were Latino. Most attended a school with a lower-income population.

Students who did not have a license or permit gave the researchers a number of explanations, such as having no access to a car, the costs associated with driving, or not being allowed to drive by their parents. Unlicensed drivers were more likely to report being undocumented as a reason, and non-drivers were more likely to say, "I just don't want to."

The 4-H Youth Development program, administered by UC Cooperative Extension in California, provides youth with opportunities for leadership development and practical, hands-on learning on a wide variety of topics. The academics who oversee the program also conduct research on youth development.

By Jeannette Warnert, (559) 241-7514, [jwarnert@ucop.edu](mailto:jwarnert@ucop.edu)

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# CLOVER SAFE

AGRICULTURE AND NATURAL RESOURCES  
ENVIRONMENTAL HEALTH AND SAFETY



#13

## EMERGENCY PREPARATION AND RESPONSE GUIDELINE

*This Clover Safe note is intended primarily for 4-H volunteers and staff.*



### Introduction

Although University of California 4-H YDP activities are planned and conducted to eliminate risk of injury to participants, unforeseen accidents periodically occur whereby injuries are sustained. When an injury occurs, 4-H YDP volunteers and staff need to be prepared to provide an appropriate emergency response to the type and extent of a participant's injury. This Clover Safe describes how to prepare for and respond to an injury emergency.

### Emergency Preparation

4-H YDP volunteers and staff should be prepared for potential participant injuries by:

- Being capable of distinguishing between life threatening and non-life threatening injuries.
- Being competent to determine whether an injury requires immediate Emergency Medical Services (EMS) evacuation or other transportation in a passenger vehicle to a hospital or clinic.
- Knowing the location of and route to the nearest hospital or clinic.
- Having a telephone (cellular or land-line) to be able to immediately communicate with EMS. Dial 911, but remember that some phone systems require you to first dial an outside line.
- Maintaining a confidential youth or adult Medical Release Form for each participant in a 4-H event or activity.
- Knowing whether any participants have special medical conditions stated on the Medical Release Form (such as severe allergies or diabetes) that may require emergency medication or other assistance.

### Primary Emergency Response

4-H YDP volunteers and staff should provide a primary emergency response as follows:

- Evaluate the situation and if a serious injury has occurred, contact EMS.
- Stabilize the situation.
- Evacuate other event participants if a serious hazard continues to exist.
- Provide basic first aid to the extent you are trained.

### Secondary Emergency Response

4-H YDP volunteers and staff should provide secondary emergency response as follows:

- Once EMS has arrived, provide assistance as requested or needed.
- Act as a resource to EMS or responding agency (police, fire dept., etc.)
- Manage other 4-H members and/or event participants to prevent additional injuries.
- Report any injury to the 4-H member's parent/guardian/emergency contact.
- Report any injury and circumstances of the incident to their immediate supervisor and 4-H YDP staff.
- 4-H YDP staff will report any injury through their chain of command until an administrator such as the Cooperative Extension (CE) County Director, Regional Director, or State 4-H Director is notified.

### Incident Reporting Procedures

- 4-H YDP volunteers or staff are not expected to conduct any investigation of a serious injury or incident. Any investigation will be conducted by the responding agency (police, fire, etc.) or directed by ANR Risk Services.
- 4-H YDP volunteers and/or staff will complete an Incident Report form for all injuries regardless of seriousness and submit the form to the CE/4-H county office and CE Director and/or 4-H staff within 24 hours of the incident. Incident Report forms are available from the CE county office or online at: <http://danr.ucop.edu/riskmanagement/>.
- CE county offices will keep a copy of the Incident Report and forward it to ANR Risk Services within two working days of the incident.
- Contact ANR Risk Services at (510) 987-0080 or ANR Environmental Health & Safety at (530) 752-6024 for help with the Incident Report form.

## Club News

### **Palos Verdes Peninsula 4-H Club**

This year the Palos Verdes Peninsula 4-H Club has started a new project for racing pigeons. The project is about learning how to raise pigeons, how to teach them to flock together, scout, and later race them from long distances. Two 90 year old "pigeon racers" from the South Bay have been teaching four families in the club this year.

