



*The newsletter of the University of California
Cooperative Extension 4-H Youth Development Program,
Santa Clara County*

Mission: The University of California 4-H Youth and Development Program engages youth in reaching their fullest potential while advancing the field of youth and development



Fresno Greater California Show By Paula Piva Coyote Crest 4-H

On February 19, 2011, my brother Santiago and I attended a poultry show at the Fresno Fairgrounds. This was the first time that I attended one. I enjoyed watching the participants do showmanship. I was amazed to see so many different breeds and varieties. Above all, my brother and I were very excited that we got our very own Quail Belgian Bearded D'anvers bantams. We can't wait for the Stanislaus County Youth Poultry Show on March 20th!



2011 FAVORITE FOODS DAY A SUCCESS

On Saturday, March 5, 2011, Favorite Foods Day was held at the Berger Drive Auditorium in San Jose, Bldg. 2, from 8:30am to 1:30pm. Just like the previous two years I participated, this year's Favorite Foods Day was extraordinary because all of the kids were on top of everything, they tried their best, many of the kids got gold awards and almost all the others got blue awards. I was the only one who did a one-dish-meal. Every other participant did wonderful, decorated desserts,

There were 32 entries out of the 35 people who signed up. Unlike this year's Presentation Day, there were a lot of participants, and many more family members came to watch their children compete and to share the goodies during People's Choice taste testing. It was a long, exhausting day, but I really enjoyed it. I wish the event could be advertised to every club in the county, so even more people could share the excellent preparation and leadership learning experience that this event provides.

A huge thank you to Susan Weaver, the Events Chair, leaders, judges, announcers and everyone else who worked so hard to put on this event! Participants benefit SO much from all you do. Everyone, I hope you will come again to watch or participate, or--if you haven't been to Favorite Foods Day--to seriously consider coming for the first time next year.

A Trip to the Homeless Shelter By Ayano Grzymala El Sereno Club

Nothing can be better than seeing happy faces at a homeless shelter. On February 25th, I and a few other 4Hers served dinner at the homeless shelter. We served lasagna, which was made in the cooking project, salad, garlic bread, and cookies. All of us had to wear hairnets and it made us look like grandmas! I got to help prepare and serve the salad. Everyone smiled at us when we served them food. After everyone was served all of us got to taste our food and it tasted great! I encourage everyone to do it next year. It was such a great experience and I would like to do it again!

Favorite Foods Day

By: Madina Ferguson, El Sereno 4H

On March 5th at the Berger Dr. Auditorium I attended and participated in Favorite Foods Day for the very first time and had a blast! During the judging, I was tested on my knowledge of the pyramid, my table setting (Easter themed), my menu, and most importantly the food favorite food (cinnamon buns). I learned a lot and got to see so many creative themes based on holidays and cultures. Plus, at the end I got to participate in a "people's choice award" competition where everyone judges other 4Her's dishes. Last but not least, I earned a gold and got 2nd highest score out of my division (which resulted in a pin, a cookbook, and a gold certificate)!!! I definitely want to attend next year and would encourage 4Hers (including ones **not** in a food-related project) of all ages to join in on the fun!

Favorite Foods Day

**Lauren Oliver
Pleasant Acres Club**

On Saturday, March 5th, Santa Clara County 4H held Favorite Foods Day. Kids came up with their own well-balanced meal that went along with a theme and a place setting. They also entered their dessert for the People's Choice award. All the desserts of the kids were laid out on a long table for people to try and vote. Kids brought their place setting and were given a portion of a table to lay it out on. I saw many interesting entries: a wedding theme, a beach theme, a teacher's day theme, Christmas theme, and many more! My theme was Family Game Night, and my menu included lasagna, green beans, salad, and French bread. My dessert was Apple Dumplings with Vanilla Ice Cream, which is one of my family's favorite desserts. I tried many yummy desserts at the People's Choice table, including peppermint cupcakes, zucchini cupcakes (which were good!), and brownies. There were so many to choose from, but I got full before I tried them all. It was a very fun experience for everybody and I had a great time. I recommend for you to come next year -- it was spectacular!

Favorite Foods Day

**by Rebecca Call
El Sereno**

On the fifth of March there was favorite foods day. For favorite foods day you had to make a place setting and a dessert or a one dish meal. You have to think of a theme, write out a menu and a recipe, and make a decoration.

I had a child's party theme with a clay pot full of balloons as a decoration. I also had two clay dogs, two clay cats, a clay rabbit and a clay bird. My dessert was chocolate cupcakes with smiles, strawberries, and candles. The judges question you about your food and give you points.

There is also people's choice where everyone who wants to get to try the food and vote for their favorite food and their favorite place setting. I got first place for favorite dessert! Favorite foods day is brilliant!



The County Ranch Committee Wants YOU!

