

800 Information Lines

Consumers can get answers to questions from various hotlines.

Many major companies have 800 numbers to answer questions on their own products. If you have a question about an item, check the label for a (800) number listing or call the **AT&T 800 information number, (1 (800) 555-1212)**, to see if the company is listed.

USDA's Meat and Poultry Hotline, Washington, D.C., 1 (800) 535-4555. Hotline home economists answer questions on the safe handling and storage of meat and poultry. They also assist with basic nutrition questions on meat and poultry products and the nutrition labeling on these items. The Hotline is staffed 10 a.m. to 4 p.m., weekdays, Eastern Time.

Seafood. American Seafood Institute, Wakefield, R.I., 1 (800) 328-3474. Staff will answer questions about purchase, preparation and nutritional value of seafood. 9 a.m. to 5 p.m., Monday through Thursday, Eastern Time.

Nutrition. National Center for Nutrition and Dietetics, sponsored by the American Dietetic Association, Chicago, Ill., 1 (800) 366-1655. Registered dietitians answer food and nutrition-related questions. 9 a.m. through 4 p.m., weekdays, Central Time.

Safe Drinking Water, 1 (800) 426-4791.

Food Safety Hotline, 1 (888) 723-3366, Center for Food Safety and Applied nutrition has important information on food safety and nutrition.

800 Information - Help with Jams and Jellies, Canning, and Freezing

Several companies offer free advice or booklets to help you preserve the summer's bounty.

Kraft General Foods, 1 (800) 431-1001. The Home Economists can answer questions and provide recipes for Certo, Sure Gel, MCP, Sure Gel for Lower Sugar Recipes (formerly Sure Gel Light) and Slim Set.

Mrs. Wages, 1 (800) 647-8170. Questions about pickling foods.

Mirro Company, 1 (800) 558-7797. Their consumer information department answers questions about pressure cookers and canners.

Ball Kerr Company, 1 (800) 240-3340. Provides reliable information and recipes for canning for a wide variety of foods.

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