These birds are now being taken 15 miles away from their "homes" and returning back. The pigeons are categorized into different types of distance racers. They can be short, middle, or long distance racers, and some pigeons are only good at some races, whereas they could come in last for another race. These birds are similar to people who do track; they need the stamina and abilities for different distances.

When you race a short distance pigeon, the races would be 100 – 250 miles long. The middle distance racers travel from 250 – 400 miles, and the long distance pigeons go over 400 miles. The pigeon project is planning on racing in the spring starting in March. Also, they have planned to take the pigeons up to South San Gabriel Valley 4-H Fair in April, and later releasing them. Moreover, the families raising these birds have to vaccinate the pigeons, which is an art itself. The project members learned about pigeon diseases and the care and feeding of pigeons. Below is a picture of Hayden Hinsch, the junior leader of the Pigeons project, vaccinating his pigeon.



By Ryan Halvorsen

## County News

### **State Record Book Competition**

Since the early 1900's, 4-H Record Book competition has been conducted annually. Initially, competitions focused on project skill development, primarily in agricultural areas. In recent years, 4-H Record Book competition has measured a 4-H member's leadership development, citizenship activities and personal growth as well as project proficiency.

There were 129 Record Books turned in for State Competition. There were 19 State Winners, 69 State Medalist, and 36 Merit Recognitions. Of these winners, the following Los Angeles County 4-H'ers placed respectively. Congratulations!

**Brian Otto, Palos Verdes Peninsula, State Winner**

**Felicia Byrne, Canyon Coyotes, State Winner**

**Chris Otto, Palos Verdes Peninsula, Medalist**

**Jessica Kwan, Palos Verdes Peninsula, Medalist**

**Melissa Rohaley, Leona Valley Racketeers, Medalist**

**Stephanie Kwan, Palos Verdes Peninsula, Medalist**

**Ana Zuanic, PVP 4-H, Merit**

**Lora Zuanic, PVP 4-H, Merit**

**Tiffany Okamoto, Pomona Valley, Merit**

### **Judging Day**

Los Angeles County Judging Day is a countywide event where 4-H'ers learn teamwork and cooperation as members of a judging team while developing their decision-making skills.

Judging Day will be Saturday, February 23, 2008 (location TBD). Additional information will be sent to your Club Leader and available online at <http://celosangeles.ucdavis.edu>.

### **Field Day & Fashion Revue**

Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day tentatively scheduled for March 29, 2008. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H "Family Affair", and encourages parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is tentatively scheduled for Saturday, May 17, 2008. Keep a look out for more Field Day information to come.

## **Los Angeles County 4-H Science Fair**

It's not too early to start thinking about 4-H Science Fair on April 19, 2008! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>

<http://www.ipl.org/div/kidspace/projectguide/>

<http://www.scifair.org/>

## **Hints for New 4-H Members**

The following are some suggestions for new members to help you get the most out of your 4-H experience.

- ❖ Attend all your club and project meetings, if possible. If you must miss meetings for health and/or family emergency reasons, be sure to let your leader know before the meeting and make arrangements for make-up, if necessary. That's part of learning to be a responsible person.
- ❖ Read newsletters from your club and the county newsletter, "Clover Notes". They let you know about the important dates and activities you can be part of.
- ❖ Ask questions when you don't understand, or need help. Key club and project leaders, teen leaders, county All-Stars, and the 4-H Office are all here to help you. Good luck with your involvement and above all, have fun.

## **Goals for new 4-H year**

The new 2007-2008 4-H year has started. Encourage your members to start making their 4-H plans. What projects will they take? What community service projects will they support? What activities could they plan and organize for their club? Are they ready to be a Junior or Teen Leader next year? Do they have a good idea for an Emerald Star project? Do they want to go to 4H summer camp this year? Could they be on the Camp Staff?

Now is the time to plan your 4-H year. Do you want to focus in one project area? Plan a presentation, a speech, a leadership and community service for that project area. Do you want to try for the next 4-H star rank? What do you need to earn that next rank?

Experienced seniors should be considering doing a state application for project recognition and a chance to be state winner. Now is the time to start working on the application for next year. If you start now, you'll see where your experiences are lacking and still have time to add items into your records. Make this a great project year and go for STATE WINNER. If you would be interested in attending a workshop on completing a sectional project application, please contact Noel Keller at 909-621-2373 or [noel\\_keller@hmc.edu](mailto:noel_keller@hmc.edu).

