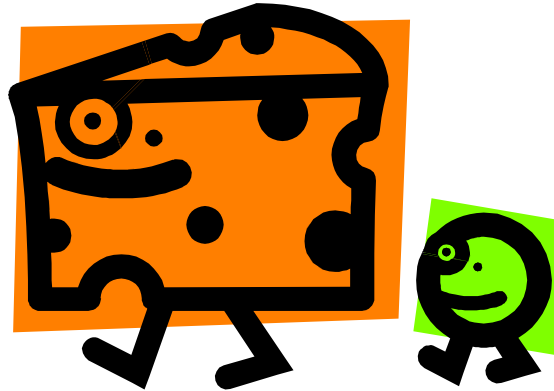


Nevada County 4-H *Foods & Nutrition* Proficiency Program



LEVEL IV – LEADER

NAME: _____

CLUB: _____

PROJECT: _____

PRIMARY MEMBERS ARE NOT ELIBIGLE TO PARTICIPATE IN PROFICIENCY PROGRAMS.

1. Serve as Junior or Teen leader in this project for one year.

Project leader's signature *date*

2. Assist younger members in preparing recipes.

Project leader's signature *date*

3. Prepare teaching materials for use at project meetings.

Project leader's signature *date*

4. Develop and put on a judging event or train a junior team for an event.

Project leader's signature *date*

5. Speak on a project-based subject before an organization other than your 4-H group.

Project leader's signature *date*

6. Assist younger members in actually learning a specific topic in the project.

Project leader's signature *date*

7. Develop your own special project related activity. Chart your progress, plan the activities, analyze successes and problems, and report on findings.

Project leader's signature *date*

8. Assist at a food show or nutrition workshop.

Project leader's signature *date*

9. Report on the results of a demonstration comparing measurable differences in some aspect of your project. (Experiment)

Project leader's signature *date*