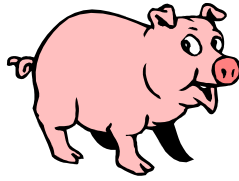
The County Ranch Committee is looking for a few good members. We meet as needed and are presently working on a data-

base of animal project resources. Each club may be represented by the ranch manager and a

youth for voting but anyone may attend the meetings. We need ideas and that means animal project members! Our next meeting is April 19, at 7:00 pm at Berger Drive. Hope to see you there.

Mary Bartlett, County Ranch Chair

New County Swine Chair by Hans Toensfeldt



As County Large Animal Coordinator I am pleased to announce the appointment of Kathryn Green as our County 4-H Swine Committee Chair.

Kathryn is the enthusiastic leader of the San Martin Swine Project and has past experience with barnyard animals. She will be serving as a resource Leader in Swine for all county Swine Projects and will represent the 4-H Swine Project at SCC Fair planning meetings. She will be working with Vince Revino to run the Swine Contests at this year's Fair. Finally, she is actively working with the Clover Foundation to plan the 2011 Youth Fair Gala to support the county's youth.

Operation Prom Dress By Susan Weaver Pleasant Acres 4H

There are many young women in the community who are excited about the upcoming prom season. Unfortunately, in this tough economy, many families are struggling to make ends meet and as a result cannot make buying a prom dress a priority. Don't let the tough economy discourage our high school students from attending prom. Help our students have a memorable prom by donating a new or gently used dress today!

Drop off a new or gently used dress by Friday, April 8, 2011 at City Hall or at local libraries and community centers throughout the City. Click here for locations. Drop off locations in District 4 are located at the Berryessa Branch Library and Alviso Branch Library.

With a valid Student ID, high school students from San Jose are invited to try on and choose a dress of their choice at no cost at the dress distribution event on Saturday, April 9, 2011 at the Seven Trees Community Center, located at 3590 Cas Drive, from 9:00 a.m. to 2:00 p.m.

For more information, please contact Lan Thao Nguyen at (408) 535-4959 or via email at lan-thao.nguyen@sanjoseca.gov

Anyone want to do a petting zoo? Or Two? Or three? The 4H Office gets requests like this one below almost weekly. Please contact the coordinator directly if you can help them out.

Greetings...

I am organizing a Summer CountryFest Country Western themed festival here at the Berryessa Flea Market on July 9-10... would love to have the 4-H kids and their animals involved. Please contact me and I can share more info with you about the festival. It's best to reach me at 408-453-1110 ext 224

or via email here, or at rich@sjfm.com
Look forward to chatting with you.

SUMMER
THE FLEA
CountryFest

July 9-10
11am-5pm

Great Food, Microbrews, Foot-stompin' Country Music!

Sample and enjoy outstanding local beers & microbrews 12pm-4pm.
Learn the Texas Two Step and Line Dancing, Western Wear Fashion Show, Mechanical Bull Rides, 4-H Farm Animal Petting Zoo, Pony Rides and More Activities for Kids!
Country music both days with
"California Cowboys" 11:15-12:45 & 2:30-4:30
"Jaque Lynn" 1:00-2:15
Delicious "Backyard BBQ" Food, Country Style Chili, Corn on the Cob, Burgers, Hot Dogs, Root Beer Floats and other country favorites.
Call Rich Alvari, (408) 453-1110 for more information.

THE FLEA MARKET
FREE Admission with Paid Parking
Open Down to Dusk • Wed. & Fri. 52, Sat. & Sun. 55
1590 Berryessa Rd. • San Jose, CA 95133
Events are subject to change.

95.7 WOLF
CORONA Extra
SANTITAS
STRONGBOND
GENESIS BEER
WIDMER
DESCRIBTES BREWERY
Jaque Lynn

Connect with us! for an event guide,
complete shopping directory & directions visit sjfm.com
2011 San Jose Flea Market

follow us to
fb YouTube Email List

E-News from the CA 4-H Office

4-H Updates E-News April 2011

Welcome to the April 2011 issue of 4-H Updates E-News.

You may access the PDF document at
<http://www.ca4h.org/files/79321.pdf>

This 4-H Updates E-Newsletter will be posted on the public website a week from today at
<http://www.ca4h.org/News/>.

Thank you,
CA State 4-H Office

Healthy Living Monthly Update April 2011

California 4-H is pleased to share our most recent Healthy Living Monthly Update. This update features health-related news and opportunities designed to spark a love for healthy living in our youth, families and communities.

Please access the PDF document online at
www.ca4h.org/files/82236.pdf.

The Healthy Living Monthly Update will also be posted on the public website a week from today at www.ca4h.org/News.

Mandi Bottoms

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Head, Heart, Hands, Health
Growing Youth who Thrive!