If you have questions about the opportunities available to you, contact your Community Club Leader for details about deadlines, eligibility and requirements.



## **Don't sit back - STEP UP!!**

4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

## **Hi 4-H**

Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2008 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

## **Junior/Teen Leader**

Junior Leaders are 4-H members in the 7<sup>th</sup> and 8<sup>th</sup> grade who help lead a 4-H project. Teen Leaders are 4-H members in 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> and above grades who lead a 4-H project. To be a Junior/Teen Leader, the member needs to be enrolled in their club's Leadership Project. They fill out the goals and plans of the first two sections of the Leadership Plan and Report Form, and have the form signed by their Leadership Project Leader and the leader of the project for which they will be a youth leader. While they are a Junior or Teen Leader, they can wear the Junior or Teen Leader patch on their 4-H hat. At the end of the year, they will need to complete the Leadership Plan and Report and have it signed by their Leadership Project Leader and their project leader. They should also complete an Annual Project Report for the Leadership Project.

## **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to Cooperative Extension's website at: <http://celosangeles.ucdavis.edu>

## **Emerald Star Project**

If a member has earned Gold Star Rank or will be 16 years old by January 1, 2008, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?

Call the 4-H office at (323) 260-3854 for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star advisor. You can work with the Advisor from any of the districts.

## **Leadership Merit Award**

Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out an annual project report for your Leadership Project. You will also need to complete a leadership plan report.

## **Los Angeles County 4-H County Council Officers 2007-2008**

<b>President</b> - Judylynn Pelling	<b>Ag. Chair</b> - Dennis Deyoung - Jessie White	<b>Civics Chair</b> - Jim Otto
<b>Vice-President</b> - Peter Michel	<b>General Science Chair</b> - May Tong - Pattie Ealy - (For Science Fair only)	<b>Parliamentarian/ Policy Secretary</b> - Jim Otto
<b>2<sup>nd</sup> Vice-President (Youth)</b> - Terra Chapman - Brian Otto	<b>Home Ec. Chair</b> - Johanna Stewart	<b>Sectional 4-H Leaders' Council Representatives</b> - Noel Keller - Dee Keese - Judylynn Pelling
<b>Secretary</b> - NA	<b>Shooting Sports Chair</b> - Jim Otto - Scott Shepard	
<b>Treasurer</b> - Mary Lash	<b>I&amp;R Chair</b> - Noel Keller	
<b>Reporter/Historian</b> - Julie Seymour - Kathy Richards	<b>Technology Chair</b> - William Lewis	

## **Share your 4-H experiences**

4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles before the 10<sup>th</sup> of each month to be published in the following month's edition of Clover Notes to Roy Hillstock, 4800 E. Cesar Chavez Ave., Los Angeles, Ca 90022 or email at [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

Request a 4-H Summer Camp Registration Packet; please fill-out the form below and send in your \$20.00 non-refundable camp deposit to: UCCE, Los Angeles County 4-H, Attn.: 4-H Summer Camp, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022 and an application will be mail to you.

Camper Name #1:

\_\_\_\_\_

Camper Name #2:

\_\_\_\_\_

Parent/Guardian Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

\_\_\_\_\_

City:

\_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Age (as of 1/1/08): \_\_\_\_\_

Birthdate: \_\_\_\_\_

4-H Club: \_\_\_\_\_

County: \_\_\_\_\_

For further information about the 4-H Summer Camp Program:  
Visit the website:  
<http://www.4hsummercamp.com>

University of California  
Cooperative Extension  
Los Angeles County 4-H  
Attn.: 4-H Summer Camp  
4800 East Cesar E. Chavez Avenue  
Los Angeles, CA 90022  
Phone (323) 260-3854  
Fax (323) 260-5271  
<http://celosangeles.ucdavis.edu>

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## 4-H SUMMER CAMP

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**SPONSORED BY:**

**LOS ANGELES AND**

**SAN BERNARDINO COUNTY 4-H**

**June 22<sup>nd</sup> to 28<sup>th</sup>, 2008  
6 NIGHTS/ 7 DAYS**

**@ CAMP SEELY in Crestline, CA**

**CAMP COST  
\$250.00 per person  
includes: room & board**



**WWW.4HSUMMERCAMP.COM**





Camp Seeley is located in the San Bernardino Mountains, 65 miles from City Hall, nestled in a forest of tall pines at an elevation of 4,200 feet. Close to Lake Gregory and the Village of Crestline, it is located on Highway 138, four miles from Lake Silver Wood. Camp Seeley is owned and operated by the Los Angeles Dept. of Recreation and Parks, under permit from the National Forest Service.

