Clothing and Textiles

Name: _____ **Club:** _____

	Date	Leaders Initials

Guidelines for Project Proficiency Award
INTERMEDIATE (3rd and 4th years)

1. Learn to take accurate body measurements and make simple pattern alterations for a better fit. ____ ____
2. Coordinate the fabric, pattern and all notions for a garment you will make. ____ ____
3. Learn to read fabric and clothing labels and how to care for various fabric types, such as polyester, cotton, wool, silk. ____ ____
4. Identify various types of fabric weaves, such as satin, gabardine, denim, tweed. ____ ____
5. Complete a clothing (wardrobe) inventory to assess clothing needs. ____ ____
6. Select and buy an article of clothing that is needed in your wardrobe and can be mixed or matched with garments you already own. ____ ____
7. Learn to recognize fitting problems and how to correct them. ____ ____
8. Select a pattern(s) using at least three construction methods suitable for your chosen fabric that are new to you, such as:
   - set in sleeves ____ ____
   - zipper - center meeting, fly, invisible ____ ____
   - new seam finishes ____ ____
   - pockets ____ ____
   - darts, tucks or pleats ____ ____
   - new hem stitches and hem finishes ____ ____
   - collars ____ ____
   - cuffs ____ ____
   - waist band ____ ____
9. Learn to read and follow pattern guides adding appropriate seam finishes for fabric and seam function that may not be mentioned in instructions. ____ ____
10. Learn to clean, care for, and adjust your sewing machine. ____ ____
11. Identify and learn to use pressing equipment such as pressing cloth, clapper, etc. ____ ____
12. Learn to recognize good construction techniques in boughten clothing and comp are the cost with a home made garment. ____ ____
13. Learn to lay out a pattern on a napped, repeat design or plaid fabric. ____ ____
14. Learn sewing techniques for working with knits. ____ ____
15. Use at least two decorative details on garments you make
    - trim or lace ____ ____
    - cording ____ ____
    - pockets ____ ____
    - yokes ____ ____
    - applique or fabric paint ____ ____
    - contrasting materials, color, or prints ____ ____
    - use of buttons and for button holes ____ ____
    - top stitching ____ ____
    - seam finishes such as flat felt ____ ____
    - other _____ ____ ____
16. Select, make or buy accessories for a garment or outfit you made. ____ ____
17. Learn mending techniques. ____ ____
18. Keep a record of the cost of the clothes and accessories you buy and make. ____ ____
19. Learn to launder a sweater. ____ ____
20. Give at least one demonstration related to the clothing project at the County Presentation Day. ____ ____
21. Exhibit your project at a club or county event (fair, exhibit night, display window). ____ ____
22. Participate in at lease one County Fashion Review (in any division). ____ ____

Revised 12/92

Leaders Signature: _____ **Date:** _____