ISHI ARCHERY CLUB
Red Bluff, CA

3rd Annual Invitational Youth Only Shoot
for all youth, 17 years of age & under

Sunday, May 22, 2011
(previously scheduled March 20th but cancelled
due to windy & cold conditions)



Marked Yardage - 28 targets, 3-D, and Paper
Two arrows!



Registration: 8:30 – 9:30 AM
Shooting starts at 9:30 AM
Must complete shooting by 2 PM

Entry Fees: \$5.00 each

Youth, ages 17 and under, may only shoot, no adults. Youth must be supervised by an adult at all times while at the range.

Long, recurve or compound bows; fingers or releases; arrows; and safety equipment (finger tab or glove; arm guard and quiver) must be provided by participant.

Awards: Plus given to 1st, 2nd, & 3rd Place in novice (1st year), peewee, cub, youth & young adult; there will be two classes -- sights and no sights.

Food & drink concession will be available all day.

Door prize drawing will be held for all participations.

No pre-registration. All parents/guardians of minors must sign insurance waiver. Obtain waiver and map at web site <http://www.ishiarcheryclub.org>. GPS reading is N 40 13'25.6" & W 122 10'11.7"

Thank you to our sponsors for the door prizes... Rabobank, Deer Creek Archery (Chico), The Bow Rack (Redding), Shasta Valley Archery (Anderson), Red Bluff Round Up Rodeo, Luigi's Pizza (Red Bluff), Prime Cinemas (Red Bluff & Anderson), Taco Bell, Bud's Jolly Kone, Napa Auto Parts (Red Bluff), Hatfields (Corning), Burger King (Corning), Corning Ford, US Army, Round Table Pizza (Corning), Raglin 3Ds, Karl & Tammie Jensen, Jenne & Leland George, and Mathews Solocam.

Any Questions? Contact Jeanne or Leland George at ljgeorge@clearwire.net or 530-527-4200.

Directions to Range: The range is located on Hwy 36 and is 2.7 miles EAST of the junction of Hwy 36 and Hwy 99 in Red Bluff. From Interstate 5 take the Antelope Blvd/Hwy 36 exit to Chester/Lassen Park/Susanville.

4-H Shooting Sports Leader Certification for Archery

A shooting sports training workshop for the archery discipline will be held in Red Bluff, CA on

Saturday, May 21 9 AM – 5 PM
Sunday, May 22 8 AM – 3 PM

Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. NEW! Attendees will also learn about & participate in the youth only tournament scheduled for Sunday, May 22nd.

The course will be held at the Tehama County Search & Rescue Building, Park Avenue & Baker Road, Red Bluff, and at the Ishi Archery Club Range, Hwy 36 East, Red Bluff. Cost for the course will be \$40 and includes morning refreshments, Saturday lunch and class materials. Dry camping is available at the range.

For more information, contact Leland George, State 4-H Archery Instructor, at 530-527-4200 or e-mail: ljgeorge@clearwire.net. Please send "Training Request & Registration Form" and fees to Leland George, 21075 Hwy 36 West, Red Bluff, CA - 96080. Make checks payable to "Tehama County 4-H Council". Pre-registration is due Monday, May 16th. For the "Training Request & Registration Form" in Word or PDF format go the state 4-H shooting sports web page at: <http://www.ca4h.org/Projects/SET/ShootingSports/> or contact your county 4-H office.

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[http://cesantaclara.ucdavis.edu/
Youth_Development](http://cesantaclara.ucdavis.edu/Youth_Development)

*Office Hours: 8:30 a.m. to 5:00 p.m.
Monday through Friday*

All meetings and events are open to
EVERYONE! Please come!

Contact the office for special accommodations
for disabled persons.

*TIMELY TOPICS is published monthly
through the cooperative efforts of the
University of California Cooperative Extension
and the 4H Members in Santa Clara County.*

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**Deadline for articles is the 15th of each
month.**



4-H Calendar

April 2011

- 4/2** 2011 SCC Youth Fair Pre-Tagging
SCC Fairgrounds
12:00 pm to 3:00 pm
- 4/8** County Fashion Revue Apps Due
to the 4H office
- 4/12** 4H Executive Council Meeting
1555 Berger Dr Bldg 2
7:15 pm to 9:00 pm
- 4/19** County Ranch Committee Meeting
1555 Berger Dr Bldg 2 room 181
7:00 pm
- 4/24** 4H Summer Camp Staff Meeting
SCC Fairgrounds
7:00 pm
- 4/30** County Fashion Revue
Calvary Church, Los Gatos
10:00 am to 2:00 pm

May 2011

- 5/10** Full Council Meeting
1555 Berger Dr Bldg 2
7:15 pm to 9:00 pm
- 5/14** BTS Follow-up Leaders Sessions
Watch for announcements
- 5/23** 4H Summer Camp Staff Meeting
SCC Fairgrounds
7:00 pm