Los Angeles & San Bernardino Counties, 4-H Summer Camp has one session that consist of seven fun-filled days. The day begins at 6 a.m. for some and ends as late as 10 p.m.

### **A Day in the Life of a Camper**

A day at 4-H Summer Camp begins early with fishermen and women at 6 a.m. For those who like to sleep in, you rise at 7 a.m. The whole camp then congregates in the campfire circle for flag raising and then off to a hearty breakfast prepared by our wonderful 4-H cooking volunteers. Then comes the heart of our camping program, the morning activities period. Morning

activities include: Nature, Handicrafts, Camp Craft and Food Preparation. After team activities; the teams are then divided to compete against each other in Team Games which Soccer, Basketball or Volleyball. A satisfying lunch, is followed by a short, but much needed siesta rest period in your respective cabin. This is a time for a rest, taking a nap, or bonding with your cabin mates. The bell rings, beginning two wonderful hours of free time for all campers to enjoy.

During your free time you may participate in activities such as crafts, hiking, go to the swimming pool to play and lay in the sun, play soccer, basketball, volleyball, ping pong, horseshoes, Frisbee, tetherball and purchase a snack in the Trading Post Camp Store where they can buy a drink, snack, postcards, and stamps.

After free time, teams come back together for a quick team meeting and nutritious dinner is offered. The dinner, the camp congregates in the fire circle for flag lowering.

After flag lowering; the teams organized nightly evening programs which in the past have included events like: Team Pride Night, Talent Night, A Haunted Walk; Movie Night and a Graduation Ceremony and Dance. During a campfire one might sing songs, watch and participate in skits.

## **Program Areas of 4-H Summer Camp**

Our camping program has a few main areas which include: Recreation, Crafts, Hike, Handicrafts; Team Spirit and Free Time. Each area staffed by a highly qualified and energetic person.

**Hike:** The hike program leads campers on fun and educational tour of the Camp Seely Area. Hikes include half-day, all-day and morning and night hikes.

**Crafts:** Each year our crafts resource person make a themes related craft to camp spirit. Crafts also offer lanyards, leather craft, friendship bracelets and the infamous tie-dyed shirts.

**Recreation:** The recreation program is organized fun. We have everything from team sports like capture the flag to volleyball. The activities build teamwork, camp spirit and lasting friendships.

## Sectional News

### **Teen Involvement Conference - TIC**

The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council.

Registration dates and fees are as follows:

**Early Bird- Application postmarked by December 16, 2007 (\$95)**

**Deadline- Application postmarked December 17, 2007 - January 3, 2008 (\$105)**

**Late Registration- Application postmarked January 4, 2008 - January 15, 2008 (\$125)**

For the complete registration packet go to: <http://ss4h.org/teen/tic.html> or call Roy Hillstock and a packet be mailed to you.

## State News

### **Shooting Sports Workshops**

A 4-H shooting sports workshop for the archery discipline will be held at Unverferth Manufacturing Company, 1903 South Blackstone Street in Tulare, CA on Saturday, January 12, 2008, 8:00 a.m. to 4:00 p.m. and Sunday, January 13, 2008, 8:00 a.m. to 4:00 p.m. Upon successful completion of the course, the participant will be certified as an archery volunteer and can lead an archery project at the club level or at summer camp. The cost for the course is \$25 and includes morning refreshments, lunch, and course materials. For more information contact Dan Burner at: [dan\\_burner@yahoo.com](mailto:dan_burner@yahoo.com) or the Tulare County Extension Office at (559) 685-3309 ext. 203. The "Training Request Registration Form" can be downloaded at: <http://ca4h.org/projresource/shootingsports/index.asp> and sent (with fees payable to: Tulare County 4-H Leader Council) to UCCE, 4437-B South Laspina Street, Tulare, CA93274.

A 4-H shooting sports workshop for the rifle discipline will be held in Yreka, CA on Saturday, January 12, 2008, 8:00 a.m. to 5:30 p.m. and Sunday, January 13, 2008, 8:00 a.m. to 4:30 p.m. Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of rifle. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. There is no fee for the course. To get more information or register for the class contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or telephone 661-868-6216. Participants must attend both days of either training to receive certification.

## **International Exchange Program**

The California 4-H International Exchange Program is offering outbound exchange experiences to Australia, Finland, and Japan during the summer of 2008. Each of these month-long educational exchanges offers a host family experience that will provide an insider's view of the country. Information and registration materials are available in your county 4-H office or on-line at: <http://www.ca4h.org/exchange/index.asp>. Members who have not participated in the CA 4-H International Exchange Program in the past must interview before they submit their application. Deadline for application is January 18, 2008.

## **The Power of YOUth in Philanthropic Fundraising**

Are you looking for ways to help 4-H and your community? Then, this training is for you. Perhaps you've seen a need in the community. It may be that the middle school needs more books for the library, or local low-income children need warm clothes for the upcoming winter. Whatever the need is, you'll have to secure resources to help. In fact, the more good you want to do for your community, the more funding you will need. This training will help teens and adults work together to first learn and then teach others how to raise funds and become stewards of their organizations. By the end of the training, you will be able to help determine what your local needs are, learn how to design and implement fundraising ideas to meet those needs, and decide how to best use the funds raised.

For registration and more details, go to: <http://www.ca4h.org/foundation/index.asp>. Registration due by: January 31, 2008.

## **2008 California 4-H State Fashion Revue Backpack Challenge**

Announcing the 2008 California 4-H State Fashion Revue Backpack Challenge! Design and sew a backpack using Butterick pattern 5054, views C or E only. Purchase or sew an outfit to coordinate with your backpack. For Fashion Revue judging, the backpack is the main "garment" and the outfit is the "accessory". Use your creativity with fabrics, colors, and details to personalize your design. The optional iPod accessory may be added to enhance your backpack. For more information: <http://www.ca4h.org/projresource/fashion/>.

## **Do Something & GameStop Grants**

Do Something and GameStop are putting the fun back in funding by giving you the big bucks (\$500) to get things going in your neighborhood. GameStop youth grants are available for anyone in the U.S, 25 or under, who has a great idea for a community action project. You could fund your bright idea! GameStop grants are given out weekly. For more information, visit: [www.dosomething.org/grant\\_list](http://www.dosomething.org/grant_list).

## **Grants Advisory Board for Youth (GABY)**

The Sacramento Region Community Foundation is looking for youth between the ages of 12 and 19 to join the Grants Advisory Board for Youth (GABY). GABY is an exciting opportunity for young people to receive training on philanthropy, community needs assessment, meeting facilitation, and group decision-making skills. This year, the GABY Board members reviewed the funding applications and awarded grants for 32 youth-led projects that addressed a range of issues impacting youth including environmental education, job skills training, drug and violence prevention, and cultural literacy. Please visit [www.sacregcf.org](http://www.sacregcf.org) this fall to download the 2007-2008 GABY Board Application. If you have any questions contact (916) 921-SRCF or [gaby@sacregcf.org](mailto:gaby@sacregcf.org).

## **2008 Thacher Scholars Award**

In an effort to engage the next generation of Earth scientists, the Institute for Global Environmental Strategies (IGES) is now accepting entries for the 2008 Thacher Scholars Award, to be given to secondary school students demonstrating the best use of geospatial tools or data to study our home planet. Geospatial technologies have numerous uses in science research, ranging from climate prediction to archaeology. They can improve human understanding of the Earth system, including interactions among the atmosphere, biosphere, geosphere and hydrosphere. And they can improve quality of life by supporting weather prediction, natural hazards monitoring, transportation, land-use planning, agriculture, coastal management, public health and emergency response. Entries must be received by April 4, 2008. For more information, please visit:

<http://www.strategies.org/education/index.aspx?sub=education&sub2=scholars&sub3=scholars2008>

## **4-H Equine Education Listserve**

All horse leaders, members, and parents are encouraged to sign up for the 4-H Equine Education Listserve for the latest news about state 4-H equine events and programs. The link is available at: <http://ca4h.org/projresource/horse/>. 4-H groups are invited to submit regional 4-H horse events, information, and dates for posting on the calendar by contacting Jeanne George at: [jlgeorge@ucdavis.edu](mailto:jlgeorge@ucdavis.edu). The dates for the 2008 4-H equine state events are as follows:

- **April 5 & 6 - The State 4-H Horse Classic - Equine Educational Contests**, CSU Fresno. To participate 4-Hers must be enrolled in the horse project by February 5th (60 days).
- **June 26-29 - The State 4-H Horse Classic - Horse Show**, Santa Cruz Fairgrounds, Watsonville. To participate, 4-Hers must be enrolled in the horse project and own or lease their horse by February 28th (120 days). More information about these events will be posted on the equine web site in December and January.

## **2008 4-H Camping Conference**

The 4-H California Camping Task Force invites 4-H volunteers and youth to explore new ideas, build enthusiasm for their programs and expand their camping tool kit at the 2008 4-H Camping Conference, April 18-20 at the Jack L. Boyd Outdoor School in Fish Camp. This year's program includes a component on staff development, and participants will leave with knowledge and materials to assist them in training camp staff members. All adults and youth involved in camp administration-including day, resident, and special interest camps-are invited to attend. Cost is \$120 for the weekend. Conference brochure and registration form are available at:

<http://www.ca4h.org/>.

## **Help plan the 2008 State 4-H Field Day!**

The State 4-H Office is recruiting for 4-H members (age 9 and above), 4-H volunteers and 4-H YDP Staff to help plan the 2008 State 4-H Field Day! The event will take place on May 31, 2008 at UC Davis. Help is needed for the Presentation Day, Fashion Revue and overall event support. 4-H Clubs are also encouraged to provide activities and fundraise during the event. More information is available at <http://ca4h.org/projresource/fieldday/SFD-RecruitingFlyer2008.pdf>

# Calendar of Events

## January

1	New Year's Day
2	NSG Council & Hi 4-H Meeting
5	County Council Meeting (LA Office) Summer Camp Staff Training AV Shooting Competition
8	SSG Council & Hi 4-H Meeting
10	I&R Meeting
11	1 <sup>st</sup> AV Bowl Quiz (6PM)
12	Southern Sectional Council & Teen Council Meeting
15	AV Horse Committee Meeting
17	SGV 4-H Fair Meeting
18-20	TIC – Teen Involvement Conference
21	<b>Dr. Martin Luther King Holiday – Office Closed</b>
28	AV Council, Hi 4-H & Horse Meeting

## February

1-3	Winter Camp (Tentative)
6	NSG Council & Hi 4-H Meeting
7	I&R Meeting
8	AV District Bowl Quiz (6PM)
9	Camp Committee Meeting AV Shooting Competition
10	NSG Skills Day / Monte Farmers Fair
12	SSG Council & Hi 4-H Meeting
14	<b>Valentines Day</b>
18	<b>Presidents Day – County 4-H Offices Closed</b>
19	AV Horse Committee Meeting
21	SGV 4-H Fair Meeting
23	<b>County Judging Day</b>
25	AV Council, Hi 4-H & Horse Meeting

### 4-H Staff

#### Los Angeles Office

General Information/Resources (323) 260-3854  
4-H Fax (323) 260-5271

#### Lancaster Office

General Information/Resources (661) 723-4477  
Charlene Moore [moore@ucdavis.edu](mailto:moore@ucdavis.edu) (661) 723-4477

#### County Director:

Rachel Surls [ramabie@ucdavis.edu](mailto:ramabie@ucdavis.edu) (323) 260-3886

#### 4-H Advisor:

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#### Staff:

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Roy Hillstock [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu) (323) 260-3854

### 4-H All Stars

The All-Star Advisor is:

➤ **Marjorie Rodriguez**

The County Leadership Team consists of all the prior years' County 4-H All-Stars that are still active 4-H members. This year the team includes:

- **Felicia Byrne**
- **Terra Chapman**
- **Desiree Cramer**
- **Vanessa Cramer**
- **Heather Ealy**
- **Tiffany Okamoto**
- **Brian Otto**
- **Camille Sheardown**

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